

# WELCOME

## 2019

# DIAA-DSGA Golf Rules Clinic



# **DIAA STAFF**

**Thomas E. Neubauer, CMAA**  
**Executive Director**

**Donna Polk**  
**Coordinator of Interscholastic Athletics**

**Tina M. Bates**  
**Secretary**

**Main Number:**  
**302-857-3365**



# Your Contact Person

Your first point of  
contact for information is  
your school's

**Athletic Director**



# DIAA PURPOSE

- to preserve and promote the **educational significance** of interscholastic athletics;
- to ensure that interscholastic sports remain compatible with the **educational mission** of the member schools;
- to provide for **fair competition** between member schools;
- to promote **sportsmanship** and ethical behavior;
- to establish and enforce **standards of conduct** for athletes, coaches, administrators, officials and spectators;
- to protect the **physical well-being** of athletes; and
- to promote **healthy adolescent lifestyles**.



# DIAA

<http://www.doe.k12.de.us/diaa>

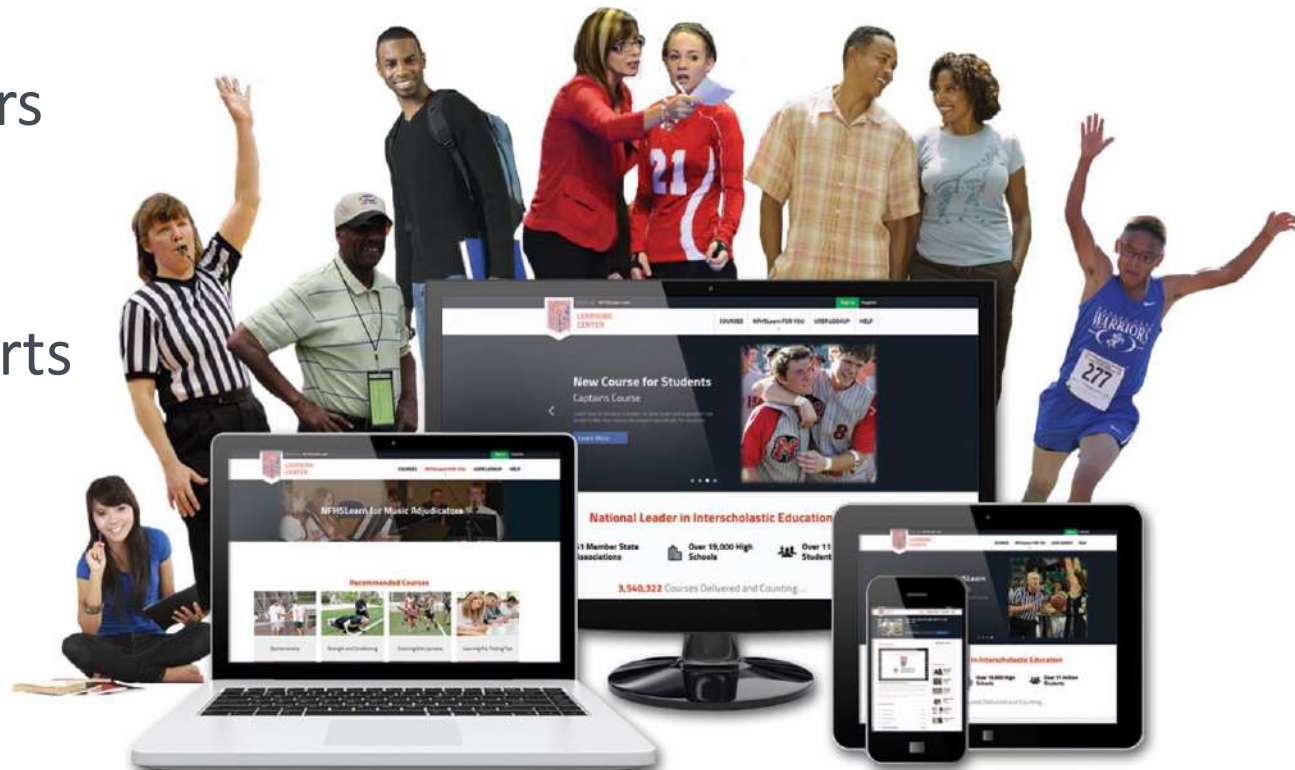
Starting point for ALL  
DIAA information  
and related links



# NFHS LEARNING CENTER WWW.NFHSLEARN.COM

## Professional Development For ALL

- Coaches
- Officials
- Administrators
- Parents
- Students
- Performing Arts



# Websites4Sports

[WebSites4Sports.com](http://WebSites4Sports.com)

Updated and accurate information:  
Schedules.

