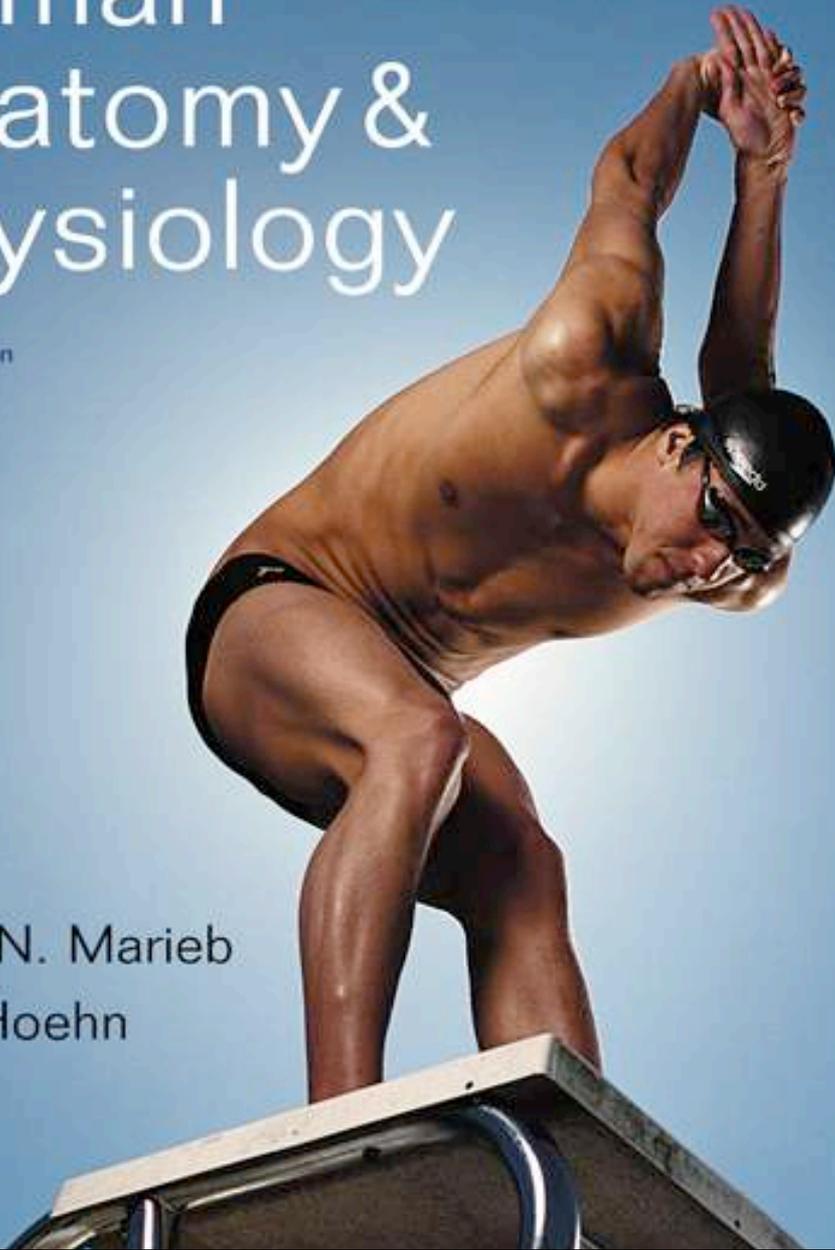


Human Anatomy & Physiology

Eighth Edition

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PowerPoint® Lecture Slides
prepared by
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CHAPTER 6

Bones and Skeletal Tissues: Part A

Skeletal Cartilages

- Contain no blood vessels or nerves
- Dense connective tissue girdle of **perichondrium** contains blood vessels for nutrient delivery to cartilage
- Slow recovery

Skeletal Cartilages

1. Hyaline cartilages (articular)

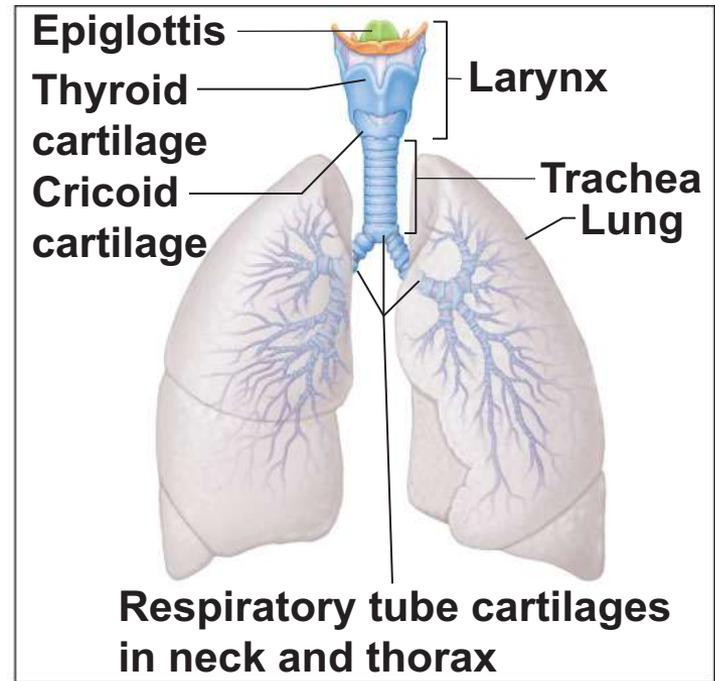
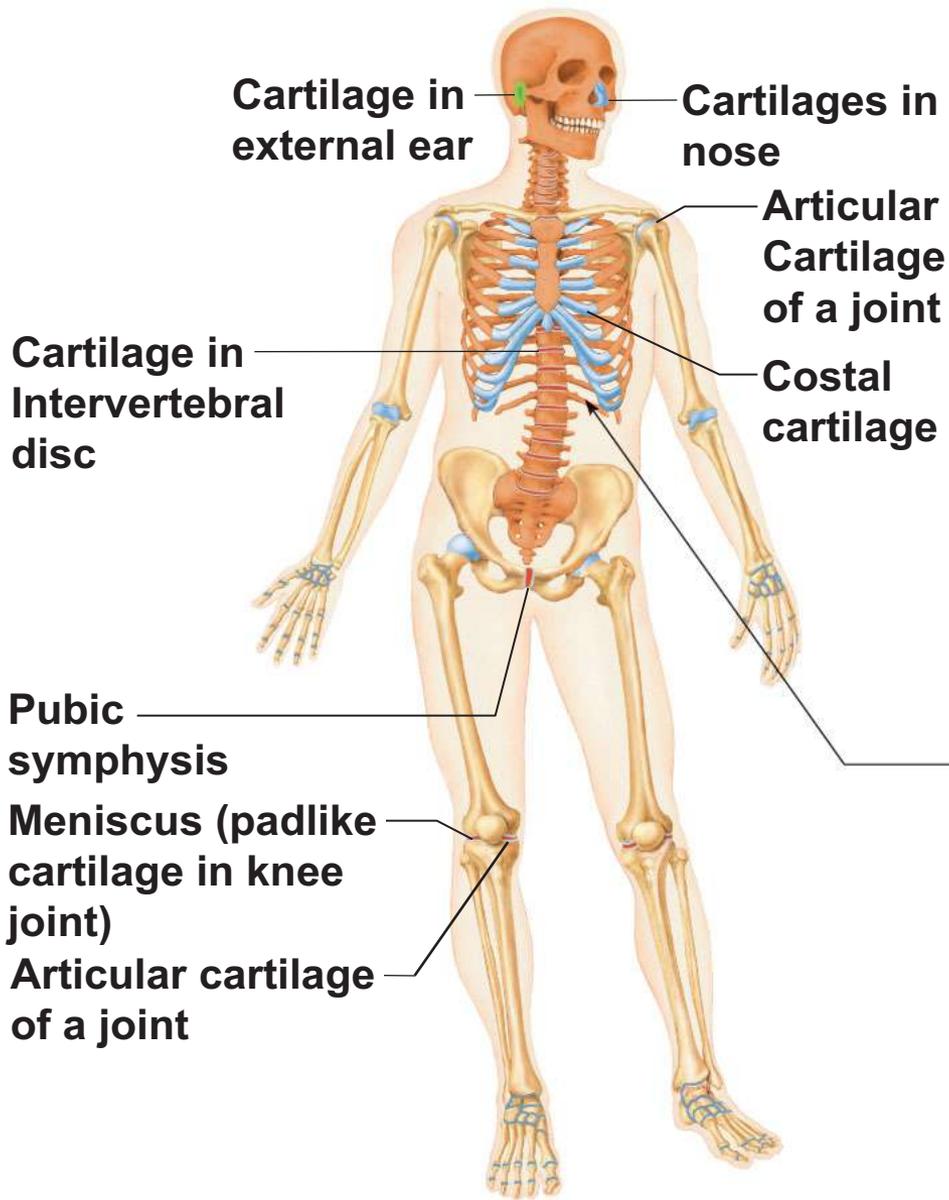
- Provide support, flexibility, and resilience
- Most abundant type
- Trachea, joints, nose, & ribs

