



THE DELAWARE MET

TIME OUT LESSON

Copy the lesson and fill in the blanks with your own words. Be sure to title it “Time-out Lesson” and put your name in the top right-hand corner of your paper.

I understand that school is a place for learning. Every student in Delaware is offered 13 years of free education. Not many other countries in the world offer this to their students. I understand that I choose how to use this time. I can get an education and learn more about myself and the world around me, or I can waste this time.

I understand that the teacher is responsible for many things. She needs to plan the lesson and then do everything possible to help students understand the material. The teacher has a big job because it is not easy to help a class full of students. When I behave disruptively, I am making it hard for the teacher to do her job. This isn't fair and I don't have the right to do this.

I understand that the other students in my class have a right to the best education possible. When I behave disruptively, I not only keep the teacher from doing her job, I am also keeping students from getting the best education possible. This is not fair and I don't have the right to do this.

I am here copying this because I was out of the room. I was out of the room because

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I understand that right now I am missing out on valuable learning time. Instead of learning, I am copying this lesson. I understand that I made a decision to behave unacceptably in class and the consequence for this was being sent out of the room and points could be deducted from my grade this week. I understand that I have the power to make good decisions or bad decisions. When I make good decisions, I am rewarded. In school, this means getting a good education and feeling good about me as a student. I understand that I deserve a good education and I have the power and responsibility to make this happen. When I return to class, to make it up to my class and teacher, I will

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