



**Oviedo High School  
Principal's Weekly Update  
March 6, 2023**

**Congratulations to our Students of the Week!**

Congratulations to the Oviedo's 2023 science and engineering fair students! At our regional (county-level) fair on 2/4, OHS had an impressive 22 student participants selected to receive awards:

- **Nathan Capp** - Honorable Mention, Biomedical & Health Sciences
- **Gabrielle Goodwin** - Honorable Mention, Behavioral & Social Sciences
- **Talmage Kanistras** - Honorable Mention, Behavioral & Social Sciences
- **Harsh Patel** - Honorable Mention, Behavioral & Social Sciences
- **Sara Sobik** - Honorable Mention, Plant Sciences
  - Sara also received a nomination to the Stockholm Junior Water Prize competition
- **Oluwanifemi Ajekigbe** - 3rd Place, Special Exhibition - Arts & Humanities
- **Jamie Kapoor** - 3rd Place, Behavioral & Social Sciences
- **Sophia Schmitz** - 3rd Place, Plant Sciences
- **Lylla Turco** - 3rd Place, Biomedical & Health Sciences
- **Nicholas Williams** - 3rd Place, Behavioral & Social Sciences
- **Timothy Doucette** - 2nd Place, Earth & Environmental Sciences
- **Daniel Gao** - 2nd Place, Special Exhibition - Arts & Humanities

**In addition, the following TEN students were named among the top 15 projects fair-wide and have been invited to advance to the State Science and Engineering Fair:**

- **Jenna Leiss** - 2nd Place, Plant Sciences
  - State Nominee
- **Daniel Boktor** - 1st Place, Intelligent Machines, Robotics, & Systems Software
  - State and OSC-LMSC Nominee
- **Alicia Bomhoff** - 1st Place, Special Exhibition - Arts & Humanities
  - State Nominee
- **Naman Doad** - 1st Place, Behavioral & Social Sciences
  - Special Award from the American Psychological Association
  - State Nominee
- **Ayan Patel** - 1st Place, Environmental Engineering
  - Nominee to the Stockholm Junior Water Prize competition

- State and OSC-LMSC Nominee
- **Banmeet Singh** - 1st Place, Engineering
  - Special Award from the Office of Naval Research
  - State and OSC-LMSC Nominee
- **Gargi Paranjape** - 1st Place, Earth & Environmental Sciences  
 "Ion Exchange Treatment as an Alternative to Biologically Active Filtration (BAF) for Direct Potable Reuse"
  - Special Awards from American Society of Civil Engineers (FL East Central Branch) and US Agency for International Development
  - Nominee to the Stockholm Junior Water Prize competition
  - State and OSC-LMSC Nominee
  - ISEF Alternate (top 7 projects across fair)
- **Moitri Santra** - 1st Place, Plant Sciences  
 "Phyto-Nanotherapeutics for Alleviating Drug Toxicity"
  - State and OSC-LMSC Nominee
  - ISEF Alternate (top 7 projects across fair)
- **Ella Pilacek** - 1st Place, Animal Sciences  
 "Using Pavlovian Conditioning to Promote Attraction of *Apis mellifera* to the Endangered Orchid *Prosthechea cochleata*: Year 2"
  - State Nominee
  - ISEF Finalist (top 3 projects across fair)
- **Ethan Reshad** - 1st Place, Cellular/Molecular Biology & Biochemistry  
 "Exploring Tissue Viability and Tubule Formation of 3D Bio-printed MDCK and Canine Smooth Muscle Cells"
  - State Nominee
  - ISEF Finalist (top 3 projects across fair)
  - BEST IN FAIR - SENIOR DIVISION, LIFE SCIENCES

Congratulations to these students for their hard work and accomplishments in their science research this year, and to their teacher **William Furioli** for his dedication to and support of student learning and excellence! In fact, this year Mr. Furioli was awarded the first ever science fair teacher award: Excellence in Mentoring by a High School Research Teacher, sponsored by DataClassroom. He is also our Teacher of the Week! Congratulations!

