



Cupcakes will be on sale Wednesday during lunch in the Commons. All proceeds go to Project Graduation.

## *Growth over Gaps*

Oviedo High School  
Principal's Weekly Update  
September 20, 2021

### The New and Improved Front Marquee

The date of the marquee being installed is September 27<sup>th</sup>! I think everyone will be very happy with the upgrade. The board is modern and the information we will be able to share will be more detailed and visually exciting. Thank you to the Class of 2021 for the gift!



### Senior Class Extended Lunch

Thursday, September 23<sup>rd</sup> – 5<sup>th</sup> period

What does this mean? Seniors will be field tripped out of 5<sup>th</sup> period and able to attend an off campus senior lunch. We are going to see how well it goes and then decide when the next senior event will be. Most likely we are leaning toward using different periods, so seniors do not continually miss the same period.



*The OHS Café will reopen this Monday, September 20<sup>th</sup>. The Café is located in the Media Center and serves coffee and light breakfast items. It is open before school.*

### Picture Retakes

Underclass picture retakes for are on September 23<sup>rd</sup> in the RWL gym. If you didn't get your photo taken or if you paid for your photos and are unhappy with them, you can participate. Only those who ordered or didn't attend the first photo day will be allowed to have their photo taken.

This is last opportunity to get your portrait taken for the yearbook and your student IDs. Dress code will be enforced. Please refer to your student code of conduct for details.

A-F: 7:30

G-P: 8:00

Q-Z: 8:30

Last call: 8:45-9

All students must have their picture taken for their ID. Seniors need to get their senior portrait scheduled through Leonard's @ [www.leonards.com](http://www.leonards.com). No senior portraits can be taken at school.

If you have any questions, please reach out to Ben Langevin, [langevbs@myscps.us](mailto:langevbs@myscps.us).

A poster for the Pre-Med Club. The background is dark blue. At the top, there are several medical icons: a green first aid kit, a syringe, a green ambulance, two pills (one red and white, one orange and white), a white pill bottle with a blue cross, a pink bandage, a red heart with a white ECG line, a green scalpel, and a stethoscope. The text "The City of Oviedo's first ever" is in white. Below that, "PRE-MED CLUB" is written in large, bold, orange letters. To the left of this text is a circular logo featuring a stethoscope and a heart. Below the logo is a QR code. The text "Learn more about the Pre-Med track!" is in white. Below that, "Attend presentations by students and doctors in various fields!" is in white. Below that, "Become active in the community!" is in white. Below that, "Stand out amongst your peers!" is in white. Below that, "Apply through the QR Code now!" is in white. At the bottom, there is an Instagram icon followed by "@ohspremed" and the website "OVIEDOPREMEDCLUB.WEEBLY.COM/" in white. The QR code is in a white box with the text "scan me" in orange cursive below it.

The City of Oviedo's first ever

# PRE-MED CLUB

Learn more about the Pre-Med track!

Attend presentations by students and doctors in various fields!

Become active in the community!

Stand out amongst your peers!

Apply through the QR Code now!

 @ohspremed

OVIEDOPREMEDCLUB.WEEBLY.COM/

scan me

Oviedo High School's Pre-Med Club was established in 2019 with the mission of helping students develop a better understanding of the pre-med and medical track, as well as all the career possibilities. Throughout the year, we will have numerous activities, including guest speakers, games, volunteering opportunities, and more! As a club, we'll learn more about the different routes that you can take to working in the Medical Field - such as going to Medical School, PA School, Nursing School, and more! Our club is designed to help YOU learn more about your interests! Our alumni have gone on to be successful in schools like **MIT**, Georgia Tech, UF, and more! Please scan the QR code in the attached flyer to be directed to the Google Form. Once you've submitted that, you'll be contacted shortly and added to the club. We look forward to having you join!

### **Absent?**

If you miss school for any reason, check ECampus!

### **Code Red Drill**

There will be a Code Red Drill Friday, September 24<sup>th</sup> at approximately 8:55 a.m. which is the end of 2<sup>nd</sup> period. Thank you.

### **Liberal Arts Colleges Fair - Virtual Meeting**

Mark your calendar and register to join us for the following Liberal Arts Virtual College Fairs. Colleges represented are Claremont McKenna, Colorado College, Denison, Grinnell College, Macalester College, Pitzer College, Rhodes College, Rollins, Scripps, Sewanee, St. Johns, Trinity, Union College, and the University of Richmond.