Please post match results as soon as  
possible.



# Sports Medicine

## PPE – Medical Card (page 4)

**COACHES:**  
You **MUST** carry every  
athletes' Medical Card  
with you at **ALL** times.

## PRACTICES & GAMES

This is page 4 from their Physical  
Forms  
[DIAA PPE]

### SCHOOL ATHLETE MEDICAL CARD

(Parent/Guardian: please print and complete Sections 1, 2 & 3)

#### Section 1: CONTACT/PERSONAL INFORMATION

NAME: \_\_\_\_\_ SPORT(S): \_\_\_\_\_  
AGE: \_\_\_\_\_ GRADE: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ GUARDIAN NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_ (P) \_\_\_\_\_  
Other authorized person to contact in case of emergency:  
NAME: \_\_\_\_\_ PHONE(S): \_\_\_\_\_  
NAME: \_\_\_\_\_ PHONE(S): \_\_\_\_\_  
Preference of Physician (and permission to contact if needed):  
NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_  
HOSPITAL PREFERENCE: \_\_\_\_\_ INSURANCE: \_\_\_\_\_  
POLICY #: \_\_\_\_\_ GROUP: \_\_\_\_\_ PHONE: \_\_\_\_\_

#### Section 2: MEDICAL INFORMATION

MEDICAL ILLNESSES: \_\_\_\_\_  
LAST TETANUS (mo/yr): \_\_\_\_\_ ALLERGIES: \_\_\_\_\_  
MEDICATIONS: \_\_\_\_\_  
(any medications that may be taken during competition require a physician's note)  
PREVIOUS HEAD/NECK/BACK INJURY: \_\_\_\_\_  
HEAT DISORDER OR SICKLE CELL TRAIT: \_\_\_\_\_  
PREVIOUS SIGNIFICANT INJURIES: \_\_\_\_\_  
ANY OTHER IMPORTANT MEDICAL INFORMATION: \_\_\_\_\_

#### Section 3: Consent for Athletic Conditioning, Training and Health Care Procedures

I hereby give consent for my child to participate in the school's athletic conditioning and training program, and to receive any necessary healthcare treatment including first aid, diagnostic procedures, and medical treatment, that may be provided by the treating physicians, nurses, athletic trainers, or other healthcare providers employed directly or through a contract by the school, or the opposing team's school. The healthcare providers have my permission to release my child's medical information to other healthcare practitioners and school officials. In the event I cannot be reached in an emergency I give permission for my child to be transported to receive necessary treatment. I understand that Delaware Interscholastic Athletic Association or its associates may request information regarding the athlete's health status, and I hereby give my permission for the release of this information as long as the information does not personally identify my child.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### Section 4: Clearance for Participation

☐ Cleared without restrictions ☐ Cleared with the following restrictions:

Health Care Provider's Signature: \_\_\_\_\_ MD/DO, PA, NP Date: \_\_\_\_\_

For office use only This card is valid from April 1, 20\_\_\_\_ through June 30, 20\_\_\_\_

Note: If any changes occur, a new card should be completed by the parent/guardian. The original card should be kept on file in the school athletic director's or athletic trainer's office. A copy should be kept in the sports' athletic kits. This card contains personal medical information and should be treated as confidential by the school, its employees, agents, and contractors.

