



Oviedo High School
Principal's Weekly Update
February 6, 2023

I don't believe I have ever witnessed a SAC commend a school on any one initiative, but here is what they wanted to let you know. Kudos and congratulations to all! It is a team effort!

OHS SAC acknowledgement of the OHS Safety Team

In light of the incidents that happened at various schools nationwide over the past couple of years, this OHS Safety Team has made several improvement measures by installing cameras, securing entry points, having police presence, diligent and continuous checking of vulnerable areas, and most importantly making student safety a priority for all OHS staff members. The team also communicated the measures widely amongst students and parents and took their feedback to make continuous improvements.

As a result, the students and parents have responded back in the safety survey and the safety score has improved by ~10% over that of last year. The safety measures undertaken at OHS has been a benchmark in the county.

It's important for our students to be safe and feel safe in an educational institution. We thank the OHS Safety Team for making this happen in a short period of time with their incredible efforts despite a number of constraints.

Well done! Keep up the great work! Thank you for keeping our students safe!

OHS SAC



This week is National School Counseling Week! What a great opportunity to send a note to your counselor and thank them for their work!



Oviedo's own **Kyra Henriques** placed **first** in the Florida Junior Science & Humanities Symposium at the University of Florida! She was one of 24 competitors selected from across the state for the elite version of the symposium, the speaker competition. Kyra's research focused on using readily available oils emulsified with iron oxide to adhere to microplastic contaminants. She then utilized strong magnets to separate the aggregated pollutants from the water.

She further expounded on this research by designing a working prototype and offering details about how to apply it at scale. She showcased her research through a 12-minute presentation of her work and a 6-minute Q&A defense to a diverse panel of University of Florida faculty. Kyra was **unanimously chosen as the top competitor in the competition** and was awarded first place. This is the highest achievement any student has earned since the first Oviedo competitor was accepted in 2020. She is subsequently invited to represent the state at the National Junior Science & Humanities Symposium in Virginia in mid-April. Please congratulate Kyra Henriques for her incredible achievement! Congratulations Kyra and Go Lions!

Zack Griffin and **Lindsey Weber** won second place in the Business Plan category at the 2023 Central Florida Hospitality Competition at UCF Rosen College of Hospitality Management! Both students are enrolled in electives in the SCVS Hospitality and Tourism program- Zack is taking the Year 1 Intro to Hospitality and Tourism class and Lindsey is taking the Year 2 Tech for Hospitality and Tourism course. Zack and Lindsey impressed the judges at the competition so much that one of the judges offered both students a paid internship this summer! 😊 We are so excited for Zack and Lindsey's amazing accomplishments!



The **Oviedo Roarbots** won the Space Coast League Championship on Saturday against 29 other teams. In challenge play the Roarbots were undefeated in six matches and ranked number one entering alliance play. As the first-place alliance captain, the Roarbots choose Uplift Robotics of Oviedo and Z.I.P. Ties of Sanford as their partners. The alliance won four straight matches to take the championship. All three teams will advance to the state competition in March. The Roarbots also won the Control Award for innovative design using sensors and software to control the robot. Congratulations and Go Lions!



Congratulations to **Gracie Yarborough!** Here is Gracie showing her pigs in Perry, Georgia at the Southeast Regional Show. Her red pig is a Duroc named Sancho and her white pig is a Calico cross named Callie. What an awesome experience for her, she placed second out of 1,875 pigs in this show!



The **OHS JV Colorguard** placed 4th at their premiere competition on January 21st! On January 28th, the **OHS Varsity Colorguard** placed 1st with a 71.4 for their premiere! Both teams do not have their show finished, which is normal for this time of the season. We are excited to see the finished show and are so proud of the high level of performance they put on at their premiere competition. Congratulations to both of our Colorguard teams!!

A colorful graphic celebrating a champion. It features a gradient background from orange to purple, stars, and a circular logo for FFCC. The text reads: NATIONAL COLORGUARD PREMIERE CHAMPION OVIEDO HIGH SCHOOL SCHOLASTIC OPEN CLASS JANUARY 28, 2023 CYPRESS CREEK. The FFCC logo includes "THE PLACE TO BE IN 2023" and "WINTERGUARD • WINDS • PERCUSSION".