- Wednesday, Sept. 22 at 6-8 p.m. CDT / 7-9 p.m. EDT
- Wednesday, Sept. 29 at 6-8 p.m. CDT / 7-9 p.m. EDT
- Wednesday, Oct. 6 at 6-8 p.m. CDT / 7-9 p.m. EDT

**[https://admissions.trinity.edu/register/s\\_liberal\\_arts\\_2021](https://admissions.trinity.edu/register/s_liberal_arts_2021)**

Please contact me at [ejovita@rollins.edu](mailto:ejovita@rollins.edu) with questions.

Elissa Jovita

Senior Associate Director of Admission

Rollins College

### **Service Academy Nomination Meeting – Congresswoman Murphy**

On September 22, 2021 (6:30 PM), Congresswoman Murphy will hold a Service Academy Information Session via Zoom to assist those interested in pursuing a nomination.

Representatives from the academies will be in attendance to answer questions about the application process for prospective students and parents. Those interested in participating should register for the event at [https://us02web.zoom.us/webinar/register/WN\\_AngszNJoRMKy15Jfc-6Eug](https://us02web.zoom.us/webinar/register/WN_AngszNJoRMKy15Jfc-6Eug).

### **Need Testing Help for Free?**

We are proud to provide a fully funded, free opportunity for all students to enhance their standardized testing scores. Educators, Parents, and Mentors have the option to monitor and track each students' progress. Ultimately, this leads to better test scores and more opportunity as the students grow into young adults. This is not geared toward military service at all, rather, intended as a free online study program to prepare for standardized tests, including SAT, ACT, MCAT, DAT, PAX, amongst others.

<https://www.march2success.com>

Just some of the comprehensive course materials offered include:

- High School Science Hub, focused on earth science, biology, chemistry, and physics
- High School Preparation, including study skills, language arts, math, science, vocabulary, grammar
- Math including over 1,000 practice questions
- STEM, covering macro and microeconomics, financial accounting, personal finance, nursing, tech, pre-engineering
- College Readiness Online Course including flashcard decks
- College Planning Tips for admissions and financial aid
- ACT and SAT Program with full length courses
- MCAT practice tests
- DAT practice tests

Questions? Contact Michael D. Norton  
Lieutenant Colonel, Military Intelligence  
Email: [Michael.d.norton1.mil@mail.mil](mailto:Michael.d.norton1.mil@mail.mil)

### **Homecoming Spirit Days**

#### **Monday: ROLO Out of Bed**

- Pajama day

#### **Tuesday: Nerds vs. Smarties**

- Dress as a Mathlete, star student, or stereotypical “nerd”

#### **Wednesday: Jollyranchers vs. Milkways**

- Upper Classman dress Country/Western, Under Classman dress as Aliens/Outerspace

#### **Thursday: Lifesavers**

- Dress as Super Heroes

#### **Friday: Spirit Day**

- Dress in Oviedo Spirit Day Attire

### **Teacher of the Week**

Congratulations to **Coach Jen Darty** for being named Teacher of the Week! Coach Darty did an outstanding job with Friday Night's game and tribute to Linda Lougee and 9/11 survivors and first responders. The night was extremely organized, executed, and the script was well written by Coach Darty. Congratulations!

### **Student of the Week**

Congratulations to **De'Andre Johnson** who was nominated by Mr. McFadden. Mr. McFadden said, "I'm nominating De'Andre because of his recent hard work of completing several classes. He has been working extremely hard these past few weeks and everyone that knows De'Andre would be extremely proud!"

Congratulations to **Larianna Williams** who was nominated by Mr. Kellis. Mr. Kellis says that Larianna always enters the class with a positive attitude and is always on task! She uplifts the other students in her group and puts a smile on the faces of everyone around her.

Congratulations to **Madison Price** who was nominated by Brittany Rogers and Heather Delong. Both teachers state that she does an outstanding job with Best Buddies recruitment and communications! Madison is always thinking ahead and a hard worker.

### **Athletics Update from Athletic Director Jen Darty**

Varsity Football beat Lake Howell on Friday, 39-0, to improve to 3-0.