Name of School: \_\_\_\_\_ Name of ATC: \_\_\_\_\_



# Practice Policies

## DIAA Regulation 1008/1009-4.2

### **ALL practice days (school and non-school day):**

- One day of no activity per seven day period
- A minimum of 21 calendar days of practice prior to the first competition date (3-22-19)
- Student must practice at least 7 calendar days prior to participating in a contest



# Practice Policies

## DIAA Regulation 1008/1009-4.2

**School day practices limited to two (2) hours**

### **Non-School days**

- A limit of no more than two (2) practices with physical activity
- No practice can be longer than three (3) hours in length
- A grand total of five (5) hours of physical activity daily
- When having 2 practice session in a day; there **MUST** be a one hour minimum cooling period between the two practice sessions



# Season and Week Limits (HS)

	Season	Week	Athlete - Week	Athlete-Day
<b>Spring</b>				
Baseball	18 contests	3 contests	3 contests	See Note 4
Softball (G)	18 contests	4 contests	4 contests	See Note 5
Golf	15 competition dates	3 competition dates	3 competition dates	
Tennis (B/G)	15 contests	3 contests	3 contests	
Outdoor Track (B/G)	16 competition dates	3 competition dates	3 competition dates	
Lacrosse (B/G)	15 contests	3 contests	3 competition dates	See Note 6
Soccer (G)	15 contests	3 contests	3 competition dates	2 halves

Note 5: Four games in a week are permitted only if two are part of a doubleheader played on a non-school day

Note 6: The daily individual limit for boys' lacrosse is 4 quarters and for girls' lacrosse is 2 halves.



# Sports Medicine

## Sudden Cardiac Arrest

- All students must have annual PPE & answer the 12 AHA approved heart history questions.
- All students must sign the SCA Fact Sheet on PPE form
- Coaches must hold valid CPR certification.

## Concussion:

- Parents and Athletes must read and sign PPE Concussion information sheet
- **Coaches and Officials must take the NFHS Concussion Education Course once every 2 years**



# Sports Medicine

## Concussion Awareness:

- Coaches must take the NFHS Concussion Education Course every 2 years



# DIAA Concussion Protocol

Shows Signs or Symptoms

- a. Remove from play - **Official** notify Coach  
Official's duty is completed with notification.
- b. Then must be Evaluated by a Qualified Healthcare Professional

Qualified Healthcare Professional (QHCP) is a MD, DO, School Nurse, Nurse Practitioner, Physician's Assistant or Athletic Trainer (ATC)



# DIAA Concussion Protocol

IF CLEARED at that time by the QHCP,  
athlete may return to play that day.

If NOT CLEARED by QHCP at that time, athlete  
CANNOT return to play that day.

At this point, athlete must have written clearance from a  
QUALIFIED PHYSICIAN to return to practice or play.



Failure to comply = INELIGIBLE athlete





# Emergency Action Plan [EAP]

Create an  
Action Plan and  
PRACTICE IT.



Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name:			Activity:			Level:		
---------------------	--	--	-----------	--	--	--------	--	--

1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM																																													
<b>CALL 911</b>			<b>START CPR</b>			<b>GET THE AED</b>																																													
CALL 911. Explain emergency. Provide location.			<ol style="list-style-type: none"> <li>Position person on back.</li> <li>Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minute. Let chest completely recoil after each compression.</li> <li>Take turns with other responders as needed.</li> </ol>			<table border="1"> <thead> <tr> <th></th> <th>PRACTICE</th> <th>EVENTS</th> </tr> </thead> <tbody> <tr> <td>Closest AED</td> <td></td> <td></td> </tr> <tr> <td>Student 1</td> <td></td> <td></td> </tr> <tr> <td>Student 2</td> <td></td> <td></td> </tr> </tbody> </table>				PRACTICE	EVENTS	Closest AED			Student 1			Student 2																																	
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			<ol style="list-style-type: none"> <li>Remove equipment/excess clothing. Move to shade.</li> <li>Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body.</li> <li>Monitor vital signs.</li> <li>Cool First, Transport Second.                             <ol style="list-style-type: none"> <li>Cool until rectal temperature reaches 102°F if ATC or MD is available.</li> <li>If no medical staff, cool until EMS arrives.</li> </ol> </li> </ol>																																																

ANYONE CAN SAVE A LIFE



# DIAA POLICIES & PROCEDURES

## PROHIBITION AGAINST USE OF TOBACCO PRODUCTS

Very Simple: DON'T SMOKE\*, DON'T CHEW, DON'T DIP

\*E-cigarettes included



# Thunder and/or Lightning Policy

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include

your state high school activities association and the nearest office of the National Weather Service.