Congratulations to **Tal Kanistras!** The Sixth District winner was Junior, Tal Kanistras from Oviedo High School (shown with District Commander Joe Marcheggiani and Finance Officer Ken Demello). Tal won 1st place in the American Legion District Oratorical contest on Saturday. Tal will compete in the Area contest February 11th. Good luck Tal!



Congratulations to our **OHS Betas!** This past weekend our Beta Club competed at the State Convection for National Beta Club. ALL of our members did amazing work throughout this weekend and the following students placed in the top 3 and qualified for the National Convention in Louisville early this summer.

- Zakariya Rashied (Agriscience)
- Katie Richardson (1st Place: Biomedical)
- Jaqueline McCarthy (1st Place: Creative Writing, 1st Place: Language Arts, 1st Place: Spelling Bee)
- Spencer Mallot (1st Place: French)
- Wesley Geno (3rd Place: Math)

- Gargi Paranjape (2nd Place: Math)
- Emma Goodnough (2nd Place: Pottery, 1st Place: Science)
- Colin Gibbons (3rd Place: Science)
- Kyra Henriques (1st Place: Science)
- Nelson Kanistras (1st Place: Social Studies)
- Kiara Fuentes (2nd Place: Spanish)
- Kirby Ferraro (3rd Place: Spanish)
- Technology (1st Place)
- Marketing and Communications (2nd Place)
- Musicology (1st Place)
- Campaign Skit (3rd Place)



Congratulations to our OHS Student Athletes!

	Name	Sport	School
1	Kosi Mafela	Men's Soccer	Wingate University
2	Maddox Brown	Men's Soccer	Daytona State College
3	Dallas Johnson	Football	St. Thomas University
4	DJ Scott	Football	Kennesaw State University
5	Noel Keller	Football	Davenport University
6	Omari Wyatt	Football	Davenport University
7	Owen Aycock	Football	Davenport University
8	Ryan Munroe	Football	Shorter University
9	Kevin Maffuz	Baseball	Virginia Peninsula Community College

Class of 2023 Senior Dates

- Friday, February 10 - **Top 10 Breakfast @ 8:00 a.m.** in CCR
- Tuesday, March 28 - **Honor Grad Night @ 6:00 p.m.** on field
- Monday, April 17 - Friday, April 21 - **Senior Week**
- Saturday, April 22 - **Prom @ 7:00-11:00 Hyatt Regency Grand Cypress**
- Wednesday, April 26 – **Senior Awards Night @6:00 p.m.** in Auditorium
- Friday, April 28 – **Grad Bash @ Busch Gardens**
- Thursday, May 4 - **CTE Awards Night @ 6:00 p.m.** in Auditorium
- Tuesday, May 9, 2023 – **Seniors Last Day**
- Monday, May 15 - **Grad Practice @7:30 a.m.** in Auditorium
- Tuesday, May 16 - **Graduation @2:00 p.m.** UCF

Spring Break is March 13-17. OHS front office will be closed during that time.

March 20 will now be a student attendance day. This is a date change due to Hurricane Ian.

Visitors to OHS

All visitors – Please enter through the front door. Buzz and state your name and purpose. There is also no drop-off of any kind including food, money, uniforms, projects, etc.

Congratulations to our Teacher of the Week

Congratulations to **Tim Carter!** Mr. Carter did an excellent job with the latest Disney Jr. musical – Frozen! It was very well done and included the community. Adults and students loved the performance! OHS even made the 32765 page for something positive due to Frozen! Thank you for all you do!

Congratulations to our Students of the Week

Congratulations to **the Frozen cast and tech crew!**

Emma Bremer
Collin Carter
Isabella Castaneda
Evan Colmenero
Miya Cunningham
Makenley Ellis
Riley Ellis
Kirby Ferraro
Kaylee Flynn
Olivia Garcia
Kaylie Gingras
Thomas Hankins
Ashe Herod

Payton Hurd
Kip LeBlanc
Lia Marrone
Tristan Massey
Victoria McGrogan
Madison Meldeau
Nyah Miller
Christian Muina
Lucas Myers
Dana Patterson
Mikayla Philpot
Jenna Planck
Asher Rodriquez
Camille Rodriguez
Giselle Rodriguez
Jessica Rucker
Isabella Schneider
Tessa Sims
Lola Tuten
Wendy Voltaline
Zoe Walters
Matthew Wampole
Logan Wilson
Valeria Zambrano
Christopher Alvarez
Kali Cepeda
Roxy Duda
Leah Duran
Sean Finnegan
Susan Geber
Kendall Lee
Daniel Priest
Roman Zhdanov
Mia Johnson
Brandon Peck
Demetrius Terrizzi
Paul Kar
Ray Kar
Sean Antalek
Christian Jaffrey
Brayden Olsen

Roaring Lion Empire
Valentines

DAY SALE

CHOCOLATES, BALLOONS AND LIONS...