Girls JV Volleyball competed in a tournament at Lyman High School over the weekend and took 3<sup>rd</sup> place overall. The team collected wins over Lake Brantley, Deland, and Lyman before losing 1-2 to Winter Park in the Semifinal. The team finished on a 2-1 win over Lake Mary behind the strong play of Katie Saydah & Mackenzie Holmes.

Cross Country ran in the Astronaut Invitational. Boys Varsity & Boys JV both placed 7<sup>th</sup> out of 41 teams, Girls Varsity placed 11<sup>th</sup>, and Girls JV did not have enough runners for a team score. Leaders for the Boys Varsity were Marc McDonald & James Unwin and for Boys JV, leaders were Cairo Vanegas & Owen Sommerfeld. Girls Varsity was led by team captains Sophia Johnson & Ellen Cocurull. Lilly Johnson was first for the Girls JV.

Boys Bowling defeated Crooms 2197-1826. Adrian Maduro led the team with a 226 high game & 384 high series. The Girls team fell 1471-908, again with just two bowlers competing. Emily Harvey led the way with a 159 high game & 283 high series.

Boys Golf (159) beat Timber Creek (172) but fell to Hagerty (149). Noah Andrescik led Oviedo with a 38 and Hayden Kinder shot 39.

Girls Golf defeated University yesterday. Mya Bremer shot a 48 for the team.

Swim & Dive continued their season with a win over Seminole yesterday. The Boys won 213-68 and the Girls won 189-96. Both squads remain undefeated with a 3-0 record. Top performances came from Luca Oliva in the 500 with a 4:45 along with Ryan Walker taking the 50 free with a 22.7. On the girls side, Marin Rose took the 500 with a 5:05, Gaby Goodwin won the 100 fly with a 58, Kaylin Herbet won the 200 IM with a 2:08 and Sarabeth Cathcart blistered the field in the 50 free with a 24. The team won all 22 events in the meet.

Girls Volleyball swept Lake Mary at all three levels last night. The Freshmen team was led by Finley Oliphant & Amari Mays and the JV team was led by Aubry Maybin & Sascha Levy. Varsity won 25-20, 25-19, 25-20 behind the strong play of Caroline Przystup, Olivia Klimis & Gracie Newell.

Boys Golf beat Lake Howell 152-191 yesterday at Casselberry Golf Course. Hayden Kinder led the way with a 37. Jackson Cammack and Noah Andrescik each shot 38 and Andrew Letterman shot a 39.

Girls Golf won over Lake Howell at Twin Rivers behind the strong performance of Hannah Booth.

Girls Volleyball swept Lyman at all three levels last night. The Freshmen team was led by Meghan Maddox & Josie Harshbarger, the JV team was led by Madison Purdy & Jade Boozer, and the Varsity team was led by Kaley Dodzweit, Gracie Newell, Jamie Kapoor, and Sydney Gonzales.

Freshmen Football fell to Lake Mary 21-40. Jerome Curry had 2 TDs passing, Joey Gioa had 1 rush TD, Brady Manning had 1 rec TD, and David Cueller had 1 rec TD.

### **Calendar of Events**

#### **Monday, September 20**

8:30 AM Boys Varsity Golf OPEN *Winter Springs Invitational @ Tusawilla Country Club* Away

3:30 PM Coed Varsity Bowling Lake Brantley High School @ *Oviedo Lanes* Away

6:00 PM *Band Rehearsal* (School)

#### **Tuesday, September 21**

4:30 PM Girls Freshman Volleyball Timber Creek High School Away

5:30 PM Girls Junior Varsity Volleyball Timber Creek High School Away

6:00 PM *Pop Warner* (School)

6:00 PM *OHSABC Meeting* (School)

7:00 PM Girls Varsity Volleyball Timber Creek High School Away

#### **Wednesday, September 22**

1:25 PM *Football Study Hall* (School)

3:00 PM *Boy's LAX* (School)



