

*A Multi-Tiered System of Supports*



## Family Essentials

View this brief webinar on how families can use the 5 PBIS Essentials at home to encourage positive behaviors

<https://tinyurl.com/PBIS4Families>

Put these 5 essentials into practice for your family:



### Maximize Structure

- Create a daily schedule
- Establish routines for work



### Child Engagement

- Use child's interests, preferences & choices
- Plan for active & inactive times



### Expectations & Rules

- Develop 'a way to be together' as a family
- Identify behaviors you want to see



### Acknowledge Appropriate Behavior with Positive Feedback

- Praise behaviors you want to see
- Use frequently during problem times



### Respond Calmly to Inappropriate Behaviors

- Use neutral tone of voice to correct behavior
- Identify ways to respond to common problems