

Behavioral Health Association of Forsyth County

Active Participants Clinical Professionals Network Directory

Fall 2012

Private Practitioners

Fall 2012



Banks Counseling, LLC, Kirsten Banks, LPC,
327 Dahlonga Street Suite 1901A, Cumming, GA 30040
Website: bankscounseling.com Facebook: fb.com/kirstenbankspage

Recovery. Helping individuals and families return to a normal state of health, mind, and strength.

Specializing in individual counseling for adults and adolescents:

- Addiction & Substance Abuse
- Adult Children of Alcoholics
- Young adults and teens with Addiction & Substance Abuse
- Parents who are affected by teen or young adult's addiction issues.
- Co dependencies in the family members dealing with addiction or substance abuse issues.
- Opiate addiction.
- Recovery coaching and support.
- Counseling and recovery coaching for people using medication assisted approaches i.e. Suboxone, Subutex, Vivitrol.
- Pre-intervention counseling services facilitation of entering treatment facility by utilizing an interventionist or connecting client to right treatment center.

Approach: I utilize motivational interviewing, stage of change model for those most resistant to treatment. I work with the client in a collaborative non-shaming manner to develop a relationship, trust and rapport to facilitate change and recovery. I also refer clients to a higher level of care often and work with the referral source to provide seamless care while in the treatment facility. If the other family members allow I do incorporate family counseling sessions to facilitate recovery for everyone in the family system. Additionally, I often utilize a 12-step based approach for recovery as well as other holistic models for recovery to help the person remain sober and also be able to achieve emotional sobriety.

Office Hours: M, T, TH, Fridays: 9-5 , Wednesday: Evening Hours, Saturdays flexible

Fees: \$120/hour session fee.

*Sliding scale may be available, assistance provided in the case of out-of-network insurance filing.

\$50/2 hours of group session.

Payment: Cash, Check or Charge

Coming Soon: Support Groups – Emotional Sobriety, Family Member Affected By Addiction, Educational Groups for Parents about Substance Abuse and Teens, Codependency Groups



Andrew M. Gothard, Psy.D.

Atlanta Psychological Services, LLC

2308 Perimeter Park Drive
Suite 100
Atlanta, GA 30341

770-457-5577

Fax 770-457-5599

atlantapsychological.com



andygothard@bellsouth.net

Population Served:

Adults, Adolescents, Children, & Families

Office Hours:

Monday – Friday 7:30 AM to 6 PM

(Other doctors in the practice offer Saturday hours)

Services & Clinical Focus Areas:

- Forensic consultation and forensic evaluations:
 - Custody evaluations; Independent medical evaluations; Disability-personal injury-workers compensation evaluations; Neuropsychological evaluations; Competency to stand trial; Criminal Insanity & Criminal responsibility; Substance abuse; Domestic violence; Anger and violence potential; DFCS child evaluations & parental fitness evaluations; Psychosexual evaluations – victim & perpetrator
 - Expert testimony
 - Psychological records review
 - Attorney consultation and deposition preparation
- Psycho-educational evaluations
- Individual psychotherapy
 - Depression; Anxiety disorders; Spiritual issues; Anger management; Stress management; Substance abuse and recovery
- Family therapy
- Marital, couples, pre-marital, & co-parenting therapy

Therapeutic Orientations:

Cognitive Behavioral; Holistic

Fee Structure / Summary:

\$150 per 50-minute psychotherapy session

\$175 per hour for psychological testing

Some sliding is available

Insurance:

Medicaid, Wellcare, Magellan, Amerigroup, PeachState/Cenpatco. (Other associates in the practice take BCBS, Aetna, Humana, United, Medicare)

Payment Method(s) Accepted:

Cash or checks
accepted.

Denise L. Houston, MA, LPC
Houston Counseling Services, Inc.
327 Dahlonaga Street, Suite 1801A
Cumming, Georgia 30040
(678) 431-1339
email: denisehouston@bellsouth.net

Client Population: Children ages 2-17, Adults

Office Hours: Appointment only (T, W, Th, F)
(including evening appointments on T, W, Th)
Occasional Saturday mornings

Areas of Specialty: Child Abuse (physical, sexual, emotional)
Child Neglect
Trauma (PTSD)
Combat Stress
Depression, Anxiety, Mood Disorders
Parenting issues
Oppositional/Defiant Behaviors
Parenting Issues
Personal and Professional Growth

Clinical Style: Certified EMDR Clinician (Eye Movement
Desensitization and Reprocessing)
Child-Centered and Directed Play Therapy
Cognitive Behavioral Strategies

Fee Structure: Initial intake session is \$125.00.
Sessions are \$100 thereafter (50-55 min
session).
Sliding scale offered in cases of proven
hardship.

