



Henry County 4-H Cloverleaf Project Achievement Competition

Introduction

Body

Conclusion

**** Most Cloverleaf Project Presentations are ILLUSTRATED TALKS (4-5 Minutes)**

A presentation using posters or other props (visual aides). **Showing steps of preparation is not required.**



Research – Get the facts and interesting details. Interviewing people is a great way to start.

- Narrow your topic down to be more specific. Make sure you add a small portion of a career that relates to your topic.



Three parts - Your demonstration needs: a catchy **Introduction**, a **Body** with interesting details, and a **Conclusion**.



Note cards – This is a great way to help you remember the order of your speech. Look at your audience more.



Time limit - Remember your time limit is 4–5 minutes.



Visuals - This is how you will show your audience what you are talking about. Pictures, lettering and actual objects should be **LARGE**.



Practice - Find time to practice, practice and practice!! Practicing your speech will make it easier to present.

EXCEPTIONS TO ILLUSTRATED TALKS

Henry County 4-H is proud to be an extra resource to help students with public speaking skills in the classroom. We also offer opportunities outside of school. One of these opportunities is our annual Cloverleaf Project Achievement that is held in January. This allows the students to take the project they have completed for school and go a step further. This is just one of the many ways 4-H helps to reinforce what they are learning in school. The following topics must be speeches for in-class presentations. However, if the student chooses to go to competition the guidelines will change.

- ** Between Meal Snacks** – to plan snacks that contribute essential nutrients – must be a no-cook snack.
- ** Performing Arts** - General, Instrumental and Vocal (maximum 4 minutes)
- ** Creative Stitchery** – To learn to select and use basic sewing equipment for completing a simple garment or item.
- ** Public Speaking** – to present a 6 minute speech on any subject. (No visual or props allowed)
*** See list of topics for details and special requirements***

**Some of the above exceptions to illustrated talks may not be appropriate for in school speeches due to the length of time. Before you choose one of the topics listed above, check with your teacher and 4-H Leader. You can choose one of these topics for competition, but you must follow all guidelines.

To view video examples visit www.ugaextension.com/henry.

For more information visit www.georgia4h.org &

Click on Activities & Events & then choose Cloverleaf Project Achievement.
You may also call the Henry County Extension Office at 770-288-8421.



Cloverleaf Project List



www.georgia4h.org

| | | |
|--|---|--|
| Agricultural Awareness | General Science | |
| Archaeology | Geology | |
| Arts | Health | |
| Beef | Herpetology | |
| <p>*Between Meal Snacks — 4-H'ers may explore food and nutrition practices including understanding the food groups in MyPlate, identifying a snack that contributes essential nutrients - not just empty calories, planning a snack menu, and demonstrating best practices of food safety by preparing a dish. 4-H'ers will: - Investigate food and nutrition resources through ChooseMyPlate.gov - Plan the recipe Prepare a one meal menu using the Menu Form and display for the snack - Prepare the no-cook (no-bake) snack food from this menu. (Note: The menu should only list what will be served during this one afternoon meal. The prepared snack must be included in the menu.) The no cook snack must be prepared in the one hour time allotted including set up, preparation of the dish, display and clean up. Ingredients for the recipe prepared must be measured on site during competition. Ingredients that will be peeled, chopped or cut, however, must be prepared at home and brought to the contest ready for use as knives are not allowed at Cloverleaf 4-H competition. 4-H'ers should display the snack. 4-H'ers will provide all food and equipment needed; be dressed appropriately with closed toe shoes and hair net. 4-H'ers will be scored on management and food preparation techniques; serving prepared snack appropriately; knowledge of foods, their finished project, and nutrition and meal planning exhibited in discussion with judges.</p> | History | |
| | Horse | |
| | Housing, Equipment & Environment | |
| | Human Development | |
| | Interior Design | |
| | International | |
| | Marine & Coastal Ecology | |
| | Outdoor Recreation | |
| | Outdoor Survival Skills | |
| | Paleontology | |
| Bicycle | *Performing Arts- General, Instrumental, & Vocal | |
| Cat Care | Photography | |
| Clothing & Textile | Plants, Soil, & Fertilizers | |
| Communications | Pork Production | |
| Companion Animal Science | Poultry & Egg Science | |
| Computer Information Technology | *Public Speaking- No Visuals | |
| Crafts | Rabbits | |
| <p>*Creative Stitchery-4-H'ers will explore the basics of sewing and construction including pattern selection, tools and equipment and techniques. 4-H'ers will prepare a garment or item that includes a seam, finish, and fastener in the one item. Items may include, but are not limited to, a pillow, purse, duffel bag, apron, shorts, skirt, or any other item. 4-H'ers will be asked questions relative to selecting and sewing their item or garment.</p> | Safety | |
| | Science of Engineering & Mechanics | |
| | Sheep & Meat Goats | |
| | Sports | |
| | Target Sports | |
| Dairy & Milk Science (including Milk Goats) | Time & Money Management | |
| Dairy Foods | Veterinary Science | |
| Dog Care & Training | Wildlife | |
| Entomology | Workforce Preparation & Career Development | |
| Environmental Science | <p>*The categories with an asterisk beside them are <u>not</u> illustrated talks.</p> <p>If you plan to go to competition, please go over all guidelines with your 4-H Leader.</p> <p><i>CPA will be held January 12, 2016 at Henry County High School.</i></p> | |
| Flowers, Shrubs, & Lawns | | |
| Food for Health & Sport | | |
| Food Safety & Preservation | | |
| Forest Resources & Wood Science | | |
| Fresh Water Fish & Shellfish | | |
| Fruits, Vegetables, & Nuts | | |
| General Recreation | | |
| <p>Visit the Henry County 4-H Website at: www.ugaextension.com/henry</p> | | |