3:30 PM Coed Varsity Bowling Hagerty High School @ *Oviedo Lanes* Away  
3:00 PM Coed Varsity Swimming Lake Brantley High School Away  
4:30 PM Girls Junior Varsity Volleyball Winter Park High School *Freshmen & JV Tri-Match* @  
*Winter Park* Away  
4:30 PM Girls Freshman Volleyball Winter Park High School *Freshmen & JV Tri-Match* @  
*Winter Park* Away  
5:45 PM Girls Junior Varsity Volleyball Timber Creek High School *Freshmen & JV Tri-Match*  
@ *Winter Park* Away  
5:45 PM Girls Freshman Volleyball Timber Creek High School *Freshmen & JV Tri-Match* @  
*Winter Park* Away  
6:00 PM Boys Freshman Football Lake Howell High School Home  
6:00 PM *Band Rehearsal* (School)

#### **Thursday, September 23**

3:30 PM Girls Varsity Golf Sanford Seminole HS @ *Mayfair* Away  
3:30 PM Boys Varsity Golf Sanford Seminole HS @ *Twin Rivers* Home

#### **Friday, September 24**

7:00 PM Boys Varsity Football Timber Creek High School Away

#### **Saturday, September 25**

*Pop Warner* (School)  
5:00 PM Coed Varsity Cross Country OPEN *Katie Caples Invitational* @ *Jacksonville* Away  
12:00 PM *Band* (School)

### **COVID-19 Update**

For up-to-date information on the number of COVID-19 positive cases per school, click on the following link:

<https://www.scps.k12.fl.us/covid19/dashboard.stml>

**For current COVID-19 Information as it relates to your student, please access the SCPS website. <https://www.scps.k12.fl.us/covid19/> This site will change as the guidelines change.**

### **What happens if a student tests positive for COVID-19? When can the student return in school setting?**

- Student can return on Day #11 after symptom onset or on Day #11 after test date if asymptomatic.
- Student can take a COVID diagnostic test and return to school IF they are asymptomatic AND provide negative results to Oviedo High School.
- Student receives written permission to return to school from a licensed medical doctor OR a licensed osteopathic physician OR a licensed advanced registered nurse practitioner.

**What about a student-athlete testing positive for COVID-19? When can they return to play?**  
**If the student-athlete has a positive COVID test**, then they must complete a minimum of a 1-week return to play **AFTER** they are cleared by their doctor to return to sports. Once clearance is

given, the athlete must bring their clearance note from the doctor to the Athletic Training room to keep on file. They will require a 1-week period to gradually return to full activity. This mimics the concussion “return-to -play” guideline. THIS MEANS A 3 WEEK PLUS TIME FROM DIAGNOSIS/SYMPTOMS TO RETURN TO COMPETITION. Parents, coaches, and athletes must watch for signs of heart involvement including chest pain, palpitations, shortness of breath, easy fatigue and exercise intolerance. STOP EXERCISE IF THIS IS SEEN AND HAVE PARENT CALL THE PHYSICIAN OR 9-1-1 IF SEVERE.

### **What if a student is exposed?**

- Emergency Rule 64 DER21-12
- Student can return on Day #8 after exposure if they remain asymptomatic.
- Student can take a COVID diagnostic test on Day #5 after exposure and return to school IF they are asymptomatic AND provide proof of a negative test results to Oviedo High School. \*\* The COVID diagnostic test must be collected and reported. It can be a rapid test, PCR, Rapid PCR, or antigen test. It can NOT be a home test.

### **Persons Exempt from Quarantine**

- Staff and Students who are fully vaccinated
  - Exposed 14 days or more after their second dose in a 2-dose series
  - Exposed 14 days or more after a single-dose vaccine
  - **Oviedo High School can NOT ask if staff or students are vaccinated. The staff and student must voluntarily divulge that information. The school board nurse then verifies the information with the Department of Health Database.**
- Staff and Students who were previously diagnosed with COVID-19 within 90 days of exposure.

Any questions about COVID-19 and the policies, please contact Ms. Tanya Cameron at 407-320-4008.

