
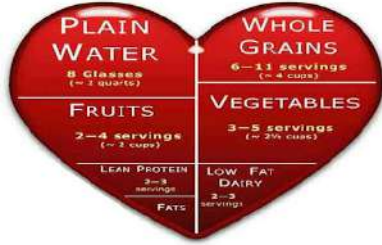




2023 FEBRUARY JEFFERSON COUNTY SCHOOLS BREAKFAST-LUNCH MENU 2023

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
 All Schools are CEP Salads are offered Daily		Steak Nuggets/Biscuit Assorted Cereal 100% Juice-Fresh Fruit Sausage Dog Vegetarian Beans Potato Tots Chilled Juice/Fruit Cup	Breakfast Bagel Assorted Cereal 100% Juice-Applesauce Cup Vegetable Beef Soup Sandwich/Saltines Broccoli- Lima Beans 100% Grape Juice Seasonal Fresh Fruit Groundhog Day	French Toast Sticks/Eggs Assorted Cereal 100% Juice-Mandarin Oranges Chicken Fillet Lettuce/Tomato/Pickle Potato Wedges Fresh Fruit Fruit Cup National Wear Red
Biscuit/Sausage 6 Assorted Cereal 100% Juice – Peaches Salisbury Steak Rice/Cornbread Turnips/ Lima Beans Fruit Cup/Mixed Fruit	Breakfast Pocket 7 Assorted Cereal 100% Juice – Pears Tacos Lettuce/Tomatoes/Cheese Corn Black Beans & Salsa Tortilla Chips Fresh Fruit / Fruit Cups	Popcorn Chicken 8 Muffin Assorted Cereal 100% Juice – Seasonal FF BBQ Sandwich Carrots /Fried Okra Vegetable Juice Applesauce/Fresh Fruit Manager’s Treat	Waffle/Sausage 9 Assorted Cereal 100% Juice – Mixed Fruit Pizza Corn Broccoli Seasonal Fresh Fruit Strawberry Cups National Pizza Day	Chicken Biscuit 10 Assorted Cereal 100% Juice – Seasonal FF Seasoned Wings/ Roll Celery/Carrots w-dip Oven Baked Fries Fruit Cups Sidekicks
Biscuit/Steak 13 Assorted Cereal 100% Juice – Mixed Fruit Chicken Strips/Roll Mash Potatoes Green Peas Fruit Cup Seasonal Fresh Fruit National Cheddar Day	French Toast Sticks/Sausage 14 Assorted Cereal 100% Juice – Seasonal FF Baked Chicken Cabbage/Black eye Peas Cornbread Seasonal Fresh Fruit Fruit Cups Cupids Treat Valentine’s Day	Biscuit/Chicken Patty 15 Assorted Cereal 100% Juice –Slice Peaches Steak Sandwich Lettuce/Tomato Fresh Vegetable Oven Baked Fries Seasonal Fresh Fruits	Pancakes/Sausage 16 Assorted Cereal 100% Juice – Seasonal FF Spaghetti or PB Jelly Breadstick Broccoli/Corn Seasonal Fresh Fruits	School Closed 17 Student & Teacher Holiday National Heart Healthy Month 

<p>School Closed 20 Presidents' Holiday</p>	<p>Staff Development 21</p>	<p>Chicken Nuggets/Biscuit 22</p>	<p>Breakfast Pocket 23</p>	<p>Grits-Sausage-Toast 24</p>
	 <p>Student Holiday</p>	<p>Assorted Cereal 100% Juice-Pears</p> <p>Pizza Carrots/Corn Nuggets Vegetable Juice Seasonal Fresh Fruit Peaches</p>	<p>Assorted Cereal 100% Juice-</p> <p>Chili w/cheese/Saltines Baked Potato/Broccoli 100% Juice Seasonal Fresh Fruit</p> <p>National Chili Day</p>	<p>Assorted Cereal 100% Juice-Seasonal FF</p> <p>Chicken Fajitas Lettuce/Tomato/Cheese Corn Gazebo Beans Tortilla Chips Seasonal Fresh Fruits Cookie</p> <p>National Tortilla Chip Day</p>
<p>French Toast Sticks 27</p>	<p>Biscuit/Popcorn Chicken 28</p>			
<p>Sausage Assorted Cereal 100% Juice – Seasonal FF</p> <p>Chicken Strips/Roll Mash Potatoes Green Beans Fruit Cup Seasonal Fresh Fruits</p>	<p>Assorted Cereal 100% Juice – Seasonal FF</p> <p>Cheeseburger or Hamburger Lettuce/Tomato/Pickle Potato Wedges Apple Slices Mixed Fruit</p>			<p>Disclaimer: Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.</p>

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

This institution is an equal opportunity provider.