

CHAPTER 29: QUIZ

Date: _____ Name: _____

True or False

Mark T for true or F for false.

1. _____ Respiratory arrest is when breathing stops and the heart stops.
2. _____ Basic Life Support procedures support breathing and circulation.
3. _____ For effective chest compressions, the person must be supine and on a soft, comfortable surface.
4. _____ Cardiopulmonary resuscitation (CPR) is done for sudden cardiac arrest.
5. _____ The airway must be open to restore breathing.
6. _____ Never practice CPR on another person.
7. _____ Internal bleeding is controlled by applying direct pressure to the bleeding site.
8. _____ High blood pressure and a slow, weak pulse are signs of shock.
9. _____ Anaphylactic shock is an emergency.
10. _____ A person is having a seizure. To promote safety, you must restrain the person's body movements.
11. _____ The right to privacy and confidentiality are protected during an emergency.
12. _____ When responding to an emergency, you need to know your limits.

Multiple Choice

Circle the BEST answer.

13. The emergency care given to an ill or injured person before medical help arrives is
 - A. The emergency medical system
 - B. First aid
 - C. Basic Life Support
 - D. Cardiopulmonary resuscitation
14. Air is not inhaled when breathing stops. The person is given breaths. Before giving breaths, you must
 - A. Check for adequate breathing
 - B. Check for a blood pressure
 - C. Check for a pulse
 - D. Make the person comfortable
15. Before starting chest compressions
 - A. Check for breathlessness
 - B. Check for a pulse
 - C. Check for a blood pressure
 - D. Make the person comfortable
16. When doing chest compressions, which is *incorrect*?
 - A. Your arms are straight.
 - B. Your shoulders are directly over the person's chest.
 - C. Exert firm downward pressure.
 - D. Depress the sternum 2 ½ to 3 inches.
17. Chest compressions are given to adults at a rate of
 - A. 70 per minute
 - B. 100 per minute
 - C. 110 per minute
 - D. 120 per minute
18. To give chest compressions, the American Heart Association recommends the following *except*
 - A. Give compressions at a rate of 100 per minute
 - B. Push gently and push fast
 - C. Push deeply into the chest
 - D. Interrupt chest compressions only when necessary
19. When giving CPR to an adult
 - A. Give 10 chest compressions followed by 1 breath
 - B. Give 10 chest compressions followed by 2 breaths
 - C. Give 30 chest compressions followed by 1 breath
 - D. Give 30 chest compressions followed by 2 breaths
20. Which statement about the recovery position is *incorrect*?
 - A. This is a semi-Fowler's position.
 - B. Keep the head, neck, and spine straight.
 - C. The position keeps the airway open and prevents aspiration.
 - D. Do not use this position if the person may have a neck injury.
21. Emergency care for shock involves the following *except*
 - A. Positioning the person in Fowler's position
 - B. Controlling bleeding
 - C. Keeping the person warm
 - D. Maintaining an open airway
22. A person is having a seizure. Do the following *except*
 - A. Lower the person to the floor
 - B. Loosen tight clothing
 - C. Offer the person fluids
 - D. Put something soft under the person's head
23. Which is *not* a warning signal of fainting?
 - A. Dizziness
 - B. Perspiration
 - C. Blackness before the eyes
 - D. A slow, strong pulse
24. Emergency care for the person having a stroke includes the following *except*
 - A. Raising the head without flexing the neck
 - B. Loosening tight clothing
 - C. Positioning the person in the recovery position on the unaffected side
 - D. Keeping the person quiet and warm



ELSEVIER