2. Elastic cartilages

- Similar to hyaline cartilages, but contain elastic fibers
- Ear

3. Fibrocartilages

- Collagen fibers—have great tensile strength
- Vertebra



Bones of skeleton

- Axial skeleton
- Appendicular skeleton

Cartilages

- Hyaline cartilages
- Elastic cartilages
- Fibrocartilages

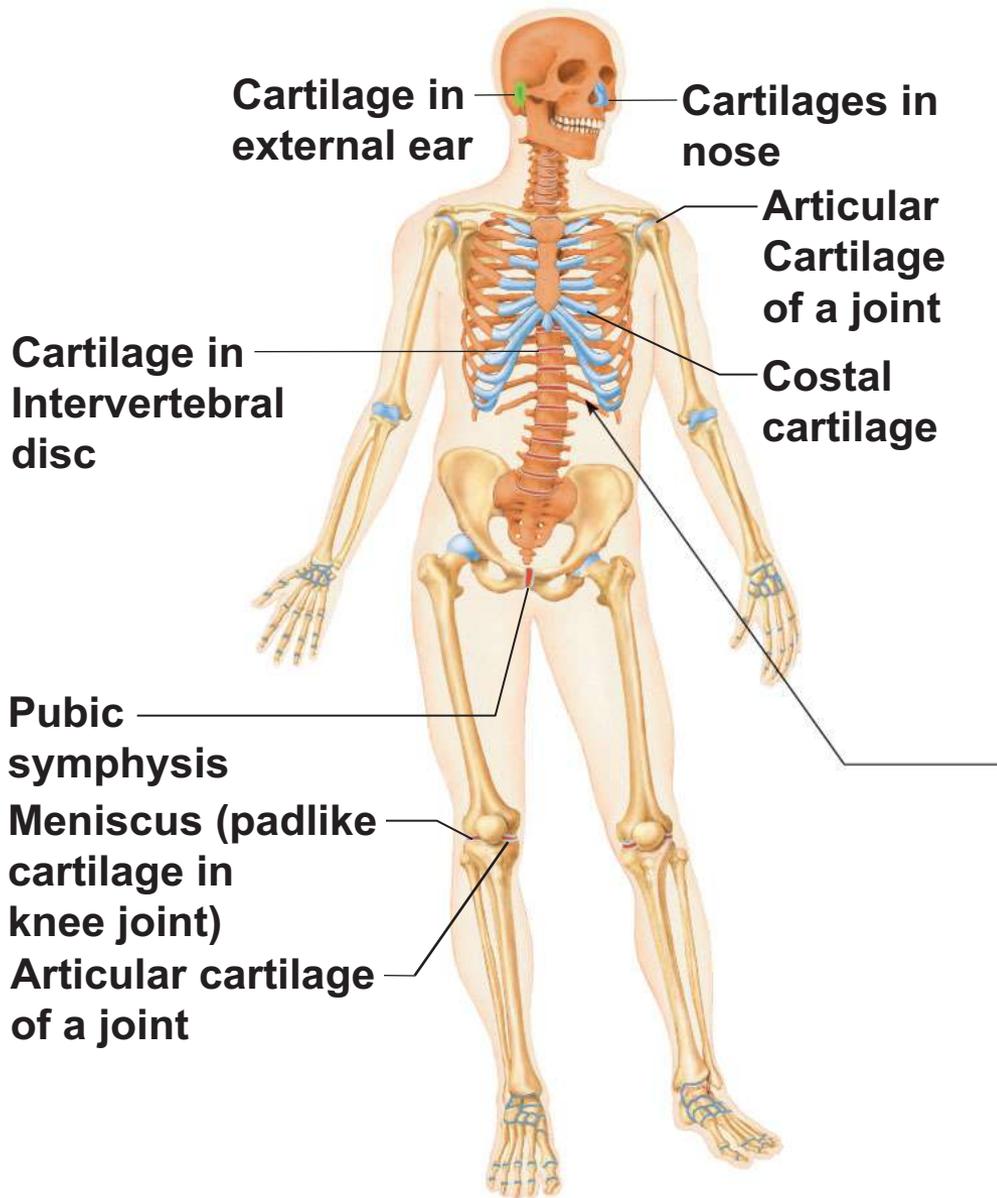
Figure 6.1

Growth of Cartilage

- **Appositional**
 - Cells secrete matrix against the external face of existing cartilage (along the outside surface)
- **Interstitial**
 - Chondrocytes divide and secrete new matrix, expanding cartilage from within
- Calcification of cartilage occurs during
 - Normal bone growth
 - Old age
 - Calcified cartilage is not bone

Bones of the Skeleton

- Two main groups, by location
 - **Axial skeleton**
Head, vertebra, & ribs
 - **Appendicular** skeleton
Limbs, shoulders, & hips



