Curriculum Scope & Sequence School: <u>Pike Creek Charter School</u>

Grade or Course: <u>6th Grade P.E.</u> Teacher _____

Cluster Benchmarks Cluster Benchmarks August 25,2014-September 6, 2014 Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities. • Fitness Testimestime	is a good way to visualize to track movement and motor skill but the improvements in a variety of
Psycho Motor skills- Recording and collecting Fitnessgram resultsStandard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.school year, collect and their scores and shar 	e and s within EQ: What ways can I use fitness log

			lifestyle?
			EU: There are personal and social behavioral expectations that can be improved with data collection for physical activity settings.
			EQ: How does data collection usage help personal and social behavioral expectations in physical settings?
			EU: Fitness logs provide guidance in a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression.
			EQ: How do fitness logs make physical activity meaningful?
September 9, 2014-November 14th	Standard 1: Demonstrate competency in	Handball/Team	EU: Team sport involves using movement and motor skills with
	motor skills and movement patterns needed to perform a variety of physical	VolleyballSoccer	groups of people throughout your
Unit 2: Team Sports	activities.	Football/Rugby	life.
Psycho Motor skills- Physical Activity	Standard 2: Demonstrates understanding of movement concepts, principles,	KickballNature Walk	EQ: What ways can I use team sports as a catalyst for physical activities throughout my life?
Cognitive Skills: Skill Development	strategies, and tactics as they apply to	Students will participate in team sports activities in order	
Affective Skills: Safety and Rules	the learning and performance of physical activities.	to improve their social skills	EU: Team sport uses movement
Anective Skins. Salety and Rules		with students in their age	concepts, principles, strategies and tactics as a group for physical
	Standard 3: Participates regularly in	groups. Students will be able to participate in team sports	activities.
	physical activity.	activities that will help them	
	Standard 4: Achieves and maintains a	increase their physical activity	EQ: What are the concept, principles, strategies and tactics
	health-enhancing level of physical fitness	levels, develop motor skills, and begin to understand rules and strategies toward working	used in physical activity while participating with a team or group?
	Standard 5: Exhibits responsible personal	with a group.	EU: Team sport allows groups of
	and social behavior that respects self and others in physical activity settings.		people to be physically active.
	Standard 6: Creates opportunity for health, enjoyment, challenge, self		EQ: What is the importance of being physically active within a
	expression and/or social interaction		group?
	through physical activity.		EU: Group physical fitness a great

			 way to teach and share health ideas throughout life. EQ: How does sharing health strategy promote groups to be physically fit? EU: As a group personal and social behavioral expectations should be discussed and improved in physical activity settings. EQ: What personal and social behavioral expectations should be covered in physical activity setting? EU: Team sports provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression within the group. EQ: What makes group or team physical activity meaningful for
November 18, 2014- March 6, 2015	Standard 1: Demonstrate competency in	Gymnastics	everyone involved? EU: Physical Activity involves using
Unit 3: Lifetime Skills	motor skills and movement patterns needed to perform a variety of physical	 Hockey Aquatics 	movement and motor skills throughout your life.
Psycho Motor Skills: Body Awareness	activities.	BasketballBowling	EQ: What ways can I use physical activities throughout my life?
Cognitive Skills: Movement Concepts	Standard 2: Demonstrates understanding of movement concepts, principles,	DanceRacquet Sports	
Affective Skills: Rhythm	strategies, and tactics as they apply to the learning and performance of physical activities.	 Racquet ball Badminton Pickle ball Table Tennis 	EU: Movement concepts, principles, strategies and tactics are used in a lifetime physical activities.
	Standard 3: Participates regularly in physical activity.	Students will be able to differentiate between age related team sports and	EQ: What are the concept, principles, strategies and tactics used in lifetime physical activities?
	Standard 4: Achieves and maintains a health-enhancing level of physical fitness	lifetime activities that people of all ages can participate in. Students will be able to	EU: It is important to stay physically active throughout a lifetime.
	Standard 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings.	become more aware of how their body reacts to movement while experiencing different	EQ: What is the importance of

	Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	examples of physical activity.	 lifetime fitness? EU: Physical fitness is essential to health throughout life. EQ: How will a lifetime of physically fitness improve my health-enhancing level of fitness? EU: There are personal and social behavioral expectations in life that are used in physical activity settings. EQ: What are the personal and social behavioral expectations in physical settings that should be expected from all ages? EU: Lifetime skills provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression. EQ: What makes life long physical activity meaningful?
March 9, 2015- June 12, 2015 Unit 4: Individual and Dual Activities	Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.	 Golf Archery Tennis Lacrosse 	EU: Small group activities involve using movement and motor skills with partners in a variety of physical activities.
Psycho Motor skills: Specialized Skills Cognitive Skills: Concept	Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to	 Ultimate Frisbee Baseball, Softball, Cricket 	EQ: What ways can I use small group physical activities to improve movement and motor skills throughout my life?
Comprehension Affective Skills: Cooperation	the learning and performance of physical activities. Standard 3: Participates regularly in	Students will participate in sports and activities that are comprised of individual skills, partner skills and team	EU: Movement concepts, principles, strategies and tactics

physical activity.	cooperation. Students will be	are used in physical activities
priysical activity.	able to gain skills and	involving large and small groups.
Standard 4: Achieves and maintains a	knowledge about lifetime	
health-enhancing level of physical fitness	activities that they can participate in on their own, to	EQ: What are the concept, principles, strategies and tactics
Standard 5: Exhibits responsible personal	stay healthy. Students will also	used in physical activity as they
and social behavior that respects self and	be able to compete and enjoy physical activities with a	pertain to specific group sizes?
others in physical activity settings.	physical activities with a partner or a small group.	EU: Participating in physical
Standard 6: Creates opportunity for		fitness individually and as a group
health, enjoyment, challenge, self		is important for lifetime fitness.
expression and/or social interaction		EQ: What is more important, group
through physical activity.		or individual physically activity?
		EU: Participation in single or
		partner physical activity helps
		improve health levels throughout life.
		EQ: How does my group's health benefit from being physically fit
		together?
		EU: There are personal and social behavioral expectations in physical
		activity settings that have one or
		more participants.
		EQ: What are the personal and
		social behavioral expectations in
		physical settings in individual and dual activities?
		EU: Physical activity provides a variety of opportunities for
		enjoyment, social interaction,
		challenge and/or self-expression
		for one person or many people.
		EQ: What makes physical activity
		meaningful?

Curriculum Scope & Sequence School: <u>Pike Creek Charter School</u>

Grade or Course: <u>7th Grade</u> P.E. Teacher _____

Unit Order By unit title and/or time frame	Learning Targets Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
August 25,2014-September 6, 2014 <u>Unit 1: Fitness Log/Data</u> <u>Collection</u> Psycho Motor skills- Recording and collecting Fitnessgram results Cognitive Skills: Data comprehension Affective Skills: Partner recording	Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities. Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities. Standard 3: Participates regularly in physical activity. Standard 4: Achieves and maintains a health-enhancing level of physical fitness Standard 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings. Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	• Fitness Testing Students will be able to track their fitness data from the prior school year. Work on understanding how the data can be implemented in their classroom, at home and during physical activity. Throughout the school year, collect and log their scores and share and compare fitness levels within the school, state and country.	 EU: Tracking your physical activity is a good way to visualize movement and motor skill improvements in a variety of physical activities. EQ: What ways can I use fitness log data to improve my motor skills and movement patterns throughout my life? EU: Collecting data during physical activity is helpful when learning about movement concepts, principles, strategies and tactics. EQ: How does data collection help when learning concept, principles, strategies and tactics used in physical activity? EU: Fitness logs give us a range to compare how physically active a person is daily. EQ: Why is it important to collect data of our daily physically activity? EU: Fitness logs are essential for tracking physical activity to promote a health enhancing lifestyle. EQ: How does tracking my physical fitness help me achieve and maintain a health-enhancing lifestyle?

