

Ninth Annual



“I Make A Difference”

Una Conferencia para los Profesionales de la Primera Infancia.

Friday, March 27 & Saturday, March 28, 2020

**Delaware Technical Community College
Terry Campus • Dover, DE**

5.5 Quality Assured Training Hours per Day • Spanish Track will be held on Friday and Saturday



Friday, March 27, 2020
keynote speaker



Dr. Laura Jana

Pediatrician, educator, author, and health communicator, **Dr. Laura Jana** finds connections across disciplines and crystallizes big ideas into far-reaching, real world applications.

Currently an Associate Research Professor at Penn State's Edna Bennett Pierce Prevention Research Center, Dr. Jana was most recently Director of Innovation in Public Health at the University of Nebraska Medical Center, and continues to serve as a strategic consultant to numerous government, nonprofit, and corporate clients, she has navigated the traditionally siloed worlds of academia, medicine, publishing, and commerce. Currently focused on innovation in parenting, pediatrics, public health, health system transformation and community development, what she sees is a bevy of great minds circling the same topics from different angles. As a translator of ideas and facilitator of dialogue, she's on a mission to unite these worlds in order to change the public conversation about the skills needed for success in the Digital Age.

Saturday, March 28, 2020
keynote speaker



Patrick Mitchell

The Down To Earth Dad® Founder Patrick Mitchell has appeared on national television as a fatherhood expert and on numerous radio programs across America. His keynote addresses on the national stage—including Child Care Bureau and U.S. Head Start Bureau conferences, regional and state-level conventions, and college and university symposia—and his specialty trainings and events for individual programs and schools— have entertained, inspired, and informed thousands of educators, policymakers, practitioners, and parents for 20+ years.

Patrick's humorous, passionate message on the theme of getting dads, grandpas, and other special guys optimally engaged helping educators and programs solve problems and meet parent-and-family engagement goals is met by audiences with great enthusiasm.

A thought leader and trusted authority on father/male engagement—and on oral storytelling to enhance early literacy, prepare children for the school years, and celebrate individual, family, and community history/heritage/culture— Patrick writes a column for *Children's Voice* magazine published by the Child Welfare League of America in Washington, DC. He is founding director of The National Dads Matter!™ Project for programs and schools, and he lives with his wife and children in Coeur d'Alene, Idaho.

Friday Conference

Friday, March 27, 2020 Conference Schedule

- 8:00 - 8:55 a.m.Registration, Vendors, & Continental Breakfast
Registro, vendedores, y desayuno continental
- 8:45 - 9:00 a.m.Welcome
Bienvenido
- 9:00 - 10:00 a.m.Keynote speaker
Orador principal
- 10:15 - 11:45 a.m.Workshop Session A
Taller – Sesión A
- 11:45 - 12:45 p.m.Lunch & Exhibits
Almuerzo y Exposiciones
- 12:45 - 2:15 p.m.Workshop Session B
Taller – Sesión B
- 2:30 - 4:00 p.m.Workshop Session C
Taller – Sesión C

Keynote Address 9:00 a.m. – 10:00 a.m.

Keynote - Dr. Laura Jana

***The Toddler Brain: Translating the Science of
Early Brain & Child Development in the
Context of 21st Century Skills***

As a pediatrician, early educator and health communicator dedicated to improving the lives and life trajectories of all children, Dr. Jana will share her internationally acclaimed strategy for translating the science of early brain and child development, make the case for early childhood investments in both economic and child development terms, and introduce the 7 QI (pronounced “key”) Skills associated with 21st Century success that all have their foundational development in the first five years.

***El cerebro del niño: La traducción de la Ciencia del
cerebro a temprana edad y desarrollo infantil en el
contexto del siglo 21 Habilidades***

Como pediatra, educadora temprana edad y comunicadora de salud dedicada a mejorar las vidas y las trayectorias de la vida de todos los niños, la Dra. Jana compartirá sus estrategias internacionalmente aclamada para traducir la ciencia del desarrollo temprano del cerebro y el niño, defender las inversiones de la primera infancia en ambos términos económicos y de desarrollo infantil, e introduzca las 7 habilidades QI (pronunciadas “claves”) asociadas con el éxito del siglo XXI que todas tienen su desarrollo fundamental en los primeros cinco años

The theme of this year’s 2020 Making A Difference Conference is “I Make A Difference.” As early childhood professionals we often put the needs of others before our own. It is important that we take a step back and focus on ourselves and celebrate the important work we do.

Conference breakout sessions are designed to target the general early childhood audience. Breakout sessions will provide information to help you both personally and professionally. A few workshops relate to a specific target audience.

Written after the workshop title are letters (**IF/T: Infant/Toddler, FCC: Family Child Care Providers, D/A: Directors/Administrators**) that indicate a specific target audience for whom the workshop is more appropriate. Sessions without indicated letters are intended for a general audience.

El tema de la Conferencia Haciendo La Diferencia de este año 2020 es “Yo hago la diferencia”. Como profesionales de la primera infancia, a menudo ponemos las necesidades de los demás antes que las nuestras. Es importante que demos un paso atrás y nos centremos en nosotros mismos y celebremos el importante trabajo que hacemos.