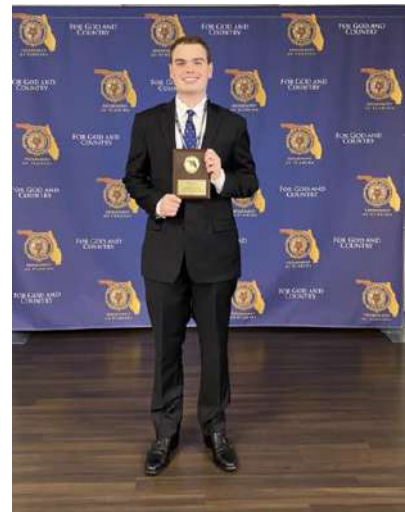
**The 9 weeks exam schedule is towards the end of the update.**

### **Congratulations to Tal Kanistras!**

Tal won the state runner up in the 2023 American Legion Florida Oratorical Competition! Way to go Tal!

### **Congratulations to the OHS NJROTC!**

Saturday Oviedo Marksmanship Team competed at Vanguard High School against 11 high schools and 20 teams. Oviedo A Team took first place and Oviedo B Team took 4<sup>th</sup> place. Logan Abbott was top shooter for entire match and Peter Porta finished 4<sup>th</sup> overall.



### **Congratulations to our French and Spanish students at OHS!**

French and Spanish students from OHS participated in the SCPS World Language Festival. I was hoping you could add this information to your next Principal's Update!

This past weekend, OHS students participated in the World Language Festival at Winter Springs High School. In total, OHS brought home 12 Superiors and 5 Excellents!

### **The following are the results for the French Students:**

**Ariam Adames** - Superior in Poem Recitation, Excellent in Art

**Madeline Baczek** - Excellent in Art

**Paige Healy and Mara Mrruku** - Excellent in Art

**Jane Hicken** - Superior in Impromptu Speaking

**Spencer Mallott** - Superior in Impromptu Speaking, Superior in Poem Recitation

**William Mann** - Superior in Impromptu Speaking

**Clare McCoy** - Superior in Impromptu Speaking

**Kiara Pinkston** - Superior in Impromptu speaking

**Bronwynne Townsend** - Superior in Skit Performance

**Valeria Zambrano** - Superior in Skit Performance

**The following are the results for the Spanish Students:**

**Ana Vargas** - Superior in Impromptu Speaking, Excellent in Multimedia Art Presentation

**Mariana Leon** - Superior in Impromptu Speaking, Excellent in Multimedia Art Presentation

**Rodrigo Barrios** - Superior in Impromptu Speaking

In addition, the following students showcased their musical skills and performed instrumental pieces:

Old French Song, performed by:

**Jenna Cossairt**

**Madison Mahaffey**

**William Mann**

**Spencer Mallott**

Oye Como Va, performed by:

**Jane Hicken**

**Chis O'Neal**

**Polina Ungvarsky**

**Daniel Castro**



**National Athletic Training Month** is held every March to help spread awareness about the important work of athletic trainers. The 2023 slogan is *"There's An AT For That"*. Athletic training is an allied health care profession that encompasses the prevention, examination, diagnosis, treatment



and rehabilitation of emergent, acute or chronic injuries and medical conditions. Athletic trainers provide medical care and supervision during games and practices and develop injury prevention programs to keep athletes healthy and on the field. AT's must graduate with a minimum of a bachelor's degree in athletic training from an accredited college or university, pass a comprehensive Board Certification exam, meet ongoing continuing education requirements, and maintain a medical healthcare license in the state of Florida. Should an injury occur, athletic trainers are able to diagnosis, treat and rehabilitate an injured athlete and return them to their sport as quickly and safely as possible.

Oviedo High School's Athletic Training Program works under the direction of Dr. Randy Schwartzberg of Orlando Orthopaedics, and in cooperation with other health care professionals, administrators, athletic director, coaches, and parents. We currently staff 4 certified athletic trainers, and 17 student athletic training aides that help care for our 48 interscholastic sports teams. While in the program, students learn basic athletic training techniques and provide invaluable assistance to the certified AT's in the coverage of athletic events.