			EU: There are personal and social behavioral expectations that can be improved with data collection for physical activity settings. EQ: How does data collection usage help personal and social behavioral expectations in physical settings? EU: Fitness logs provide guidance in a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression. EQ: How do fitness logs make
September 9, 2014-November 14th	Standard 1: Demonstrate competency in	• Handball/Team	physical activity meaningful? EU: Team sport involves using
	motor skills and movement patterns	• Volleyball	movement and motor skills with
Unit 2: Team Sports	needed to perform a variety of physical activities.	SoccerFootball/Rugby	groups of people throughout your life.
	detivities.	Kickball	
Psycho Motor skills- Physical Activity	Standard 2: Demonstrates	Nature Walk	EQ: What ways can I use team sports as a catalyst for physical
Cognitive Skills: Skill Development	understanding of movement concepts, principles, strategies, and tactics as they	Students will participate in	activities throughout my life?
	apply to the learning and performance	team sports activities in order	EU: Team sport uses movement
Affective Skills: Safety and Rules	of physical activities.	to improve their social skills with students in their age	concepts, principles, strategies and
	Standard 3: Participates regularly in	groups. Students will focus on,	tactics as a group for physical activities.
	physical activity.	what it means to be a teammate, a captain a coach	
	Standard 4: Achieves and maintains a	and even a referee. Students	EQ: What are the concept, principles, strategies and tactics
	health-enhancing level of physical	will be able to participate in team sports activities that will	used in physical activity while
	fitness	help them increase their	participating with a team or group?
	Standard 5: Exhibits responsible	physical activity levels, develop motor skills, and	EU: Team sport allows groups of
	personal and social behavior that	begin to understand rules and	people to be physically active.
	respects self and others in physical activity settings.	strategies toward working with a group. Students will be able to present to the teacher	EQ: What is the importance of being physically active within a group?
	Standard 6: Creates opportunity for	what job title expectations	EU: Group physical fitness a great
	health, enjoyment, challenge, self expression and/or social interaction	may accompany a position during a team sports event.	way to teach and share health ideas
	through physical activity.	~ •	throughout life.

			 EQ: How does sharing health strategy promote groups to be physically fit? EU: As a group personal and social behavioral expectations should be discussed and improved in physical activity settings. EQ: What personal and social behavioral expectations should be covered in physical activity setting? EU: Team sports provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression within the group. EQ: What makes group or team physical activity meaningful for everyone involved?
November 18, 2014- March 6, 2015	Standard 1: Demonstrate competency in	• Dance	EU: Physical Activity involves using
Unit 3: Lifetime Skills	motor skills and movement patterns needed to perform a variety of physical	GymnasticsHockey	movement and motor skills throughout your life.
	activities.	HockeyAquatics	in oughout your mot
Psycho Motor skills: Body Awareness		Basketball	EQ: What ways can I use physical
	Standard 2: Demonstrates	Racquet Sports	activities throughout my life?
Cognitive Skills: Movement Concepts	understanding of movement concepts,	1. Racquet ball	EU: Movement concepts, principles,
Affective Skiller Dhuthm	principles, strategies, and tactics as they	2. Badminton 3. Pickle ball	strategies and tactics are used in a
Affective Skills: Rhythm	apply to the learning and performance	3. Pickie Bali 4. Table Tennis	lifetime physical activities.
	of physical activities.	Bowling	FO: What are the concert
	Standard 3: Participates regularly in		EQ: What are the concept, principles, strategies and tactics
	physical activity.	Students will be able to	used in lifetime physical activities?
		Students will be able to differentiate between age	
	Standard 4: Achieves and maintains a	related team sports and	EU: It is important to stay physically active throughout a
	health-enhancing level of physical fitness	lifetime activities that people	lifetime.
	1111535	of all ages can participate in. Students will be expected to	
	Standard 5: Exhibits responsible	discuss these activities with	EQ: What is the importance of
	personal and social behavior that	member of their community	lifetime fitness?
	respects self and others in physical	in hopes of motivating their	EU: Physical fitness is essential to
	activity settings.	community to be more active. Students will be able to	health tȟroughout life.

	Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	become more aware of how their body reacts to movement while experiencing different examples of physical activity. They will be expected to collaborate with classmates to plan strategies, rules and plans that they will use in Physical Education class.	 EQ: How will a lifetime of physically fitness improve my health-enhancing level of fitness? EU: There are personal and social behavioral expectations in life that are used in physical activity settings. EQ: What are the personal and social behavioral expectations in physical settings that should be expected from all ages? EU: Lifetime skills provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression. EQ: What makes life long physical activity meaningful?
March 9, 2015- June 12, 2015 Unit 4: Individual and Dual Activities	Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.	 Golf Archery Tennis Lacrosse 	EU: Small group activities involve using movement and motor skills with partners in a variety of physical activities.
Psycho Motor skills: Specialized Skills Cognitive Skills:	Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they	 Ultimate Frisbee Baseball, Softball, Cricket 	EQ: What ways can I use small group physical activities to improve movement and motor skills throughout my life?
Concept Comprehension Affective Skills: Cooperation	apply to the learning and performance of physical activities. Standard 3: Participates regularly in physical activity.	Students will participate in sports and activities that are comprised of individual skills, partner skills and team cooperation. The students will present team and	EU: Movement concepts, principles, strategies and tactics are used in physical activities involving large and small groups.
	Standard 4: Achieves and maintains a health-enhancing level of physical fitness	individual "game plans" to improve everyday performance in Physical Education class. Students will be able to gain skills and	EQ: What are the concept, principles, strategies and tactics used in physical activity as they pertain to specific group sizes?
	Standard 5: Exhibits responsible personal and social behavior that	knowledge about lifetime activities that they can	EU: Participating in physical fitness individually and as a group is