Bones of skeleton

- Axial skeleton
- Appendicular skeleton

Cartilages

- Hyaline cartilages
- Elastic cartilages
- Fibrocartilages

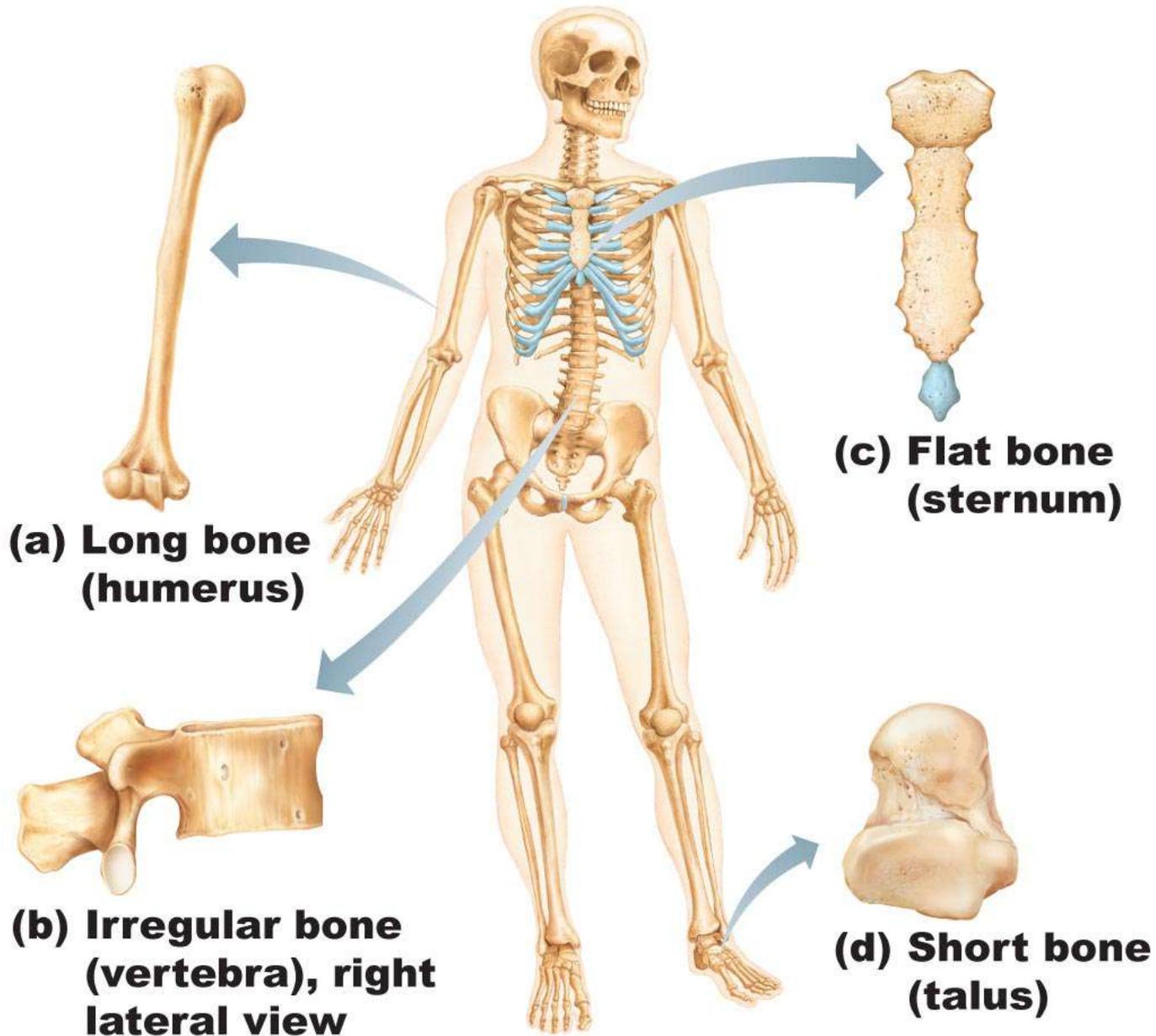
Figure 6.1

Classification of Bones by Shape

- **Long bones**
 - Longer than they are wide
- **Short bones**
 - Cube-shaped bones (in wrist and ankle)
 - Sesamoid bones (within tendons, e.g., patella)

Classification of Bones by Shape

- **Flat bones**
 - Thin, flat, slightly curved
- **Irregular bones**
 - Complicated shapes



**(a) Long bone
(humerus)**

**(c) Flat bone
(sternum)**

**(b) Irregular bone
(vertebra), right
lateral view**

**(d) Short bone
(talus)**

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Functions of Bones

- Support
 - For the body and soft organs
- Protection
 - For brain, spinal cord, and vital organs
- Movement
 - Levers for muscle action

Functions of Bones

- Storage
 - Minerals (calcium and phosphorus) and growth factors
- Blood cell formation (hematopoiesis) in marrow cavities
- Triglyceride (energy) storage in bone cavities

Bone Markings

- Bulges, depressions, and holes serve as
 - Sites of attachment for muscles, ligaments, and tendons
 - Joint surfaces
 - Conduits for blood vessels and nerves

Bone Markings: Projections

- Sites of muscle and ligament attachment
 - **Tuberosity**—rounded projection
 - **Crest**—narrow, prominent ridge
 - **Trochanter**—large, blunt, irregular surface
 - **Line**—narrow ridge of bone
 - **Tubercle**—small rounded projection
 - **Epicondyle**—raised area above a condyle
 - **Spine**—sharp, slender projection
 - **Process**—any bony prominence

TABLE 6.1

Bone Markings

NAME OF BONE MARKING

DESCRIPTION

ILLUSTRATIONS

Projections That Are Sites of Muscle and Ligament Attachment

Tuberosity
(too'bĕ-roŝ'te)

Large rounded projection; may be roughened

Crest

Narrow ridge of bone; usually prominent

Trochanter
(tro-kan'ter)

Very large, blunt, irregularly shaped process (the only examples are on the femur)

Line

Narrow ridge of bone; less prominent than a crest

Tubercle
(too'ber-kl)

Small rounded projection or process

Epicondyle
(ep'i-kon'dil)

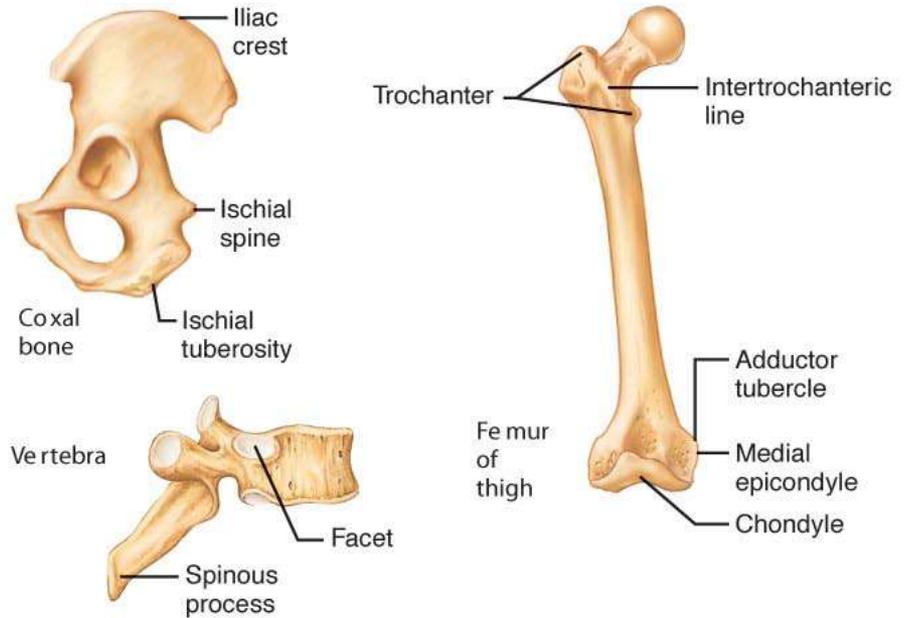
Raised area on or above a condyle

Spine

Sharp, slender, often pointed projection

Process

Any bony prominence



Bone Markings: Projections

- Projections that help to form joints
 - **Head**
 - Bony expansion carried on a narrow neck
 - **Facet**
 - Smooth, nearly flat articular surface
 - **Condyle**
 - Rounded articular projection
 - **Ramus**
 - Armlike bar

