



Carla's Sandwich

A lesson on self-esteem

Learning Target

I can share characteristics about me which make me unique and special.



What is self-esteem?

Confidence in one's own worth or abilities; self-respect.



Story Time: Carla's Sandwich



Questions from the story

1. In the beginning of the story, Carla's classmates...

- B. Share their lunches with her
- C. Sit and eat lunch with her
- D. Make fun of her
- E. None of these

1. The author probably wrote this story to...

- B. Teach children that it's good to be unique
- C. Teach children how to make a sandwich
- D. Teach children to make sure they always remember to bring their lunch to school
- E. All of the above

3. What are some of Carla's positive traits?

Activity Time: Carla's Story

Create a foldable that includes a short summary, the setting of the story, and your favorite character (and why that character is your character by using evidence from the story to support your reasoning).

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