**Student Athletic Trainers:**

Rylee Adair  
Ella Armstrong  
Jadelynn Bonilla  
Stephanie Cobian Casale  
Zanaiya Corcoran  
Abby Diaz  
Erin Gallagher  
Surai Hawk  
Brianna Julien  
Audrey Keke  
Jeremiah Lopez  
Payton Pagan  
Alexis Pokorski  
Gabriella Sarmiento  
Alannis Sanchez  
Macy Thomas  
Bella Woods



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**Spring Break is March 13-17. OHS front office will be closed during that time.**

**March 20 will now be a student attendance day. This is a date change due to Hurricane Ian.**

**ATTENTION ALL OVIEDO HIGH SCHOOL STUDENT-ATHLETES**  
**SEEKING ELIGIBILITY FOR THE**

2023-24 SCHOOL YEAR!

Our annual Sports Physical Night will be held at Oviedo High School in the PE GYM on Monday, March 6 from 5:00-6:30pm. The cost of a Sports Physical is \$25, cash or check made out to Oviedo High School.

In conjunction with our Physical Night, we have also added the option to get an Electrocardiogram (ECG) on our campus with a nonprofit organization that Seminole County Public Schools has partnered with called Who We Play For. Starting in the 2022-2023 school year, Seminole County Public Schools requires an ECG for every athlete prior to playing a high school sport. Heart screenings will only be required one time in a child's high school career.

ECGs will be available for \$20 from 3:00-6:30pm through Who We Play For. To receive an ECG on Monday, March 6 at Oviedo High School, use the link to sign up for ECG registration.

You must pre-register for a time slot for an ECG using the link below, however, you can walk up to receive a Sports Physicals.

<https://app.squarespacescheduling.com/schedule.php?owner=23794103&appointmentType=40691940>

Please contact Athletic Trainer Erica Zimolzak-Coe or Athletic Director Jen Darty if you need more information. Thanks

**Attention All Athletes and anyone needing a sports physical or ECG**

**Oviedo High School  
2023-2024**

# **PHYSICALS and ECGs**



**Monday MARCH 6, 2023**

**Times:**

**Physicals (walk in) 5:00-6:30**

**ECGs (by appointment) 3:00-6:30**

<https://app.squarespacescheduling.com/schedule.php?owner=23794103&appointmentType=40691940>

**Oviedo High School PE Gym**

**Cost: Physicals \$25/ECG \$20**

**Physicals will be good for all sports until March 6, 2024 NEXT YEAR.  
ECGs are good for their time at Oviedo High School.**

## **PHYSICAL FORMS ARE AVAILABLE:**

at <http://www.oviedo.scps.k12.fl.us/core/fileparse.php/8813/urll/FHSAA-SCPS-Physical.pdf> OR IN THE ATHLETIC OFFICE

**\*\*\*All student-athletes must have an FHSAA/SCPS EL2 Sports Physical on file to participate in High School Athletics.**  
*To gain clearance, you must upload your Physical and EKG, along with Proof of Insurance, NFHS Concussion Course Certificate, NFHS Heat Illness Course Certificate, NFHS Sudden Cardiac Arrest Course Certificate, Parent/Guardian ID, and Birth Certificate to your account at [www.athleticclearance.com](http://www.athleticclearance.com). Please visit the Oviedo High School Athletic website for full clearance instructions.*

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**Third 9 Weeks Exams Bell Schedule (March 7-10, 2023)**

