

# Getting Ready for Kindergarten

## Want to prepare for the next school year?

Keep the learning going over the summer. Below are suggestions of skills families might explore together during the school break.



### Physical Health and Wellness

#### With parent/caregiver support...

- Identifies basic emotions by looking at others' faces and/or faces in books and television (ex. happy, mad, sad, scared)
- Identifies ways to calm when upset
- Knows how to ask a friend to play
- Is learning how to wait for a turn
- Listens quietly for 5-10 minutes during a story
- Participates and follows rules during structured (organized games) or unstructured (playground play) indoor and outdoor activities
- Helps to make healthy snacks; sorts foods; talks about choosing healthy foods
- Understands movement concepts (how their body moves and how to move in coordination with other people or objects)
- Runs, jumps, skips, climbs and uses big muscles while playing



### English Language Arts

#### With parent/caregiver support...

- Listens to and understands conversations
- Uses new words heard in conversations, activities, and books
- Understands and uses gestures and body language
- Speaks in complete sentences and is understood
- Understands and retells stories, events, and other learned information
- Names different sounds; rhymes; hears and names the beginning sound in a word; hears words in sentences; hears parts of words
- Begins to name upper and lowercase letters
- Draws pictures to share ideas
- Understands that letters make words and words make sentences; uses finger to track words from left to right on a page; reads symbols and words around them (ex. STOP sign, McDonald's)



For activity ideas to practice these skills, go to [gpb.org/learn](http://gpb.org/learn).



## Mathematics

### With parent/caregiver support...

- Counts to 20 in order
- Counts 10 or fewer objects by pointing to each object and saying the correct number
- Knows written numbers 0-9
- Sorts objects (like toy cars) by similarities and differences (color, size, etc.)
- Names shapes: circle, square, rectangle, triangle
- Counts and compares two groups of objects (more, less, same)



## Science

### With parent/caregiver support...

- Asks questions while using senses (sight, smell, taste, touch, sound) to explore the world
- Observes the earth and sky; explains changes in the earth and sky
- Describes living things around them
- Explores and describes objects based on what materials they are made of (color, size, shape, etc.); states of matter; types of motion (fast, slow, etc.); and simple machines (ex. ramps made with blocks)
- Participates in protecting the environment



## Social Studies

### With parent/caregiver support...

- Names and follows rules
- Describes events in relation to time – past, present, and future
- Describes and respects similarities and differences between self and others
- Lists different jobs, services, and businesses in the community

*These skills were identified by the Georgia Department of Education's division of curriculum and instruction based on the [Georgia Early Learning and Development Standards \(GELDS\)](#). This list is not required, and students won't be expected to know all of the information – part of a teacher's job is meeting all students where they are at the beginning of the school year.*