Las sesiones de conferencia están diseñadas para dirigirse a la audiencia general de la primera infancia. Las sesiones grupales proporcionarán información para ayudarlo tanto personal como profesionalmente. Algunos talleres relacionados con un público objetivo específico. Escrito después del título del taller hay cartas (**IF/T: Infant / Toddler, FCC: Family Child Care Providers, D/A: Directors/Administrators**) que indican un público objetivo específico para quien el taller es más apropiado. Las sesiones sin letras indicadas están destinadas a una audiencia general.

A-7 Marketing Your Program for Center-Based Child Care Providers (Double Session Must Take B-4) (D/A)

Jennifer Potts, Program Manager-Center-Based, University of Delaware/Delaware Stars

This training, “Marketing Your Program for Center-Based Child Care Providers,” helps child care administrators and providers improve their ability to develop a marketing plan and use marketing tools to communicate with families about the benefits of their program. This training reinforces the belief that sound business practices improve the sustainability of child care businesses. Strong and sustainable child care businesses can support program initiatives aimed at improving outcomes for children.

A-8 Self-Care for Educators

Judy Hutt, CEO, Family Engagement on the FrontLine

Jasmine White, Assistant Director, The Goddard School

Are you overwhelmed, overworked, a perfectionist, the “I can fix it” type that we all can be at different times in our lives? Are you the “go-to” person at work? Do your children, family, or partner lean on you to be the problem solver? Are you the behind the scenes volunteer of the year in your community who does all of the work and is never recognized? Do you sometimes neglect yourself and are often too overwhelmed to do anything about it? If you answered “yes” to any of these questions, this workshop is for YOU! We are so busy solving problems for others that we forget to value and appreciate the most paramount relationship, which is with ourselves. This workshop will use fun, interactive evidenced based exercises to help restore balance and assist you in finding you! Ask yourself this question: *What Have I Done for Me Lately?*

A-9 So...What is Child Development Watch?

Kristina Horton, Senior Child Development Specialist, Child Development Watch

Deborah Simon, Social Service Administrator, Child Development Watch

Jeanette Kernan, APRN Supervisor, Child Development Watch

Child Development Watch (CDW) is a program that serves children with developmental delays and/or disabilities and their families from birth to age three. This session will provide participants with a description of the journey through CDW, from referral to discharge, along with the role child care providers play.

A-10 The “R” in ERSEA: Let’s Talk About Recruitment! (D/A)

Bill Huebner, Grantee Specialist, Region III T/TA, ICF

Recruitment begins the process of maintaining full enrollment. This session offers an opportunity for participants to share and discuss successful recruitment strategies in a facilitated roundtable discussion. Additionally, the session explores how grantees utilize the community assessment to guide decision making in identifying recruitment strategies.

A-11 Using Reflection to Achieve Work – Life Balance

Nicole Hylton, Project Coordinator, Rowan University Adjunct Instructor in Human Services, Delaware Technical Community College

An imbalance in work-life roles can leave us stressed, unsatisfied, and unable to give our best to those who need it. Reflection is a powerful tool in working towards a healthy work-life balance. Participants will learn about, discuss, and have the opportunity to practice reflective strategies in this interactive session.

A-12 Wellness Bingo!

Patty DiCampi, Delaware Stars Assessment & Verification, University of Delaware

KEEP CALM AND BINGO ON!

As caregivers, we often put ourselves last. How can you practice Self-Care and Wellness? Come join our fun session that incorporates BINGO to learn about Self-Care tips and techniques.

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A-13 What's New with the ASQ?

Jamie Walko, Technical Assistant, J. Walko Educational Services

Jenny Grady, Education and Disability Coordinator, First Start Delaware- Child Care Partnership

Early Intervention Consultant, Thought Partners
What is the new ASQ process? Why are they changing everything? How does it work? Join us while we explain the new ASQ process, why the change occurred and how it is working. Let us answer your questions and help you find success using the new process.

A-14 El cerebro, los traumas y como ayudar a los niños pequeños (Spanish Only)

M. Cristina Machin LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Kier Berkel LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

(Brain, Trauma and How to Help Young children)

Este taller discutirá la definición de trauma, como el trauma afecta al cerebro de los niños pequeños y su impacto en su comportamiento. Se proveerá información de cómo bregar con los comportamientos difíciles y la importancia de cuidar al cuidador.

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Friday, March 27, 2020

Session B 12:45-2:15p.m.
Sesión B 12:45-2:15p.m.

B-1 Behavior Has Meaning (*Double Session Must take C-1*)

Jordon Helgason, Early Childhood Specialist, ICF International Inc.

Children let us know what they want and need through their behaviors long before they can verbally express their feelings. Participants in this session will examine ways that children use behavior to communicate their wants and needs, intentions and emotions and will identify ways that adults can effectively respond to children's communicative attempts.

B-2 Building an All Star Team in the World of Early Childcare (D/A)

*Jenna Mahoney, Early Childhood Mental Health Consultant
Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families
Kimberley Pridemore, Program Director, Del Tech CDC
Terry Campus*

Program administrators are often faced with a tough task when it comes to recruiting and retaining quality staff members for their program. Join us in this session to learn how to recruit, lead, and coach an all-star team of childcare staff in order to provide a stable, fun, and peaceful childcare environment.