respects self and others in physical activity settings. Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	participate on their own, to stay healthy. Students will also be able to compete and enjoy physical activities with a partner or a small group.	 important for lifetime fitness. EQ: What is more important, group or individual physically activity? EU: Participation in single or partner physical activity helps improve health levels throughout life. EQ: How does my group's health benefit from being physically fit together? EU: There are personal and social behavioral expectations in physical activity settings that have one or more participants. EQ: What are the personal and social behavioral expectations in physical settings in individual and dual activities? EU: Physical activity provides a model of the former of the form
		EU: Physical activity provides a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression for one person or many people.
		EQ: What makes physical activity meaningful?

Curriculum Scope & Sequence School: <u>Pike Creek Charter School</u>

Grade or Course: <u>8thGrade P.E.</u> Teacher _____

Unit Order By unit title and/or time frame	Learning Targets Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
August 25,2014-September 6, 2014 <u>Unit 1: Fitness Log/Data</u> <u>Collection</u> Psycho Motor skills- Recording and collecting Fitnessgram results Cognitive Skills: Data comprehension Affective Skills: Partner recording	Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities. Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities. Standard 3: Participates regularly in physical activity. Standard 4: Achieves and maintains a health-enhancing level of physical fitness Standard 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings. Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	 Fitness Testing Students will be able to track their fitness data from the prior school year. Students will work on understanding how the data can be implemented in their classroom, at home and during physical activity. Throughout the school year, collect and log their scores and share and compare fitness levels within the school, state and country. As part of their capstone they will do a statistical study of their fitness throughout their middle school experience. 	 EU: Tracking your physical activity is a good way to visualize movement and motor skill improvements in a variety of physical activities. EQ: What ways can I use fitness log data to improve my motor skills and movement patterns throughout my life? EU: Collecting data during physical activity is helpful when learning about movement concepts, principles, strategies and tactics. EQ: How does data collection help when learning concept, principles, strategies and tactics used in physical activity? EU: Fitness logs give us a range to compare how physically active a person is daily. EQ: Why is it important to collect data of our daily physically activity? EU: Fitness logs are essential for tracking physical activity to promote a health enhancing lifestyle. EQ: How does tracking my physical fitness help me achieve

			and maintain a health- enhancing lifestyle? EU: There are personal and social behavioral expectations that can be improved with data collection for physical activity settings. EQ: How does data collection usage help personal and social behavioral expectations in physical settings? EU: Fitness logs provide guidance in a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression. EQ: How do fitness logs make physical activity meaningful?
September 9, 2014-November 14th Unit 2: Team Sports	Standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.	 Handball/Team Volleyball Soccer Football/Rugby 	EU: Team sport involves using movement and motor skills with groups of people throughout your life.
Psycho Motor skills- Physical Activity	Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to	 Kickball Nature Walk Students will participate in team 	EQ: What ways can I use team sports as a catalyst for physical activities throughout my life?
Cognitive Skills: Skill Development Affective Skills: Safety and Rules	the learning and performance of physical activities. Standard 3: Participates regularly in physical activity.	sports activities in order to improve their social skills with students in their age groups. Students will focus on, what it means to be a teammate, a	EU: Team sport uses movement concepts, principles, strategies and tactics as a group for physical activities.
	Standard 4: Achieves and maintains a health-enhancing level of physical fitness Standard 5: Exhibits responsible personal	captain a coach and even a referee. Students will be able to participate in team sports activities that will help them increase their physical activity levels, develop motor skills, and	EQ: What are the concept, principles, strategies and tactics used in physical activity while participating with a team or group?
	and social behavior that respects self and others in physical activity settings.	begin to understand rules and strategies toward working with a group. Students will be able to present to the teacher what job	EU: Team sport allows groups of people to be physically active.

	Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	title expectations may accompany a position during a team sports event. As part of their capstone they will do a study on a sports team and find out what that teams strategy for success includes.	 EQ: What is the importance of being physically active within a group? EU: Group physical fitness a great way to teach and share health ideas throughout life. EQ: How does sharing health strategy promote groups to be physically fit? EU: As a group personal and social behavioral expectations should be discussed and improved in physical activity settings. EQ: What personal and social behavioral expectations should be covered in physical activity setting? EU: Team sports provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression within the group. EQ: What makes group or team physical activity meaningful for everyone involved?
November 18, 2014- March 6, 2015	Standard 1: Demonstrate competency in	• Dance	EU: Physical Activity involves using movement and motor
Unit 3: Lifetime Skills	motor skills and movement patterns needed to perform a variety of physical	GymnasticsHockey	skills throughout your life.
Psycho Motor skills: Body Awareness	activities.	Aquatics	EQ: What ways can I use
	Standard 2: Demonstrates understanding	BasketballRacquet Sports	physical activities throughout
Cognitive Skills: Movement Concepts	of movement concepts, principles,	1. Racquet ball 2. Badminton	my life?
Affective Skills: Rhythm	strategies, and tactics as they apply to the learning and performance of physical activities.	2. Badminton 3. Pickle ball 4. Table Tennis • Bowling	EU: Movement concepts, principles, strategies and tactics are used in a lifetime physical activities.

March 9, 2015- June 12, 2015	Standard 3: Participates regularly in physical activity. Standard 4: Achieves and maintains a health-enhancing level of physical fitness Standard 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings. Standard 6: Creates opportunity for health, enjoyment, challenge, self expression and/or social interaction through physical activity.	 Students will be able to differentiate between age related team sports and lifetime activities that people of all ages can participate in. Students will be expected to discuss these activities with member of their community in hopes of motivating their community members to be more active. Students will be able to become more aware of how their body reacts to movement while experiencing different examples of physical activity. They will be expected to collaborate with classmates to plan strategies, rules and plans that they will use in Physical Education class. As part of their capstone they will interview members of their community about their fitness habits. Golf 	 EQ: What are the concept, principles, strategies and tactics used in lifetime physical activities? EU: It is important to stay physically active throughout a lifetime. EQ: What is the importance of lifetime fitness? EU: Physical fitness is essential to health throughout life. EQ: How will a lifetime of physically fitness improve my health-enhancing level of fitness? EU: There are personal and social behavioral expectations in life that are used in physical activity settings. EQ: What are the personal and social behavioral expectations in physical settings that should be expected from all ages? EU: Lifetime skills provide a variety of opportunities for enjoyment, social interaction, challenge and/or self-expression. EQ: What makes life long physical activity meaningful? EU: Small group activities
March 9, 2015- June 12, 2015 Unit 4: Individual and Dual Activities	standard 1: Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities.	 Golf Archery Tennis Lacrosse 	involve using movement and motor skills with partners in a variety of physical activities.

Attachment 4: Scope and Sequence, 8th Grade Physical Education

Psycho Motor skills: Specialized Skills Cognitive Skills: Concept Comprehension	Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to	 Ultimate Frisbee Baseball, Softball, Cricket 	EQ: What ways can I use small group physical activities to improve movement and motor skills throughout my life?
Cognitive Skills: Cooperation		Students will participate in sports and activities that are comprised of individual skills, partner skills and team cooperation. The students will present team and individual "game plans" to improve everyday performance in Physical Education class. Students will be able to gain skills and knowledge about lifetime activities that they can participate in on their own, to stay healthy. Students will also be able to compete and enjoy physical activities with a partner or as part of a small group. As part of their capstone students will be expected to write and present a six month activity plan for someone looking to increase their weekly activity regiment.	 EU: Movement concepts, principles, strategies and tactics are used in physical activities involving large and small groups. EQ: What are the concept, principles, strategies and tactics used in physical activity as they pertain to specific group sizes? EU: Participating in physical fitness individually and as a group is important for lifetime fitness. EQ: What is more important, group or individual physically activity? EU: Participation in single or partner physical activity helps improve health levels throughout life. EQ: How does my group's health benefit from being physically fit together? EU: There are personal and social behavioral expectations in physical activity settings that have one or more participants. EQ: What are the personal and social behavioral expectations in physical settings in individual and dual activities?
			EU: Physical activity provides a

	variety of opportunities for enjoyment, social interaction, challenge and/or self- expression for one person or many people.
	EQ: What makes physical activity meaningful?