### **Archived Information covered in Previous Principal's Updates that is still Pertinent**

### **Class of 2022 – Scholarships – Check out this link! It is updated continually with new scholarship opportunities!**

[https://docs.google.com/spreadsheets/d/1DLQkus27616UyZs\\_Y\\_ZQZCoO5DZeB6UXsgDKNEcaVpM/edit#gid=1935941560](https://docs.google.com/spreadsheets/d/1DLQkus27616UyZs_Y_ZQZCoO5DZeB6UXsgDKNEcaVpM/edit#gid=1935941560)

### **College 101**

What to do, when to do it, and how: Going to college can be scary, but it doesn't have to be. Do you have no idea how to get there or how to pay for it? In this time of disruption, we're taking it back to basics to help you get to college! Join this FREE event to learn how to explore, apply, fund, and go to college! 4 Nights, 4 Steps

- EXPLORE - September 20, 2021, 6 pm - There are multiple pathways to success, including career/technical programs, 2-year and 4-year degrees. Come learn about the main options and how to figure out which one is the right match for you.
- APPLY - September 21, 2021, 6 pm - Learn how to put your best foot forward in your college applications and how to ace the essay.



- FUND - September 22, 2021, 6 pm - There are three main ways to pay for college. Learn about each and how to ensure you get all you qualify for.
- GO - September 23, 2021, 6 pm - You've applied. You've been accepted. Summer is an important time to finish steps so you can start strong in the fall.

Register at <https://www.floridashines.org/go-to-college/get-ready-for-college/college-101-event>

## **OHS PTSA**

Let's kick off this new school year with something delicious!

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Crazy times call for creative fundraising and the flavor of the month is PIZZA! ORDER NOW and help OHS PTSA continue to support our teachers, staff and seniors this year, no matter what obstacles we face! We are all better together!

Please share this with your friends and family! Go Lions!

<https://fundraising.littlecaesars.com/products?c=5>

**To join or renew your OHS PTSA Membership please visit:**

[ohslions.memberhub.com/store](https://ohslions.memberhub.com/store)

to join PTSA and support teacher grants, senior scholarships and more!

School store spirit wear also available online!

(Please include the QR code)



**Follow OHS PTSA on facebook for OHS and community updates.**

[facebook.com/OviedoHighPTSA](https://facebook.com/OviedoHighPTSA)

## **Support the OHS PTSA by shopping at Amazon!**

OHS PTSA is now officially registered as a charity option with Amazon Smile. Below is our unique link for people to select us as their charity. The key is when shopping on Amazon you have to go through the AmazonSmile site ([smile.amazon.com](https://smile.amazon.com)), not just [Amazon.com](https://amazon.com) - but there is absolutely no difference; your account is all still there. You can bookmark AmazonSmile to make it easier. Thank you for your support.

<https://smile.amazon.com/ch/51-0203538>

## **Oviedo High School Athletic Booster Club**

Oviedo High School Athletic Booster Club is selling memberships, sponsorships and spiritwear at [www.oviedoboosters.org](https://www.oviedoboosters.org) and all proceeds benefit all of our athletic programs.

Local Businesses: We have a unique opportunity for 1 more advertising banner spot on the bandstand facing SR 426! These rarely become available .... Please contact Nikki Broitman or Jon Thornton for details at [VPSponsors.ohsabc@gmail.com](mailto:VPSponsors.ohsabc@gmail.com) or [President.ohsabc@gmail.com](mailto:President.ohsabc@gmail.com)

Please see attachment for form.

### **Are you in 9<sup>th</sup>-11<sup>th</sup> Grade and Need to Retake a Class???**

We would like to extend an invitation to your student to attend our after-school PLATO program. PLATO is an online, web-based credit recovery system where students can work at their own pace. One .5 credit course could take, at minimum, two weeks to complete dependent upon the entry point in the course (students can place further along in the course rather than in the beginning after completing a pre-test).

This is an opportunity for underclassmen to **recover credit during the school year** a couple days a week.

The next opportunity will be summer school in June 2022.

Save Your Spot Here: <https://forms.gle/oCfbfNE7SDZAA8nN7>

The after-school PLATO program will operate Tuesdays (1-208) and Thursdays (13-211) from 2:30pm to 4:30pm starting August 31<sup>st</sup>.

\*There is **no** transportation, so students will need to coordinate their own way home.

### **Senior Portraits and Tributes:**

Seniors! Many of you haven't gotten your portraits taken yet. The last date to get your senior portrait is **October 9th**. Go to [www.leonards.com](http://www.leonards.com) and book your appointment now! This is your one and only chance to be included in the yearbook.

You can also order your Senior Tribute (Senior ad) and yearbook at [www.yearbookforever.com](http://www.yearbookforever.com). Spaces and books are limited! Order yours today!