NEW THIS YEAR...GET A VALENTINE BUNDLE

FOR \$10.00

YOUR CHOICE OF 8" LEO OR DAN D LION AND A LION 18"

VALENTINE BALLOON

ORDER USING
THE QR CODE





Cupcake Sales

**Friday, February 10, 2023
during both Lunches**

Sponsored by PTSA Project Graduation

Oviedo High School Symposium

YOU ARE CORDIALLY INVITED TO THE 2ND ANNUAL OHS
STUDENT SYMPOSIUM PARENT & COMMUNITY NIGHT

Support Student Work!

AP CAPSTONE (SEMINAR & RESEARCH)

CULINARY ARTS

INTERIOR DESIGN

ART 2D & 3D

EXPERIMENTAL SCIENCE

PHOTOGRAPHY



February 15 @ 6pm
Media Center



EVERYONE IS WELCOME AND THE EVENT IS FREE!

OHS CULINARY STUDENTS WILL BE SERVING LIGHT REFRESHMENTS



Community Service Hours

Seminole County Extension Services Gardening EXPO 2023

Get your community service hours at an event that is an extension of the University of Florida. It will look good on your application if you want to attend UF.

Where: 250 W. County Home Rd. Sanford FL

When: Saturday, February 25, 2023

8:30 am to 3:00 pm.

Lunch provided – pizza and sodas

Contact : Carolyn Hess - 321-247-1108

Permission signature from parent required

Helpers
Needed for
Children's
Activities

** Dig for the
Worm you
can eat.

** Butterfly
Flutter

** Plant a
bean seed

** Stamp
passports

** photo op
with farm
animals

** wear a
costume to
attract
attention to
children's
Activities
area

Follow us
@kaliighscloset

KALIEGH'S CLOSET



PROM

2023

Prom Dress Pop Up Shop
February 25th from 10-3 at
Action Church Sanford
650 E Airport Blvd.
Sanford, FL 32773

Feature your Senior's pictures in the **2023 Senior Video!**



Baby or
Toddler

Elementary
School

Middle
School

Current

ALL Submissions are due by April 7th

Submission Link: <https://forms.gle/y6bHb7pXiDdWQLSZ7>

Questions? Contact oviedoseniorvideo@gmail.com

Athletics from Athletic Director Jen Darty

Boys Varsity Basketball played in the Legends Tournament at Boone on Friday & Saturday – the team lost to Lake Brantley 62-58 & lost to Central Florida Christian Academy 47-41.

Comp Cheer competed in the SAC Championships and took 5th place overall. The team will compete in the State Meet on Saturday morning.

Girls Varsity Soccer defeated New Smyrna Beach 5-0 Friday night to advance to the District Final. Mackenzie Becker scored twice and Ryleigh Holcomb had a goal and two assists. Reagan Fitzgerald and Hannah Gretkowski each scored a goal in the win with Hannah Gretkowski and Kate Mikalsen both having an assist in the victory. The defense of Mia Meadows, Kate Mikalsen, Makenna Smith, Peyton White, and Emma Vanderkooy led the defense with the shutout win.

On Saturday, Boys Wrestling competed at the Timber Creek Wolfpack IBT and finished 6th out of 17 teams. We placed 7 of the 11 competing wrestlers. Congrats to the following placers 2nd Clayton Mitchell & Gunner Forsberg, 4th Johnathan Dishman & Lukas Crawley, 5th Connor Rodriguez & Joey Gioa, and 6th Gunner Essary. Also on Saturday, five of our Lady Wrestlers competed at the Lake Mary Lady Rams IBT and Hailey Mitchell placed fourth. After a first round loss, she wrestled back very well and even avenged a loss from this week in the process. Great job Hailey!

On Saturday, Girls Varsity Basketball lost to St. Cloud, 42-49. Lilly Jacobus had 16 points. JV also lost to St. Cloud, 38-30. Izzy Wollmer scored 11 points, Maleah Dupa added 9, and Ray'ah Smithers added 7.