<b>Tuesday, March 7 (Periods 1 &amp; 4)</b>		<b>Wednesday, March 8 (Period 6)</b>	
7:20 - 8:30	<b>First Period Exam</b>	7:20 - 7:57	First Period
8:35 - 9:17	Second Period	8:02 - 8:39	Second Period
9:17 - 9:27	Break	8:39 - 8:49	Break
9:27 - 10:14	Third Period	8:49 - 9:29	Third Period
10:19 - 11:29	<b>Fourth Period Exam</b>	9:34 - 10:11	Fourth Period
11:29 - 11:59	Lunch Group A	10:11 - 10:41	Lunch Group A
12:04 - 12:46	Fifth Period Group A	10:46 - 11:23	Fifth Period Group A
11:34 - 12:16	Fifth Period Group B	10:16 - 10:53	Fifth Period Group B
12:16 - 12:46	Lunch Group B	10:53 - 11:23	Lunch Group B
12:51 - 1:33	Sixth Period	11:28 - 12:38	<b>Sixth Period Exam</b>
1:38 - 2:20	Seventh Period	12:32 - 1:20	Seventh Period
<b>Thursday, March 9 (Periods 2 &amp; 5)</b>		<b>Friday, March 10 (Periods 3 &amp; 7)</b>	
7:20 - 8:02	First Period	7:20 - 8:02	First Period
8:07 - 9:17	<b>Second Period Exam</b>	8:07 - 8:49	Second Period
9:17 - 9:27	Break	8:49 - 8:59	Break
9:27 - 10:14	Third Period	8:59 - 10:14	<b>Third Period Exam</b>
10:19 - 11:01	Fourth Period	10:19 - 11:01	Fourth Period
11:01 - 11:31	Lunch Group A	11:01 - 11:31	Lunch Group A
11:36 - 12:46	<b>Fifth Period Exam Group A</b>	11:36 - 12:18	Fifth Period Group A
11:06 - 12:16	<b>Fifth Period Exam Group B</b>	11:06 - 11:48	Fifth Period Group B
12:16 - 12:46	Lunch Group B	11:48 - 12:18	Lunch Group B
12:51 - 1:33	Sixth Period	12:23 - 1:05	Sixth Period
1:38 - 2:20	Seventh Period	1:10 - 2:20	<b>Seventh Period Exam</b>
Spring Break is March 13-17			
Start 4th Quarter on Monday March 20th			



# OVIEDO HIGH SCHOOL FOOTBALL



# fundraiser

## GOLF TOURNAMENT



**SUNDAY APRIL 16, 2023**

**TWIN RIVERS GOLF COURSE  
OVIEDO, FL**

**\$400 FOURSOME  
\$125 INDIVIDUAL**

ALL GOLFERS RECEIVE RANGE BALLS, SWAG BAG, LUNCH FROM GATOR'S DOCKSIDE OVIEDO, & 2 DRINK TICKETS PLUS...FUN ON COURSE GAMES, PRIZES & SILENT AUCTIONS

- **7:30AM REGISTRATION**
- **8:15AM OPENING CEREMONIES**
- **8:30AM SHOTGUN START**

### SPONSORSHIP OPPORTUNITIES

**#1PRIDE SPONSOR - \$550**

**ORANGE SPONSOR- \$250**

**BLACK SPONSOR - \$100**

**Pre-Register by April 7 at [www.oviedoboosters.org](http://www.oviedoboosters.org)**

Questions? Call 407-328-3098

Email sponsor logos to [nicoleparent78@gmail.com](mailto:nicoleparent78@gmail.com)

**Direct Link is below:**

**<https://www.oviedoboosters.org/>**



### **Visitors to OHS**

All visitors – Please enter through the front door. Buzz and state your name and purpose. There is also no drop-off of any kind including food, money, uniforms, projects, etc.

If you have classes that you previously failed (with an F), you can start making those classes up (see image below for eligible courses)!

We will be holding a two-hour session after school on Mondays starting March 6th through May 15th. Once registered, you will receive an email letting you know you can begin the course at home.

Assessments must be taken on campus Monday afternoons. Students are welcome to attend the full two-hour session but in order to finish the course, you must dedicate time outside of those Monday sessions.

Students **MUST be registered by February 27th** through this link (or QR code below): <https://forms.gle/7L8F1H6VW25cFZtV6>



OVIEDO HIGH SCHOOL

# FREE ACT/SAT ELA TUTORING SESSIONS

Open for all grades! You don't want to miss this!

Thursdays

**2:30-3:30 PM**

~~January: 19th, 26th~~

~~February: 2nd, 9th, 16th, 23rd~~

~~March: 2nd, 9th, 23rd, 30th~~

~~April: 6th, 13th, 20th, 27th~~

08-215



# OVIEDO HIGH SCHOOL Cheer Tryouts



**TRYOUTS:** April 12-14

**IN THE COMMONS**

**CHEER REGISTRATION:**

**SCAN HERE:**



# SENIOR DAY

Calling ALL Former  
Rainbow Elementary Students

*Congratulations on your High School Graduation*

Your former Rainbow Elementary School Teachers would like to celebrate with you and your friends.

We are anxious to hear about your accomplishments.



**Athletics from Athletic Director Jen Darty and Assistant Athletic Director Bill Bronga**

Varsity Baseball lost to Windermere in the final of the Big Blue Bonanza on Friday, 8-0.

