## <u>Curriculum Scope & Sequence</u> School: <u>Pike Creek Charter School</u>

School: <u>Pike Creek Charter School</u> Grade or Course: <u>6<sup>th</sup> Grade Health/Nutrition</u> Teacher:\_\_\_\_\_

Unit Order	Learning Targets	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
By unit title and/or time frame	Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks		
Unit 1: Personal Growth and	Students will understand	Dimensions of wellness	Enduring Understanding:
Development	essential health concepts in		Staying healthy is a lifelong
	order to transfer knowledge	Adolescence Growth	process that includes all
	into healthy actions for life.		dimensions of wellness.
		Circulatory System	
	Students will demonstrate		Developing and maintaining
	the ability to practice health-	Muscular System	wellness requires ongoing
	enhancing behaviors and		evaluation of factors impacting
	avoid or reduce health risks.	Skeletal System	health and modifying lifestyle behaviors accordingly.
			<b>Essential Questions:</b> What health promotion concepts and skills are necessary to support a healthy, active lifestyle?
			How are the three parts of health related?
			Why do you have a growth spurt during adolescence?
			What are the structures and functions of the circulatory, muscular and skeletal systems?
			How can taking care of the

			circulatory, muscular and skeletal systems prevent diseases/disorders?
Unit 2: Nutrition	Students will understand essential health concepts in	Nutrients	Enduring Understandings:
	order to transfer knowledge into healthy actions for life.	ADA Guidelines Nutrition impact on health	Eating patterns are influenced by a variety of factors.
	Students will demonstrate the ability to use decision- making skills to enhance health	Nutrition impact on neurin	<b>Essential Questions:</b> What are the functions of the 6 nutrients in maintaining health?
			What are the dietary guidelines for Americans?
			Why is proper nutrition important to having lifelong health?
Unit 3:Disease/Health Conditions and Safety	Students will understand essential health concepts in order to transfer knowledge	Communicable and non- communicable diseases	<b>Enduring Understandings:</b> The early detection and treatment of diseases and
	into healthy actions.	Disease Prevention and Safety	health conditions impact one's health.
	Students will analyze the influence family, peers,	Body Defenses	Identifying unsafe situations
	culture, media, technology and other factors on health	Common Mental Illness	and choosing appropriate ways to reduce or eliminate risks
	behaviors.	Basic First Aid	contributes to the safety of self and others.
	Students will demonstrate the ability to access	Emergencies	Applying first-aid procedures
	information, products and services to enhance health. Students will demonstrate		can minimize injury and save lives.
	the ability to use decision- making skills to enhance		<b>Essential Questions:</b> What behaviors will reduce my

Students will demonstrate the ability to practice health- enhancing behaviors and avoid or reduce health risks.	Resolution Skills	How do body defenses protect against disease? What ways can a person reduce risk of HIV infection?
	Resolution Skills	5 1
	Resolution Skills	
Unit 4: Social and Emotional Students will understand		Enduring Understandings:
Health essential health concepts in		Social and emotional
order to transfer knowledge	Communication Skills	development impacts all
into healthy actions for life.		components of wellness.
Students will engly the	Healthy and Unhealthy Relationships	Deepest and accontance for
Students will analyze the influence of family, peers,	Relationships	Respect and acceptance for individuals regardless of
culture, media, technology		gender, sexual orientation,
and other factors on health		disability, ethnicity,
behaviors.		socioeconomic background,
		religion, and/or culture provide
Students will demonstrate		a foundation for the prevention
the ability to access		and resolution of conflict.
information, products and		
services to enhance health.		Stress management skills
Students will demonstrate		impact an individual's ability to cope with different types of
the ability to use		emotional situations.
interpersonal		emotional situations.
communication skills to		<b>Essential Questions:</b>
enhance health and avoid or		How do I show respect for
reduce health risks.		others?
Students will demonstrate		
the ability to practice health		How do I apply conflict
enhancing behaviors and		resolutions skills
avoid or reduce health risks.		appropriately?
Students will demonstrate		What are the effects of being in
the ability to advocate for		a harmful relationship?