Method of Payment: Cash or check
Insurance accepted: TriCare, Medicaid, Amerigroup,
Peachstate, UBH



Jeanne Latiolais, PsyD

314 Tribble Gap Road, Suite B

Cumming, GA 30040

Phone: 770 205-1751

Website: www.jlatiolais.com Email: jlatiolais@bellsouth.net

Population Served: Adolescents (13 and over) and Adults; Individuals and Couples

Office Hours: By appointment only. Evening appointments available Monday-Thursday

Specialty areas:

- Panic Attacks/Panic Disorder
- Agoraphobia
- Anxiety Disorders/OCD
- Depression
- Cognitive Behavioral Therapy for Weight Loss
- Couples Therapy (based on Gottman research)

Treatment Model:

- Cognitive Behavioral
- Client-Centered
- Motivational

Other: I consult with each client by phone before scheduling, to determine whether I may be able to be of help. I also consult with area physicians, school personnel, and other health professionals on issues of anxiety and panic. If you have any questions about Panic Disorder, etc., do not hesitate to call!

Jeanne Latiolais, PsyD

314 Tribble Gap Rd, Suite B

Cumming, GA 30040

Phone: 770 205-1751

Fax: 770 205-1751

www.jlatiolais.com



Tatiana Matthews, MS, LPC

**6740 Jamestown Drive
Alpharetta, Georgia 30005**

770-815-6853

www.tatianamatthewslpc.com

Personal Statement:

My passion and experience is extensive in the areas of emotional regulation, trauma, ADHD, adolescents, addictions, co-dependency and family-of-origin issues. I frequently address mind, body, family system, vocation, academics, hobbies and spirituality simultaneously. When requested by a client, a Christian perspective can be integrated into the therapy process. I am client-centered and develop a series of interventions that are challenging without being shaming. I have 14 years of experience sharing hope, humor (I often laugh with my client's in session) and professionalism. I am happy to provide references from other area providers, physicians and schools upon request.

Theoretical Orientation: I am primarily cognitive-behavioral in my approach. I also utilize the highly researched Eye Movement Desensitization and Reprocessing (EMDR) and Dialectical Behavioral Therapy (DBT) protocols in my practice. Both are shown to be very effective. EMDR has also shown to greatly expedite the time one spends in treatment.

"Peak Performance" therapy: Sessions are available for anyone who feels as if they are not meeting their life potential in their careers, romances, friendships, athletic abilities or any area where they want to excel and are just feeling stuck. Based on the EMDR model and very similar to how one would treat traumatic incidents, this protocol assist clients in identifying and reframing life experiences that feed self-sabotaging belief systems.

Cost: \$150.00 per 50 minute individual session

I do not accept insurance, but will provide those who need to utilize insurance a referral. I also complete out of network paperwork for clients, so they may receive reimbursement when applicable. All major credit cards accepted.



**LISA HEADRICK MEYER, M.A., LPC
LICENSED PSYCHOTHERAPIST**

314 TRIBBLE GAP ROAD, SUITE B
CUMMING, GA 30040
OFFICE: (770) 781-3793 ~ WWW.MEYERPSYCH.COM

PRIVATE PRACTICE

CLIENT POPULATION: ADULTS, ADOLESCENTS, COUPLES

OFFICE HOURS: BY APPOINTMENT ONLY; DAYS & EVENINGS AVAILABLE

PROFESSIONAL SERVICES:

- MARRIAGE COUNSELING
- INDIVIDUAL PSYCHOTHERAPY
- CRISIS / CLINICAL PHONE CONSULTATION
(ESTABLISHED CLIENTS ONLY)
- RAPID ELECTRONIC CONSULTATION
(ESTABLISHED CLIENTS ONLY)
- ADOLESCENT COUNSELING

SERVING CLIENTS EXPERIENCING DIFFICULTIES IN THE FOLLOWING AREAS:

- MARRIAGE & RELATIONSHIP ISSUES
- DEPRESSION, STRESS & ANXIETY
- ANGER & AGGRESSION
- WOMEN'S ISSUES
- GRIEF & LOSS
- PRENATAL & POSTPARTUM DEPRESSION
- EATING & BODY IMAGE DISORDERS
- WORK-RELATED PROBLEMS
- EXECUTIVE COACHING
- LIFE TRANSITIONS & PERSONAL GROWTH

FEE FOR SERVICE / PRIVATE PAY ONLY:

INDIVIDUAL SESSION (60-90 MINUTES) \$100 TO \$150

COUPLE SESSION (75-90 MINUTES) \$150 TO \$180

CASH ~ CHECK ~ ALL MAJOR CREDIT CARDS ACCEPTED



Stacey J. Nyman, MS, NCC, LAPC

Phone: 404-368-5552

Fax: 678-339-1222

E-mail: staceynyman@yahoo.com

www.staceynyman.com

Specializing in individual counseling for adults:

- Trauma
- Addiction & Substance Abuse
- State Certified DUI Evaluations (<http://www.mop.uga.edu/cetp/DUIIPwebsite/index.htm>)
- Depression
- Anxiety
- Relationship Issues
- Work Related Issues
- Anger Issues

Approach: I work to create a collaborative and safe environment for the client utilizing cognitive behavior and interpersonal approaches which encourage client self awareness and subsequently healthier behavior choices and patterns.

Office Hours: Monday – Friday 8:00 a.m. to 7 p.m.

*Some Saturdays are available.

Fee Structure: \$60 -70 per 50-minute counseling session

*Sliding scale may be available, assistance provided in the case of out-of-network insurance filing.

Payment Methods: cash or checks

Locations:

Alpharetta:

MPA & Associates

6740 Jamestown Drive

Alpharetta, GA 30005

Richard A. Van Haveren, Ph.D.
Licensed Psychologist
3516 Old Milton Parkway, Alpharetta, GA 30005
Phone: 678-462-3833 Fax: 678-205-4858

Clients Served: individual personal and career counseling services

Office Hours: Monday-Thursday 9:00-6:00, Friday 9:00-12:00

Areas of Specialty: career development, sport psychology, stress management, anxiety, depression, self-esteem, anger management, and relationship problems.

Payment Options: cash, check, or credit/debit card; most major insurance plans also accepted.

Member of the following associations:

- Georgia Psychological Association
- American Psychological Association
- Georgia Career Development Association
- National Career Development Association



L. Leigh Ussery, MS, LPC

6740 Jamestown Drive

Alpharetta, GA 30005

P: 770-655-1687

F: 678-339-1222

leighussery@gmail.com

www.tatianamatthewslpc.com/contractors

Specializing in individual counseling for adults and adolescents:

- Anxiety
- Depression
- Relationship Issues
- Autism Spectrum Disorders
- Anger Issues
- Self Esteem
- Addiction & Substance Abuse

Personal Statement:

My main focus is to help clients identify and build on their personal strengths so they can overcome the obstacles preventing them from realizing their full potential. My first priority when I meet with a client is to collaboratively establish therapy goals and determine what they would like to attain from the counseling process. Based on this information I personalize each session to help my clients achieve their goals.

Theoretical Orientation:

I tailor a variety of counseling approaches to meet the needs of each client, but primarily implement cognitive behavioral and solution-focused therapy. When working with children and adolescents, I also implement family systems therapy as I believe parent involvement is critical to the therapeutic process.

Cost: \$125 per 50 minute individual session. All major credit cards accepted.

Group Practitioners



2308 Perimeter Park Drive
Suite 100
Atlanta, GA 30341

770-457-5577
Fax 770-457-5599
atlantapsychological.com

Atlanta Psychological Services

Dr. Andrew Gothard - andygothard@bellsouth.net

Dr. Jaymie Fox - jaymiefox@hotmail.com

Dr. Susan Hay - susanmhay@msn.com

Dr. Katrina Lokken - kllokken@yahoo.com

Ms. Gina Vlasek, LPC

Our office is conveniently located just off of Interstate 285 in Dunwoody.

