

THERAPEUTIC RECREATION NEWSLETTER

October, 2018



Parks & Recreation

**NEW PROGRAMS
STARTING IN
OCTOBER!**



ARTS & CRAFTS

Dragon Sculpture

Wednesdays: October 17 - November 14

Central Park Recreation Center

10:30-11:30am: Ages 5+, Activity #491807-C

5:30-6:30pm: Ages 5-12, Activity # 491807-A

6:45-7:45pm: Ages 13 +, Activity # 491807-B

Autumn Crafts

Thursdays: October 18 - November 8

Central Park Recreation Center

10:30-11:30am: Ages 5+, Activity #491007-C

5:30-6:30pm: Ages 5-10, Activity # 491007-A

6:45-7:45pm: Ages 11 +, Activity # 491007-B

Clay Class

Come enjoy a fun introduction to the world of pottery! Enjoy molding, texturing, rolling and building with clay. Pre-registration required! Siblings are welcome in this program!

Ages: 18+, Wednesday, 1-2:30pm

October 24-December 12

Activity # 491107-B



Ages: 10-18, Saturdays, 10:30am-12pm

October 27-December 15

Activity # 491107-D

MUSIC PROGRAMS

Elementary Music Therapy

Tuesdays: October 2 - 23, 4:00-5:00pm

Ages 6-12, Activity # 492404 - B

Sawnee Mountain Park

I Wanna Rock

Tuesdays: October 2 - 23, 5:00-6:00pm

Ages 11-18, Activity # 492004 - B

Sawnee Mountain Park

Program Note: Make it a family affair. Siblings welcome to register for these programs!

List program details

Adult Choir

Wednesdays: October 3 - December 19

1:00-2:00pm

Sawnee Mountain Park

18+ years old

Activity #492204-B

Come explore your love for music and singing. Join a choir of your peers and learn to sing, read music, and perform. Work with our friends and the music instructors to put together a musical concert at the end of the eight-week session. Family members, friends and Program Buddies welcome to participate!



GET UP & MOVE



PART II

A fitness/walking program for adults with special needs in Forsyth County!

October 11 - November 8

Tuesdays & Thursdays

10:00-11:30am

Activity # 498007 - B

Central Park Recreation Center

Siblings welcome in this program!

OCTOBER BOWLING



Friday, October 19, 7-9pm

Bowling, shoes, 2 slices of pizza and a drink

\$10, pay at Stars and Strikes

133 Merchants Square, Cumming

Family and Friends welcome!



October Special Events



Saturday, October 6

7:00-9:00pm

Children 7 to 16 year of age

\$2.00 per person

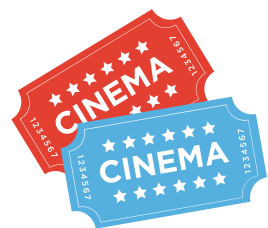
Pre-registration suggested

Snacks will be served!

Siblings are welcome

Central Park Recreation Center

2300 Keith Bridge Rd, Cumming



Therapeutic Recreation Program

Jeffery Jones, TR Supervisor

Central Park Recreation Center

2300 Keith Bridge Road, Cumming

770-205-4635

JAJones@forsythco.com



Saturday, October 27

7:00-9:30pm

Teenagers & Adults

13 years old and up



DJ, snacks. \$2.00 per person.

Pre-registration suggested.

Activity # 497107-C

Prizes for best costumes!

Central Park Recreation Center

2300 Keith Bridge Rd, Cumming