TABLE 6.1

Bone Markings

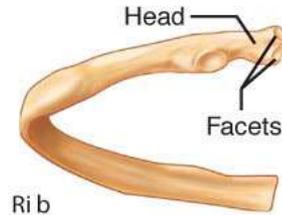
**NAME OF
BONE MARKING**

DESCRIPTION

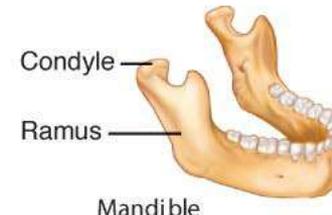
ILLUSTRATIONS

Projections That Help to Form Joints

Head	Bony expansion carried on a narrow neck
Facet	Smooth, nearly flat articular surface
Condyle (kon'dil)	Rounded articular projection
Ramus (ra'mus)	Armlike bar of bone



Ri b



Mandible

Bone Markings: Depressions and Openings

- **Meatus**
 - Canal-like passageway
- **Sinus**
 - Cavity within a bone
- **Fossa**
 - Shallow, basinlike depression
- **Groove**
 - Furrow
- **Fissure**
 - Narrow, slitlike opening
- **Foramen**
 - Round or oval opening through a bone

TABLE 6.1

Bone Markings

NAME OF BONE MARKING

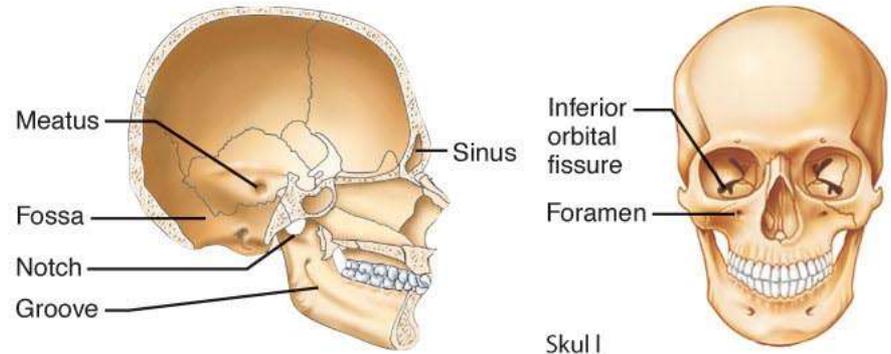
DESCRIPTION

ILLUSTRATIONS

Depressions and Openings

For Passage of Blood Vessels and Nerves

Groove	Furrow
Fissure	Narrow, slitlike opening
Foramen (fo-ra'men)	Round or oval opening through a bone
Notch	Indentation at the edge of a structure
<i>Others</i>	
Meatus (me-a'tus)	Canal-like passageway
Sinus	Cavity within a bone, filled with air and lined with mucous membrane
Fossa (fos'ah)	Shallow, basinlike depression in a bone, often serving as an articular surface



Bone Textures

- **Compact bone**
 - Dense outer layer
 - Shaft of long bones (**diaphysis**)
- **Spongy (cancellous) bone**
 - Honeycomb of trabeculae
 - Vertebra, ribs, head of long bones

Structure of a Long Bone

- **Diaphysis** (shaft)
 - Compact bone collar surrounds medullary (marrow) cavity
 - **Medullary cavity** in adults contains fat (**yellow marrow**)

Structure of a Long Bone

- **Epiphyses**
 - Expanded ends
 - Spongy bone interior
 - **Epiphyseal line** (remnant of growth plate)
 - **Articular cartilage** (hyaline) on joint surfaces