	personal, family and		
	community health.		
Unit 5:Alcohol, Tobacco and	Students will understand	Over the Counter vs.	Enduring Understandings:
other drugs	essential health concepts in	Prescription medicines	Medicines come in various
	order to transfer knowledge	1	forms (over the counter,
	into healthy actions for life.	Medicine Guidelines	prescriptions, medical
	-		supplements) are used for
	Students will analyze the	Drug Abuse	various reasons, and should be
	influence of family, peers,		taken as directed in order to be
	culture, media, technology	Substance Abuse	safe and effective.
	and other factors on health		
	behaviors.	Tobacco Use	There is a strong correlation
			between people who abuse
	Students will demonstrate	Preventives	drugs and increased intentional
	the ability to access		and unintentional health-risk
	information, products and		behaviors.
	services to enhance health.		
			Substance abuse is caused by a
	Students will demonstrate		variety of factors.
	the ability to use		
	interpersonal		There are a myriad of ways to
	communication skills to		obtain assistance for treatment
	enhance health and avoid or		of alcohol, tobacco and other
	reduce health risks.		substance abuse problems.
	Students will demonstrate		Essential Questions:
	the ability to use decision-		What knowledge about alcohol,
	making skills to enhance		tobacco, and other drugs are
	health.		needed to support a healthy,
	iicaitii.		active lifestyle?
	Students will demonstrate		active mestyle.
	the ability to practice health		How are relationships and
	enhancing behaviors and		decisions affected by alcohol
	avoid or reduce health risks.		and drugs?
	Students will demonstrate		What protective factors help

	the ability to advocate for		one to stay away from alcohol
	personal, family and		and drugs?
	community health.		und drugs.
Unit 6: Relationships	Students will understand	Types of relationships	Enduring Understandings:
onit of Relationships	essential health concepts in	Types of relationships	Healthy relationships require a
	order to transfer knowledge	Healthy	mutual commitment.
	into healthy actions for life.	Friendships/Relationships	indual communent.
	finto nearing actions for me.	r nenusinps/ relationships	The values acquired from
	Students will analyze the	Dating in Adolescence	family, culture, personal
	influence of family, peers,	Dating in Autorescence	experiences, and friends impact
	culture, media, technology		all types of relationships.
	and other factors on health		an types of relationships.
	behaviors.		Optimal health and positive life
	Dellavioi S.		choices are achieved through
	Students will demonstrate		the understanding of human
	the ability to use		relationships.
	interpersonal		relationships.
	communication skills to		Different sexual lifestyles are
	enhance health and avoid or		practices in today's world.
	reduce health risks.		practices in today's world.
	reduce health risks.		Essential Questions:
	Students will demonstrate		What physical, emotional, and
			social knowledge of human
	the ability to practice health enhancing behaviors and		relationships and sexuality is
	avoid or reduce health risks.		needed to live a healthy and
	avoid of reduce health risks.		active lifestyle?
	Students will demonstrate		active mestyle:
	the ability to advocate for		Why is it important to have
	personal, family and		mutual respect when dating?
	community health.		mutual respect when dating:
	community nearth.		What characteristics are
			necessary to possess to have a healthy relationship?
Unit 7: Sexuality, Pregnancy	Students will understand	Male and Female Growth	Enduring Understandings:
and Parenting		Patterns	Most significant physical,
	essential health concepts in	ratterns	J 1 1
	order to transfer knowledge		mental, and emotional changes

into healthy actions for life.	Physical Changes in	occur during adolescence, but
	Adolescence	not necessarily at the same rate.
Students will analyze the		Responsible actions regarding
influence of family, peers,	Emotional Changes in	sexual behavior impact the
culture, media, technology	Adolescence	health of oneself and others.
and other factors on health		
behaviors.	Sexual peer pressure	Knowing the physiological
		process of how pregnancy
Students will demonstrate	Risk Factors of Sexual Behavior	occurs as well as development
the ability to access		of the fetus leading to child
information, products and	Pregnancy and Development	birth contribute to a greater
services to enhance health.		understanding of how and why
	Adolescence and Parenthood	a healthy environment should
Students will demonstrate		be provided for the pregnant
the ability to use decision-		mother.
making skills to enhance		
health.		Adolescent parents may have
		difficulty adjusting to emotional
Students will demonstrate		and financial responsibilities of
the ability to practice health-		parenthood.
enhancing behaviors and		-
avoid or reduce health risks.		Essential Questions:
		Why do males and females
		grow and mature at different
		rates?
		How does one care for their
		ever changing body?
		What strategies should one
		know to resist the pressure to
		be sexually active?
		be benauly active.

