

**Fall Season 2014  
Little Mill Middle School  
FOOTBALL CHEERLEADING  
TRY-OUT PACKET**

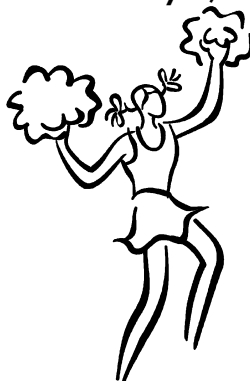


**Clinic** - Tuesday, April 29<sup>th</sup> - Thursday, May 1<sup>st</sup>, 2014  
4:30 - 6:30 p.m.

**Tryouts** - Friday, May 2<sup>nd</sup>  
4:30 p.m.

**Open to rising 7<sup>th</sup> and 8<sup>th</sup> grade students**

**Little Mill Middle School  
Football Cheerleading Clinic and Try-outs  
April 29 – May 2, 2014**



- Our clinic to learn the dance routine and cheer for tryouts will be held Tuesday - Thursday, April 29 – May 1 from 4:30-6:00pm.
- Tryouts will be held on Friday, May 2 in the LMMS gym. Try-outs will begin promptly at 4:30 pm.
- Our cheer program is open to rising 7<sup>th</sup> and 8<sup>th</sup> grade students.
- All participants must be dressed out in the gym by 4:30 pm each day.
- All participants must wear a **plain white t-shirt, solid black shorts, and tennis/athletic shoes** to tryouts on Friday for judging. Hair should be pulled back in a ponytail or clipped back off of face.
- **\*\*Clinic AND tryouts are closed to ALL spectators. No one** (parents, friends, etc.) will be allowed to watch.
- The results will be posted on the school's website on the Football Cheer page by 9:00 pm on Friday, May 2.

**Requirements:**

- **EVERY PARTICIPANT MUST HAVE A CURRENT PHYSICAL ON FILE IN ORDER TO ATTEND THE CLINIC AND TRYOUT.** Physicals need to be on a specific Little Mill/Forsyth County form. These forms are available in the main office and in the gym.
- All participants need to submit the grades report form filled out by their teachers.
  - In order to try out, participants must be passing five (5) academic classes with a 70% or higher. Any participant who is failing two (2) or more classes will be ineligible to tryout.
- **All required paperwork must be returned by Friday, April 25 in order to attend the clinic and tryouts. (\*\*\*) If you choose to get your physical at Little Mill on Monday, April 28, then please notify the cheer coach.)**

**Participants will be selected for the squad based on the following:**

- Good Academic Standing
- Dance (facials, timing, coordination, and precise motions)
- Cheer/Chant (spirit, voice projection and motions – solid arm movements, sharp and precise)
- Jumps (toe touch and a jump of choice)
- Attitude, work ethic, punctuality, good sportsmanship, teamwork, following directions, and spirit
- \*\*\*Stunting and tumbling are NOT allowed on the gym floor and will NOT be performed during tryouts.

**Estimated Financial Obligations:**

- ⊙ \$75 Uniform fee due (\$25 refundable)
- ⊙ \$10 Transportation fee
- ⊙ \$100 Camp Fee
- ⊙ \$ 50 Shoes (approx.)
- ⊙ \$30-60 Warm Ups (optional)
- ⊙ \$25 Spirit Wear
- ⊙ \$10 (approx.) bloomers black
- ⊙ \$10 (approx.) no show socks
- ⊙ \$10 hair bows

**Total @\$300-400**

- Both participants and parents must understand the time involved in cheerleading: routine camp, practices before and after school, games, events, fundraisers, meetings, activities, etc.
- Participants MUST be able to attend the routine camp in full, which takes place near the end of the summer shortly before school starts.

*\*More detailed information about dates, uniforms, booster club, etc. will be discussed after tryouts at the first parent meeting scheduled for Tuesday, May 6 at 6:00pm in the media center.*

**LMMS Football Cheerleading Application**  
2014 Season

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Name: \_\_\_\_\_

Previous Cheerleading Experience: \_\_\_\_\_

Are you currently or planning to be a member of any club, organization, or team that requires practice time? \_\_\_\_\_ If yes, list: \_\_\_\_\_

Have you ever served ISS and/or OSS? \_\_\_\_\_ If yes, explain the circumstances surrounding this punishment: \_\_\_\_\_

Have you ever quit a squad or team prior to the end of the season? If yes, explain the circumstances. \_\_\_\_\_

Please circle your primary position in a stunt group:      **Flyer**      **Base**      **Back**

List any stumbling skills that you may have: \_\_\_\_\_  
\_\_\_\_\_

**Paragraph – Completed by Cheerleader:**

LMMS cheerleaders are expected to be positive role models and admirable representatives for our school. They are expected to promote school spirit and demonstrate exceptional character. In the space below, write a paragraph explaining why you are a good candidate for this role. *(You may attach a typed copy if you prefer.)*

## Little Mill Football Cheerleading Tryouts Information Sheet

### Parent and Student Signature

Parent (Print): \_\_\_\_\_ Student name: (Print): \_\_\_\_\_

- I have read the information about tryouts. I understand that the cheerleading clinic and tryouts will be held Tuesday, April 29<sup>th</sup> through Friday, May 2<sup>nd</sup> from 4:30 – 6:00 p.m.

I understand that the decisions of the judges will be final.

Parent Signature: \_\_\_\_\_ Student Signature: \_\_\_\_\_

### Emergency Contact Information for Try-outs:

In the event of an emergency with my child, please contact:

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**(relationship to student)**

**Phone number and alternate phone numbers where emergency contact can be reached:**

**Home:** \_\_\_\_\_ **Cell:** \_\_\_\_\_ **Other:** \_\_\_\_\_

***Have your teachers fill in your current grade and sign. Return to the cheer coach by Friday, April 25<sup>th</sup>.***

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

CLASS	TEACHER Signature	CURRENT GRADE	CLASS	TEACHER Signature	CURRENT GRADE
Language Arts			Connections 1:		
Math			Connections 2:		
Social Studies			5 <sup>th</sup> Academic:		
Science					



Little Mill  
MIDDLE SCHOOL

## Little Mill Middle School Sports Physical Screenings Monday, April 28, 2014 4:35 PM

Mark your calendars!!! Dr. Billy Haynes from Haynes Sports Medicine [www.HaynesSportsMedicine.com](http://www.HaynesSportsMedicine.com) will be at the school on Monday, April 28<sup>th</sup> at 4:35 pm to conduct school physical screenings required by GHSA for participation in school athletic activities.

Now is the time to renew your Pre-Participation Physical Evaluation (Sports Physical Screening)! The screen is good for one calendar year and spring is always a great time to get it done.

**The cost is \$25. Checks should be made payable to "Haynes Sports Medicine".**

Check-in will begin at 4:35 PM and end at 5:30 PM. Physical forms can be found on the school website or at:  
<http://www.ghsa.net/sites/default/files/documents/forms/GHSA-PPE-4.pdf>

Please keep in mind:

- These forms should be filled out and signed ahead of time.
- Parent and student signatures must be completed.
- Your child must have a physical signed within one year on file to participate in any school athletic activity.
- School physical screenings cost more at most facilities.

In addition to performing the physicals at a reduced rate, Dr. Haynes kindly donates a portion of the proceeds to the Athletic Department at Little Mill Middle School, benefitting us all!

For more information, contact Sharon Williams @slwilliams@forsyth.k12.ga.us or 678-965-5000 x 341289.



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