B-3 Getting a Head Start on Oral Health

Nicholas R. Conte Jr. DMD, MBA, Director-Bureau of Oral Health and Dental Services

There is growing awareness that oral health is an essential component to overall health. The earlier we educate children to this connection and its importance to being healthy, the more a child can focus on their own oral health care. In this session, the attendee can expect to learn the importance and function of primary and permanent teeth as well as the basics of oral hygiene, including proper brushing and flossing techniques. In addition, participants will learn tips on how to choose healthy snacks and the importance of routine preventive dental visits, starting at age 1! The presenters will help educate on how to identify a dental problem and what to do to assist a child in connecting to care. The attendee will leave the session with an understanding of the importance of oral health and its connection to a healthy child.

B-4 Marketing Your Program for Center-Based Child Care Providers (Double Session Must Take A-7) (D/A)

Jennifer Potts, Program Manager-Center-Based, University of Delaware/Delaware Stars

This training, “Marketing Your Program for Center-Based Child Care Providers,” helps child care administrators and providers improve their ability to develop a marketing plan and use marketing tools to communicate with families about the benefits of their program. This training reinforces the belief that sound business practices improve the sustainability of child care businesses. Strong and sustainable child care businesses can support program initiatives aimed at improving outcomes for children.

B-5 Secrets to Acing your Licensing Inspection (D/A)

Kelly McDowell, Resource and Development Administrator, State of DE/ DSCYF/Office of Child Care Licensing

Center Administrators- Are you tired of worrying about your licensing inspection? If so, this training is for you. Sign up to learn the ins and outs, top secret tips, and practical ways to sail through your next inspection. Afterwards, you can dazzle your employees, licensing specialist, and anyone else who will listen with your knowledge of the regulations and face your next inspection with confidence.

B-6 Self-Care for Early Education Providers: Taking Care of Yourself

Kelly Harmon, LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Stephen Kastner, LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

In this training, you will learn how to take care of yourself. Whether it's home stressors you take to work or work stressors you take home, this training can help! Learn “take home” strategies that will help you feel reenergized and inspire you to be the best teacher possible!

B-7 Self-care is not selfish— You can't give what you don't have! Mindfulness can help.

Laura Morris- Master Teacher, University of Delaware Lab School

Kristen Chandler- Co-Teacher, University of Delaware Lab School

Being responsible for children is complex, demanding—**STRESSFUL!** Teachers are constantly giving of themselves sometimes at the cost of their own well-being. Together we will uncover what self-care is and why it is essential. We will explore mindfulness practices and discuss how they help increase overall well-being. Ideas and resources for incorporating mindfulness will be shared.

B-8 Simple interactions: antidote to ACEs

Kristi Gamuciello Smith, Assistant Program Manager for Home Based Programs, Delaware Early Childhood Center

Trauma is a ‘hot topic’ in education and the ACEs propose a bleak forecast for people who have higher scores on the ACE quiz. Educators and families are left to ask, “What can I do?”. The answer lies in the developmental relationship and simple interactions. In this session we will observe, dissect, and discuss the four key components of the developmental relationship as we utilize a (FREE) tool created through a partnership between the Fred Rogers Center, the Harvard Graduate School of Education, and the University of Pittsburgh.

B-9 Smart size food, Right size you (Portion control)

Jennifer Seabrook-Scott, Statewide Bilingual Nutrition Educator, University of Delaware

This workshop will discuss the changes in portion sizes of food over the years and how that has affected our waistline among other things.

B-10 Taking Care of Ourselves: Supporting Staff Wellness

Tammy Petrowicz, Early Childhood Systems Specialist, ICF/Region III Head Start TTA

Participants will engage in discussions to explore wellness, the impacts of stress, and identify strategies to support wellness of staff. Activities will include exploring the Wellness Wheel and dimensions of wellness, reviewing health data of Head Start staff, and discussing kinds of stress and their impact on the health of staff.

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B-11 The Basics: Maintaining Equity in Early Childhood Classrooms

DIEEC PD Instructor

Explore the underlying causes of the increasing suspension and expulsion rates in early childhood education and the plan to reduce these instances by implementing effective teaching strategies focused on relationships and the environment. This workshop is based on the foundations of the CSEFL pyramid - an “Effective Workforce”, “Nurturing and Responsive Relationships”, and “High-Quality Supportive Environments”.

B-12 Wellness Bingo!

Patty DiCampli, Delaware Stars Assessment & Verification, University of Delaware

KEEP CALM AND BINGO ON!

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B-13 What is Mindfulness? Incorporating Mindfulness into Your Life and Your Classroom

Stav Bennett, LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Jessica Whisler, LCSW, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Participants will learn how to practice mindfulness meditation to reduce stress. In addition, they will learn ways to integrate mindfulness practice into their early childcare classrooms for the purposes of preventing daily burnout for themselves and promoting self-regulation and social emotional learning among their students.