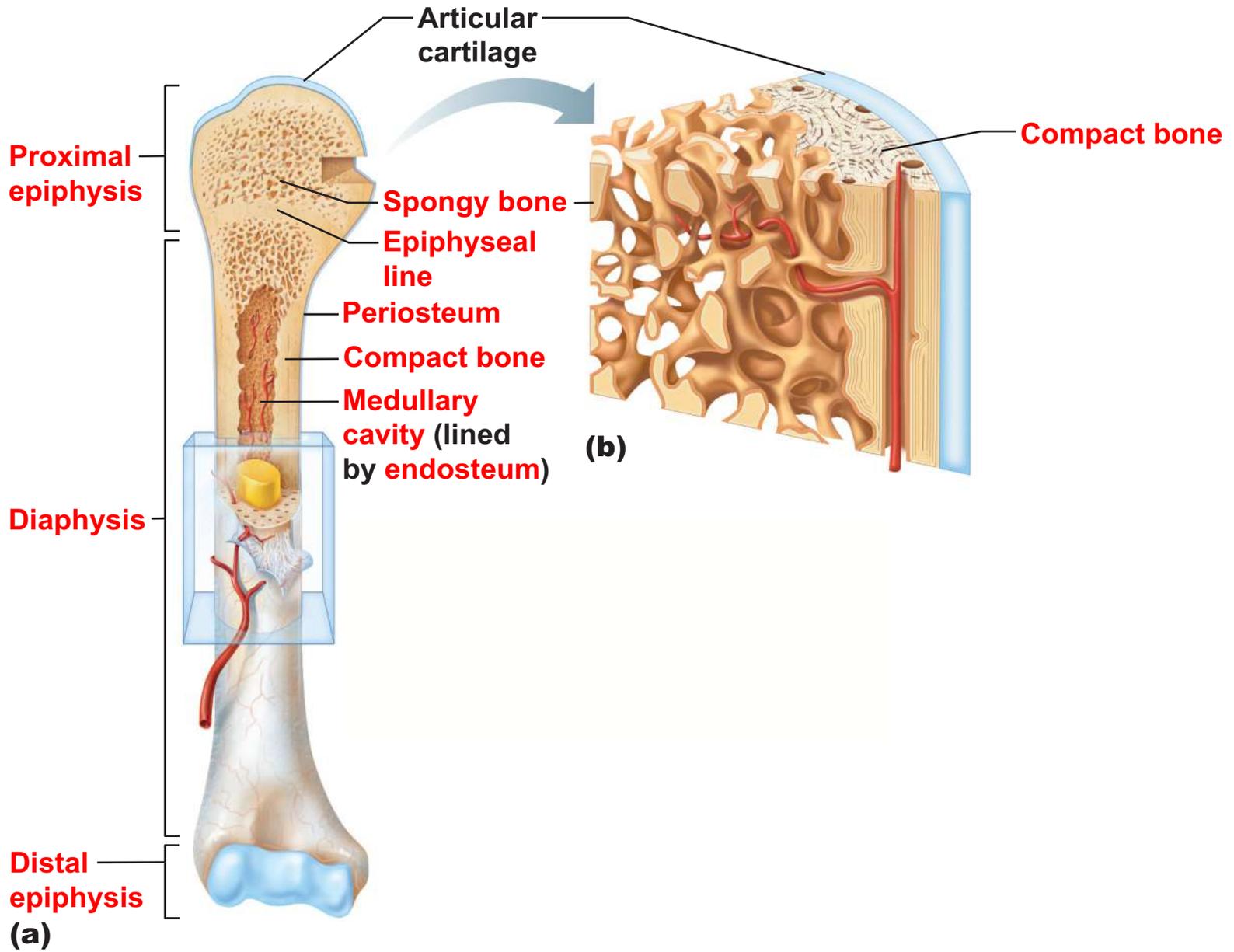


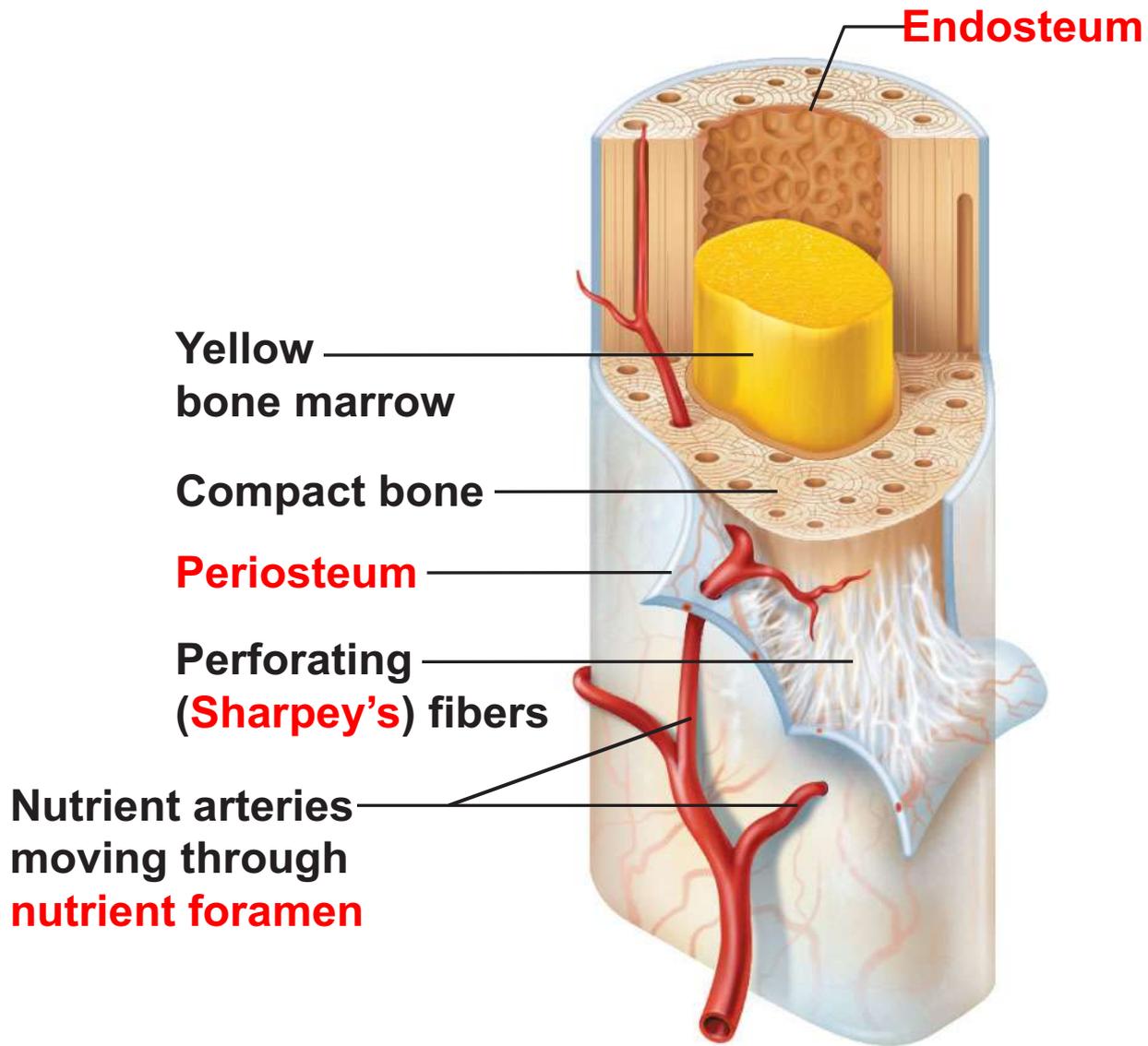
Figure 6.3a-b

Membranes of Bone

- **Periosteum**
 - Outer fibrous layer (dense irregular fibrous connective tissue)
 - Inner osteogenic layer
 - **Osteoblasts** (bone-forming cells)
 - **Osteoclasts** (bone-destroying cells)
 - **Osteogenic cells** (stem cells)
 - Nerve fibers, nutrient blood vessels, and lymphatic vessels enter the bone via **nutrient foramina**
 - Secured to underlying anchoring points bone by **Sharpey's fibers**

Membranes of Bone

- **Endosteum**
 - Delicate membrane on all internal surfaces of bone
 - Also contains **osteoblasts** and **osteoclasts**