## PROACTIVE PLANNING

1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safer areas and determine the amount of time needed to get everyone to a designated safer area:
  - a. A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.
3. Develop criteria for suspension and resumption of play:
  - a. When thunder is heard or lightning is seen\*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
  - b. 30-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed\* prior to resuming play.
  - c. Any subsequent thunder or lightning\* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
  - d. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning\* should always take precedence over information from a mobile app or lightning-detection device.
- \* – At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.
4. Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.
5. Inform student-athletes and their parents of the lightning policy at start of the season.



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**USGA page 37**



# SPORTSMANSHIP

*The use of SOCIAL MEDIA must be CAREFULLY explained, reinforced and monitored.*

*use the NFHS Learn Course*



# SPORTSMANSHIP

**Coaches are strongly reminded that the golf course is an extension of the classroom.**

***All words, actions and expressions that are inappropriate must be dealt with accordingly.***

**Stop a situation before it escalates.**



# Social Media Profile



## Facebook

Page: Delaware Interscholastic Athletic Association

Link: [www.facebook.com/DelawareInterscholasticAthleticAssociation](https://www.facebook.com/DelawareInterscholasticAthleticAssociation)



## Twitter

Page: DIAA

Handle: @DIAA\_Delaware



## Instagram

Handle: DIAA\_Delaware





Thank you for your support of  
Interscholastic Athletics!



# Major Changes to the Rules of Golf DIAA

*Delaware State Golf Association*

in association with

**USGA**®



# Overview

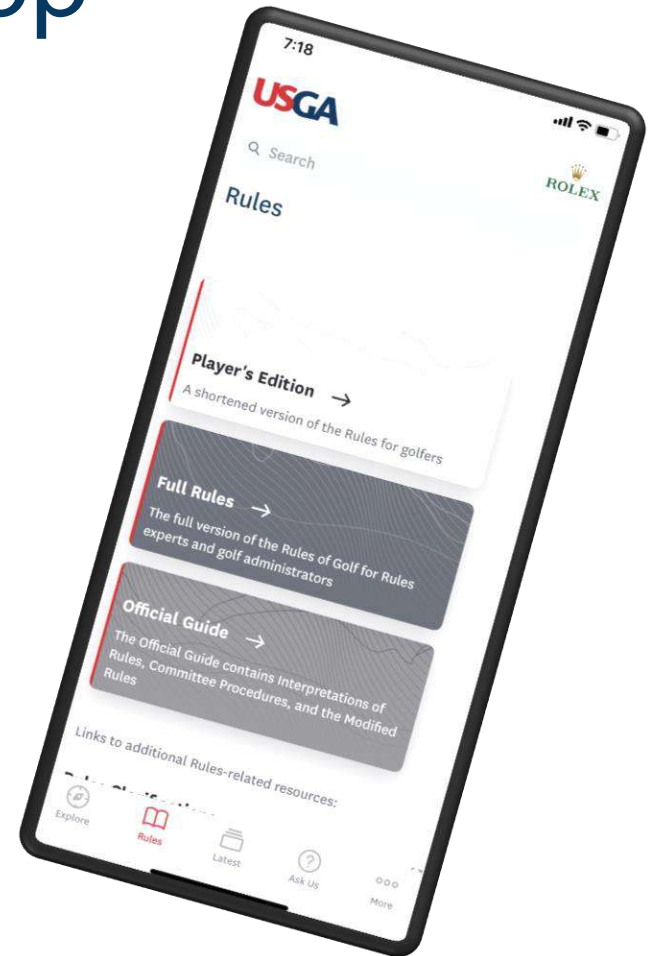
## MAJOR CHANGES

- Spirit of the Game & Etiquette
- Promoting Faster Pace of Play
- Relaxed Requirements and Reduced Penalties
  - On the Putting Green
  - In Bunkers
  - Accidental Acts & Occurrences
- Determining Who or What Moved a Ball at Rest
- Penalty Areas
- Simplified Dropping and Re-Dropping Procedures
- Unplayable Ball in Bunker – New Relief Option
- Advice, Equipment, Stroke & Distance Local Rule

Delaware State Golf Association

# USGA Rules of Golf App

- FREE to download
- Videos, Quizzes, Clarifications & Handicapping
- Tips
  - *Italicized* words are definitions
  - Click on them to read more
- To Get the Full Rules:
  - More > Settings > Expert Mode



# Spirit of the Game / Etiquette

## MAJOR CHANGES

- Playing by the Rules



The new Rules directly address the high standards of conduct expected from players.