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B-14 Qué hacer con las emociones intensas en niños pequeños (Spanish Only)

Kier Berkel LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
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El programa C.A.R.E.S. ayuda a identificar los pasos y las estrategias necesarias para ayudar a los niños que tienen una emoción intensa y fuera de control. De forma paralela, estos pasos y estrategias ayudan a las proveedoras del cuidado infantil a mantener la calma y la confianza que están haciendo todo lo posible para ayudar al niño a recuperar el control de sus emociones.

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*Para el registro,
cada día trae su
identificación con fotografía.*

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C-8 How Parents and Early Childhood Professionals Can Be Leaders in Working Together to Ensure a Smooth Transition for Toddlers with Disabilities and Their Families at Age 3 (IF/T)

Larry Ringer, Director of Training, Parent Information Center of Delaware

Cindy Brown, Education Associate, IDEA Part B Section 619 Coordinator, Office of Early Learning, Delaware Department of Education

Many children with disabilities and their families receive family-focused early intervention services until age 3 and become eligible for preschool special education services at age 3. This session will help parents, early intervention, and preschool professionals better understand how they can provide leadership to support toddlers and parents in a smooth transition.

C-9 “I Rose to the Challenge, Now What?” Creating a Positive Climate as a New Leader (new or rising D/A)

DIEEC PD Instructor

You’re a great teacher and, now, you’re in the position to be a great center leader. Start off strong by developing a positive, supportive center climate. In this session, you will explore your impact as a leader and how you can help shape quality work life for staff.

C-10 The Battle for Balance

Monica Shire, Master Teacher, University of Delaware

Do you need more energy? Do you feel pulled in ten different directions? Come to this session to learn about creating healthy boundaries in your life so that you can be the best version of you in every area of your life, including your work. This session will equip you to nurture yourself physically, emotionally, mentally, and spiritually and how to live your best life now!

C-11 Using Children’s Picture Books to Foster a Growth Mindset

Judith V.T. Wilson, Former Staff Developer, Self (Retiree)

Give your children an edge by fostering a growth mindset through children’s picture books. If you enjoyed *The Little Engine That Could*, then you will relish the updated story theme for the 21st century that will inspire perseverance, critical thinking, problem-solving, and a growth mindset in our children.

C-12 Wellness in Action

Laura Lessard, Assistant Professor, University of Delaware

Will Maguire, Graduate Student Assistant

In this interactive session, participants will learn about the importance of self-care and then participate in a series of activity stations focused on components of wellness: stress management, healthy eating, and exercise. Tips on how to integrate self-care into daily life will be integrated across the stations.

C-13 You Belong Here!

Laura Morris- Master Teacher, University of Delaware Lab School

Kristen Chandler- Co-Teacher, University of Delaware Lab School

All children benefit from stable, safe, and nurturing relationships and environments. These are particularly important for young children who have experienced trauma. But how do we create them? In this session we will explore rituals and routines that can be used to establish a sense of connection and belonging that are key to establishing stable, safe, and nurturing environments.

C-14 Llenador de Cubos Bucket Filler (Spanish Only)

Lisa E. Williams, LCSW, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Aprenda como aumentar los comportamientos positivos en su clase, de una forma creativa y entretenida. Este entrenamiento esta basado en el libro de Carol McCloud, “¿Has Llenado una Cubeta Hoy?” Se explicarán los conceptos básicos de como incorporar este programa de manejo de comportamientos en sus centros.

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Saturday Conference

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Keynote Address 9:00 a.m. – 10:00 a.m.

Keynote - Patrick Mitchell

We Can Make a Difference

Get ready to get *energized* to get dads, grandpas, and other special guys engaged at your program, school, and home! Explore with Patrick Mitchell, The Down To Earth Dad®, the positive outcomes associated with father presence, and how to get the men in your sphere of influence optimizing learning outcomes for the children you care for. Get ready to laugh, too, and to have your emotions tugged-upon—via audio-visuals including songs (dancing is optional!)—and stay tuned for ‘The Sizzle’ of this address—*how to get men to do absolutely ANYTHING at school and home!* Together, we can make a difference, and together we can have some fun along the way!

Podemos hacer la diferencia

¡Prepárate para energizarte para que los papás, los abuelos y otros chicos especiales se involucren en tu programa, escuela y hogar! Explora con Patrick Mitchell, The Down To Earth Dad®, los resultados positivos asociados con la presencia del padre y cómo lograr que los hombres en su esfera de influencia optimicen los resultados de aprendizaje para los niños que cuidas. Prepárese para reír y también para que sus emociones se activen, a través de audiovisuales que incluyen canciones (¡bailar es opcional!), Y esté atento a ‘The Sizzle’ que se enfoca en : cómo hacer que los hombres esten mas envueltos en la escuela y en el hogar! ¡Juntos podemos hacer la diferencia, y juntos podemos divertirnos en el camino

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Session A 10:15-11:45a.m.
Sesión A 10:15-11:45a.m.

