

Luella High School Colorguard Constitution and By-Laws

The Luella High School Colorguard will be based on the quality and quantity of try-outs. If for any reason the Colorguard that were selected are unable to serve, the Coaches have the option to hold another tryout or appoint new replacements.

Article I. Constitution of the Luella High School Colorguard

Section I

The Purpose of the Luella High School Colorguard is to promote school spirit and loyalty, to improve the quality of the band performance, to encourage good sportsmanship, fellowship and unity between members of the guard, to develop leadership skills, to encourage high moral standards among Colorguard members, and perform to the best of their ability. All Luella High School Colorguard members are expected to accept these ideals and to conduct him/herself accordingly in this leadership role.

Article II. Rules, Regulations, and By-Laws

Section 2

Membership is not discriminatory on the basis of race, religion, or sex

Section 2.1

I. General Requirements

- A. Willingness to practice to be the BEST.
- B. Attendance at all games, practices, and meetings. This includes all games and competitions that are away from school in other towns/counties.
- C. Attendance and Participation at ALL pep-rallies, fundraisers, community service and any other mandatory events approved by the coaches.
- D. Maintain a 70% or above in ALL classes.

II. Academically

- A. Each Colorguard member must stay in good standing with all teachers.
 - i. If a Colorguard member falls below a 70% in ANY class, he/she will not be able to perform until their grades meet expectations. Dismissal from the guard can/will be an option if grades do not improve. Progress reports will be issued once every three weeks. The progress report will help determine if the Colorguard member will perform.
- B. If a Colorguard member is staying after school for tutoring, then she/he must produce a note from the supervising teacher to be admitted to practice.
- C. Skipping class is absolutely NOT permitted by ANY Luella High School Colorguard member. If a Colorguard member is caught skipping class, action may be taken to remove the member from the LHS Colorguard.

III. Socially – Colorguard members will be expected to carry themselves in an appropriate manner at all times, in and out of uniform.

- A. If a Colorguard member receives In School Suspension (ISS) 2 times, the result will be removal from the guard. After the first ISS punishment, the guard member will be suspended for 2 performances but must attend all performances.
- B. An LHS Colorguard member will not be permitted to use tobacco of any kind while in uniform or any clothing that represents the organization or school. DO NOT USE intoxicants, unlawful drugs before, during, or after games or practice session or any other scheduled event.

- C. Attitudes/Arguments/Bickering/Complaining/Blaming will NOT be permitted at ANY Band/Colorguard function. We are a TEAM!!
- D. If a Colorguard member quits the team or is dismissed, he/she will be ineligible to try out the following year.
- E. A Colorguard member is NOT allowed to use any profanity, or any foul hand gestures/movements while in uniform or wearing anything that represents the organization.
- F. A Colorguard member is NOT allowed to have inappropriate contact with a significant other while in uniform or wearing anything that represents the organization.
- G. If the any of the above items become a serious problem (to be determined by the coaches), the Colorguard member will be dismissed from the LHS Colorguard by the coaches. We have no tolerance for INSUBORDINATION!

Section 3: Selection of Colorguard Members

- A. The selection of Colorguard members will be at the following times:
 - a. May 4 – 8, 2015
- B. To attend tryouts, she/he must have grades of 70% or better in all classes
- C. Two positive teacher recommendation forms must be submitted directly to the coach before tryouts.
- D. A current physical must be on file with the coaches before the student will be allowed to join the guard.
- E. A completed Colorguard Tryout packet must be submitted with all parent and student signatures BEFORE the student can try out.

Section 4: Duties of Colorguard Members

- A. A Colorguard member is required to perform at all scheduled games and pep rallies as well as at all band competitions.
- B. All Colorguard members will be required to ride the bus to away games and band competitions. It is required that you attend all of these games and competitions.
- C. All Colorguard members must report to preparation time in the Theater Room before each game and competition to get ready (this includes getting dressed in uniform and doing hair and makeup in the style that is REQUIRED). Colorguard members are not allowed to leave the Theater Room during prep time. Friends are not allowed in the Theater Room during prep time.
- D. All Colorguard members are required to take care of the equipment (flags, rifles, sabers, and props) they are given and to treat it with care (it must stay in the condition in which it was given to you). They must also bring all required equipment to each practice and performance (this includes but is not limited to uniform, undergarments for uniform, field shoes, makeup, hair accessories, duffle bag, and warm-up).

Section 5: Frequency of Meeting (Times, Days, and Locations)

- A. Practices will be held every Monday (4:00 – 6:00 PM), Tuesday (4:00 – 6:00 PM), and Thursday (4:00 – 6:00 PM). Attendance is MANDATORY to each practice. (Practice times may change, but will be decided before the school year begins.) Wednesday, Friday, and Saturday practices will be scheduled as the season progresses and we need to work on sections of the show. These will be determined by the entire team agreeing upon attendance.
- B. Other practices for competitions, pep rallies, exhibitions, etc. will be held at the coaches' discretion.
- C. Absences (Unexcused)
 - i. Miss/Late 1 Practice/Game
 - 1. Conditioning
 - 2. Will not perform the rest of the week's activities (i.e. games)
 - 3. Must attend the performance in uniform but will sit out for that week
 - ii. Miss/Late 2 Practices/Games
 - 1. Same as above
 - iii. Miss/Late 3 Practices/Games
 - 1. Grounds for dismissal

2. Same as above

Article III. Statement of procedure to amend the constitution

- A. The coaches or Colorguard Majority Rule can make Constitution changes with the Coaches having final say.