“All players are expected to play in the spirit of the game by:

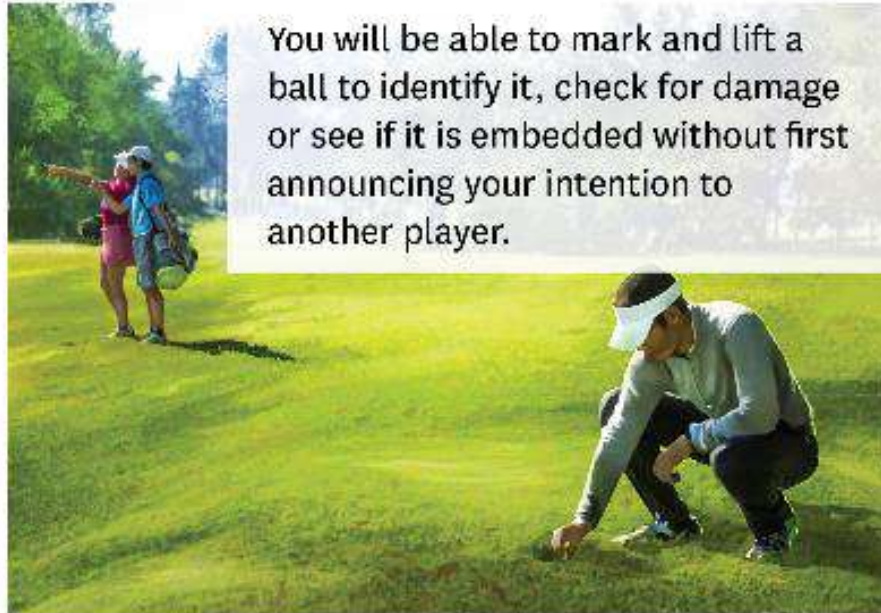
- Acting with integrity....
- Showing consideration to others....
- Taking good care of the *course*....”

*(Rule 1.2a - Standards of Player Conduct; Conduct Expected of All Players)*

# Spirit of the Game / Etiquette

## MAJOR CHANGES

- Playing by the Rules
  - Player Integrity

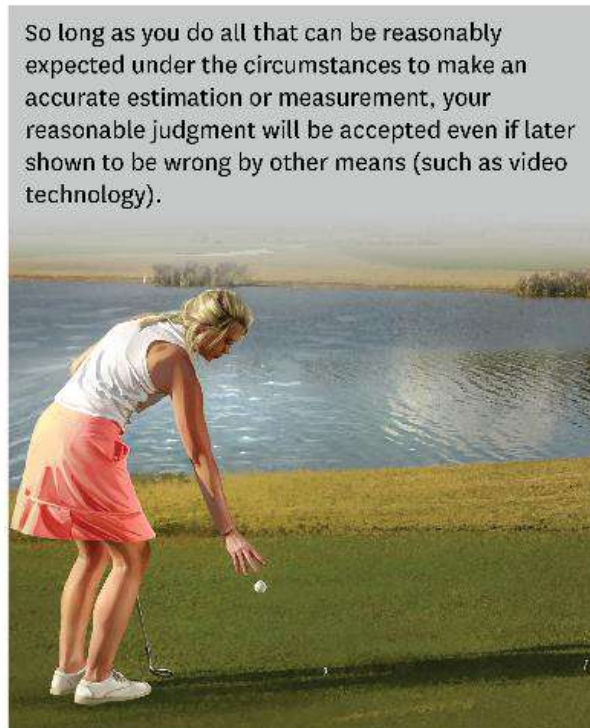


# Spirit of the Game / Etiquette

## MAJOR CHANGES

- Playing by the Rules
  - Player Judgment

So long as you do all that can be reasonably expected under the circumstances to make an accurate estimation or measurement, your reasonable judgment will be accepted even if later shown to be wrong by other means (such as video technology).



# Spirit of the Game / Etiquette

## MAJOR CHANGES

- Playing by the Rules
- Standards of Conduct
  - Committee set codes of conduct allowed



A Committee will have the authority to adopt its own code of conduct and to set penalties for breaches of that code.

“The Committee may set its own standards of player conduct in a Code of Conduct adopted as a Local Rule.”

