

# CES News

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	December 2021	
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## A Message from Mrs. Moyer

November was full of amazing events and activities. Early in the month we had Paws for People visit our Kindergarten classes. Our kindergarteners interacted with a friendly dog and they were extremely excited to have a furry visitor. Next month, Paws for People will be visiting our 1st grade students.

Students and staff celebrated kindness week by wearing apparel with positive messages and participating in kindness activities. This was a true reflection of what CES represents - kind and compassionate students and staff.

The annual Veteran's Day Celebration was an amazing tribute to the many people who dedicate their lives in support of our country. We welcomed special guests from the many branches of the armed forces, which included family members of our students. It was a proud and touching moment for all. Clayton Elementary School thanks each and every person who serves for our country!

Due to inclement weather, we had the Halloween parade indoors this year. Students dressed up in Halloween costumes and marched through the halls of Clayton Elementary School. It was great to see all the terrific costumes ranging from scary and creepy to beautiful and creative.

The annual Fall Festival was celebrated outdoors this year and was a huge success. Thank you to all the family and friends who joined this fun celebration. It was full of games, dancing, prizes, and a celebration of our Fall Festival Court.

We hope you all had a wonderful and restful Thanksgiving Holiday with your family. We are thankful for each and every one of our students!



## STUDENT OF THE MONTH and CORE VALUE CHAMPION

A Note from Mr. Daws

Each month, the classroom teacher selects 1 student to represent their class based on positive characteristics that have been consistently displayed in the classroom. This is a very special honor for our students. They receive a certificate, a medallion, their name read on the announcements, as well as their picture taken and placed on the Student of the Month bulletin board.

From this pool of students each month, Mrs. Moyer and I select 1 Core Value Champion from each grade level based on their display of behavior that supports the chosen Core Value for the month. For the month of November, the Core Value is PERSERVERANCE.

### OCTOBER STUDENT OF THE MONTH

KN	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
Logan King	Thomas Weems	Maddisyn Flowers	Ava Taylor	Kaaliyah Webster-Smith
Brooklyn Pryor	Owen Kleinot	Jourdyn Pierre	Ryan Dupuis	James Wandless
Gracelyn Jester	Daniel Smith	Bria Grant	Gwendolyn Sullivan	Miles Graff
Jeremiah Sandi	Gianna Sayers	Kaden Bechara	Cameron Maurer	Layla Gillespie
		Henley Cullen	Laniyah Hubbard	Jackson Cullen

### OCTOBER CORE VALUE CHAMPION: RESPECT

KN	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
Gracelyn Jester	Owen Kleinot	Jourdyn Pierre	Laniyah Hubbard	James Wandless



# School Nurse News



Karen Jones RN, BSN



The holidays are upon us and I hope everyone is doing well.

There is no better way to end the year and remain healthy than by celebrating with handwashing. Hand washing is easy to do and it is one of the most effective ways to remove germs and prevent the spread of germs to others. December 5th through the 11th is National Handwashing Awareness Week. Spend this week educating everyone in the family.

Here are 2 helpful links to videos on handwashing to help:

<https://www.youtube.com/watch?v=zu8yAHfjaSE> [https://www.youtube.com/watch?v=2hm0\\_sNiN2M](https://www.youtube.com/watch?v=2hm0_sNiN2M)

## Key Times to Wash Hands:

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- Before, during, and after preparing food
  - Before eating food
  - Before and after caring for someone at home who is sick with vomiting or diarrhea
  - Before and after treating a cut or wound
  - After using the toilet / changing diapers or cleaning up a child who has used the toilet
  - After blowing your nose, coughing, or sneezing
  - After touching an animal, animal feed, handling pet food or pet treats or animal waste
  - After touching garbage
- Resource: <https://www.cdc.gov/handwashing/when-how-handwashing.html>

## Other resources for handwashing:

Baby Shark – handwashing song/video <https://www.goodhousekeeping.com/life/parenting/a31940671/baby-shark-handwashing-video/>

<https://livingmontessorinow.com/handwashing-activities-for-kids-free-songs-and-lessons/>

<https://henrythehand.com/wp-content/uploads/2021/09/Dr-Will-National-Handwashing-Awareness-Week-Letter-2021-1.pdf>





Greetings Clayton families

With the holiday season in full swing, it is the perfect time to introduce the idea of being mindful to our students. This month, students in all grades will have a classroom guidance lesson focused around the idea of what it means to be mindful. I will introduce mindfulness as a way to manage “big feelings”. As we all know, this time of year can bring forth many emotions. Some are great like the anticipation and excitement of the upcoming holidays while others may feel a sense of dread or worry as to what is to come. We all also know that stress and anxiety run high during this time of year so the hope is that after our lesson together, students will walk away with some strategies to add to their toolbox for life. We will talk about strategies such as finger breathing, grounding, gratitude journaling, body checks, and movement breaks. Please feel free to ask your student(s) about these techniques. I am sure they would love to teach you all about them and of course what better time for them to introduce the strategies to you. I wish you all a safe and joyful holiday season!



### Important Dates:

- 6 12 Days of Christmas begins!!!  
Spirit of the Season – wear your red & green
  - 7 Tree Topper – wear your favorite holiday hat, headband or tree topper to wear
  - 8 Faux Fur – wear your over the top fur! Ear muffs, scarves, jackets, vests, boots etc.
  - 9 Elf Extravaganza – transform into your inner Elf!
  - 10 Deck the Halls – Bring out your favorite holiday accessory and light up your wardrobe with lights, glitter, tinsel, anything bright and flashy!
  - 13 PD Day – No School for Students
  - 14 Jingle Bells – wear bells!!
  - 15 60 Years of Christmas – Dress like you’re at Christmas dinner in 1960
  - 16 Christmas Vacation – Hawaiian shirts, hula skirts, sunglasses, etc.
  - 17 Santa’s Ho-Ho-Hoedown – dress in your favorite western wear and cowboy hats
  - 20 Silent Night – wear your comfy school-appropriate Christmas pj’s and slippers
  - 21 Dashing Through the Snow – Dress as one of Santa’s reindeer
  - 22 Ugly Sweater Day – wear your ugliest, tackiest Christmas sweater
  - 23 – 31 Winter Vacation!!!
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