Boys Varsity Soccer is moving on to the District Finals on Thursday after a dramatic win last night over Edgewater. Lorenzo Amaral was fouled in the box within the first 3 minutes of the game giving us the lead 1-0. With mere seconds remaining in the first half, Edgewater was able to find the back of the net for the equalizer. Neither team conceded a goal for the remainder of the game in regular time along with the two 10-minute overtimes so the game went to penalty kicks. Andrew White had an amazing save and goals were made by Lorenzo Amaral and Kosi Mafela with Javier Peña scoring the final kick to give the boys a W 3-2 in penalties.

Girls Varsity Soccer defeated Edgewater last night in double overtime to win the District Championship by a score of 2-0. After finishing regulation in a 0-0 tie and hitting the crossbar 5 times, the team finally broke through with a goal from Jada Narcisse off an assist from Reagan Fitzgerald with 3 minutes left in the first overtime. In the 2nd overtime, Reagan Fitzgerald again had another assist, but this time played an amazing through ball to Ryleigh Holcomb who went in 1 on 1 for the breakaway goal and the 2-0 win. Mia Meadows recorded the shutout with 4 saves and the defense of Kate Mikalsen, Makenna Smith, Roen Waisanen and Peyton White held the opposition scoreless throughout the 80 minutes of regulation and 20 minutes of overtime. The win also was a milestone victory with it being Coach Waisanen's 300th career win as head coach of the team. Congratulations to Coach Waisanen & the team!

Over the weekend, Boys & Girls Water Polo competed in a Preseason Classic at Seminole. The Girls team lost to Seminole, 6-8. Senior Lisa Buencamino led the lions with 3 goals while senior Karsen McKee, senior Marin Rose, and junior Bella Quintana followed up with 1 goal each. Sophomore goalie Ciel Sanabria saved the Lions with over 10 blocks. In their second game, the Girls won 14-5 over Lake Howell. Senior Karsen McKee led with 3 goals and senior Delaney

Warner, senior Marin Rose, sophomore Layla Tietig, and junior Bella Quintana all finished with two goals each. Junior Emilia Dowling, junior Caroline Krywonos, and sophomore Jane Coleman added to the tally with a goal each. The Boys team lost to Seminole 8-15 behind senior Brady Vaiarella's three goals. Sophomore Noah Tikoo and junior Trevor Francis contributed 2 goals each. Freshman Jake MacDonald showed up big in his first high school game, banking one goal for the Lions. In their second game, the Boys team defeated Lake Howell 13-4. Senior Brady Vaiarella had 5 goals while sophomore Colton White, sophomore Noah Tikoo, and sophomore Simon Gong contributed 2 goals each. Senior Lance Kochmann and junior Daniel Strumidlo had strong play in goal.

Boys Weightlifting lost to Winter Springs yesterday, 30-50. Bryce Lesser, Ethan Manning and Regis McCue all won their weight classes.

Boys JV & Varsity Basketball lost to Holy Trinity last night – JV lost 55-54, Varsity lost 64-31.

Girls Varsity Basketball lost in the District Semifinals to Lake Howell last night, 39-26. Carmen Longhurst led with 8 points.

Boys Varsity Soccer took on New Smyrna Beach last night in the District Final. The team started off strong in the first half, with Javier Peña stealing the ball from the back line and dishing it back to Lorenzo Amaral for the score. The team held their ground until the last 90 seconds when New Smyrna found the back of the net for the equalizer. In the first overtime, New Smyrna found an opportunity and went up 2-1. The Lions fought hard and had several attempts at goal but none found the net. The team finished as District Runner-Up with a 9-3-2 record for the year and await the State Tournament bracket.