## <u>Curriculum Scope & Sequence</u> School: <u>Pike Creek Charter School</u>

Grade or Course: <u>7<sup>th</sup> Grade Health/Nutrition</u> Teacher:\_\_\_\_\_

<b>Unit Order</b> By unit title and/or time frame	Learning Targets Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
Unit 1: Mental and Emotional	Students will understand essential health concepts in order to transfer	Health Triangle	Enduring Understandings:
Health	knowledge into healthy actions for life.	Health Goals	Effective communication is the basis for strengthening interpersonal interactions and
	Students will analyze the influence of family, peers, culture, media,	Healthy Communication	relationships and resolving conflicts.
	technology and other factors on health behaviors.	Mental Development	
	nearth benaviors.		Mental and emotional
	Students will demonstrate the ability to use interpersonal communication skills to enhance	Emotional Development	development impacts all components of wellness.
	health an avoid or reduce health risks.		<b>Essential Questions:</b>
			What actions does a person
	Students will demonstrate the ability to use decision-making skills		need to take to be healthy?
	to enhance health.		Why is important for a person
	Students will demonstrate the ability to use goal-setting skills to		to be health literate?
	enhance health.		How does a person use the four
	Students will demonstrate the		levels of communication
	ability to practice health-enhancing behaviors and avoid or reduce health risks.		effectively?
Unit 2: Personal Growth and	Students will understand essential	Unhealthy behaviors in	Enduring Understandings:
Development	health concepts in order to transfer knowledge into healthy actions for	Adolescence	Optimal health and positive life
	life.		choices are achieved through
	Students will engly the influence	Hormones	the understanding of the
	Students will analyze the influence of family, peers, culture, media,		structure and function of the

Г — Г	to alwala and attend for the stars and	TT 11	1 1 1
	technology and other factors on health behaviors.	Heredity	human body.
	Students will demonstrate the ability to use decision-making skills	Nutrition	Taking responsibility for one's own health is an essential step
	to enhance health.	Managing Peer Pressure	towards developing and
	Students will demonstrate the ability to use goal-setting skills to	Changes in males and females	maintaining a healthy, active life style.
	enhance health.	during puberty	
	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.		Applying knowledge about physical, social, emotional, and intellectual wellness will help students make informed choices.
			<b>Essential Questions:</b> Are there long lasting consequences to unhealthy behaviors made during adolescence?
			What resistance skills are needed to practice abstinence?
			How does the structure and function of the reproductive systems relate to overall health?
Unit 3: Diseases/Health	Students will understand essential	Common Adolescence Diseases	Enduring Understandings:
Conditions and Safety	health concepts in order to transfer knowledge into healthy actions.		The prevention and control of
		Transmission, causes and	diseases and health conditions
	Students will analyze the influence family, peers, culture, media,	treatment of diseases	are affected by many factors.
	technology and other factors on	Disease Prevention	Identifying unsafe situations
	health behaviors.		and choosing appropriate ways
	Students will demonstrate the	Body Defenses	to reduce or eliminate risks
	ability to access information,		contributes to the safety of self

