

Family and Community Services ***CIP: 19.010113***

*Prerequisites: Human Development and
Human Services*

Big Idea:

Reach out and touch someone.

Enduring Understandings:

- 1) Needs change during life, and different resources are needed to address these various changes.
- 2) Proper nutrition is critical to a healthy lifestyle.
- 3) Resource management impacts decision-making.
- 4) Resources need to be managed.
- 5) Choices affect a person's quality of life.
- 6) Social, cultural, and economic factors can affect choices.
- 7) Communication is a vital part of interpersonal relationships.
- 8) Professional services designed to address human needs are available.
- 9) Human services professionals are trained to assist individuals and families meet their needs

Essential Questions:

- 1) How do people respond to changing needs?
- 2) What resources do families have to address their needs?
- 3) How do cultural, social, or economic factors relate to human needs?
- 4) What impact does communication have on interpersonal relationships?

Standards Statement:

- 1) Evaluate the impact of family care giving roles and responsibilities on the well-being of individuals and families.
- 2) Integrate knowledge, skills, and practices required for careers in family and community services, and early childhood, education and services

- 3) Evaluate interest, identify, and explore career opportunities related to supporting positive adolescent development and assisting adults from maturity through old age.
- 4) Demonstrate skills and behaviors of positive relationships in families, peer groups, school, community, and the work place.
- 5) Demonstrate management of available resources as related to the needs of individuals and families
- 6) Demonstrate nutrition and wellness practices that enhance individual and family well-being and evaluate career opportunities in food, nutrition, and wellness.

Course Description

This course is the third level in the Human Services career pathway. Students will build on their understanding of human development and human behavior as they explore the services available to families through local, state, and federal agencies to meet human needs. Students will have the opportunity to continue their exploration of careers related to helping individuals, families and the community, in more depth

Course Goals:

At the completion of this course, students will have developed an understanding of the requirements for a career in Human Services. They will have had opportunities to practice the interpersonal and communication skills needed for various situations as well as explored a variety of resources available to assist individuals and families.

Course Objectives:

- 1) Describe the different stages of the individual and family life cycles
- 2) Recognize the areas of human development.
- 3) Explain how individual and family needs change over time
- 4) Demonstrate an understanding of and respect for cultural traditions.
- 5) Identify causes of conflict in relationships and barriers to effective communication
- 6) Demonstrate communication skills that help facilitate positive relationships.
- 7) Demonstrate the ethical behavior, leadership, and professional practices expected of an employee.
- 8) Identify and address the nutrition and health needs of different age groups and for different life situations
- 9) Use a decision-making process in a variety of situations
- 10) Demonstrate organizational and record-keeping skills
- 11) Identify agencies and organizations that are available to assist during the career exploration process.
- 12) Demonstrate employability skills.

Course Outline

<i>Course Outline</i>	<i>CTE Knowledge & Skill Reference</i>	<i>Academic Standards</i>	<i>Resources</i>
1) Individual and Family Needs a) everyone has similar needs b) economic issues, cultural traditions, and social values affect individuals and families c) professionals must understand and respect cultural traditions d) needs change during life, therefore different resources are needed to address these changes e) resources are available for individuals and families regarding common challenges that they face	IPR 1.2.1 FAM 1.7.1 CRM 1.6.1 NS 12.3 FAM 1.5.2 FAM 1.8 CRM1.2.1 IPR 1.6.2	ELA 1,2,3 M 1-10 SS C-4 SS G-3 TE 1 S 1	
2) Individual and Family Needs a) everyone has similar needs b) economic issues, cultural traditions, and social values affect individuals and families c) professionals must understand and respect cultural traditions d) needs change during life, therefore different resources are needed to address these changes e) resources are available for individuals/ families regarding common challenges they face	NS 4.4 NS 12.2.4 FNW 2.1.1 NS141.2.2 NS 12.3.1 FNW 1.2.3 N S6.1.6 FAM1.3.2	ELA 1,2,3 Nut 1,2,4 M 1,2,4,9 PE 4	
3) Promoting healthy behaviors a) different health situations require difference responses b) nutritional needs change with a person's age and life style c) diet affects health and medical conditions	CRM 2.3 CRM 2.4.1 CRM 1.8 CRM3.3.3	ELA 1,2,3 M 1-10 SS H-4 TE 1,2,3	

<ul style="list-style-type: none"> d) food safety and sanitation are critical for health e) exercise is essential to wellness f) lifestyle choices have long-term effects on the family 			
<p>4) Resource management</p> <ul style="list-style-type: none"> a) basic financial literacy concepts b) using decision-making strategies to maximize resources c) analyze needs for community services d) family service organizations 	NS 7.5 IPR 1.3.1 NS 7.3, 7.2 FAM 3.3.2 FAM 3.2.3 FAM3.5.2 IPR 1.7.2 CRM2 2 9 NS 7.3.3	ELA 1,2,3 C-A WL Goal2 BTA-4 MEA-5	
<p>5) Preparing for work in the field of Human Services</p> <ul style="list-style-type: none"> a) services available for individual and families with disadvantageous conditions b) examine factors that lead to career success c) sensitivity and confidentiality in Human Services d) assessment and record keeping 	ADA 2.4 IPR 1.6 ADA 1.7 CHD 1.7 IPR 1.4 FAM 3.2, 3.5	ELA 1,2,3 S 1 A 3,4 C-A,B SS C 1-4 PE 5	
<p>6) Opportunities in FCCLA</p> <ul style="list-style-type: none"> a) What's in FCCLA for Me? b) Chapter operations c) Planning process d) Individual and chapter awards and activities e) State, national, international activities 			

FCCLA

During this course students will be involved in FCCLA activities to enhance their learning. Students will participate in

Resources

Technology Utilization

Assessment