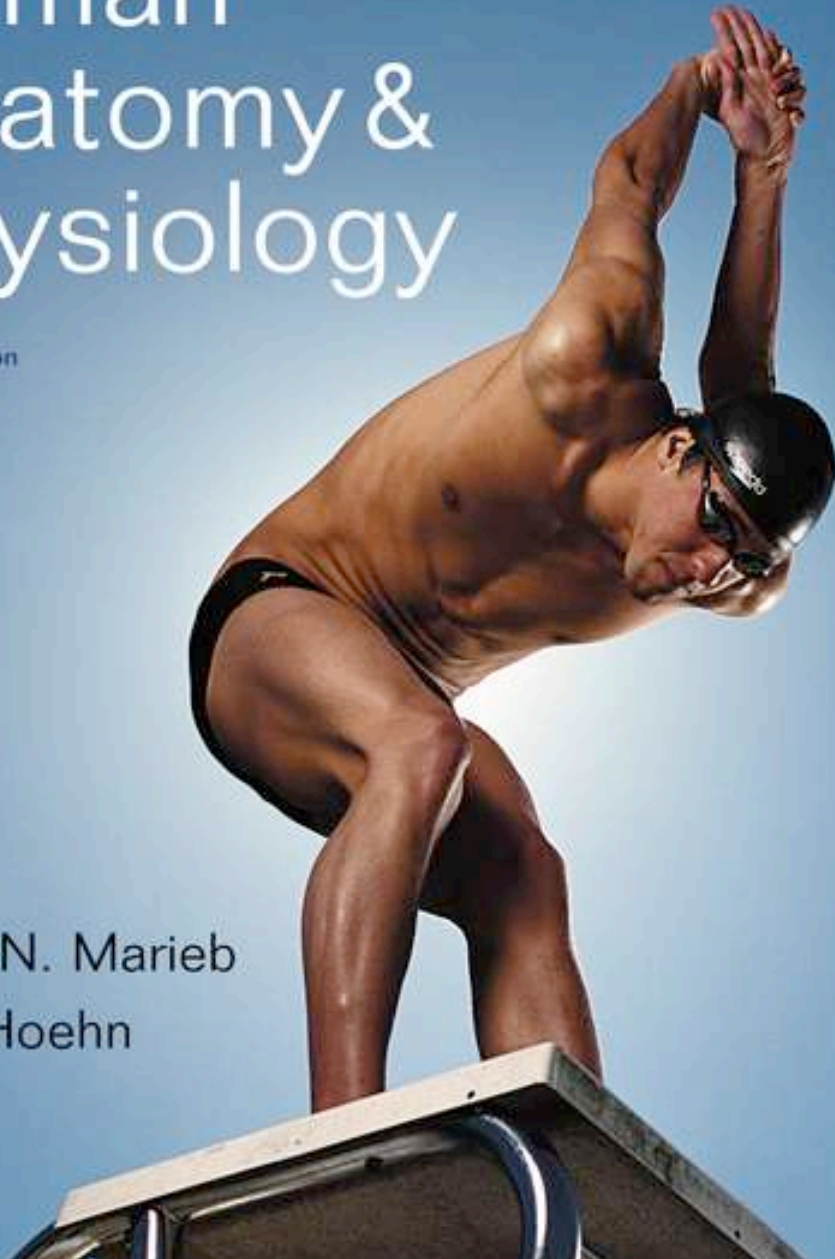


# Human Anatomy & Physiology

Eighth Edition

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PowerPoint® Lecture Slides  
prepared by  
Janice Meeking,  
Mount Royal College

## CHAPTER 11

### Fundamentals of the Nervous System and Nervous Tissue: Part B

# Neuron Function

- Neurons are highly irritable
- Respond to adequate stimulus by generating an action potential (nerve impulse)
- Impulse is always the same regardless of stimulus

# Principles of Electricity

- Opposite charges attract each other
- Energy is required to separate opposite charges across a membrane
- Energy is liberated when the charges move toward one another
- If opposite charges (charges in general) are separated, the system has potential energy

# Definitions

- Voltage (V): measure of potential energy generated by separated charge
- Potential difference: voltage measured between two points
- Current (I): the flow of electrical charge (ions) between two points

# Definitions

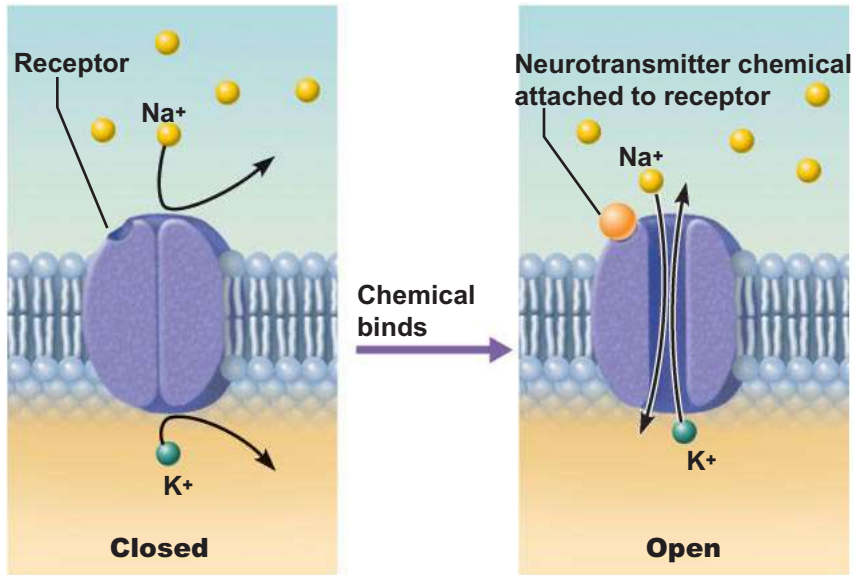
- Resistance (R): hindrance to charge flow (provided by the plasma membrane)
- Insulator: substance with high electrical resistance
- Conductor: substance with low electrical resistance

# Role of Membrane Ion Channels

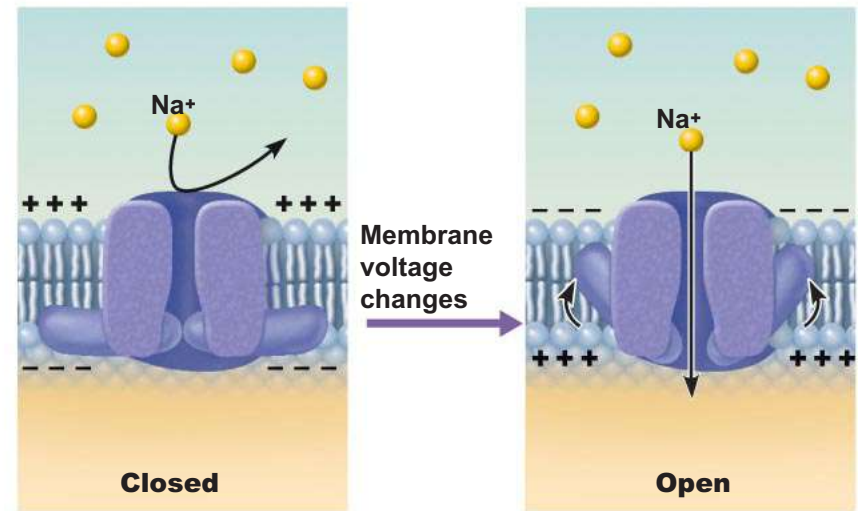
- Proteins serve as membrane ion channels
- Two main types of ion channels
  1. Leakage (nongated) channels—always open

# Role of Membrane Ion Channels

2. Gated channels (three types):
  - Chemically gated (ligand-gated) channels—open with binding of a specific neurotransmitter
  - Voltage-gated channels—open and close in response to changes in membrane potential
  - Mechanically gated channels—open and close in response to physical deformation of receptors



**(a) Chemically (ligand) gated ion channels open when the appropriate neurotransmitter binds to the receptor, allowing (in this case) simultaneous movement of  $\text{Na}^+$  and  $\text{K}^+$ .**