A-1 Becoming a Brain Architect: How Infant and Toddler Teachers Can Build a Healthy Foundation for our Youngest Learners (IF/T)

Jenna Mahoney, LPCMH, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Margaret A. Myers, LCSW, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
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Did you know that the first three years of life are a time of momentous growth in a child? As an infant or toddler teacher, you have the power to make a lasting impact on the lives of your children. In fact, you are the architects helping to build the foundation of the brain!

Join us in this workshop to learn how to promote healthy brain development and positively impact the mental health of our youngest learners (while maintaining your own positive mental health)!

A-2 Childhood Trauma and its Effects

Dr. Teresa Powell, Education Department Chair, Lincoln University

Dr. Tayibah Bemiah, Assistant Professor, Lincoln University

Dr. Patricia Lewis West, Associate Professor, Lincoln University

The presentation emphasizes the research on trauma that has become a national health crisis. The audience will develop a better understanding of trauma that children experience, and how to provide trauma informed care in a classroom. It is our hope that we will change the dialogue among educators instructing traumatized children from, “what’s wrong with you to what happened to you?” Presenters will share information on the approaches to identifying and providing quality instruction to traumatized children, healing hurt children, and building resilient individuals and communities.

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A-3 Equity 101 – Make A Difference in Your Space!

Daphne Evans, Owner, DYE Consult & Training

C. Candice Brown, President, Let’s Play Events

Communities, centers, or classrooms are impacted by personal perspective. Gain insight into concepts such as equality, equity, inclusion, privilege, and diversity. Examine how early childhood professionals in various roles assure/promote equitable practices for each other, children, and families. Come join the conversation. Explore how you can make a difference!

A-4 Exploring Primary Caregiving and Continuity of Care (IF/T)

Leah Leader, Mentor/Coach, New Directions Early Head Start

Tom Gamel-McCormick, Family Support Specialist, New Directions Early Head Start

This workshop will explore primary caregiving and continuity of care in settings serving infants and toddlers. Participants will learn about why these practices are critical to positive child development. They will also have opportunities to reflect on their own practice and consider how to incorporate or further support these elements in their caregiving environments.

A-5 Getting a Head Start on Oral Health

Gena Riley, RDH, BS, CDHC, Community Dental Health Coordinator, Bureau of Oral Health and Dental

There is growing awareness that oral health is an essential component to overall health. The earlier we educate children to this connection and its importance to being healthy, the more a child can focus on their own oral health care. In this session, the attendee can expect to learn the importance and function of primary and permanent teeth as well as the basics of oral hygiene, including proper brushing and flossing techniques. In addition, participants will learn tips on how to choose healthy snacks and the importance of routine preventive dental visits, starting at age 1! The presenters will help educate on how to identify a dental problem and what to do to assist a child in connecting to care. The attendee will leave the session with an understanding of the importance of oral health and its connection to a healthy child.

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A-6 Getting and Keeping Your Men Engaged

Patrick Mitchell, Keynote Speaker

This thoughtful, energizing, and fun session begins with some stress-reduction activities and then gets more specific content-wise than Patrick's keynote did. Participants will practice specific male-engagement strategies in the narrow context of motivating their own program men to be more engaged program-wide—including how to get their men's attention, invest them in meeting program goals, and convincing them to show up and participate in evening and other special events. Small-group goal-setting activities are included, and everyone will leave with tangible takeaway to get busy back home bolstering male engagement for the benefit of their program and for the children they serve.

A-7 One Book Many Ideas

Vickie Kirk- May, Educator and Best-selling Author, Bessemer City School System

How can a teacher best approach the "big ideas" across the contents using picture books/novels?

In this training participants will learn how to look for the "big Ideas" in books that are relevant to mathematics, social studies and the insightfulness of how science works. (2) gain knowledge in the basics of effective planning. (3) work in groups to develop a developmentally appropriate age level/grade level content lesson, utilizing a well-known children's picture book.

A-8 Secrets to Acing your Licensing Inspection for Family Child Care (FCC)

Kelly McDowell, Resource and Development Administrator, State of DE/ DSCYF/Office of Child Care Licensing

Family and Large Family Providers- Are you tired of worrying about your licensing inspection? If so, this training is for you. Sign up to learn the ins and outs, top secret tips, and practical ways to sail through your next inspection. Afterwards, you can dazzle your employees, licensing specialist, and anyone else who will listen with your knowledge of the regulations and face your next inspection with confidence.

*Para el registro,
cada día trae su
identificación con fotografía.*

A-9 Self-Care for Educators

*Judy Hutt, CEO, Family Engagement on the FrontLine
Jasmine White, Assistant Director, The Goddard School*

Are you overwhelmed, overworked, a perfectionist, the "I can fix it" type that we all can be at different times in our lives? Are you the "go-to" person at work? Do your children, family, or partner lean on you to be the problem solver? Are you the behind the scenes volunteer of the year in your community who does all of the work and is never recognized? Do you sometimes neglect yourself and are often too overwhelmed to do anything about it? If you answered "yes" to any of these questions, this workshop is for YOU! We are so busy solving problems for others that we forget to value and appreciate the most paramount relationship, which is with ourselves. This workshop will use fun, interactive evidenced based exercises to help restore balance and assist you in finding you! Ask yourself this question: *What Have I Done for Me Lately?*

A-10 What's New with the ASQ?