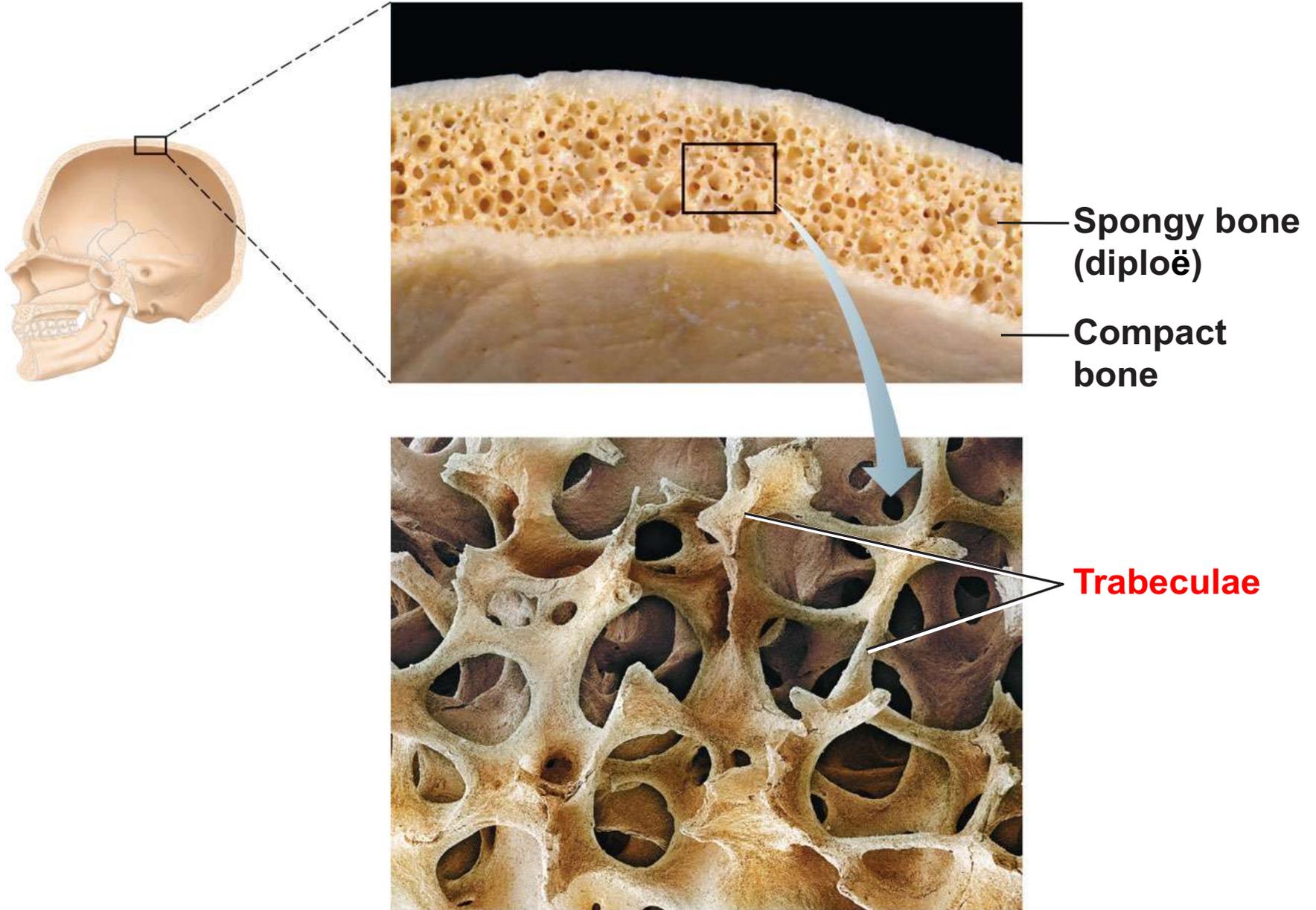


(c)

Structure of Short, Irregular, and Flat Bones

Spongy Bone

- **Periosteum**-covered compact bone on the outside
- **Endosteum**-covered spongy bone within
- Spongy bone called diploë in flat bones
- Red bone marrow in cavities between the **trabeculae**



Location of **Hematopoietic Tissue** (Red Marrow)

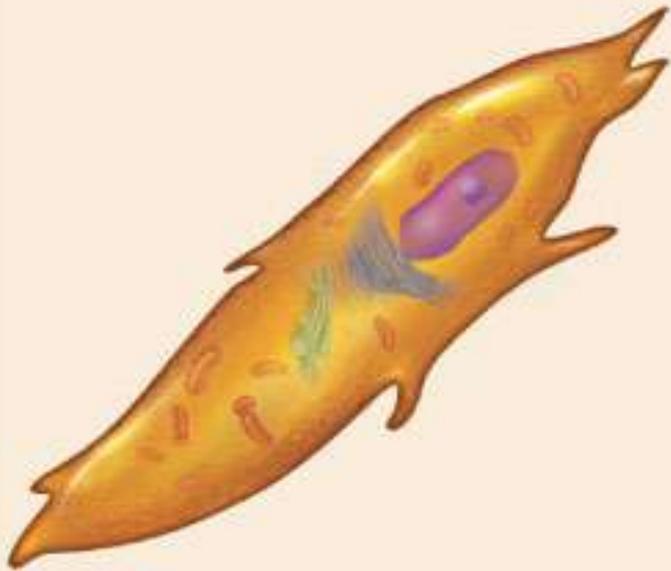
- Red marrow cavities of adults
 - Trabecular cavities of the heads of the femur and humerus
 - Trabecular cavities of the diploë of flat bones
- Red marrow of newborn infants
 - Medullary cavities and all spaces in spongy bone

Microscopic Anatomy of Bone

- Cells of bones
 - **Osteogenic (osteoprogenitor) cells**
 - Stem cells in periosteum and endosteum that give rise to osteoblasts
 - **Osteoblasts**
 - Bone-forming cells

(a) Osteogenic cell

Stem cell



(b) Osteoblast

**Matrix-synthesizing
cell responsible
for bone growth**

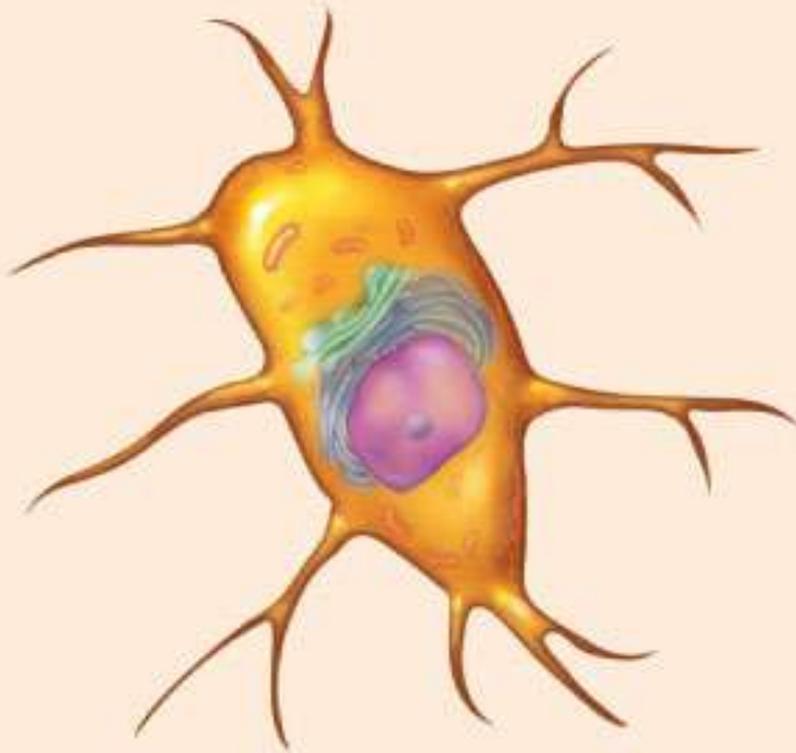


Microscopic Anatomy of Bone

- Cells of bone
 - **Osteocytes**
 - Mature bone cells
 - **Osteoclasts**
 - Cells that break down, clean up, & resorb old or damaged bone matrix