**(b) Voltage-gated ion channels open and close in response to changes in membrane voltage.**

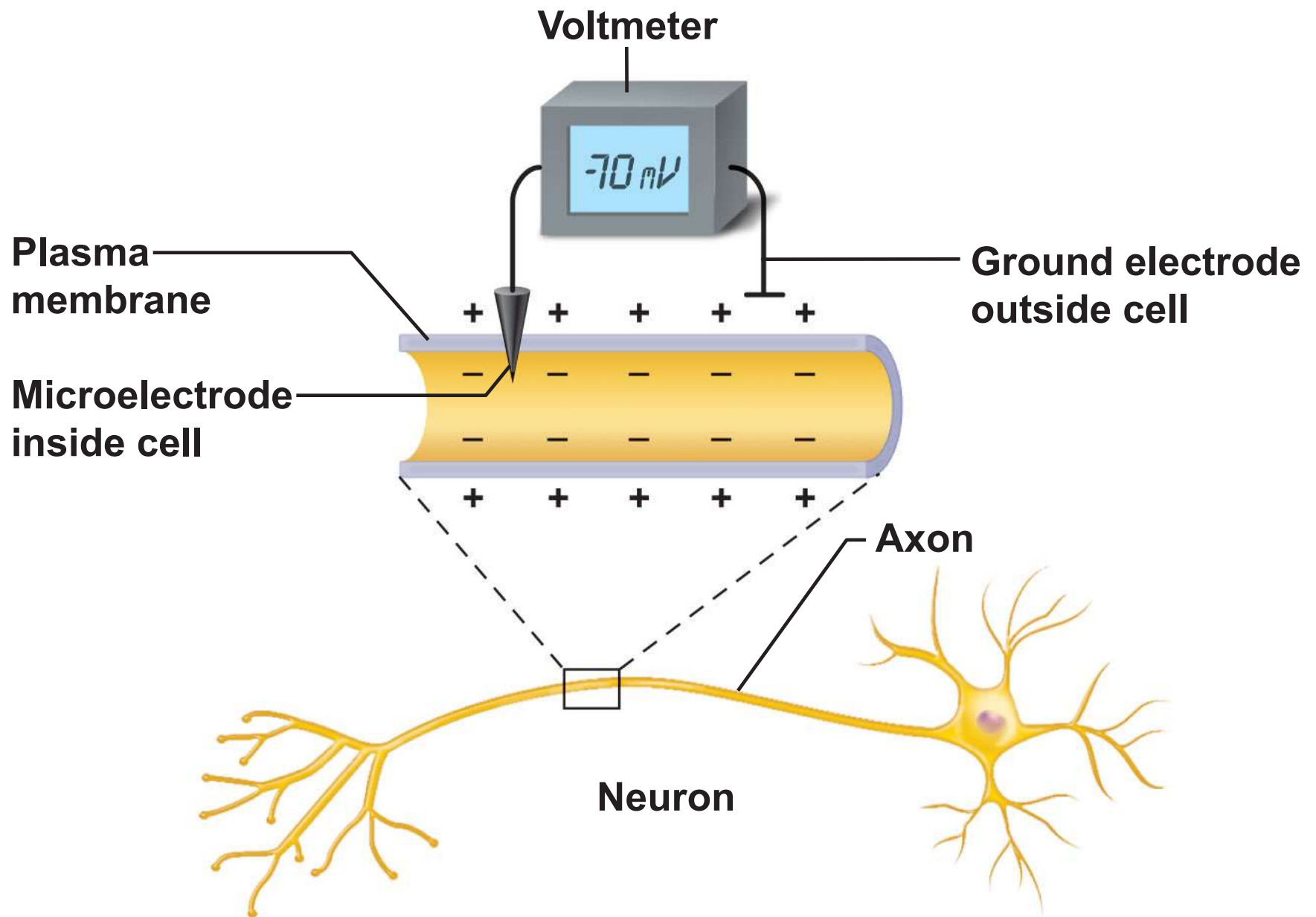


# Gated Channels

- When gated channels are open:
  - Ions diffuse quickly across the membrane along their electrochemical gradients
    - Along chemical concentration gradients from higher concentration to lower concentration
    - Along electrical gradients toward opposite electrical charge
  - Ion flow creates an electrical current and voltage changes across the membrane

# Resting Membrane Potential ( $V_r$ )

- Potential difference across the membrane of a resting cell
  - Approximately  $-70$  mV in neurons (cytoplasmic side of membrane is negatively charged relative to outside)
- Generated by:
  - Differences in ionic makeup of ICF and ECF
  - Differential permeability of the plasma membrane



**Figure 11.7**

# Resting Membrane Potential

- Differences in ionic makeup
  - ICF has lower concentration of  $\text{Na}^+$  and  $\text{Cl}^-$  than ECF
  - ICF has higher concentration of  $\text{K}^+$  and negatively charged proteins ( $\text{A}^-$ ) than ECF

# Resting Membrane Potential

- Differential permeability of membrane
  - Impermeable to  $A^-$
  - Slightly permeable to  $Na^+$  (through leakage channels)
  - 75 times more permeable to  $K^+$  (more leakage channels)
  - Freely permeable to  $Cl^-$

# Resting Membrane Potential

- Negative interior of the cell is due to much greater diffusion of  $K^+$  out of the cell than  $Na^+$  diffusion into the cell
- Sodium-potassium pump stabilizes the resting membrane potential by maintaining the concentration gradients for  $Na^+$  (out) and  $K^{+ (in)}$

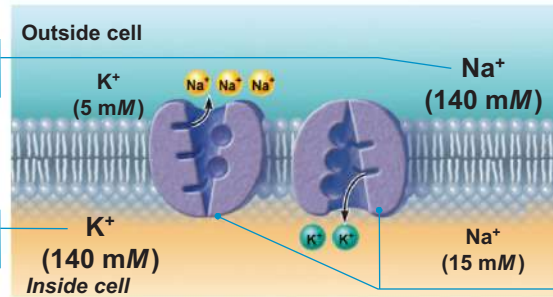
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***A&P Flix™*: Resting Membrane Potential**

**The concentrations of  $\text{Na}^+$  and  $\text{K}^+$  on each side of the membrane are different.**

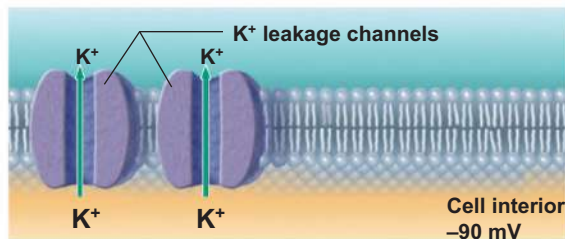
The  $\text{Na}^+$  concentration is higher outside the cell.

The  $\text{K}^+$  concentration is higher inside the cell.

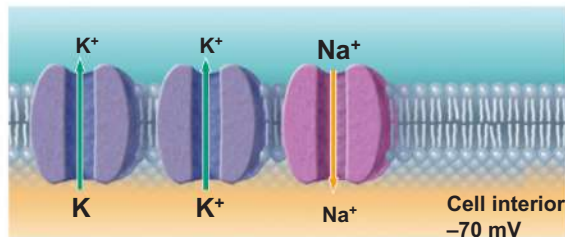


$\text{Na}^+$ - $\text{K}^+$  ATPases (pumps) maintain the concentration gradients of  $\text{Na}^+$  and  $\text{K}^+$  across the membrane.

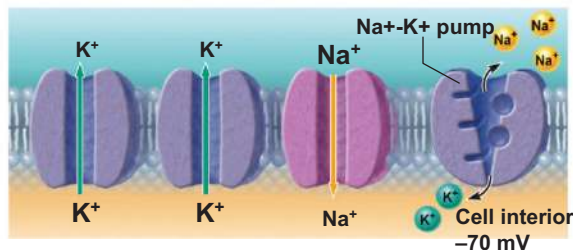
**The permeabilities of  $\text{Na}^+$  and  $\text{K}^+$  across the membrane are different.**



**Suppose a cell has only  $\text{K}^+$  channels...  $\text{K}^+$  loss through abundant leakage channels establishes a negative membrane potential.**



**Now, let's add some  $\text{Na}^+$  channels to our cell...  $\text{Na}^+$  entry through leakage channels reduces the negative membrane potential slightly.**



**Finally, let's add a pump to compensate for leaking ions.  $\text{Na}^+$ - $\text{K}^+$  ATPases (pumps) maintain the concentration gradients, resulting in the resting membrane potential.**

**Figure 11.8**

# Membrane Potentials That Act as Signals

- Membrane potential changes when:
  - Concentrations of ions across the membrane change
  - Permeability of membrane to ions changes
- Changes in membrane potential are signals used to receive, integrate and send information