Our address is:

2308 Perimeter Park Drive

Suite 100

Atlanta, GA 30341

Phone 770-457-5577

Fax 770-457-5599

Atlanta Psychological Services offers the best in customer service, including fast appointment times and fast evaluation report delivery.

Hablamos Español! Our services include:

- ***Psychological Evaluations***
- ***Developmental Evaluations***
- ***Psychoeducational Evaluations***
- ***Fitness for Parenting Evaluations***
- ***Custody Evaluations***
- ***Drug and Alcohol Evaluations***
- ***Neuropsychological Evaluations***
- ***Psychosexual Evaluations***
- ***Independent Medical Evaluation***
- ***Workers Compensation Evaluations***
- ***Individual Psychotherapy***
- ***Group Psychotherapy***
- ***Family Therapy***
- ***Marital and Couples Therapy***
- ***Parenting Skills Groups***
- ***Anger Management Groups***
- ***Drug and Alcohol Groups***
- ***Criminal Defense Evaluations***
- ***Expert Witness Testimony***
- ***Attorney/Forensic Consultation***

• **WE PROVIDE EVALUATIONS AND THERAPY IN SPANISH!!**

Beyond Today Counseling Center, LLC

327 Dahlonega Hwy, Suite 1902 B
Cumming, GA 30040

Phone: 678-371-7357 Fax: 770-888-1800

www.beyondtodaycounseling.com

Population Served: Adolescents and Adults; Individuals, Couples and Families
Insurance Accepted: Aetna, Amerigroup, Blue Cross Blue Shield, Cigna, Humana, Magellan, PCHS & Wellcare
Office Hours: By appointment only. Evening appointments available Monday-Thursday

Counseling Services Provided: ADHD, Adjustment Disorder, Adoption Issues and Attachment Disorder, Anxiety Related Disorders, Career Changes & Development, Couples' Therapy, Dependence issues, Divorce recovery, Depression and other Mood Disorders, Eating Disorders, Forgiveness/Healing, Grief and Loss, ODD Adolescents, Parenting and Co-parenting, Stress Reduction, Struggling Adolescents, Victims of Abuse and Violence.

Treatment Models: A variety of treatment models including C B T, DBT, Brief, Family Therapy, Solution Focused, Choice Theory, Play Therapy, and others.

Fees: Self-pay or insurance. Hardship discounts offered for those who apply.



Kendra H. Gilbert, LPC graduated from New Orleans Baptist Theological Seminary with a Master of Arts in Marriage and Family Counseling in 2001. Since then she has served adolescents and adults, individuals, couples and families in a clinical setting. She opened Beyond Today Counseling Center in 2006, with the goal of serving her community by providing counseling services to both families and individuals by addressing them in a holistic manner. Kendra is a provider on most insurance panels.



Mary Hower, PsyD is a clinical psychologist with more than twenty years experience working with children, adolescents, adults and families. She works with a range of issues including ADHD, ADD, adjustment, mood and behavior issues, as well as family communication. She enjoys equipping parents with the skills needed to bring out the best in their child or adolescent. Mary currently accepts Amerigroup, BCBS, Cenpatico, Cigna, Magellan, & Wellcare.



Larissa D. Leffers graduated from Georgia State University with a Master of Science in Professional Counseling in 2007. She is a Licensed Professional Counselor, a National Certified Counselor, and a Registered Play Therapist. Larissa joined Beyond Today Counseling Center in 2012. She enjoys working with children and adults, but specializes in children. Her therapeutic interests include individuals struggling with anxiety, depression, grief/loss, divorce, domestic abuse, life transitions, relationship issues, or trauma. Larissa accepts Aetna and Self-Pay.



Christi Thompson, LPC is a 2008 graduate of North Georgia College and State University. She received a Master of Science in Community Counseling, and after graduation entered solo practice at Balanced Life Solutions, Inc., where she served both adolescents and adults. In 2011 Christi joined Beyond Today Counseling Center, LLC, where she continues to provide counseling services to individuals and families with issues pertaining to anxiety and depression, communication issues, relationship struggles, parenting and co-parenting, major life decisions, stress management and self-esteem struggles. Christi accepts Aetna and Self-Pay.

Forsyth County Public School Counselor List and e-mails

***Forsyth County Schools have requested that you identify and contact all
support staff through the county website:***

www.forsyth.k12.ga.us