



SEL DAY

Spirit Week March 6-10

0.3106
Monday

**Positive
Message Day**

*Dream
BIG*

Self-Management

Manage your stress by wearing a shirt with a positive message and showing gratitude!

0.3107
Tuesday

**Workout
Gear Day**

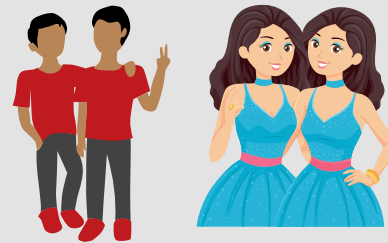


Self-Awareness

Show your strength! Wear workout gear or clothing that reminds you to be strong!

0.3108
Wed.

**Twin
Day**



Social Awareness

Dress to match with a friend or group of friends!

0.3109
Thursday

**Jersey/Team
Shirt Day**



Relationship Skills

Wear a sports jersey or team gear as a reminder to always be a team player!

0.3110
Friday

**Your
Future Day**



Decision Making

Think of your future! Dress as a career you would like to be or wear college gear!

**SEL
Day!**