Track & Field competed at the Sanford Seminole Invite on Friday. The Boys team finished 5<sup>th</sup> and the Girls 6<sup>th</sup> in the 11 team meet. Tristen Washington established a new school record in the 200m with a time of 21.69. Maya Cabal and Courtney Calhoun ran personal bests in the 3200m finishing 3<sup>rd</sup> and 4<sup>th</sup> respectively. Camille Siguenza finished 5<sup>th</sup> in the 400m in a personal record 1:05.97.

Boys Varsity Lacrosse lost to Timber Creek on Friday, 10-9. JV lost 5-3.

Girls Varsity Lacrosse won over Niceville, 15-3, led by senior Carly O'Donnell and freshman Brooke Krapf both with 3 goals. JV won 13-1, led by sophomore Lily McCaslin with 4 goals & junior Delaney Sauer with 3 goals.

Varsity Softball won 4-2 over Winter Park on Friday. The team was led by Angelee Bueno, Riley Fennell, Sophia Vanderkooy, Ansley DeVos & Charlotte Jenks. JV won over Winter Park 18-1, led by Peyton Gibson, Hailey Mitchell, Makenzie Murray, Gabriella Sarmiento.

Water Polo competed in the Wildcat Invite last week. The Boys team lost to Dr. Phillips 16-5 behind the strong play of Colin Gibbons, Luke Yost, Noah Tikoo, and Joey San Filippo. The Girls also lost to Dr. Phillips, 2-11. Bella Quintana & Lisa Buencamino both scored. The Boys then took on Hagerty & won 11-1. Goalie Lance Kochmann led the team along with Brady Vaiarella, Luke Yost, Von Tietig, and Noah Tikoo. The Girls then faced Seminole, falling 11-2. The two goals came from Layla Tietig & Emilia Dowling.

Boys Wrestling finished 8<sup>th</sup> out of 31 teams in the Region Tournament. Individual accomplishments were 2<sup>nd</sup> Josh Sabbia, 3<sup>rd</sup> John Dishman, and 2<sup>nd</sup> Gunner Forsberg who all advanced to the state tournament. Connor Rodriguez, Hudson McCandless, and Joey Gioia worked hard but fell short losing in the blood round. Hudson wrestled back well after a quarterfinal loss in the winners bracket. Both Connor and Joey lost in semis then fell in tough matches the consolation semifinals. On day one, we had Yosef Mohasien, Gunner Essary, Jimmy Chiaradio, all go 1-2 falling short of placing top four.

Girls Varsity Lacrosse beat East Ridge last night, 23-8, led by seniors Avery Anderson (6 goals, 3 assists) and Carly O'Donnell (5 goals, 3 assists), junior Payton Pagan (4 goals) and junior goalie Paige Prete (5 saves).

Girls Tennis continued their winning streak against Hagerty by a score of 5 - 2. No. 1 doubles Keriana Cooduvalli and Marly Marquez had a strong come-from-behind performance after being down 6-1 to win 9-7. No. 3 singles Ellie Sandifer clinched the match with an 8-1 win. Boys Tennis faced a tough Hagerty team and fell 7-0. No. 2 doubles Lawrence Wu & Daniel Gao continued their strong doubles performance.

Varsity Softball lost to Lake Brantley 10-7. The team was led by Riley Fennell who went 2-3 with 2 homeruns (4 RBI) and Jamison Townsend who hit a triple. JV was down 9-8 when time was called. The team had doubles from Makenzie Murray, Peyton Gibson, and Aria Minnetto.

Boys Varsity Lacrosse won over Edgewood, 17-1, last night. JV also picked up the win over Edgewood.

Varsity Baseball won over Lake Howell 2-0. Robbie Mitchell threw 5 innings without allowing a hit while striking out 12 to earn the win for Oviedo. Cooper Pitman had 2 RBI and Ben Filler chipped in 2 hits. JV lost to Lake Howell 7-6.

Boys Weightlifting won 63-27 over Lake Brantley yesterday. Regis McCue, Ethan Manning, Bryce Lesser, Augustin Charcap, Lucas Lyons, Charles Youngman, Colin Hilson, Zach Scharf and Isiah Cunningham all won their weight classes.