Jamie Walko, Technical Assistant, J. Walko Educational Services

*Jenny Grady, Education and Disability Coordinator, First Start Delaware- Child Care Partnership
Early Intervention Consultant, Thought Partners*

What is the new ASQ process? Why are they changing everything? How does it work? Join us while we explain the new ASQ process, why the change occurred and how it is working. Let us answer your questions and help you find success using the new process.

A-11 Stay Calm and Ask "Is This a Meltdown or a Tantrum?" / Quedese Tranquilo y Pregunta "Sera Una Fusion de Un Reactor?" (Spanish Only)

Lisa E. Williams, LCSW, Early Childhood Mental Health Consultant

*Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families*

Este curso esta disenado para ayudar a personas que trabajan con ninos a distinguir si un nino esta buscando atencion, manipulando, o esta bregando con su coraje en una manera poco sano o si esta intentando a comunicar una necesidad mas profunda. Esta presentacion explorara various desencadenantes emocionales que pueden llegar a una fusion de un reactor para un nino que puede tener cuestiones sensoriales. Esta presentacion tambien cubrira estrategias para bregar con ambos rabiets Y fusiones de reactores.

B-9 The Opioid Crisis and Public Health Response with Naloxone Training

Brent Waninger, Training/Education Administrator and Statewide Naloxone Program Coordinator, Division of Public Health, Office of Emergency Medical Services

Scott Stapleford, Management Analyst and Community Naloxone Coordinator, Division of Public Health, Office of Emergency Medical Services

This session will provide an overview of the current opioid crisis in Delaware and broad level overview of the state's response. Training will include the treatment of an individual and administration of naloxone during an opioid overdose. A naloxone rescue kit will be provided (optional) at the conclusion of the training.

B-10 Yoga for Kids: A Low-Cost Helpful Tool With A Positive impact

Angela Hill, CEO/Founder, Early Learning Consultant, Family Engagement Coach, Meet Play Learn LLC

Classrooms need the pleasure-giving, community-building, and life-enhancing tools of yoga. Children need opportunities and encouragement to be mindful and to move their bodies. Their health and learning depend on it.

B-11 Autocuidado en los profesionales del cuidado infantil (Self-care for Early Childhood Staff – Spanish Only)

M. Cristina Machin LPCMH, Early Childhood Mental Health Consultant

Delaware Division of Prevention and Behavioral Health Services Department of Services for Children, Youth and Their Families

Kier Berkel LPCMH, Early Childhood Mental Health Consultant

Delaware Division of Prevention and Behavioral Health Services Department of Services for Children, Youth and Their Families

Aprenda la importancia del autocuidado para mantener su salud mental y física. Identifique si tiene estresores en la casa que lleva al trabajo o si son los estresores del trabajo los que lleva a su casa. Discusión y práctica de varias formas de manejar estos estresores y disminuir su influencia. Aumente su nivel de energía para poder ser la/el mejor profesional del cuidado infantil.

Este taller es de 3 horas – PARTE A, PARTE B – Participe en ambas partes.

Saturday, March 28, 2020

Session C 2:30-4:00p.m.
Sesión C 2:30-4:00p.m.

C-1 Building on Family Strengths During Challenging Times

Jordon Helgason, Early Childhood Specialist, ICF International Inc.

Infants and toddlers have unique needs and diverse abilities. It can be challenging for education staff to provide quality learning opportunities for all children—including infants and toddlers with disabilities or suspected delays. This session provides recent research and effective teaching practices. Education staff will use this content to ensure that children are served in high-quality, inclusive settings.

C-2 Creating STEAM VisionScapes: Using Curiosity, Nature Bathing & Mindfulness

Akil K. Rahim, Owner & Chief Learning Officer, AC Learning Design Studios

Participants will practice techniques of walking meditation to create self-care activities for themselves, their students, and their families. Participants will use integrated STEAM (science, technology, engineering, art and math) to experience reflective contemplation practices, such as nature bathing (no swimsuit required). They will also make a mindfulness STEAM VisionScape.

C-3 Culturally Responsive Teaching Strategies

Lynelle Hyland, Educator/Author, State of Delaware

As teachers we need to always reflect on our planning activities, however it is important for teachers to understand how to support students who exhibit challenging behaviors.

C-4 Effective Advocacy in Early Education

Christina Andrews, Project Coordinator, PIC

This workshop is designed to inspire and empower families, caregivers, and professionals to become leaders in their organizations, schools, and communities. Participants will develop their skills in communication and understanding of the state's education and political systems, and identify leadership opportunities on councils, boards, and committees where they will be able to share their passion for and knowledge of education.

*Para el registro,
cada día trae su
identificación con fotografía.*

C-5 It Makes a Difference Where They Live, Work, Play, & Pray

Paulina Gyan, M.S., M.P.H., Program Manager, Division of Public Health

Daphne Evans, Owner, DYE Consult & Training

Learn the relevance of how families' economic and social conditions impact your work. Consider the importance of where families live, work, play, and pray. Such social determinants impact children's trajectory and outcomes in life. As ECE professionals it is important to consider the role it plays in the lives of children and families. With this knowledge we are equipped to respond and make a difference.