By-Laws

1. Colorguard members are required to attend all football games and band competitions, and all other athletic events, plan, promote, and attend pep rallies and special events as designated by the coaches. Band camp is also included.
2. Each Colorguard must maintain at least a 70% average throughout the duration of their team as a Luella High School Colorguard.
3. Smoking and the use of any controlled substance are not a part of an athletic event and will not be permitted. School rules will apply to the discipline given in the instance a Colorguard member is found with tobacco products or any controlled substance.
4. Attendance to all performances/practices is MANDATORY! The coach must be notified ahead of time of all absences. You will miss a game if you miss practice without an excused note. Because your absence is okayed by a coach DOES NOT mean that it is an excused absence.
 - a. If there are 3 or more unexcused absences he/she will be dismissed from the guard.
 - b. Excused absences are: Personal illness (accompanied by a written statement from a doctor/physician), and a death in the immediate family.
5. Colorguard must report to the art room at the time designated by the coaches at practice on Friday. (This time is usually 4pm). This will allow you to get ready (dressed) before we report to the game.
6. All Colorguard is required to stay in uniform. The proper uniform is appropriate undergarments, uniform, field shoes, and warm ups. If a member is on probation for a game, the member is still required to be in compliance with this rule. No flip flops, house shoes, earrings, or jewelry is allowed while in uniform!
 - a. NO jewelry, false nails, or nail polish (except clear) may be worn during practice or games.
 - b. A Colorguard member is required to keep uniform and field shoes clean at all times.
 - c. Colorguard members MUST wear the proper uniform to practice; this is at the discretion of the coach what uniform is worn on what day. Proper uniform includes tennis shoes, shorts, and tank tops or t-shirts. Shorts must be a proper length (fingertip length at least) and tank-tops must not be see through or low cut.
 - d. No chewing gum at practice or during performances.
 - e. A Colorguard member is NOT allowed to get any kind of piercing during the season due to not being able to remove the piercing for a period of at least 6 weeks.
 - f. No unnatural hair colors to be worn during the entire Colorguard season. No exceptions. Examples of unnatural hair colors: purple, blue, green, pink, etc.
 - g. Any tattoos must not be visible in the performance uniform (this means it will be covered with makeup, a bandage, etc.).
7. A Colorguard member must be back in the stands by the time 4th quarter begins. If a member is late, they will be asked to run laps at the following practice.
8. A Colorguard member is NOT permitted to eat during the first or second quarter of the Football game. Third quarter break is our time to go to the concession stand and get food and drinks. You must finish your food before you get back into the stands.
9. As a Colorguard member you are expected to participate, show enthusiasm, and have a willingness to work. We will go by a demerit system in order to ensure the items in the constitution and bylaws are upheld.

Colorguard Member Demerit Contract

(This will be signed by both the parent and Colorguard member before tryouts)

1. Disrespect to coaches/teammates	4 demerits
2. Missing practice/performance (unexcused)	2 demerits
3. Bad attitude/complaining/uncooperative	2 demerits
4. Not fully performing	2 demerits
5. Late for practice/performance (unexcused)	1 demerit
6. Chewing gum or eating during practice /performance	1 demerit
7. Excessive talking during practice	1 demerit
8. Dirty uniform/out of uniform	1 demerit
9. Late after third quarter break	1 demerit
10. Wearing any type of jewelry during practice/performance	1 demerit
11. Having nail polish (other than clear) or fake nails during practice/performance	1 demerit
12. Leaving a performance/practice before it is over (unexcused)	1 demerit
13. Not prepared for performance/practice (uniform, practice clothes, equipment, etc.)	1 demerit
14. Not standing on the side lines during performances at attention, if on probation	1 demerit
15. Inappropriate public displays of affection	1 demerit
16. Undergarments/body parts seen while in uniform of any kind (body parts seen at any time)	1 demerit
17. Being picked up later than 15 minutes after the end of practice/performance	1 demerit

*Coaches expect every Colorguard member to be present at every practice (even last minute practices) and every game with the exception of the following: illness, doctor's appointment (must be accompanied by a doctor's note), or death in the family.

- ❖ If a subject is not covered on the above list, then it is left up to the discretion of the coaches.
- ❖ Four (4) total demerits will result in a suspension. If it is football season, the suspension is for one performance. If it is later in the year, the suspension will be up to the coaches' discretion.
- ❖ Two (2) suspensions will result in removal from the Colorguard.
- ❖ A detention or ISS will result in suspension. Suspension (OSS/expulsion) from school will result in an automatic removal from the Colorguard.
- ❖ Colorguard members are role models in our school. The coaches expect you to be on your best behavior at all times.

I have read and understand the demerit contract.

Parent/Guardian Signature _____

Student Signature _____

Date _____