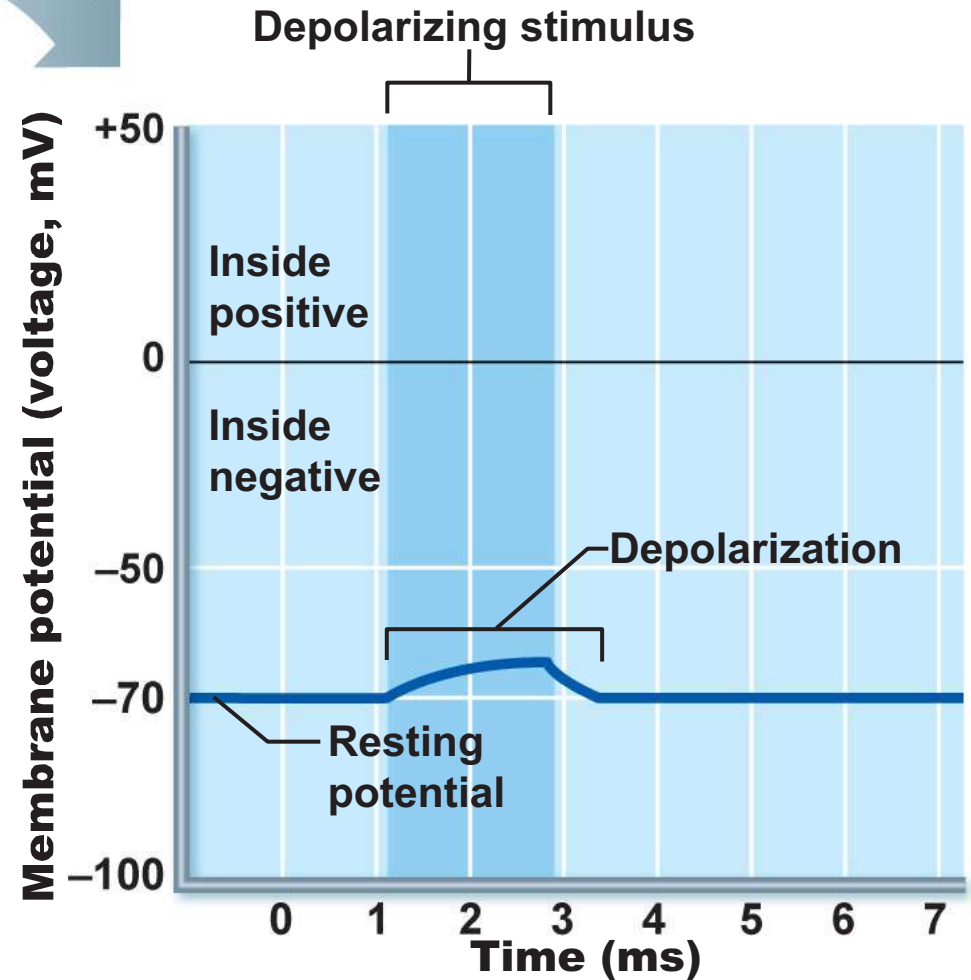
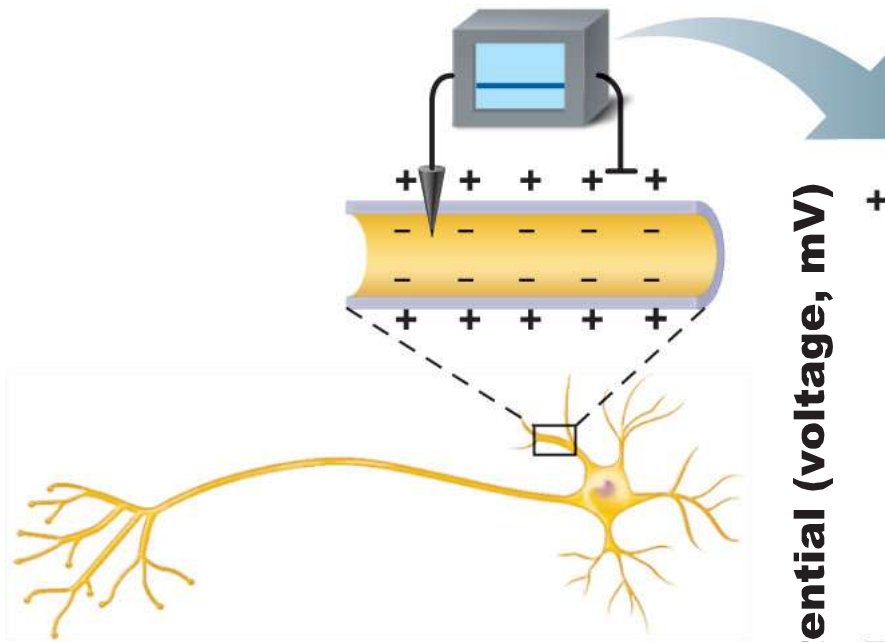


# Membrane Potentials That Act as Signals

- Two types of signals
  - Graded potentials
    - Incoming short-distance signals
  - Action potentials
    - Long-distance signals of axons

# Changes in Membrane Potential

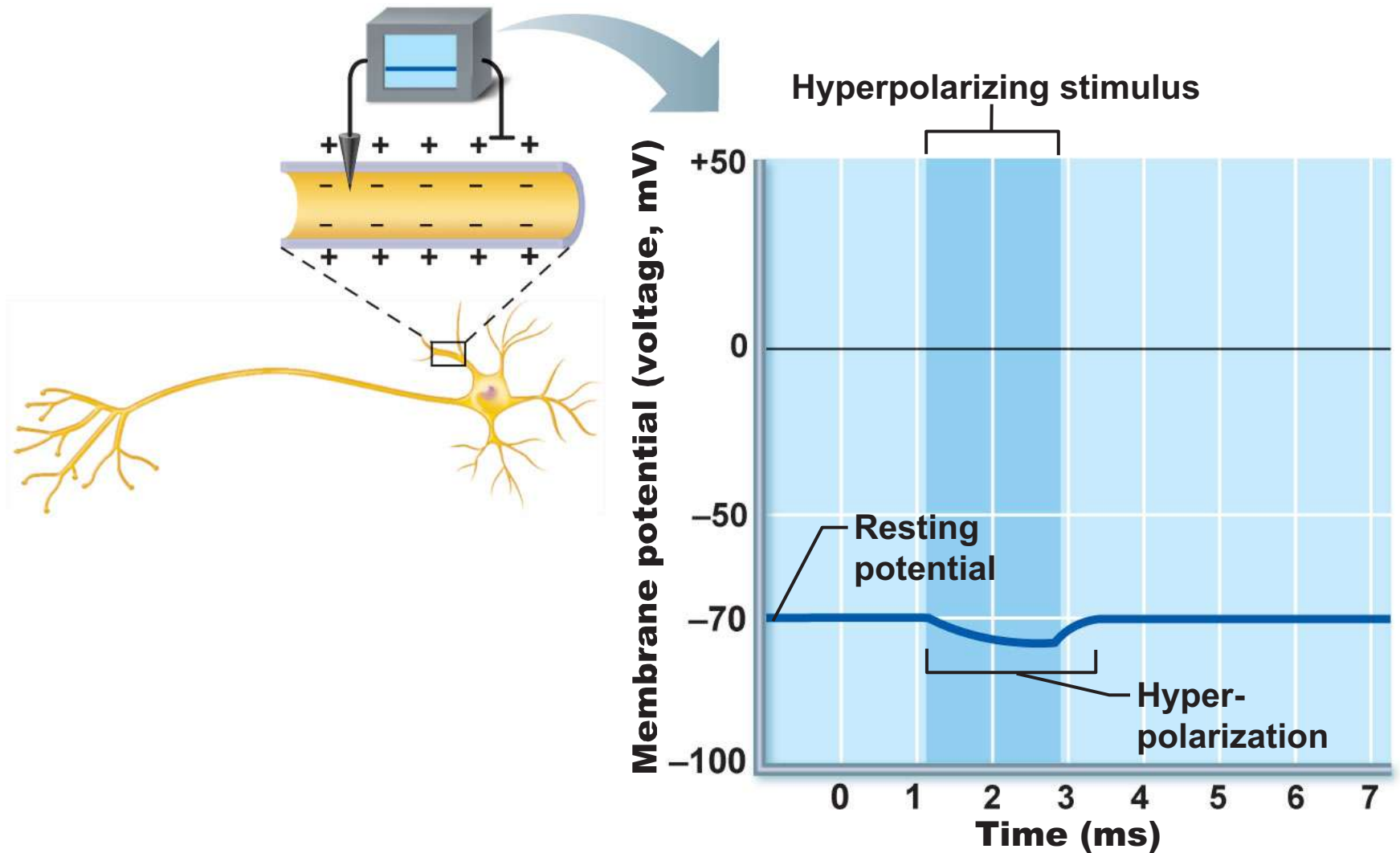
- Depolarization
  - A reduction in membrane potential (toward zero)
  - Inside of the membrane becomes less negative than the resting potential
  - Increases the probability of producing a nerve impulse