### **Yearbook Orders - \$70**

We have the yearbook site ready to go for parents and students to order. You can go to <https://oviedojournalism.com/buy-your-yearbook/> to buy your book, order senior ads, or place a business ad.



### **Digital IDs for Oviedo High School Students**

We are going digital with our student IDs! To download the free App, please see the attached flyer. The digital IDs will be available once we take school pictures. We will be using digital IDs for all students. Usually this becomes important when Homecoming tickets go on sale. Students need an ID to enter the Homecoming Dance. If you don't have a phone, we will get you a hard copy ID. Please email [tibbetml@scps.k12.fl.us](mailto:tibbetml@scps.k12.fl.us) if you need a hard copy student ID. She will compile a list and print an ID for you once your school picture is taken.

### **Who is my counselor?**

A-Deb Craft  
 Dec-Ha Reilly  
 Hb-Mea Byrd  
 Meb-R Washington  
 S-Z Vosburg  
 ESE Valentine

### **Do you own a convertible?**

Would you be willing to drive in our Homecoming Parade or allow a teacher to drive your convertible in the Homecoming Parade? If so, please email [Heather\\_Delong@scps.k12.fl.us](mailto:Heather_Delong@scps.k12.fl.us). We are in desperate need of convertibles for our Homecoming court. Thank you!

### **Pep Rally**

The district is allowing a pep rally in the stadium. Our first pep rally will be **Thursday, October 7<sup>th</sup> against HHS**. Students who do not wish to participate will be able to remain in the Commons until dismissal. Again, this is as of today. If anything changes, I will update you.

In case you are wondering why there is no schedule for Tuesday (see below), it is because we have a district wide scheduled ACT Day. More details will be forthcoming. Please see the schedule below. Friday, October 8<sup>th</sup> is a teacher workday and student non-attendance day.

<b>Friday, October 1, 2021</b>		<b>Monday, October 4, 2021</b>	
<b>Periods 1 &amp; 4</b>		<b>Periods 2 &amp; 5</b>	
7:20 - 8:30	<b>1st Period Exam</b>	7:20 - 8:02	1st Period
8:35 - 9:17	2nd Period	8:07 - 9:17	<b>2nd Period Exam</b>
9:17 - 9:27	Break	9:17 - 9:27	Break
9:27 - 10:14	3rd Period	9:27 - 10:14	3rd Period
10:19 - 11:29	<b>4th Period Exam</b>	10:19 - 11:01	4th Period
11:29 - 11:59	Lunch Group A	11:01 - 11:31	Lunch Group A
12:04 - 12:46	5th Period Group A	11:36 - 12:46	<b>5th Period Exam Group A</b>
11:34 - 12:16	5th Period Group B	11:06 - 12:16	<b>5th Period Exam Group B</b>
12:16 - 12:46	Lunch Group B	12:16 - 12:46	Lunch Group B
12:51 - 1:33	6th Period	12:51 - 1:33	6th Period
1:38 - 2:20	7th Period	1:38 - 2:20	7th Period

Wednesday, October 6, 2021		Thursday, October 7, 2021	
Period 7		Periods 3 & 6	
7:20 - 7:57	1st Period	7:20 - 7:55	1st Period
8:02 - 8:39	2nd Period	8:00 - 8:35	2nd Period
8:39 - 8:49	Break	8:35 - 8:45	Break
8:49 - 9:29	3rd Period	8:45 - 9:55	3rd Period Exam
9:34 - 10:11	4th Period	10:00 - 10:35	4th Period
10:11 - 10:41	Lunch Group A	10:35 - 11:05	Lunch Group A
10:46 - 11:23	5th Period Group A	11:10 - 11:45	5th Period Group A
10:16 - 10:53	5th Period Group B	10:40 - 11:15	5th Period Group B
10:53 - 11:23	Lunch Group B	11:15 - 11:45	Lunch Group B
11:28 - 12:05	6th Period	11:50 - 1:00	6th Period Exam
12:10 - 1:20	7th Period Exam	1:05 - 1:40	7th Period
		1:45 - 2:20	PEP RALLY

### Substitutes

OHS is in need of substitutes. If you are interested, please apply. We will work with your schedule.

<https://www.scps.k12.fl.us/district/departments/human-resources/substitute-teacher-information.shtml>