Beach Volleyball opened up their season with a 3-2 win over Lyman. Rylee Yarborough & Kylie O'Brien, Jamie Kapoor & Janelle Baez, and Addie Imbs & Finley Oliphant all won their lines to secure the win.

Both Boys & Girls Water Polo won over Winter Springs yesterday.

Varsity Softball fell to Lake Howell in a battle, 11-14. The team was led by Madison Slavik, Charlotte Jenks, Angelee Bueno, Riley Fennell, Sophia Vanderkooy and Morgan Jones. JV won over Lake Howell 6-4, led by Sophia Tinberg, Makenzie Murray, Peyton Gibson, Aria Minnetto, and Justice Sampson

Girls Varsity Lacrosse beat Winter Springs, 19-4, led by senior Avery Anderson with 5 goals & 3 assists, and senior Carly O'Donnell with 4 goals. JV also won 19-1, with 5 players each scoring 2 goals. Notable standouts were junior Delaney Sauer and sophomore Lily McCaslin.

Boys Varsity Lacrosse was cancelled vs. Lyman due to unplayable field conditions.

Varsity Baseball lost 8-6 at Dr. Phillips last night.

Varsity softball defeated Seminole with back-to-back homeruns. Angelee Bueno tied the game then Riley Fennell hit a walk off shot to win it! Congratulations to Coach Hollis-Childress on her 100<sup>th</sup> win. JV won 13-6.

Josh Sabbia and Jon Dishman were eliminated from the state wrestling tournament yesterday, but both finished in the top 16. Gunner Forsberg is back today trying to place.

In tennis, the girls lost a closely contested match against Timber Creek. After going down 2-0, the Lions roared back to a 3-2 lead needing a single doubles point to clinch. However, Timber Creek nabbed both to take the win 4-3. The ladies were led by strong performances from No. 2 Sophia Blackwell (W 8-2) and No. 3 Ellie Sandifer (W 9-7). The boys fell by a score of 7-0 despite strong play from all lines.

## **Calendar of Events**

### **Monday, March 06**

7:20 AM *Honor Grad Photos (Make-Up)* (School)

2:30 PM *BETA Officer Meeting (5-207)* (School)

2:30 PM *BETA Meeting* (School)

3:30 PM Girls Varsity Volleyball Masters Academy *Beach Volleyball @ The Master's Academy Away*

3:00 PM *ECG/Physical Night* (School)

3:00 PM *ECG/Physical Night* (School)

6:00 PM Girls Varsity Water Polo Bishop Moore High School *Away*

6:00 PM *OHSABC Meeting* (School)

6:00 PM *Color Guard* (School)

6:00 PM Girls Junior Varsity Lacrosse Windermere High School Away  
6:00 PM *OHSABC Meeting* (School)  
7:30 PM Girls Varsity Lacrosse Windermere High School Away  
7:00 PM Boys Varsity Water Polo Bishop Moore High School Away

**Tuesday, March 07**

2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)  
3:00 PM Coed Varsity Tennis Lake Howell High School Home  
5:30 PM Boys Junior Varsity Volleyball Hagerty High School Away  
5:00 PM Girls Junior Varsity Softball Winter Springs High School Away  
6:00 PM Boys Junior Varsity Baseball Sanford Seminole HS Home  
6:00 PM Boys Varsity Baseball Sanford Seminole HS Away  
6:00 PM *Girls Basketball* (Other) Home  
7:00 PM Girls Varsity Softball Winter Springs High School Away  
7:00 PM Boys Varsity Volleyball Hagerty High School Away

**Wednesday, March 08**

TBA Coed Varsity Track Lake Brantley High School *Freshmen & Sophomore Meet* Away  
3:15 PM Girls Varsity Volleyball Lake Brantley High School *Beach Volleyball @ Merrill Park* Away  
3:00 PM Coed Varsity Tennis Lake Brantley High School *Girls Only* Away  
5:30 PM Boys Junior Varsity Volleyball Sanford Seminole HS Away  
5:00 PM Girls Junior Varsity Softball Apopka High School Home  
5:30 PM Girls Junior Varsity Lacrosse Lake Brantley High School Home  
6:00 PM *Color Guard* (School)  
7:00 PM Boys Varsity Volleyball Sanford Seminole HS Away  
7:00 PM Girls Varsity Softball Apopka High School Home  
7:00 PM Girls Varsity Lacrosse Lake Brantley High School Home