**(a) Depolarization:** The membrane potential moves toward 0 mV, the inside becoming less negative (more positive).

# Changes in Membrane Potential

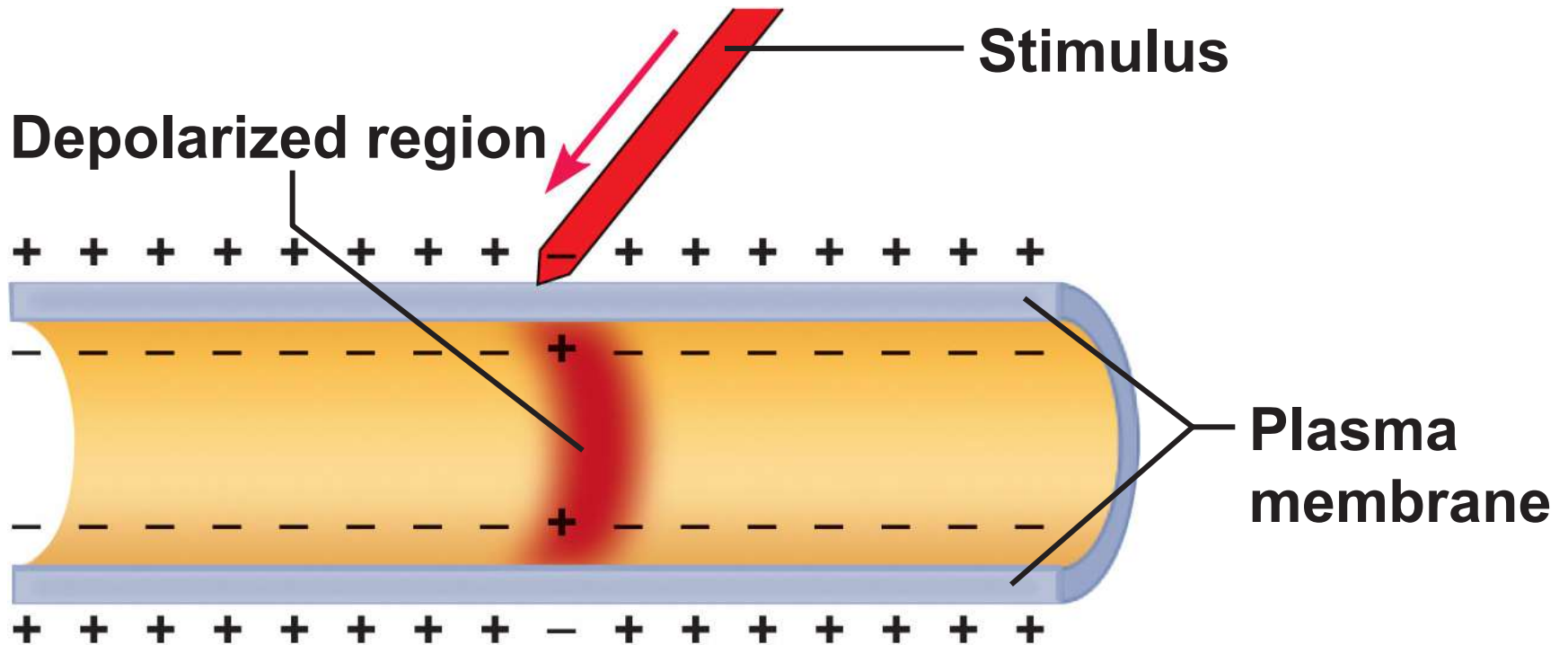
- Hyperpolarization
  - An increase in membrane potential (away from zero) more negative
  - Inside of the membrane becomes more negative than the resting potential
  - Reduces the probability of producing a nerve impulse



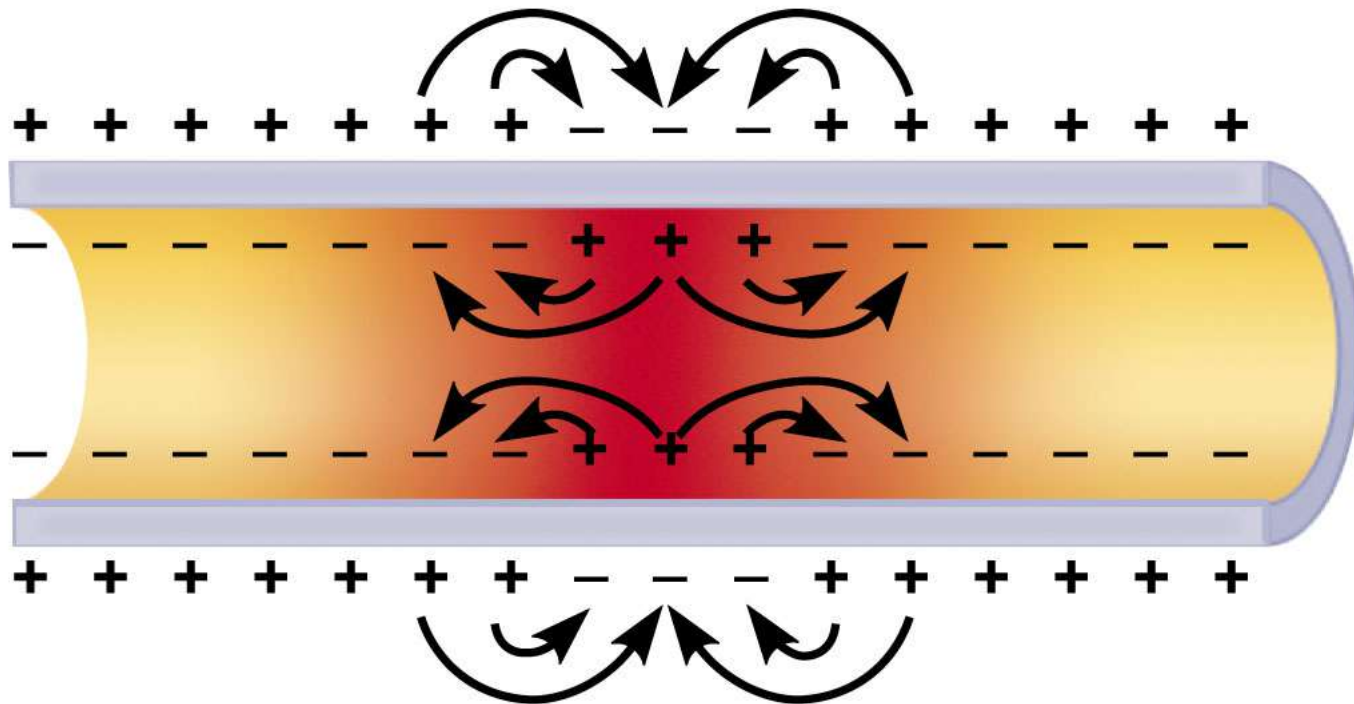
**(b) Hyperpolarization:** The membrane potential increases, the inside becoming more negative.

# Graded Potentials

- Short-lived, localized changes in membrane potential
- Depolarizations or hyperpolarizations
- Graded potential spreads as local currents change the membrane potential of adjacent regions



