



Dutchtown Middle School Cheerleading Demerit System

Attendance

Note: Excused absences include illness (must be absent for the entire school day) and attending another school-sponsored event (field trips, participation in other athletic contests, etc.). The cheerleader must produce a note from a parent, doctor, or school activity sponsor the following school day for the absence to be counted as excused. Injury or illness that will require a cheerleader to miss 2 or more consecutive events requires a doctor's excuse. Lack of participation in 2 or more consecutive events without a doctor's excuse will be considered an unexcused absence.

An excuse for a prolonged event (ex: injury requiring no participation for 1 week or leaving town for a family emergency) will be treated as 1 event rather than demerits accumulating for each event missed during that time. For example, if a cheerleader has an injury keeping her from 2 games and multiple practices, her demerits will be recoded as 1 point (excused w/ doctor's note). If she must travel out of town for a family event causing her to miss a game and a practice, the demerits would be recorded as 2 points (excused with parent note).

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| 1. Unexcused absence from a game | 5 |
| 2. Unexcused absence from practice | 3 |
| 3. Excused absence from a game with a parent note | 2 |
| 4. Late to a home game or late for away departure time | 2 |
| 5. Late to practice or late departure from practice | 1 |
| 6. Leaving early from a game without permission or not staying to clean up | 3 |

Appearance

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| 7. Improper uniform for practice game or in school (poms, briefs, bow, shoes, etc.) | 3 |
| 8. Improper nail polish (nude or natural colors only) | 2 |
| 9. Wearing jewelry at practice or games | 2 |
| 10. Uniform/appearance not clean or neat (hair, shoes etc.) | 2 |

Behavior

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| 11. Using cell phone at games or practice during undesignated times | 3 |
| 12. Chewing gum or eating food at undesignated times | 3 |
| 13. Inappropriate PDA during school, practice, games or while in uniform | 3 |
| 14. Using inappropriate language during school, practice, or games | 3 |
| 15. Showing disrespect to coach or squad member | 3 |
| 16. In-school infraction causing detention | 5 |
| 17. In-school infraction causing out of school suspension | 15 |
| 18. In-school infraction causing In-school suspension | 10 |
| 19. Illegal substance abuse | 15 |
| 20. Contract infraction not listed on this form | 3 |

Consequences

- Accumulation of 5 demerits will result in the cheerleader being suspended for one game. The cheerleader may still dress in uniform and will be required to attend all home and away functions and sit with the coach during her game suspension.
- Accumulation of 10 demerits will result in the cheerleader being suspended for two games. During her suspension the cheerleader may not dress in uniform, participate in any in-school cheerleader related activities (pep assemblies, etc.), or travel to away contests with the squad.
- Accumulation of 15 demerits will result in automatic removal from the squad.
- All demerits will be erased at the end of the football season.

I have read and understand my responsibilities as a DMS cheerleader and agree to the conditions set in the contract. I understand that if I do not fulfill my responsibilities I will receive demerits as per the list above.

Printed Name of Cheerleader

Printed Name of Parent/Guardian

Signature of Cheerleader

Signature of Parent/Guardian

[illegible]