Calendar of Events

Monday, February 06

2:30 PM *Drama Rehearsal* (School)
2:30 PM *BETA Officer Meeting (5-207)* (School)
6:00 PM *Color Guard* (School)

Tuesday, February 07

2:30 PM *Mu Alpha Theta Tutoring (1-209)* (School)
2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)
2:30 PM *Drama Rehearsal* (School)
3:00 PM Coed Varsity Tennis Winter Springs High School Away
7:00 PM Girls Varsity Soccer OPEN *Region Quarterfinals @ TBA Home*
7:00 PM Boys Varsity Basketball OPEN *District Quarterfinals @ Lyman Away*
7:00 PM Girls Varsity Water Polo Sanford Seminole HS Away
8:00 PM Boys Varsity Water Polo Sanford Seminole HS Away

Wednesday, February 08

TBA Boys Varsity Basketball OPEN District Semifinal @ Lyman Away
2:30 PM *Drama Rehearsal* (School)

3:00 PM Coed Varsity Tennis Lake Howell High School Away
4:00 PM Boys Varsity Weightlifting Sanford Seminole HS Home
5:00 PM Girls Varsity Water Polo Lake Mary High School Home
6:00 PM Color Guard (School)
6:00 PM Coed Junior Varsity Wrestling Winter Springs High School Dual vs. Winter Springs
Away
6:00 PM Boys Varsity Water Polo Lake Mary High School Home
7:00 PM Coed Varsity Wrestling Winter Springs High School Dual vs. Winter Springs Away
7:00 PM Boys Varsity Soccer OPEN Region Quarterfinal @ TBA Home

Thursday, February 09

TBA Coed Varsity Track Lake Nona High School *Lake Nona Developmental Meet* Away
2:30 PM *Drama Rehearsal* (School)
2:30 PM *Mu Alpha Theta Tutoring (1-209)* (School)
2:30 PM *Algebra 1/ Geometry Tutoring (1-208)* (School)
7:00 PM Girls Varsity Basketball OPEN *Region Quarterfinal @ TBA* Home

Friday, February 10

8:15 AM *Top 10 Breakfast* (School)
2:30 PM *Drama Rehearsal* (School)
4:00 PM Coed Junior Varsity Wrestling OPEN *JV State Tournament @ Osceola* Away
6:00 PM *Color Guard* (School)
7:00 PM Boys Varsity Basketball OPEN *District Final @ Lyman* Away
7:00 PM Girls Varsity Soccer OPEN *Region Semifinal @ TBA* Home

Saturday, February 11

8:00 AM *ACT* (School)
9:00 AM Coed Junior Varsity Wrestling OPEN *JV State Tournament @ Osceola* Away
2:00 PM Boys Varsity Soccer OPEN *Region Semifinal @ TBA* Home
4:00 PM *Flag Football* (School)



Archived Information covered in Previous Principal's Updates that is still Pertinent

The OHS Athletic Booster Club is now accepting new members and sponsors! Memberships start at just \$10 and come with an exclusive Centennial Celebration gift and a 10% discount on Boosters spirit wear **all year long**. Sponsorships start at just \$75 with several levels that include **all-sports passes for the year**.

Visit <https://www.oviedoboosters.org/online-store> or scan our QR code below to join! 100% of your membership and sponsorship donations go directly back to the OHS athletes and athletic programs.



WANTED

★ OHSABC VP WAYS & MEANS ★



SOLICIT NEW BUSINESS SPONSORS AND FOSTER CURRENT SPONSOR RELATIONSHIPS, MANAGE BANNERS/ADS, HELP PLAN SPONSOR APPRECIATION EVENTS, ATTEND BOARD MEETINGS, ACT AS A VOTING MEMBER OF EXECUTIVE BOARD, HELP WITH OTHER COMMITTEES

IF YOU KNOW OR ARE THAT PERSON,
PLEASE CONTACT:

407-328-3098

PRESIDENT.OHSABC@GMAIL.COM

Feel free to email president.ohsabc@gmail.com with any questions.

Thank You,
Nicole Parent
President, OHS Athletic Booster Club, 2022 - 2023

OHS PTSA

To join or renew your OHS PTSA Membership please visit:

ohslions.memberhub.com/store

to join PTSA and support teacher grants, senior scholarships and more!

School store spirit wear also available online!

(Please include the QR code)



Follow OHS PTSA on facebook for OHS and community updates.

facebook.com/OviedoHighPTSA

Support the OHS PTSA by shopping at Amazon!

OHS PTSA is now officially registered as a charity option with Amazon Smile. Below is our unique link for people to select us as their charity. The key is when shopping on Amazon you have to go through the AmazonSmile site (smile.amazon.com), not just [Amazon.com](https://amazon.com) - but there is absolutely no difference; your account is all still there. You can bookmark AmazonSmile to make it easier. Thank you for your support.

<https://smile.amazon.com/ch/51-0203538>