**(a) Depolarization:** A small patch of the membrane (red area) has become depolarized.

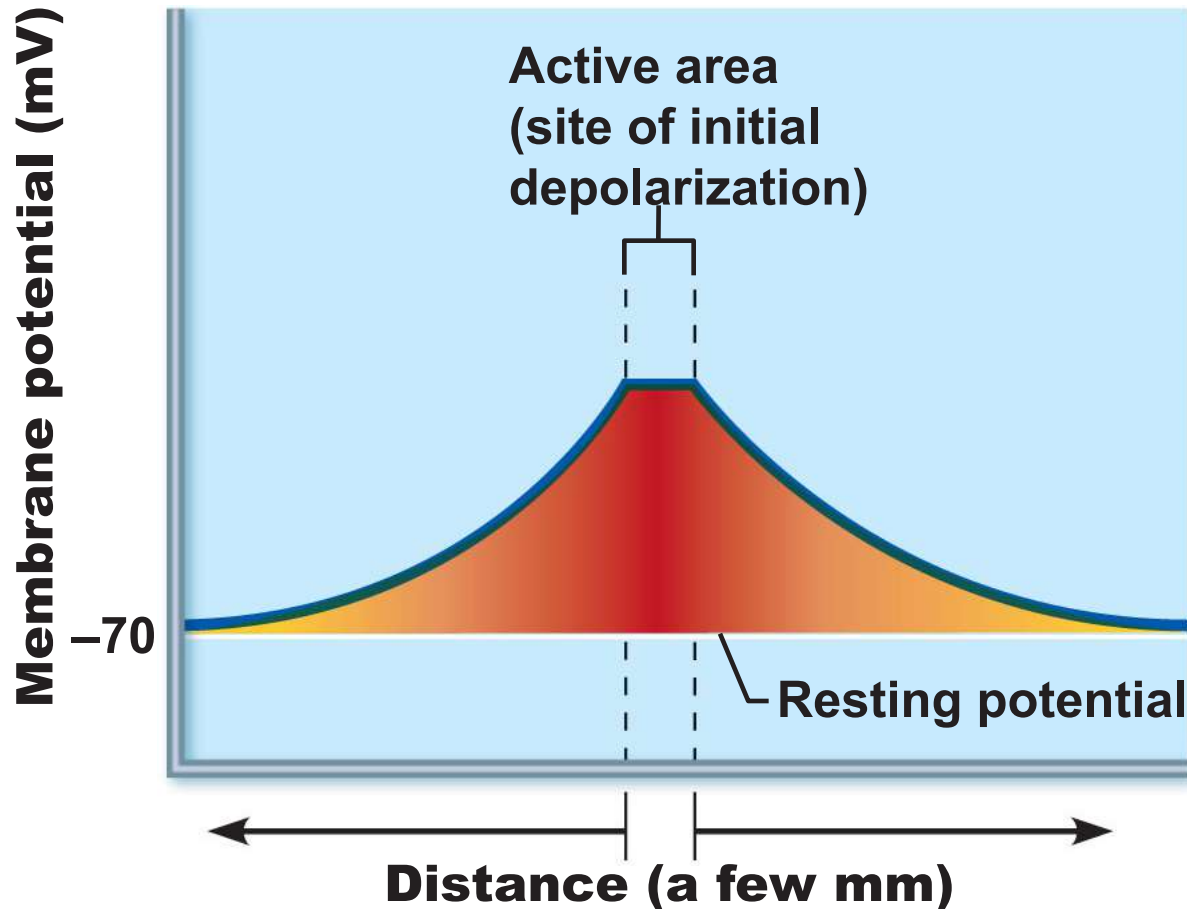


**(b) Spread of depolarization:** The local currents (black arrows) that are created depolarize adjacent membrane areas and allow the wave of depolarization to spread.



# Graded Potentials

- Occur when a stimulus causes gated ion channels to open
  - E.g., receptor potentials, generator potentials, postsynaptic potentials
- Magnitude varies directly (graded) with stimulus strength
- Decrease in magnitude with distance as ions flow and diffuse through leakage channels
- Short-distance signals



**(c) Decay of membrane potential with distance:** Because current is lost through the “leaky” plasma membrane, the voltage declines with distance from the stimulus (the voltage is *decremental*). Consequently, graded potentials are short-distance signals.

# Action Potential (AP)

- Brief reversal of membrane potential with a total amplitude of  $\sim 100$  mV
- Occurs in muscle cells and axons of neurons
- Does not decrease in magnitude over distance
- Principal means of long-distance neural communication

# The big picture

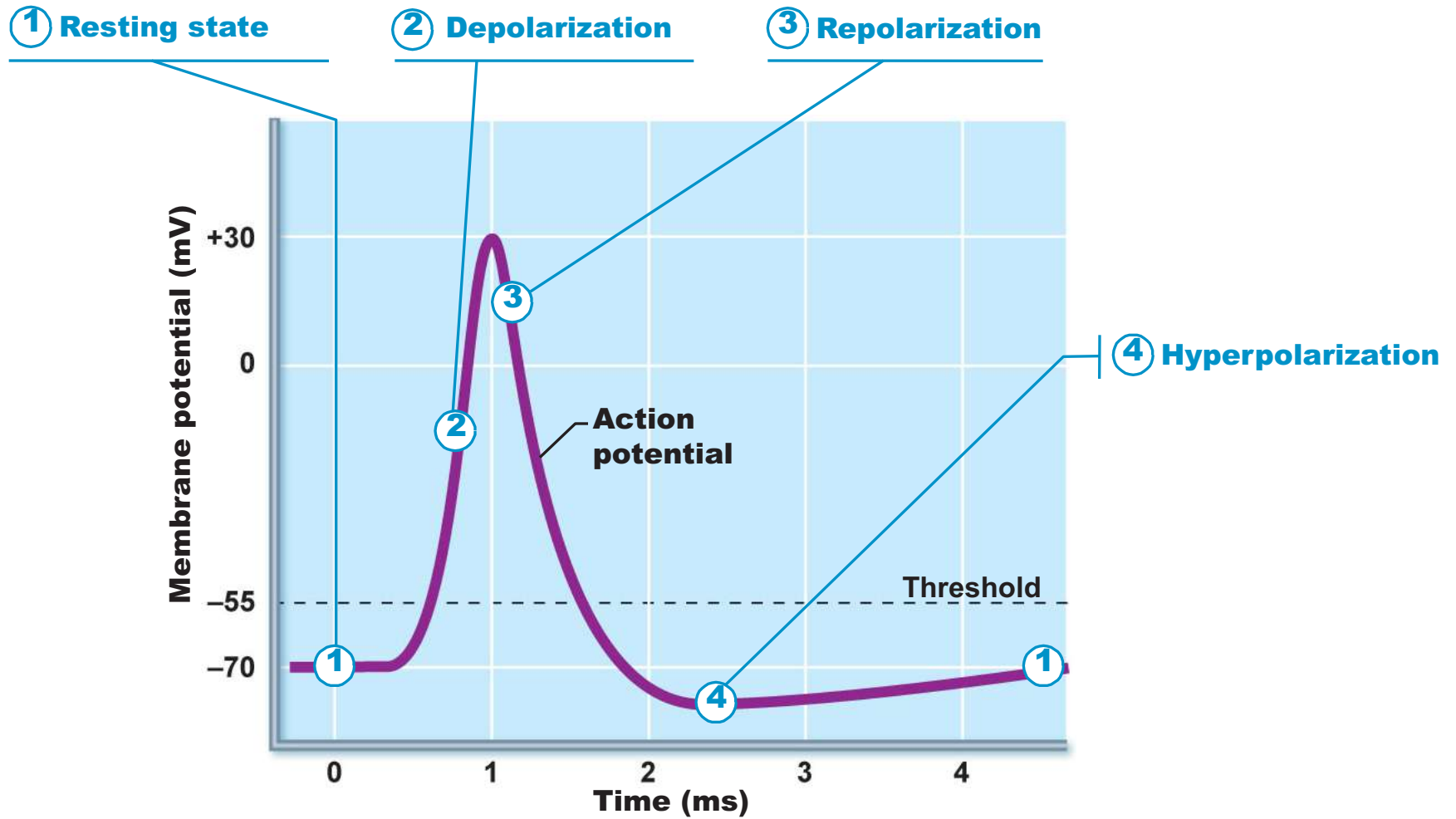


Figure 11.11 (1 of 5)

# Generation of an Action Potential

- Resting state
  - Only leakage channels for  $\text{Na}^+$  and  $\text{K}^+$  are open
  - All gated  $\text{Na}^+$  and  $\text{K}^+$  channels are closed

# Properties of Gated Channels

- Properties of gated channels
  - Each Na<sup>+</sup> channel has two voltage-sensitive gates
    - Activation gates
      - Closed at rest; open with depolarization
    - Inactivation gates
      - Open at rest; block channel once it is open

# Properties of Gated Channels

- Each  $K^+$  channel has one voltage-sensitive gate
- Closed at rest
- Opens slowly with depolarization

# Depolarizing Phase

- Depolarizing local currents open voltage-gated  $\text{Na}^+$  channels
- $\text{Na}^+$  influx causes more depolarization
- At threshold ( $-55$  to  $-50$  mV) positive feedback leads to opening of all  $\text{Na}^+$  channels, and a reversal of membrane polarity to  $+30$  mV (spike of action potential)



# Repolarizing Phase

- Repolarizing phase
  - $\text{Na}^+$  channel slow inactivation gates close
  - Membrane permeability to  $\text{Na}^+$  declines to resting levels
  - Slow voltage-sensitive  $\text{K}^+$  gates open
  - $\text{K}^+$  exits the cell and internal negativity is restored

# Hyperpolarization

- Hyperpolarization
  - Some  $K^+$  channels remain open, allowing excessive  $K^+$  efflux
  - This causes after-hyperpolarization of the membrane (undershoot)

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***A&P Flix*<sup>TM</sup>: Generation of an Action Potential**