	products and services to enhance	Mental Illness	and others.
	health. Students will demonstrate the		
	ability to use decision-making skills	First Aid	Evaluating the potential for
	to enhance health.		injury prior to engaging in
		First responders	unhealthy/risky behaviors
	Students will demonstrate the		impacts choices.
	ability to practice health-enhancing		impuets enoices.
	behaviors and avoid or reduce		Applying first-aid procedures
	health risks.		can minimize injury and save
			, ,
			lives.
			Applying first-aid procedures
			can minimize injury and save
			lives.
			lives.
			<b>Essential Questions:</b>
			How do I choose behaviors that
			will reduce the risk of infection
			with communicable diseases?
			with communicable diseases?
			What is the bodies first and
			second line of defense to
			keeping pathogens from
			entering the body?
			entering the body?
			What basic skills does a person
			need to know to treat illnesses
			and injuries?
Unit 4:STI's	Students will understand essential	Immune System	Enduring Understandings:
	health concepts in order to transfer		A healthy immune system is
	knowledge into healthy actions for	Preventing Illness	vital in protecting the body
	life.		from disease causing pathogens
	Students will analyze the influence	STI transmissions, signs and	and by taking proper steps you
	of family, peers, culture, media,	symptoms	can prevent becoming ill or
	technology and other factors on	symptoms	spreading illnesses to others.
	health behaviors.	Tymes of STI	spreading innesses to others.
		Types of STI	

	Students will demonstrate the ability to use decision-making skills to enhance health. Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	HIV and AIDs Peer Pressure and Sexual Activity	Abstinence from sexual activity and high risk behaviors can prevent transmission of STI's. Understand that factors such as heredity, environment, and lifestyle choices influence total health. Develop a personal plan for reducing the risk of STI/HIV infection. <b>Essential Questions:</b> What are the signs, symptoms, diagnosis and treatments for STI's? Explain why abstinence is the best way to prevent STI's? What skills are needed to abstain from engaging in sexual activity?
Unit 5:Social Health	Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.	Family Crisis and Change Stress	<b>Enduring Understandings:</b> Social and emotional development impacts all components of wellness.
	Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.	Family Relationships Healthy & Unhealthy Relationships	Respect and acceptance for individuals regardless of gender, sexual orientation,
	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health	Family Member Responsibilities Dating Relationships	disability, ethnicity, socioeconomic background, religion, and/or culture provide a foundation for the prevention

	risks.		and resolution of conflict.
	113h3.		
	Students will demonstrate the ability to use decision-making skills to enhance health.		Stress management skills impact an individual's ability to
	to enhance nearth.		cope with different types of
	Students will demonstrate the		family situations.
	ability to practice health-enhancing		
	behaviors and avoid or reduce health risks.		Essential Questions:
	lieattii 1 isks.		What skills are needed to cope
	Students will demonstrate the		with difficult family
	ability to advocate for personal.		relationships
	family and community health.		
			What does being a responsible
			family member look like?
			What skills are necessary to
			date responsibly?
Unit 6: Digestion	Students will understand essential health concepts in order to transfer	Digestive System	Enduring Understandings:
	knowledge into healthy actions for		Optimal health and positive life
	life.	Structures and Functions of the	choices are achieved through
		Digestive System	the understanding of the
	Students will demonstrate the ability to access information,	Characteristics of Dispetive	structure and function of the
	products and services to enhance	Characteristics of Digestive	human body.
	health.	Organs	Essential Questions:
	Students will demonstrate the	Metabolism	How does the structure and
	ability to use decision-making skills		function of the digestive system
	to enhance health.	Digestive System and Disease	relate to overall health?
	Students will domenstrate the	2-geouve System and Discuse	
	Students will demonstrate the ability to practice health-enhancing	Disease Treatments	What are the functions of the
	behaviors and avoid or reduce		digestive system?
	health risks.		
			What are the characteristic of
			the organs that make-up the
			digestive system?

