

FORSYTH COUNTY COURSE SYLLABUS

COURSE TITLE: Health

ROOM: 563 (new gym)

PHONE: 770-781-2264

EXT:

Course Description: Explores the mental, physical, and social aspects of life and how each contributes to total health and wellbeing; emphasizes safety, nutrition, mental health, substance abuse prevention, disease prevention, environmental health, family life education, consumer health, and community health. Includes sex/AIDS education lessons based upon the Choosing the Best abstinence based sex education program.

Standards:

<u>Units:</u>	<u>Topic:</u>	<u>GPS:</u>
1 Ch. 1	Understanding Health and Wellness	HE H.S 1, 3, 7, 8
2 Ch. 5	Mental and Emotional Problems	HE H.S 5, 7, 8
4 Ch. 8	Peer Relationships	HE H.S 2,5,8
5 Ch. 10	Nutrition for Health	HE H.S 4
6 Ch. 11	Managing Weight and Eating Behaviors	HE H.S 4
7 ADAP Alcohol and Drug Awareness Program		
8 Ch. 20	Tobacco	HE H.S 6
9 Ch. 21	Alcohol	HE H.S 6
10 Sex Ed.	Choosing the Best	HE H.S 1, 5
11 Ch. 22	Illegal Drugs	HE H.S 6

Review for Final Exam

Learning Resources/Textbook(s):

Health: A Guide to Wellness. 2011 Glencoe/McGraw-Hill. We will use a class set.
Choosing the Best Abstinence education booklets

With the emergence of technology as a tool for learning, South Forsyth High School will be utilizing various resources to assist with instruction, including ANGEL, online textbooks, and interactive websites. In addition to these web based instructional tools, this course will also have a classroom set of textbooks. Should you feel that your child would benefit from having a textbook at home in addition to the classroom textbook, please contact your child's teacher.

Required Assignments: Most assignments should be completed during class. Students are not allowed to take textbooks from classrooms. Pop quizzes may be given at any time. Current Event assignments and projects will be announced by individual teachers. Projects include but are not limited to: a fast food research project, nutrition log, informational drug brochure, time management activity, and family values activity.

Makeup Work: All missed work and assessments are the responsibility of the student when they are absent from school. A student who is absent on the class day before a regularly scheduled assessment will be responsible for completing the assignment on the regularly scheduled day and time. Students who have been absent more than two consecutive days (including the assessment day) will be given five (5) school days to make up the assessment and/or other assignments. This does not include major projects, research papers, etc., where the deadline has been posted in advance. The teacher has the discretion to grant a longer period of time to make up work if there are extenuating circumstances.

Materials Needed:

1. 1" Notebook
2. Paper
3. Writing Utensils (pencil, pen, markers)
4. Dividers

Class Rules:

1. No food, drinks, or gum is allowed in the health classroom. Only water.
2. Electronic devices may be used at the teachers discretion. (BYOT)
3. Students must sit in assigned seats to be marked present.
4. Respect the teacher and your peers by raising your hand and waiting to be called on for comments or questions.
5. Do not write on or in any way damage textbooks.
6. Staff will not be held responsible for any lost or stolen items. It will be the students responsibility to keep up with his/her personal items.

Grading Calculations:

Georgia Milestones End of Course Assessment (replacing EOCT) Course Average = 40% (1st Sem. Course Work) + 40% (2nd Sem. Course Work) + 20% Georgia Milestones EOC Assessment
1st & 2nd Semester Course Work = 75% Summative + 25% Formative

Non-Georgia Milestones EOC Assessment Course Average = 50% (1st Sem. Course Work) + 50% (2nd Sem. Course Work)

1st and 2nd Semester Course Work = 75% Summative + 25% Formative

Concept of formative and summative assessment:

<http://www.forsyth.k12.ga.us/cms/lib3/GA01000373/Centricity/Domain/3199/assessmentdefinitions%20copy.pdf>

Grading Policy:

A = 90 – 100

B = 80 – 89

C = 70 – 79

Failing = Below 70

**Formative Assessments include, but are not limited to homework, class work, practice tests, rough drafts, and sections of projects/ research papers/presentations.*

**Summative Assessments include, but are not limited to unit tests, final projects, final essays, final research papers, and final presentations.*

Sex/AIDS Education

Sex/AIDS education lessons are included as part of the curriculum for the high school health course.

Forsyth County uses the *Choosing the Best* program for sex/AIDS education lessons. *Choosing the Best* is an abstinence based program that is correlated with the Georgia Quality Core Curriculum. The units of study include: the risks of STDs and HIV/AIDS; teen pregnancy; pressures to be sexually active; sex, love and healthy choices; avoiding unhealthy relationships; and setting boundaries. Health teachers may include human growth and development content within the sex/AIDS education lessons. Parents may schedule an appointment to review the sex/AIDS education curriculum resources used at their child's school by contacting the lead health teacher of the school. If a parent does not wish for his/her child to participate in this portion of the course, notification must be made in writing to the health teacher prior to the beginning of the unit. Alternative assignments will be given and assessed for those students opting out of sex/AIDS education lessons.



**South Forsyth High School Physical Education
DEPARTMENT POLICIES**

Syllabus Signature Page- *I have read and understand the syllabus.

This must be signed and returned in order to participate.

Keep a copy of the syllabus and return signature page.

Course Title: _____ Health _____ Teacher: _____

Student's Name: _____ Date: _____

Student's Signature: _____ Date: _____

Parent's Name: _____ Date: _____

Parent's Signature: _____ Date: _____