## The AP is caused by permeability changes in the plasma membrane

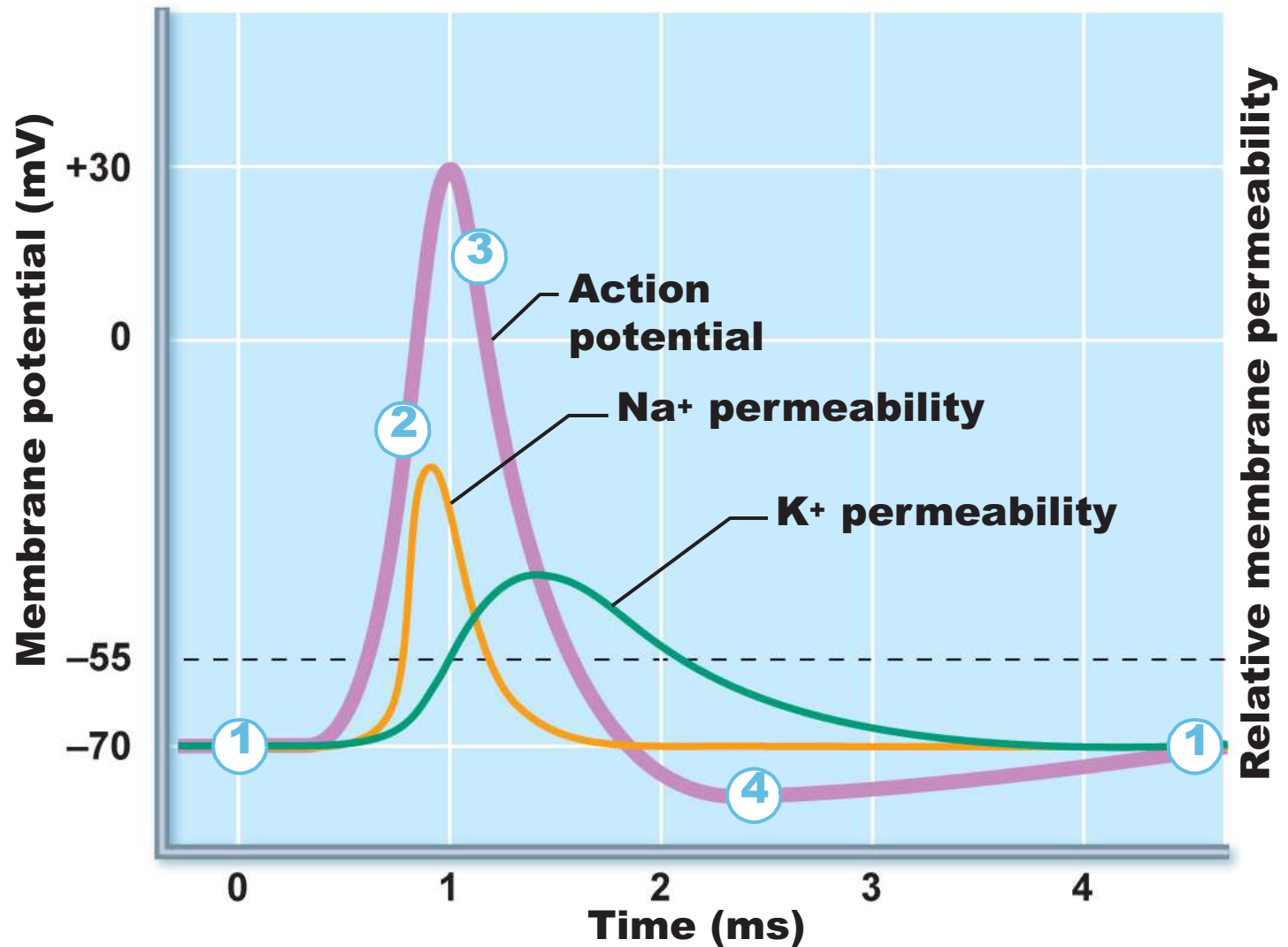


Figure 11.11 (2 of 5)

# Role of the Sodium-Potassium Pump

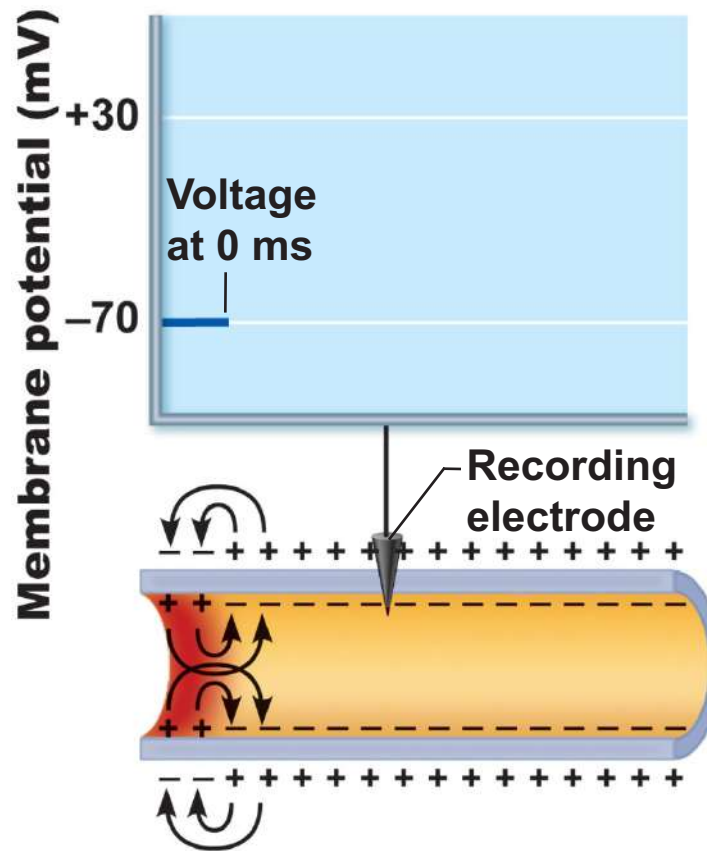
- Repolarization
  - Restores the resting electrical conditions of the neuron
  - Does not restore the resting ionic conditions
- Ionic redistribution back to resting conditions is restored by the thousands of sodium-potassium pumps

# Propagation of an Action Potential

- $\text{Na}^+$  influx causes a patch of the axonal membrane to depolarize
- Local currents occur
- $\text{Na}^+$  channels toward the point of origin are inactivated and not affected by the local currents

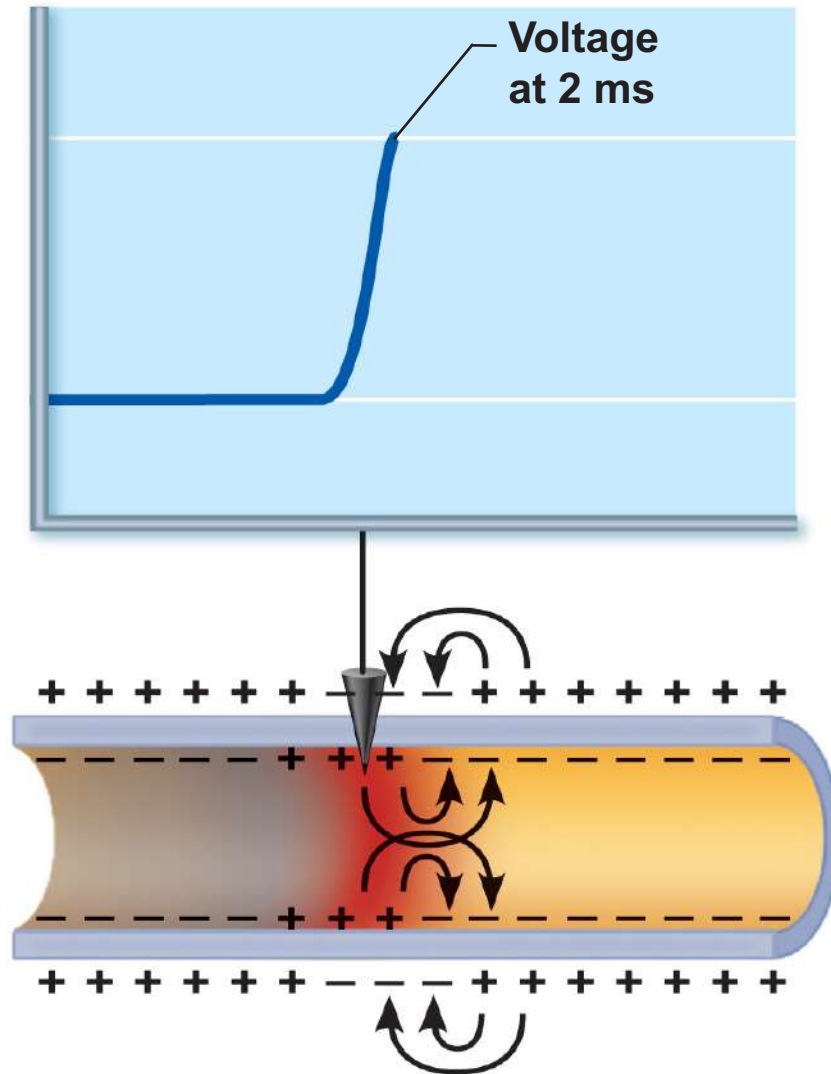
# Propagation of an Action Potential

- Local currents affect adjacent areas in the forward direction
- Depolarization opens voltage-gated channels and triggers an AP
- Repolarization wave follows the depolarization wave
- (Fig. 11.12 shows the propagation process in unmyelinated axons.)



