



LIBERTY PINES ACADEMY

“ON THE PROWL FOR ACADEMIC EXCELLENCE”

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April 19, 2016

Dear Parent,

Your child has the opportunity to participate in a puberty education program, *Always Changing*, presented at the school this month by a faculty member and/or school nurse. The program includes a video presentation, as well as a question and answer session regarding changes that a young person's body goes through during puberty and adolescence. Boys and girls will be separated for the presentation.

As part of the program, students learn:

- ❖ About the physical changes that are or will occur in their bodies over the next few years
- ❖ About the emotional changes that will take place
- ❖ To identify adults with whom they can discuss these physical and emotional changes (students are encouraged to discuss these changes with their parents/guardians)
- ❖ That these changes and feelings are normal and have been experienced by adults too

The *Always Changing* Program is based on national research and consultation with school nurses, health educators, parent and medical professionals.

The puberty presentation for LPA students will take place on Friday, May 13, 2016, at 1:30pm. If you would like to preview the film prior to this date, please go to <http://www.pgschoolprograms.com/parents.php> and scroll down to the video section.

If you have any questions regarding the program please contact Amy Lynch, RN, BSN Liberty Pines Academy Student Health Clinic, at 547-7919.

If you do not wish for your child to participate in the puberty program you will need to send a written statement to your child's teacher requesting this action.

I appreciate your interest in the health and well-being of children.

Sincerely,

Judith Thayer

Principal