

Sussex Technical High School

A United States Department of Education National School of Excellence

John L. Demby, Ed.D. Principal

Deangello Eley, Ed. D., M.S. Assistant Principal/Dean of Students

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Dear Parents/Guardians and Students:

Welcome to the 2021-2022 school year at Sussex Technical High School. Your student's health concerns are important to us, and we look forward to working with you and your student in promoting good health practices and general well-being. We would like to share the following information and guidelines with you.

First and foremost, please take time to complete the EMERGENCY HEALTH FORM in its entirety and sign where necessary. Once this form is complete, return it to us (your school nurses) within the first week of school. This form is most beneficial to us in contacting you about your child's health needs and provides the nurses with permission to provide the OTC (over the counter) medications on your behalf. This form also provides permission to transport your son/daughter to a nearby hospital in the event of an emergency. It is very important for you to notify the school with any changes in emergency contact information throughout the school year.

Please consider keeping your child home if he/she has a fever of 100.4 F or higher, has been vomiting or experiencing diarrhea. Please keep your child home until he/she has been without vomiting/diarrhea and/or a fever for 24 hours without medication. Exclusion guidelines related to illness may change due to Covid-19. If you have any questions or concerns, feel free to contact us at 302-854-2819.

IMMUNIZATIONS:

- **ALL** students are required by Delaware Law to have their **immunizations current** upon entering a Delaware Public School.
- Students who have **never** attended a Delaware Public School before, (moved from another state, foreign exchange student, home schooled, or attended a private or a parochial school) are referred to as a **NEW ENTERER** and must be current with required immunizations. This includes; either a PPD placed and read, or the TB Health Risk Questionnaire administered by their health care provider.
- Per Delaware guidelines: all 9th grade students and NEW ENTERERS are required to have had a physical within the last two years (the two years prior to entry). All 9th grade students and NEW ENTERERS are also required to have Tdap and meningococcal vaccinations.
- Failure to meet the requirements for entering a Delaware Public School is reason for exclusion from school.

MEDICATIONS

- Prescribed medications <u>cannot</u> be administered without <u>written consent</u> from the parent/guardian (there is a form that will be sent home for completion).
- Each prescribed medication <u>MUST BE</u> in the original labeled pharmacy container with the correct name of the student, name of the medication, current dosage, and expected time of day the school nurse will administer the medication. Please be sure to <u>check all expiration dates</u> on medications.
- Students managing Asthma requiring an inhaler must obtain the necessary consent form at the beginning of the school year, or when newly diagnosed. Students must also obtain the necessary documentation to be "qualified" to self-administering their inhaler. We will need a copy of your medical management plan.
- **Students managing Diabetes**, are requested to come to the nurses' office at the beginning of the school year or when newly diagnosed. We will need a copy of your medical management plan.
- Students with Severe Allergies (food, bee stings, etc.) are requested to come to the nurses' office at the beginning of the school year or when newly diagnosed. We will need a copy of your medical management plan.
- Students managing any other serious medical concerns (for example heart conditions, seizures, etc.) are requested to come to the nurses' office at the beginning of the school year or when newly diagnosed. We will need a copy of your medical management plan.
- Students are **NOT** permitted to carry non-prescription medication (Advil, Tylenol, etc.) on his or her person at any time. ("Self-Carry" Prescription medication are <u>permitted with the proper</u> consent from the nurses.)
- PLEASE READ THE STUDENT'S AGENDA REGARDING THE DEPARTMENT OF EDUCATION'S MEDICATION GUIDELINES AND REGULATIONS.

PHYSICALS

- Any student wishing to participate in athletics is required to have a current **DIAA physical** on file. The DIAA sports physical must be performed after April 1, 2020 to be accepted for the 2021-2022 school year. (Refer to DIAA website for acceptable Physical Exams for this school year). An athlete will not be permitted to practice or participate without the athletic DIAA physical form and without all of the required signatures. Please make sure the DIAA forms are all signed/complete.
- Per Delaware guidelines, all 9th grade students are required to have had a physical within the last two years (two years prior to entry). <u>A sports physical can be used as a regular physical but a regular physical may not be used as a sports physical</u>.
- Physicals may be scheduled at Sussex Tech's Wellness Center by becoming a member and calling 856-4360. Our Wellness Center is available during the summer.

*Students in grade 9 and any new enterer will have scoliosis, vision and hearing screenings during the school year in accordance with Delaware guidelines. A letter will be sent home with your child if a follow-up with his/her physician is needed. We want to welcome you to Sussex Technical High School. We look forward to a great year!

Sincerely,

Susan Lynch, MSN, RN, NCSN Sussex Tech School Nurse Sussex Technical High School Susan.Lynch@Sussexvt.k12.de.us Nurses@Sussexvt.k12.de.us 302-854-2819 (office) Lisa Fitler, MSN, RN, NCSN Sussex Tech School Nurse Sussex Technical High School Lisa.Fitler@Sussexvt.k12.de.us Nurses@Sussexvt.k12.de.us 302-854-2819 (office)