C-6 Male-engagement Triumphs and Challenges with the Down To Earth Dad

Patrick Mitchell, Keynote Speaker

This special, informal session is framed as a relatively laid-back circling-of-the-chairs setting where participants roll up their sleeves and talk heart to heart with Patrick about their unique male-engagement triumphs and challenges, sharing best practices, and the small group collectively helping each other with Patrick leading the way and augmenting ideas/plans/goals.

C-7 Marketing Your Family Child Care Program (Double Session Must Take B-5) (FCC)

Kristy Smith, Program Manager-Specialty TA, University of Delaware/Delaware Stars

This training helps providers improve their ability to develop a marketing plan and use marketing tools to communicate with families about the benefits of their program. This training reinforces the belief that sound business practices improve the sustainability of child care businesses. Strong and sustainable child care businesses can support program initiatives aimed at improving outcomes for children.

C-8 So...What is Child Development Watch?

Kristina Horton, Senior Child Development Specialist, Child Development Watch

Deborah Simon, Social Service Administrator, Child Development Watch

Jeanette Kernan, APRN Supervisor, Child Development Watch

Child Development Watch (CDW) is a program that serves children with developmental delays and/or disabilities and their families from birth to age three. This session will provide participants with a description of the journey through CDW, from referral to discharge, along with the role child care providers play.

C-9 Wellness in Action

Laura Lessard, Assistant Professor, University of Delaware
Will Maguire, Graduate Student Assistant

In this interactive session, participants will learn about the importance of self-care and then participate in a series of activity stations focused on components of wellness: stress management, healthy eating, and exercise. Tips on how to integrate self-care into daily life will be integrated across the stations.

C-10 You Belong Here!

Laura Morris- Master Teacher, UD Lab School

Kristen Chandler- Co-Teacher, UD Lab School

All children benefit from stable, safe, and nurturing relationships and environments. These are particularly important for young children who have experienced trauma. But how do we create them? In this session we will explore rituals and routines that can be used to establish a sense of connection and belonging that are key to establishing stable, safe and nurturing environments.

C-11 Autocuidado en los profesionales del cuidado infantil (Self-care for Early Childhood Staff – Spanish Only)

M. Cristina Machin LPCMH, Early Childhood Mental Health Consultant

Delaware Division of Prevention and Behavioral Health Services
Department of Services for Children, Youth and Their Families

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Aprenda la importancia del autocuidado para mantener su salud mental y física. Identifique si tiene estresores en la casa que lleva al trabajo o si son los estresores del trabajo los que lleva a su casa. Discusión y práctica de varias formas de manejar estos estresores y disminuir su influencia. Aumente su nivel de energía para poder ser la/el mejor profesional del cuidado infantil.

Este taller es de 3 horas – PARTE A, PARTE B – Participe en ambas partes.

While children are the focus of this conference, this event is for adults only. To allow everyone the opportunity to learn without distractions, please make arrangements for your children while attending this conference.

Directions to Delaware Technical Community College – Terry Campus

**Education and Technology Building
100 Campus Drive
Dover, Delaware 19904-1383**

From points North

VIA Route 1 – Toll Road

Take I-95 South to exit 4A toward DE-1 South, Dover/Beaches. Take Exit 104 toward US-13/DE-8/Dover Downs/N Dover. Keep straight onto Scarborough Road. Turn right onto South Delaware Tech Drive. South Delaware Tech Drive becomes West Campus Drive. Keep on West Campus Drive past, Toddlers Way and Technology Drive. Park in the very next parking lot and you'll see the Education and Technology Building.

From points South

VIA Route 1 – Toll Road

Take DE-1 North to Exit 95, DE-10 West toward Dover/Camden/Rt-10. Stay straight to go onto Bay Road. Bay Road become South Dupont Highway/US-13 North. Turn left onto Scarborough Road. Turn right onto South

Delaware Tech Drive. South Delaware Tech Drive becomes West Campus Drive. Keep on West Campus Drive past, Toddlers Way and Technology Drive. Park in the very next parking lot and you'll see the Education and Technology Building

Professional Development Attendance

The Making A Difference Conference offers 5.5 D.I.E.E.C. Quality Assured training hours per day. In order to earn the 5.5 hours, registrants are required to attend the Keynote Address and three workshop sessions per day. All professional development attendance will appear on D.I.E.E.C. transcripts, which can be downloaded at any time. Please allow two weeks after the conference for the hours to appear on transcripts. The Office of Child Care Licensing and Delaware Stars for Early Success will accept the D.I.E.E.C. transcript as documentation of professional development attendance.

Asistencia de Desarrollo Profesional

La Conferencia Haciendo la Diferencia ofrece 5,5 D.I.E.E.C. horas de calida garantizada de entrenamiento por día. Con el fin de ganar las 5,5 horas, se requiere que los solicitantes de registro para asistir a la Conferencia Magistral y las tres sesiones del taller por día. Toda la asistencia de desarrollo profesional aparecerá en el expediente D.I.E.E.C., que se puede descargar en cualquier momento. Por favor, permitan dos semanas después de aparezcan en las transcripciones. La conferencia para que las horas Oficina de Licencias de Cuido de Niños y Delaware Stars for Early Success aceptarán la transcripción D.I.E.E.C. como documentación de asistencia de desarrollo profesional.

