



HeartSmart EKG Screening for Sophomores Wednesday, May 25

[Register your student today!](#)

On the HeartSmart EKG website:

1. Click box that says *Register Student*
2. Choose school
3. Enter requested information about your student (including New Trier student ID number) and pay the screening fee

Parents who complete registration will receive an email from the Max Schewitz Foundation as the date approaches if they need to take further action to schedule their child's time slot (this may be necessary if the child does not have KW/Dance/Health on May 25, which is a Blue Day).

Registered parents will also receive a reminder about the student's screening one day in advance.

Additional information about this screening

EKG screening is typically offered to freshmen at New Trier, but it was canceled last year due to COVID-19. ***This valuable screening will not be offered again for this class—this is the only opportunity to have your student screened at New Trier.***

The screening is being offered to all sophomores (for a small fee). ***Advance registration is required; [click here to register.](#)*** Online registration will remain open until noon on ***Tuesday, May 24;*** no exceptions or walk-ins will be accepted.

Please see flyer below for more information.

Questions?

- Contact Kathy Aykroid at HeartSmart EKG: kathy@heartsmartekg.org or 847.736.8140, or
- Email newtrier2024@gmail.com





The Max Schewitz Foundation is partnering with New Trier High School to provide HeartSmart EKG to ALL SOPHOMORES (ONLY) on Wednesday, May 25.

There is a lot to know about Sudden Cardiac Death in Young Adults

Kai, Max and Josh were healthy, young adults with NO symptoms –
AN EKG MAY HAVE PREVENTED THEIR DEATHS



Kai Lerner of Waukesha, WI, was playing basketball with friends when he went into sudden cardiac arrest. He died from WPW, an undiagnosed heart condition, on April 3, 2019 at age 16.



Max Schewitz of Lake Bluff, IL, left for work one morning, hugged his mom good bye and was dead by noon. He died of hidden cardiac disease on September 29, 2005 at age 20.



Josh Church of Wadsworth, IL, wasn't feeling well at swim practice. He suddenly collapsed and died of a hidden heart condition on November 16, 2016 at age 17.

- EKG's are not routinely done on seemingly healthy young adults in our communities. **A painless, simple and non-invasive EKG detects 94% of high-risk individuals** compared to 9% by physical examination and 20% detected by a physician discussing family history.
- The Max Schewitz Foundation has provided almost 100,000 EKG tests and 2,649 limited echocardiograms to area high school and college students.
- 956 students have been referred for further medical evaluation. They may have failed their test but what they learned may have saved their lives.
- Cost is \$20 per student or \$5 for any student on a free/reduced lunch program.

Screening for New Trier Sophomores Only on Wednesday, May 25 (blue day)
Screenings to take place before school, during KW class or a free period

[Click HERE to Register www.HeartSmartEKG.org](http://www.HeartSmartEKG.org)

*You will receive scheduling information after you register with HeartSmart

Please contact Kathy@HeartSmartEKG.org or newtrier2024@gmail.com to learn more