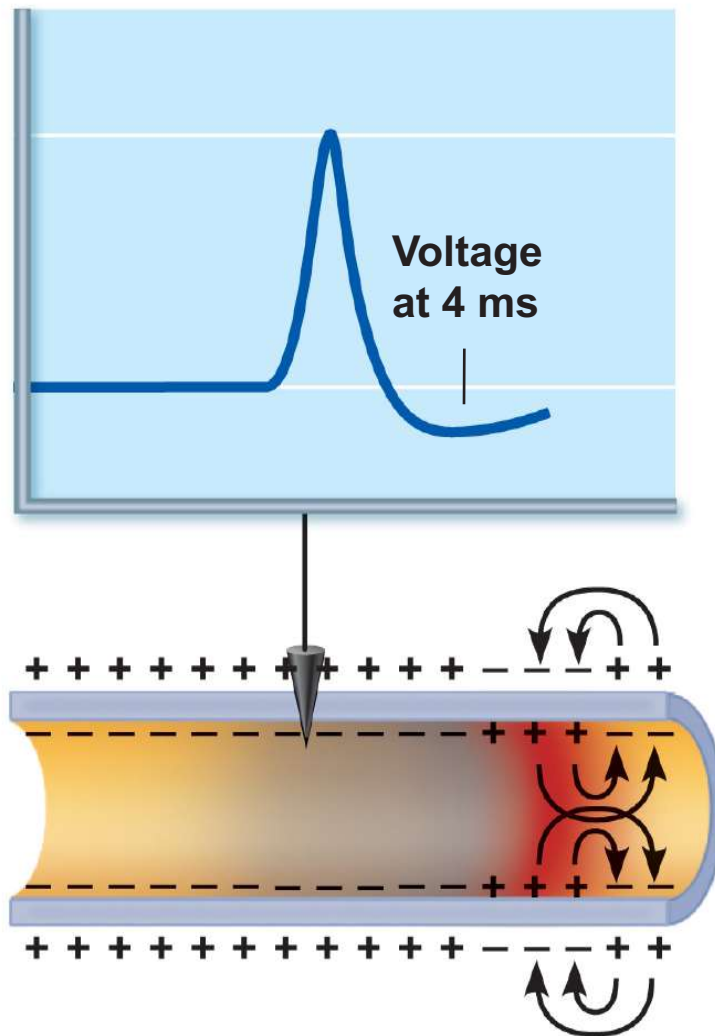
**(a) Time = 0 ms.** Action potential has not yet reached the recording electrode.

- Resting potential
- Peak of action potential
- Hyperpolarization



**(b) Time = 2 ms.** Action potential peak is at the recording electrode.





**(c) Time = 4 ms.** Action potential peak is past the recording electrode. Membrane at the recording electrode is still hyperpolarized.

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***A&P Flix™*: Propagation of an Action Potential**

# Threshold

- At threshold:
  - Membrane is depolarized by 15 to 20 mV
  - $\text{Na}^+$  permeability increases
  - Na influx exceeds  $\text{K}^+$  efflux
  - The positive feedback cycle begins

# Threshold

- Subthreshold stimulus—weak local depolarization that does not reach threshold
- Threshold stimulus—strong enough to push the membrane potential toward and beyond threshold
- AP is an all-or-none phenomenon—action potentials either happen completely, or not at all

# Coding for Stimulus Intensity

- All action potentials are alike and are independent of stimulus intensity
  - How does the CNS tell the difference between a weak stimulus and a strong one?
- Strong stimuli can generate action potentials more often than weaker stimuli
- The CNS determines stimulus intensity by the frequency of impulses

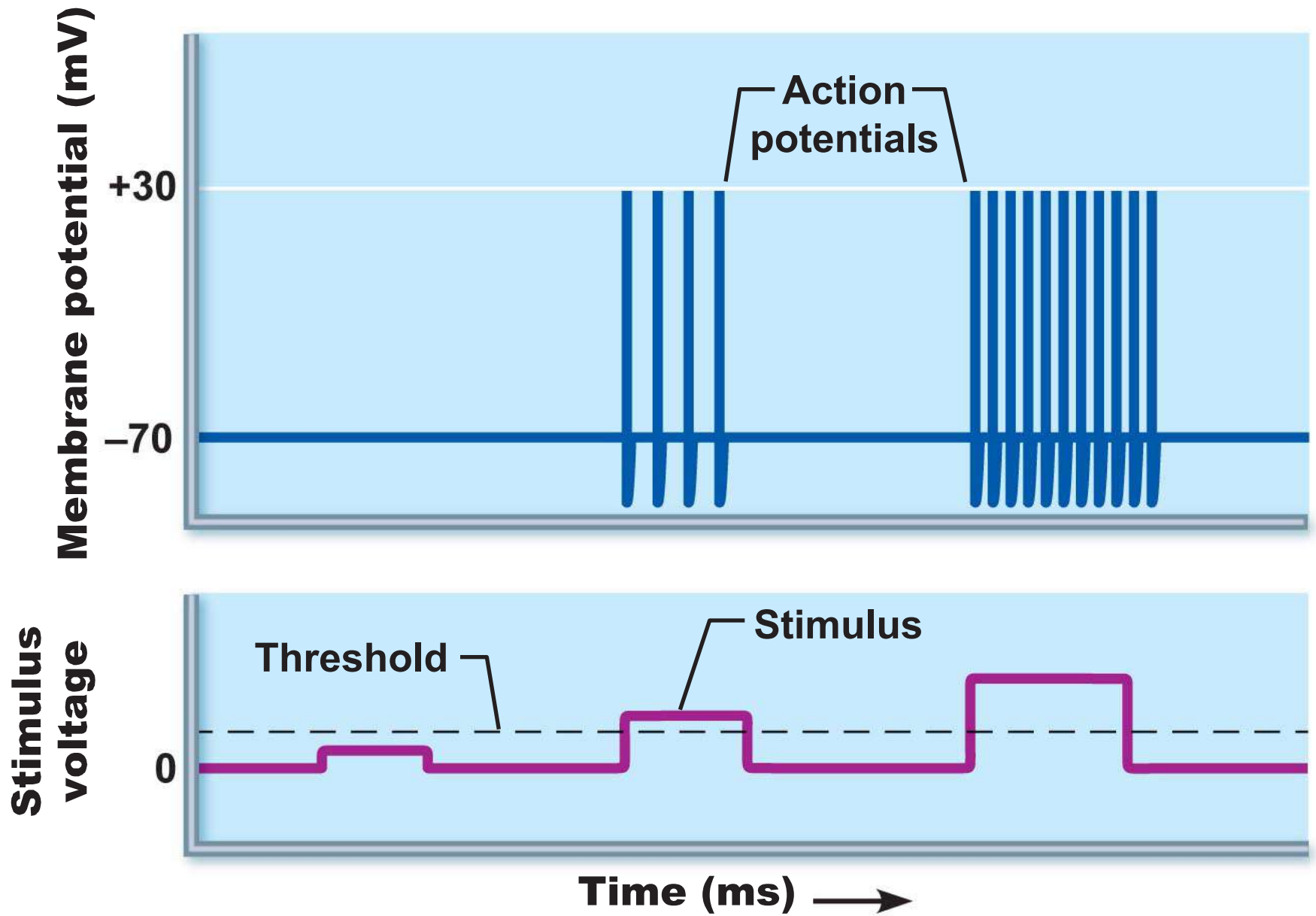


Figure 11.13

# Absolute Refractory Period

- Time from the opening of the  $\text{Na}^+$  channels until the resetting of the channels
- Ensures that each AP is an all-or-none event
- Enforces one-way transmission of nerve impulses

