

## CHAPTER 21: QUIZ

Date: \_\_\_\_\_ Name: \_\_\_\_\_

**True or False**

Mark T for true or F for false.

1. \_\_\_\_\_ A wound is a break in the skin or mucous membrane.
2. \_\_\_\_\_ Wound care involves preventing infection and preventing further injury.
3. \_\_\_\_\_ Skin tears provide a portal of entry for microbes.
4. \_\_\_\_\_ A bed cradle raises the heels and feet off the bed.
5. \_\_\_\_\_ Circulatory ulcers are usually found on the arms.
6. \_\_\_\_\_ Elastic stockings are applied before the person gets out of bed.
7. \_\_\_\_\_ Tape is used to secure a dressing. Tape should circle the entire body part.
8. \_\_\_\_\_ Incorrect application of binders can cause severe discomfort, skin irritation, and circulatory and respiratory problems.
9. \_\_\_\_\_ When heat is applied to the skin, blood vessels in the area dilate.
10. \_\_\_\_\_ Older and fair-skinned people are at risk for complications from heat applications.
11. \_\_\_\_\_ Hot compresses and packs are left in place for 30 to 35 minutes.
12. \_\_\_\_\_ Pins are used to secure the aquathermia pad in place.
13. \_\_\_\_\_ Burns and blisters can occur from intense cold.
14. \_\_\_\_\_ Moist cold applications penetrate deeper than dry ones.
15. \_\_\_\_\_ Before applying an ice bag, place it in a cover.

- C. Dressing and undressing the person quickly
- D. Keeping the person's skin moisturized
19. Which measure helps prevent pressure ulcers?
  - A. Using pillows and blankets to prevent skin from being in contact with skin
  - B. Using hot water to clean the skin
  - C. Always using soap to clean the skin
  - D. Massaging bony areas
20. Which statement about elastic bandages is *correct*?
  - A. They are applied from the upper part of the extremity to the lower part.
  - B. They come in one size.
  - C. They are applied to cover the fingers and toes.
  - D. They are re-applied when loose or wrinkled.
21. You are changing a dry, non-sterile dressing. Before you begin, do the following *except*
  - A. Review the procedure with the nurse
  - B. Allow pain medications time to take effect
  - C. Collect all needed equipment and supplies
  - D. Put on sterile gloves
22. Heat applications are used for the following *except* to
  - A. Relieve pain
  - B. Control bleeding
  - C. Relax muscles
  - D. Decrease joint stiffness
23. You are assisting a resident with a sitz bath. Which is *incorrect*?
  - A. The person may become weak or feel faint.
  - B. Drowsiness can occur.
  - C. Blood flow to the perineum and rectum decreases.
  - D. The signal light is kept within reach.
24. You are applying an aquathermia pad to a patient's lower back. Which is *incorrect*?
  - A. Follow electrical safety precautions.
  - B. Place the heating unit on an even, uncluttered surface.
  - C. Use a flannel cover to insulate the pad.
  - D. Place the pad under the person's lower back.
25. After applying a heat or cold application, how often do you need to observe the application site for complications?
  - A. Every 1 to 2 minutes
  - B. Every 5 minutes
  - C. Every 10 minutes
  - D. Every 10 to 15 minutes

**Multiple Choice**Circle the *BEST* answer.

16. Which position is recommended for preventing pressure ulcers?
  - A. The supine position
  - B. The 30-degree lateral position
  - C. Sims' position
  - D. Fowler's position
17. An open sore on the lower legs or feet caused by poor blood flow through veins is
  - A. A venous ulcer
  - B. A thrombus
  - C. A pressure ulcer
  - D. An arterial ulcer
18. Which measure will *not* help prevent skin tears?
  - A. Keeping your fingernails short and smoothly filed
  - B. Using pillows to support arms and legs according to the care plan.



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