*(Rule 1.2b - Standards of Player Conduct; Code of Conduct)*



# Promoting Faster Pace of Play

## MAJOR CHANGES

- Rule 5.6b – Prompt Pace of Play



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# Promoting Faster Pace of Play

## MAJOR CHANGES

- Rule 5.6b – Prompt Pace of Play
- Ready Golf Encouraged





# Promoting Faster Pace of Play

## MAJOR CHANGES

- Rule 5.6b – Prompt Pace of Play
- Ready Golf Encouraged
- Search time reduced to 3 minutes



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# Promoting Faster Pace of Play

## MAJOR CHANGES

- Rule 5.6b – Prompt Pace of Play
- Ready Golf Encouraged
- Search time reduced to 3 minutes
- Caddies
  - May always mark, lift and clean ball on the Putting Green



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# Promoting Faster Pace of Play

## MAJOR CHANGES

- Rule 5.6b – Prompt Pace of Play
- Ready Golf Encouraged
- Search time reduced to 3 minutes
- Caddies
  - May not assist player with alignment
  - May always mark, lift and clean ball on PG
- Putting allowed with Flagstick in the Hole
- Optional Local Rule for Stroke and Distance



# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
- In Bunkers
- Accidental Acts and Occurrences

# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
  - Repair of Damage



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
  - Repair of Damage
  - Touching Line of Play



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
  - Repair of Damage
  - Touching Line of Play
  - Accidental movement of ball (No Penalty)



# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
  - Repair of Damage
  - Touching Line of Play
  - Accidental movement of ball (No Penalty)
  - After marking & lifting, ball is always replaced if it moves



# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- On the Putting Green
  - Repair of Damage
  - Touching Line of Play
  - Accidental movement of ball, No Penalty
  - After marking & lifting, ball is always replaced if it moves
  - Okay for a putt to strike an unattended flagstick in the hole



# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- In Bunkers
  - Okay to move Loose Impediments



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- In Bunkers
  - Okay to move Loose Impediments
  - Touching Sand, except near ball
  - Ground Club, except near ball
  - Testing still penalized



# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- Accidental Acts and Occurrences, **No Penalty**
  - Deflection of a Ball in Motion



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- Accidental Acts and Occurrences, **No Penalty**
  - Deflection of a Ball in Motion
  - Movement of a Ball on the Putting Green



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- Accidental Acts and Occurrences, **No Penalty**
  - Deflection of a Ball in Motion
  - Movement of a Ball on the Putting Green
  - Movement of a Ball During Search



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# Relaxed Requirements and Reduced Penalties

## MAJOR CHANGES

- Accidental Acts and Occurrences, **No Penalty**
  - Deflection of a Ball in Motion
  - Movement of a Ball on the Putting Green
  - Movement of a Ball During Search
  - Double Hits



# Determining Who or What Moved a Ball at Rest

## MAJOR CHANGES

- Virtual Certainty required to conclude you caused your ball to move



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# Penalty Areas

## MAJOR CHANGES

- What are they?



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# Penalty Areas

## MAJOR CHANGES

- What are they?
- Any Penalty Area can be marked Red



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# Penalty Areas

## MAJOR CHANGES

- What are they?
- Any Penalty Area can be marked Red
- Play from Penalty Areas
  - Okay to move loose impediments
  - Okay to make practice swings
  - Okay to ground your club
  - Okay to touch water



# Penalty Areas

## MAJOR CHANGES

- What are they?
- Any Penalty Area can be marked Red
- Play from Penalty Areas
  - Okay to move loose impediments
  - Okay to make practice swings
  - Okay to ground your club
  - Okay to touch water
- Relief Options (Red–3, Yellow–2)
  - Stroke and Distance (Red or Yellow)

# Penalty Areas

## MAJOR CHANGES

- What are they?
- Any Penalty Area can be marked Red
- Play from Penalty Areas
  - Okay to move loose impediments
  - Okay to make practice swings
  - Okay to ground your club
  - Okay to touch water
- Relief Options (Red–3, Yellow–2)
  - Stroke and Distance (Red or Yellow)
  - Back-on-the-Line (Red or Yellow)



# Penalty Areas

## MAJOR CHANGES

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- Any Penalty Area can be marked Red
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  - Lateral Relief (Red only)



# Penalty Areas

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  - Okay to move loose impediments
  - Okay to make practice swings
  - Okay to ground your club
  - Okay to touch water
- Relief Options (Red-3, Yellow-2)
  - Stroke and Distance (Red or Yellow)
  - Back-on-the-Line (Red or Yellow)
  - Lateral Relief (Red only)
- Option for equal distance opposite margin relief, available by Local Rule only

### 2019 Rule

You no longer have the option of taking relief on the opposite side of the point where your ball last crossed the edge of the penalty area.