**Absolute refractory period**

**Relative refractory period**

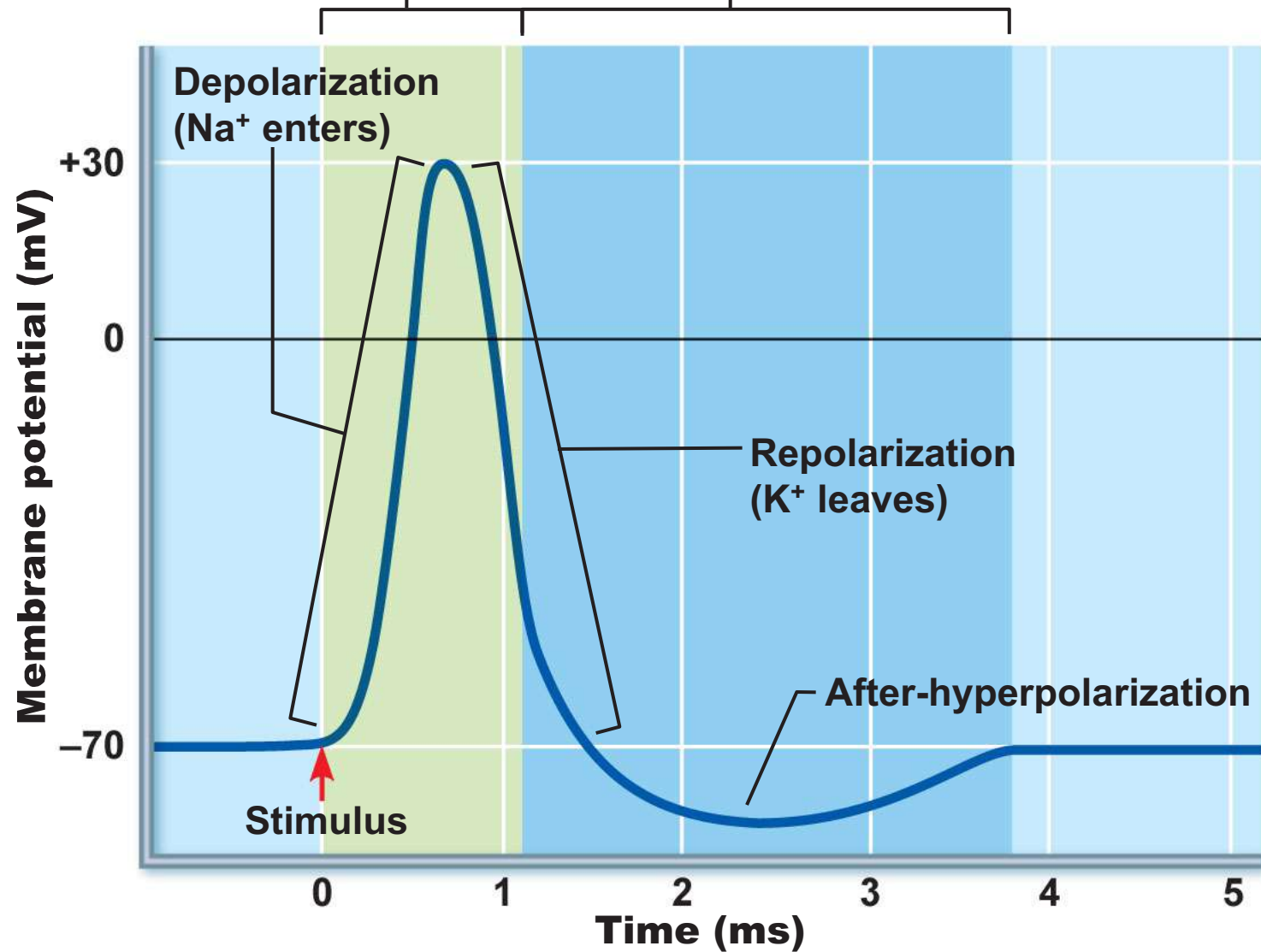


Figure 11.14

# Relative Refractory Period

- Follows the absolute refractory period
  - Most  $\text{Na}^+$  channels have returned to their resting state
  - Some  $\text{K}^+$  channels are still open
  - Repolarization is occurring
- Threshold for AP generation is elevated
- Exceptionally strong stimulus may generate an AP

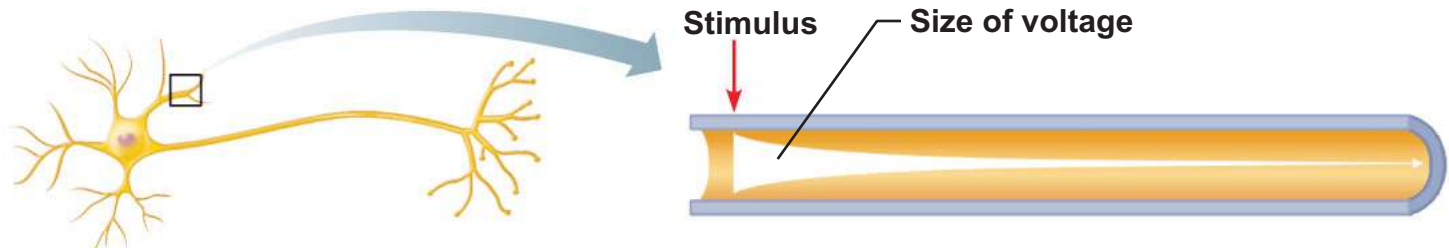


# Conduction Velocity

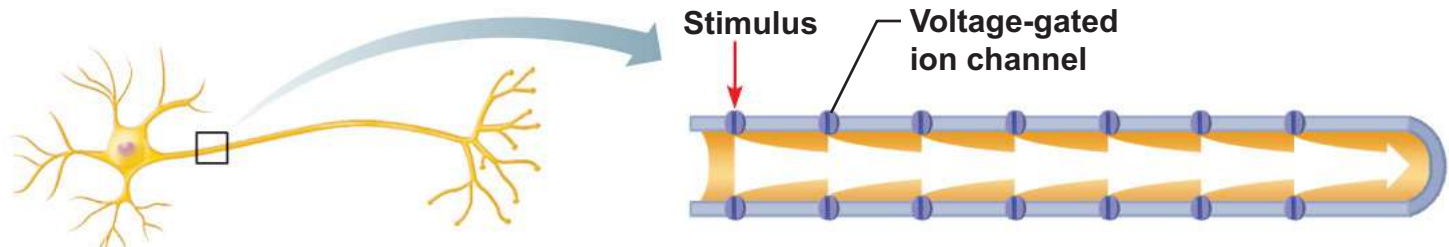
- Conduction velocities of neurons vary widely
- Effect of axon diameter
  - Larger diameter fibers have less resistance to local current flow and have faster impulse conduction
- Effect of myelination
  - Continuous conduction in unmyelinated axons is slower than saltatory conduction in myelinated axons

# Conduction Velocity

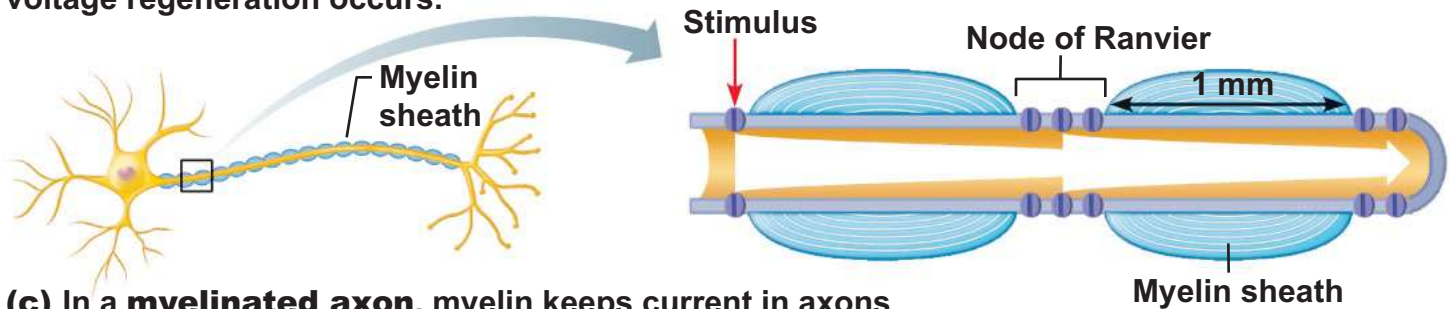
- Effects of myelination
  - Myelin sheaths insulate and prevent leakage of charge
  - Saltatory conduction in myelinated axons is about 30 times faster
    - Voltage-gated  $\text{Na}^+$  channels are located at the nodes
    - APs appear to jump rapidly from node to node



**(a)** In a **bare plasma membrane** (without voltage-gated channels), as on a dendrite, voltage decays because current leaks across the membrane.



**(b)** In an **unmyelinated axon**, voltage-gated  $\text{Na}^+$  and  $\text{K}^+$  channels regenerate the action potential at each point along the axon, so voltage does not decay. Conduction is *slow* because movements of ions and of the gates of channel proteins take time and must occur before voltage regeneration occurs.



**(c)** In a **myelinated axon**, myelin keeps current in axons (voltage doesn't decay much). APs are generated *only* in the nodes of Ranvier and appear to jump *rapidly* from node to node.

**Figure 11.15**

# Multiple Sclerosis (MS)

- An autoimmune disease that mainly affects young adults
- Symptoms: visual disturbances, weakness, loss of muscular control, speech disturbances, and urinary incontinence
- Myelin sheaths in the CNS become nonfunctional scleroses
- Shunting and short-circuiting of nerve impulses occurs
- Impulse conduction slows and eventually ceases

# Multiple Sclerosis: Treatment

- Some immune system–modifying drugs, including interferons and Copazone:
  - Hold symptoms at bay
  - Reduce complications
  - Reduce disability

# Nerve Fiber Classification

- Nerve fibers are classified according to:
  - Diameter
  - Degree of myelination
  - Speed of conduction

# Nerve Fiber Classification

- Group A fibers
  - Large diameter, myelinated somatic sensory and motor fibers
- Group B fibers
  - Intermediate diameter, lightly myelinated ANS fibers
- Group C fibers
  - Smallest diameter, unmyelinated ANS fibers