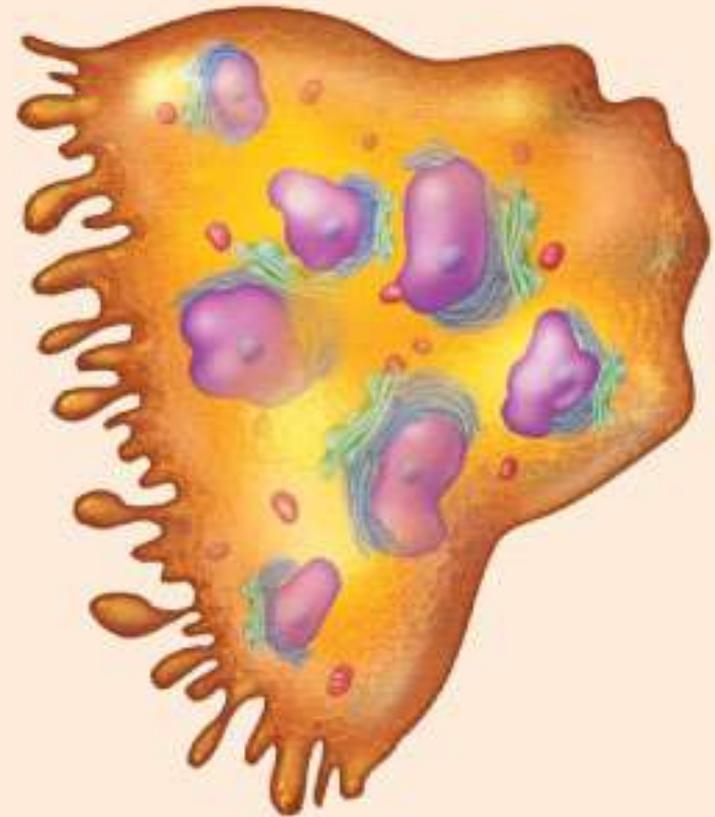
(c) Osteocyte

**Mature bone cell
that maintains the
bone matrix**



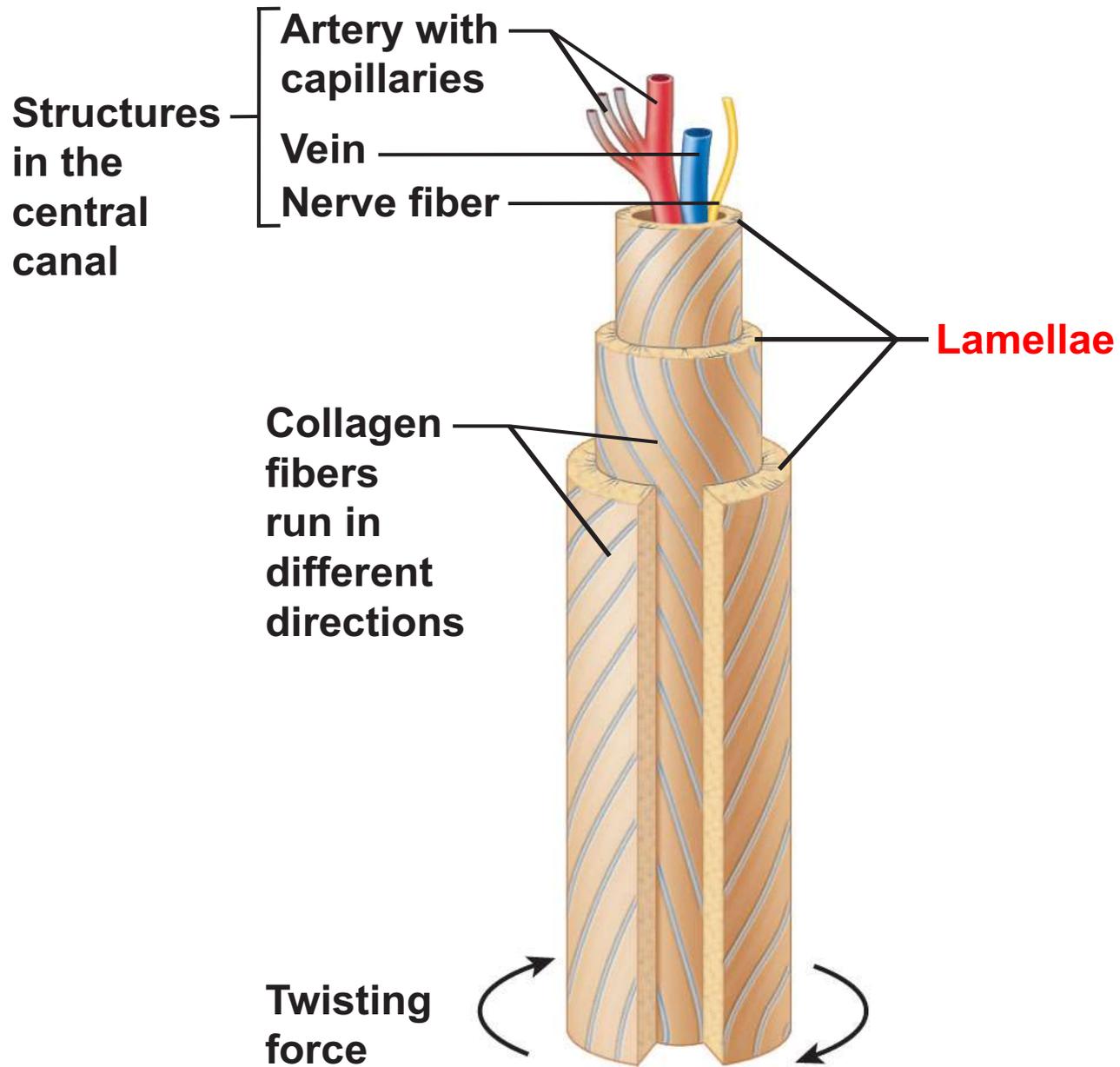
(d) Osteoclast

Bone-resorbing cell



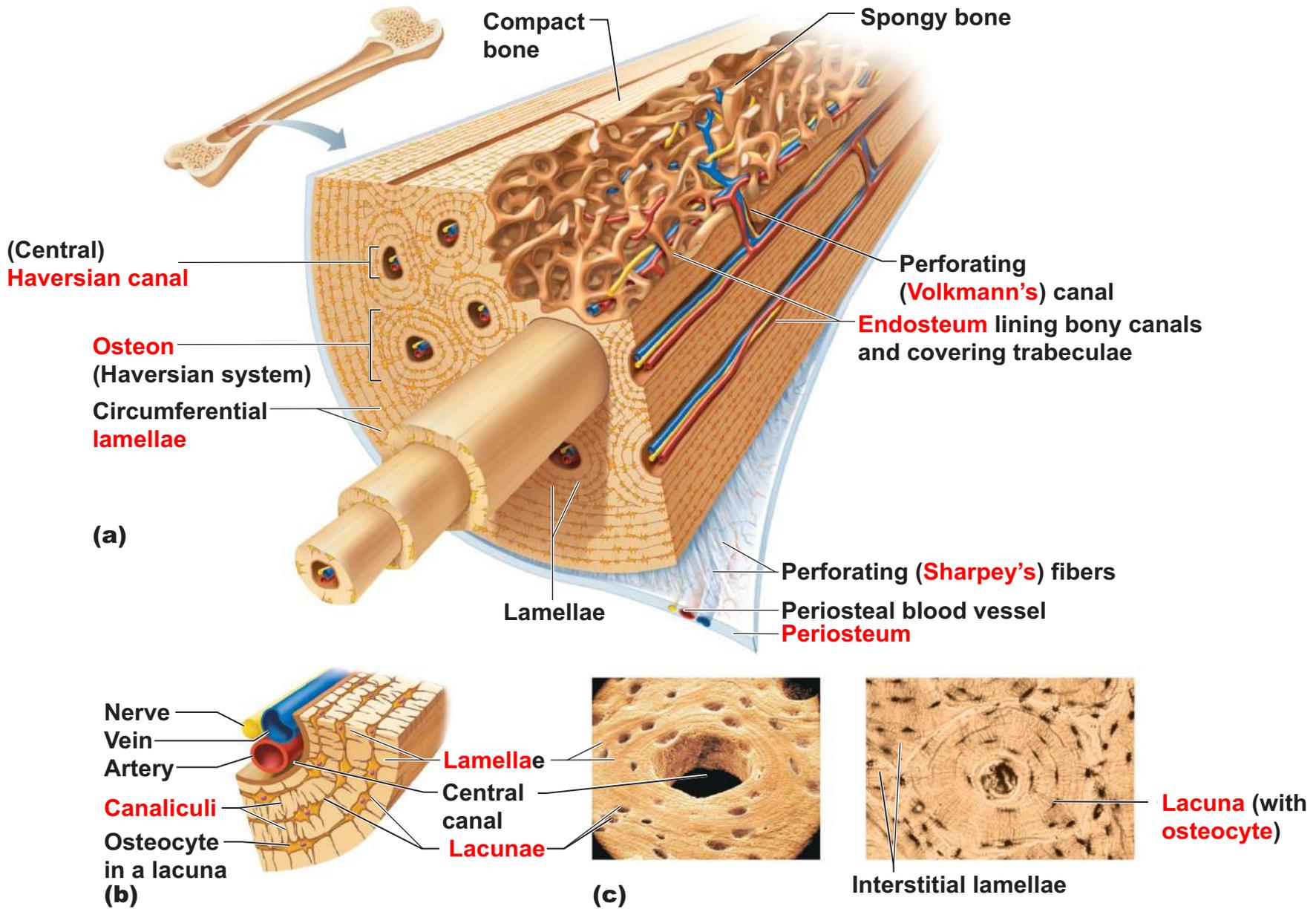
Microscopic Anatomy of Bone: Compact Bone