# Simplified Dropping and Re-Dropping Procedures

## MAJOR CHANGES

- Drop from Knee Height



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# Simplified Dropping and Re-Dropping Procedures

## MAJOR CHANGES

- Drop from Knee Height
- Club-Lengths and Relief Areas



# Simplified Dropping and Re-Dropping Procedures

## MAJOR CHANGES

- Drop from Knee Height
- Club-Lengths and Relief Areas
- When to Re-Drop



# Simplified Dropping and Re-Dropping Procedures

## MAJOR CHANGES

- Drop from Knee Height
- Club-Lengths and Relief Areas
- When to Re-Drop
- All drops permit substitution
  - free relief and
  - penalty relief





# Unplayable Ball – New Bunker Relief Option

## MAJOR CHANGES

- Back-on-the-Line Outside Bunker
- Two Penalty Strokes



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# Advice & Help, Equipment, Stroke & Distance

## MAJOR CHANGES

- Clubs

- Damage, for any reason, during your round, either continue play with or repair it
- Replacement allowed only if player is not responsible for damage



# Advice & Help, Equipment, Stroke & Distance

## MAJOR CHANGES

- Clubs
  - Damage, for any reason, during your round, either continue play with or repair it
  - Replacement allowed only if player is not responsible for damage
- Distance Measuring Devices permitted unless prohibited by a Local Rule



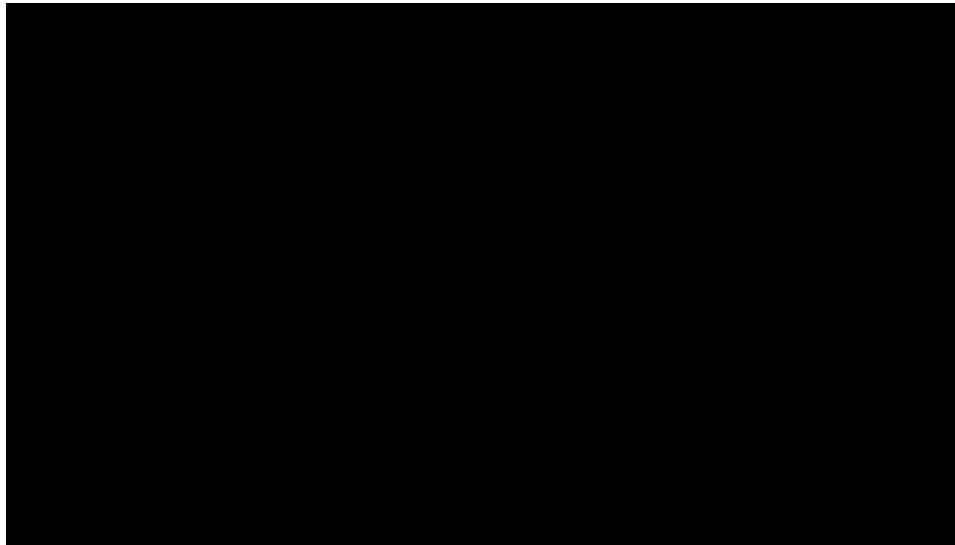
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# Advice & Help, Equipment, Stroke & Distance

## MAJOR CHANGES

- Local Rule Alternative for Stroke and Distance



# Review and Questions

## MAJOR CHANGES

- Spirit of the Game & Etiquette
- Promoting Faster Pace of Play
- Relaxed Requirements and Reduced Penalties
  - On the Putting Green
  - In Bunkers
  - Accidental Acts & Occurrences
- Determining Who or What Moved a Ball at Rest
- Penalty Areas
- Simplified Dropping and Re-Dropping Procedures
- Unplayable Ball in Bunker – New Relief Option
- Advice, Equipment, Stroke & Distance Local Rule

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