



Welcome To P.E.!!!

This semester will be 7th grade—Team sports. 8th Grade—Individual/Duel Sports. Examples of Team Sports are field hockey, soccer, basketball, and football. Examples of Individual/Duel sports would be pickleball, badminton, and yes....Bowling!!! We all thought this year would be easier than last. But due to numbers here at school, and protocol, this will again be a modified PE program.

Procedures and Protocol

Students will enter PE classroom and place backpack on assigned spot and sit in roll call lines.

Students are to have proper PE shoes to participate(athletic shoes that tie)

No cell phones. Phones and other items should be placed in backpacks.

No gum, candy, drinks are allowed on the gym floor.

Parent note for injury/illness is good for 3 days.

After that, a doctors note is required.

Students are required to PARTICIPATE in PE. It's about hard work and hustle.

Students will use equipment properly and respect the PE classroom.