Hotel Arrangements

For those individuals needing hotel accommodations, arrangements have been made with Holiday Inn Express Hotel Suites for a reduced room rate. There are a limited number of rooms available at this discounted rate, so please contact the hotel soon and reserve early to insure availability. The cut-off date for reservations is March 11, 2020.

Mention the "Making a Difference Conference"
when reserving.

Holiday Inn Express Hotel and Suites

1780 North Dupont Hwy.
Dover, DE 19901
302.678.0600

REGISTRATION INFORMATION

Registration is open Tuesday, February 11, 2020 through March 9, 2020 or until all sessions are FULL. Please sign up early. Registration is first come, first served!

REGISTRATION

\$55.00 One Day Fee. Friday, March 27 **OR** Saturday, March 28

\$90.00 Two Day Fee. Friday, March 27 **AND** Saturday, March 28

Included. Lunch Choice Light Continental breakfast and cold buffet
lunch will be available for all conference registrants.

DIEEC WEBSITE: <https://dieecpd.org/>



Returning Members: New Log-in Instructions

- Type in User Name: Email address
- Type in Your Password
 1. If unsure what your password is - Click on "Forget your Password?"
 2. As prompted, type in your email address and click send.
 - *If you are unsure of what email address we have on file, you will have to contact the main office at **302.831.3239** during normal business hours.
 3. Check your inbox for an email from our system then click on the link in the email to reset your password. *If you do not see an email in your inbox, please check your spam folder for the email.
 4. Continue logging in as prompted.
 5. Write down user name (email address) and new password you created for future reference.

First Time Users of DIEEC Website: Register on homepage under New User. Click on Green REGISTER Button

If you do not have internet access, you may call DIEEC directly to register via phone: **302.831.3239.**

- Click on the Training Calendar Tab
- Click on Making a Difference Conference Registration (Top of Page)
- Select Day You'd Like to Attend
- Select Workshops (Select both workshops on both days if you are attending both days)

To Register a Group of Users:

After clicking on Making a Difference Conference Registration, click on register a group, add each participant one at a time (anyone with a red* next to their name might need to update their information – once they have updated or re-verified their contact information you should be able to register them). Once you have added each participant one at a time, you can select their workshops and days one at a time, once you have chosen their workshops you can proceed to check out. You should only register 10 participants at a time.

INFORMACIÓN DE REGISTRO

La inscripción está abierta Martes, 11 de Febrero 2020 a través de 9 de Marzo 2020 o hasta que todas las sesiones están llenas. Por favor inscribirse temprano. El registro es el primero que llega, primero servido!

REGISTRO

\$ 55.00 Por Un Día Viernes, 27 de Marzo **O** Sábado, 28 de Marzo

\$ 90.00 Por Dos DíasViernes, 27 de Marzo **Y** Sábado, 28 de Marzo

Incluido Elección de Almuerzo Desayuno ligero continental y almuerzo estarán disponibles para todos los solicitantes de registro de la conferencia.

NUEVO D.I.E.E.C. SITIO WEB: <https://dieecpd.org/>



Miembros que regresan: Nuevas instrucciones para acceder al sistema.

1. Hacer clic en "Forget your Password?"
2. Cuando se le indique, escriba su dirección de correo electrónico y haga clic en enviar.
3. Si no está seguro de qué dirección de correo electrónico que tenemos registradas, usted tendrá que ponerse en contacto con la oficina principal al **302.831.3239** durante el horario normal.

*Si usted no ve un correo electrónico en su bandeja de entrada, por favor revise su carpeta de spam para el correo electrónico.

4. Continuar sesión como se le indique.
5. Escriba el nombre de usuario (correo electrónico) y la nueva contraseña que creó para referencia futura.

Primera Vez que los Usuarios de D.I.E.E.C. Web:

- Registro en página principal en Nuevo Usuario.
- Haga clic en el botón verde REGISTRO.
- Si usted no tiene acceso a Internet, puede llamar D.I.E.E.C. directamente a registrarse a través del teléfono:



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**Making A Difference
Conference
March 27 & March 28, 2020
Register by March 9, 2020**



**For additional information about the 2020
Making A Difference Conference or special needs contact**

Diane Frentzel

Making A Difference Conference Coordinator
madccordinator@gmail.com

The ***Making A Difference Conference*** offers 5.5 DIEEC Quality Assured training hours per day. In order to earn the 5.5 hours, registrants would be required to attend the Keynote Address and three workshop sessions per day.

La ***Conferencia Haciendo la Diferencia*** ofrece 5,5 DIEEC horas de calida garantizada de entrenamiento por día. Con el fin de ganar las 5,5 horas , se solicita a los solicitantes asistir a la Conferencia Magistral y las tres sesiones del taller por día.

Registration begins on February 11, 2020



For additional details:
<https://www.facebook.com/makingadifferenceconference/>