- **Haversian system**, or **osteon**—structural unit
 - **Lamellae**
 - Weight-bearing
 - Column-like matrix tubes
 - Concentric rings of bone matrix
 - Central **Haversian canal**
 - Contains blood vessels and nerves



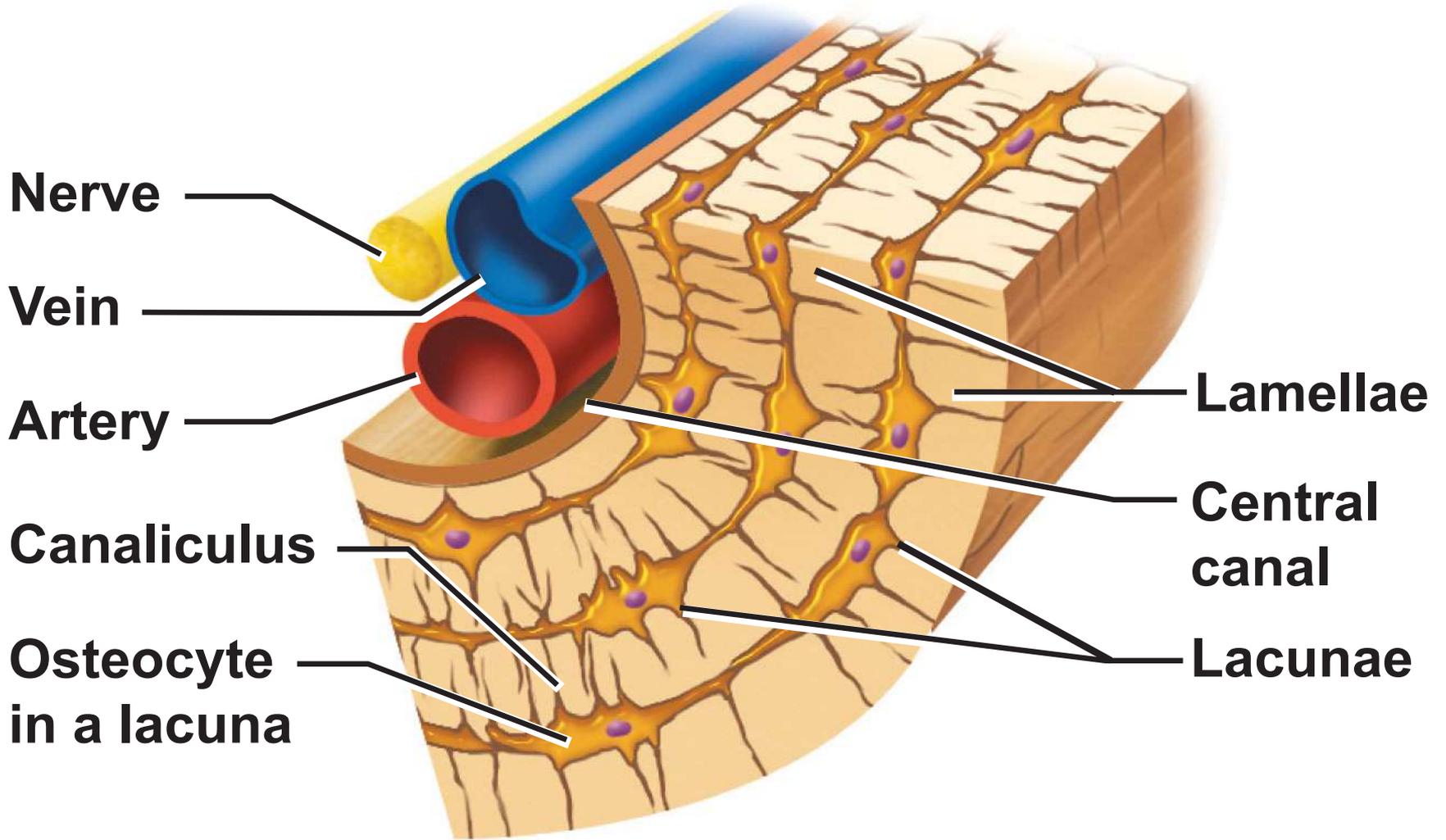
Microscopic Anatomy of Bone: Compact Bone

- Perforating **Volkmann's canals**
 - At right angles to the central canal
 - Connects blood vessels and nerves of the periosteum and central canal (osteon to osteon)
- **Lacunae**—small cavities that contain osteocytes
- **Canaliculi**—hairlike canals that connect lacunae to each other and the central canal and lamellae of osteon to each other



Microscopic Anatomy of Bone: Spongy Bone

- **Trabeculae**
 - Align along lines of stress
 - No osteons
 - Contain irregularly arranged lamellae, osteocytes, and canaliculi
 - Capillaries in endosteum supply nutrients



(b)

Chemical Composition of Bone: Organic

- Osteogenic **cells**, osteoblasts, osteocytes, osteoclasts
- Osteoid—organic bone matrix secreted by osteoblasts
 - Ground substance (proteoglycans, glycoproteins)
 - Collagen fibers
 - Provide tensile strength and flexibility

Chemical Composition of Bone: Inorganic

- **Hydroxyapatites** (mineral salts)
 - 65% of bone by mass
 - Mainly calcium phosphate crystals
 - Responsible for hardness and resistance to compression