**Thursday, March 09**

TBA Boys Varsity Weightlifting Away  
Winter Springs High School *SAC Championship @ Winter Springs*  
2:30 PM *Mu Alpha Theta Tutoring (1-209)* (School)  
2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)  
3:00 PM Coed Varsity Tennis Sanford Seminole HS Away  
5:00 PM Girls Junior Varsity Softball University High School (Orange City) Home  
5:00 PM Girls Varsity Water Polo Timber Creek High School Away  
6:00 PM Boys Junior Varsity Baseball Timber Creek High School Home  
6:00 PM Boys Varsity Water Polo Timber Creek High School Away  
7:00 PM Girls Varsity Softball University High School (Orange City) Home  
7:00 PM Boys Varsity Baseball Timber Creek High School Away

**Friday, March 10**

TBA Coed Varsity Track Lake Brantley High School *Charlie Harris Relays* Away  
TBA Boys Varsity Volleyball OPEN *Spring Sting Tournament @ Bishop Moore* Away  
5:30 PM Girls Junior Varsity Lacrosse Bartram Trail High School Home



5:00 PM Boys Junior Varsity Lacrosse Holy Trinity Episcopal Academy Away  
6:00 PM *Color Guard* (School)  
6:00 PM Boys Junior Varsity Baseball Sanford Seminole HS Away  
6:00 PM Boys Varsity Baseball Sanford Seminole HS Home  
7:00 PM Boys Varsity Lacrosse Holy Trinity Episcopal Academy Away  
7:00 PM Girls Varsity Lacrosse Bartram Trail High School Home

**Saturday, March 11**

TBA Boys Varsity Volleyball OPEN *Spring Sting Tournament @ Bishop Moore* Away

**Monday, March 13**

4:00 PM Boys Varsity Baseball Viera High School *The 42 Challenge @ Jackie Robinson Ballpark* Away  
6:00 PM *Color Guard* (School)

**Tuesday, March 14**

TBA Coed Varsity Track Trinity Preparatory School *Trinity Prep Mini Meet* Away  
12:00 PM Boys Varsity Baseball Creekside High School *The 42 Challenge @ Jackie Robinson Ballpark* Away

Wednesday, March 15

TBA Boys Varsity Baseball OPEN *The 42 Challenge @ Jackie Robinson Ballpark* Away  
6:00 PM *Color Guard* (School)

**Thursday, March 16**

6:00 PM *Color Guard* (School)

**Friday, March 17**

6:00 PM *Color Guard* (School)

**Saturday, March 18**

*No events scheduled*

**Monday, March 20**

6:00 PM Boys Junior Varsity Baseball Timber Creek High School Away  
6:00 PM *Color Guard* (School)

**Tuesday, March 21**

2:30 PM *Mu Alpha Theta Tutoring (1-209)* (School)  
2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)  
5:30 PM Boys Junior Varsity Volleyball Lake Brantley High School Away  
5:00 PM Girls Junior Varsity Softball Lake Mary High School Away  
6:00 PM Boys Junior Varsity Baseball Lake Mary High School Home  
6:00 PM Boys Junior Varsity Lacrosse West Orange High School Away  
6:00 PM Boys Varsity Baseball Lake Mary High School Away  
6:00 PM Girls Varsity Soccer *Girls Soccer Banquet* (School)

7:00 PM Girls Varsity Softball Lake Mary High School Away  
7:00 PM Girls Varsity Water Polo Lake Brantley High School Away  
7:00 PM Boys Varsity Volleyball Lake Brantley High School Away  
7:30 PM Boys Varsity Lacrosse West Orange High School Away  
8:00 PM Boys Varsity Water Polo Lake Brantley High School Away

### **Wednesday, March 22**

2:30 PM *BHM Showcase Practice* (School)  
3:00 PM Coed Varsity Tennis Lake Mary High School *Boys Only* Away  
3:15 PM Girls Varsity Volleyball Lake Howell High School *Beach Volleyball @ Lyman* Away  
5:00 PM Girls Varsity Water Polo Lake Howell High School *Senior Night* Home  
5:30 PM Boys Junior Varsity Volleyball East River High School Home  
5:00 PM Boys Junior Varsity Lacrosse Lake Mary High School Away  
5:30 PM Girls Junior Varsity Lacrosse Hagerty High School Home  
6:00 PM *Color Guard* (School)  
6:00 PM Boys Varsity Water Polo Lake Howell High School *Senior Night* Home  
7:00 PM Girls Varsity Lacrosse Hagerty High School Home  
7:00 PM Boys Varsity Volleyball East River High School Home  
7:00 PM Boys Varsity Lacrosse Lake Mary High School Away

### **Thursday, March 23**

2:30 PM *Mu Alpha Theta Tutoring (1-209)* (School)  
2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)  
3:15 PM Coed Varsity Tennis University High School @ *Jay Blanchard Park* Away  
5:00 PM Girls Junior Varsity Softball Lake Howell High School Away  
5:30 PM Boys Junior Varsity Volleyball Crooms Academy Home  
6:00 PM Boys Varsity Lacrosse Winter Springs High School Away  
7:00 PM Boys Varsity Volleyball Crooms Academy Home  
7:00 PM *Jazz and Percussion Concert* (School)  
7:00 PM Girls Varsity Softball Lake Howell High School Away

### **Friday, March 24**

TBA *4.0 Luncheon* (School)  
TBA Boys Junior Varsity Volleyball OPEN *Lyman JV Tournament* Away  
5:30 PM Girls Junior Varsity Lacrosse St. Augustine High School Away  
6:00 PM *Color Guard* (School)  
6:00 PM Boys Junior Varsity Baseball Lake Mary High School Away  
6:00 PM Boys Varsity Baseball Lake Mary High School Home  
7:00 PM Girls Varsity Lacrosse St. Augustine High School Away

### **Saturday, March 25**

TBA Coed Varsity Track Tohopekaliga High School *Tohopekaliga Tigers Invitational* Away  
TBA Boys Junior Varsity Volleyball OPEN *Lyman JV Tournament* Away  
11:00 AM Girls Junior Varsity Lacrosse Creekside High School Away  
11:00 AM Girls Varsity Water Polo Lake Nona High School @ *Lake Highland* Away

12:30 PM Girls Varsity Lacrosse Creekside High School Away  
12:00 PM Boys Varsity Water Polo Lake Nona High School @ *Lake Highland* Away



**Archived Information covered in Previous Principal's Updates that is still Pertinent**

The OHS Athletic Booster Club is now accepting new members and sponsors! Memberships start at just \$10 and come with an exclusive Centennial Celebration gift and a 10% discount on Boosters spirit wear **all year long**. Sponsorships start at just \$75 with several levels that include **all-sports passes for the year**.

Visit <https://www.oviedoboosters.org/online-store> or scan our QR code below to join! 100% of your membership and sponsorship donations go directly back to the OHS athletes and athletic programs.

# WANTED

## ★ OHSABC VP WAYS & MEANS ★



**SOLICIT NEW BUSINESS SPONSORS AND FOSTER CURRENT SPONSOR RELATIONSHIPS, MANAGE BANNERS/ADS, HELP PLAN SPONSOR APPRECIATION EVENTS, ATTEND BOARD MEETINGS, ACT AS A VOTING MEMBER OF EXECUTIVE BOARD, HELP WITH OTHER COMMITTEES**

IF YOU KNOW OR ARE THAT PERSON,  
PLEASE CONTACT:

**407-328-3098**

**[PRESIDENT.OHSABC@GMAIL.COM](mailto:PRESIDENT.OHSABC@GMAIL.COM)**

Feel free to email [president.ohsabc@gmail.com](mailto:president.ohsabc@gmail.com) with any questions.

Thank You,  
Nicole Parent  
President, OHS Athletic Booster Club, 2022 - 2023



**OHS PTSA**

**To join or renew your OHS PTSA Membership please visit:**

**[ohslions.memberhub.com/store](https://ohslions.memberhub.com/store)**

to join PTSA and support teacher grants, senior scholarships and more!

School store spirit wear also available online!

(Please include the QR code)



**Follow OHS PTSA on facebook for OHS and community updates.**

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