			What are the diseases/dysfunctions of the
			digestive system and how are they treated?
Unit 7:Nutrition	Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.	Nutrients Nutrition impacts	<b>Enduring Understanding:</b> How does the daily recommended allowance apply
	Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.	Recommended Daily Allowances (RDA)	to daily living? Comprehend the Dietary Guidelines for Americans.
	Students will demonstrate the ability to use decision-making skills to enhance health.	Metabolic Rate Dietary Guidelines	<b>Essential Questions:</b> What are the functions of the 6 nutrients in maintaining health?
	Students will demonstrate the ability to use goal-setting skills to enhance health. Students will demonstrate the	Food Pyramid Nutrition Labeling	Why is proper nutrition important to having lifelong
	ability to practice health-enhancing behaviors and avoid or reduce health risks.	Food Poisoning	health? What is the Recommended Daily Dietary Allowances
	Students will demonstrate the ability to advocate for personal, family and community health.		(RDA)? What are the dietary guidelines for Americans?
Unit 8: Character Development/Advocacy and Service	Students will understand essential health concepts in order to transfer knowledge into healthy actions for	Personality Influences Advantages of individual, group	<b>Enduring Understandings:</b> Working together toward common goals with individuals
	life. Students will analyze the influence of family, peers, culture, media, technology and other factors on	and team building activities. PCC 5 Pillars of Character	of different abilities and from different backgrounds develops and reinforces core ethical
	technology and other factors on health behaviors. Students will demonstrate the	Individuals with Disabilities	values. Effective advocacy for a health
	ability to use interpersonal		or social issue is based on

	communication skills to enhance health and avoid or reduce health risks. Students will demonstrate the ability to use decision-making skills to enhance health. Students will demonstrate the		communicating accurate and reliable research about the issue and developing and implementing strategies to motivate others to address the issue.
	ability to use goal-setting skills to enhance health. Students will demonstrate the		<b>Essential Questions:</b> What factors influence a person's personality?
	ability to practice health-enhancing behaviors and avoid or reduce health risks.		How does demonstrating good character correlate to positive self esteem?
	Students will demonstrate the ability to advocate for personal, family and community health.		How does having good character translate to adjusting to difficult situations in healthful ways?
Unit 9: Alcohol, Tobacco and other Drugs	Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.	Identify over the counter vs. prescription medicines Commonly administered	<b>Enduring Understandings:</b> Choices about alcohol, tobacco, and drugs affect a healthy lifestyle.
	Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.	medicine and their side effects Tobacco and Disease Inhaled Substances	There are multiple consequences associated with the misuse or abuse of various substances.
	Students will demonstrate the ability to access information, products and services to enhance health.	Injected Drugs	<b>Essential Questions:</b> Which drug has the biggest
	Students will demonstrate the ability to use decision-making skills to enhance health.	Consequences of use, sale and possession of illegal substances	impact on your life? Are there effective treatments
	Students will demonstrate the	Dependency	for drug addiction?

ability to practice health-enhancing behaviors and avoid or reduce health risks.	Effects of Substance Abuse on relationships	Is addiction a disease?
Students will demonstrate the ability to advocate for personal, family and community health.		

## Curriculum Scope & Sequence

School: <u>Pike Creek Charter School</u> Grade or Course: <u>8th Grade Health/Nutrition</u> Teacher:\_\_\_\_\_

Unit Order	Learning Targets	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
By unit title and/or time frame	Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks		
Unit 1: Personal Growth and	Students will understand	Impact of genetics, family	Enduring Understandings:
Development	essential health concepts in	history and personal health	Staying healthy is a lifelong
	order to transfer knowledge	practices on development	process that includes all
	into healthy actions for life.	stages	dimensions of wellness.
	Students will analyze the	Technological advances in	Developing and maintaining
	influence of family, peers,	maintaining and improving	wellness requires ongoing
	culture, media, technology	health	evaluation of factors impacting
	and other factors on health		health and modifying lifestyle
	behaviors.	Ongoing medical research to treat and prevent diseases	behaviors accordingly.
	Students will demonstrate	1	Taking responsibility for one's
	the ability to access	Development tasks through	own health is an essential step
	information, products and	growth stages	towards developing and
	services to enhance health.		maintaining a healthy, active
		Stages of Development	life style.
	Students will demonstrate		
	the ability to practice health-	Stages of Death and Dying	Applying knowledge about
	enhancing behaviors and		physical, social, emotional and
	avoid or reduce health risks.		intellectual dimensions of
			wellness enables students to
			make informed choices about
			their health now and in the
			future.
			Essential Questions:
			What health promotion
			concepts and skills are

			necessary to support a healthy,
			active lifestyle?
			How are the three parts of
			health related?
			How do you keep the three
			elements of health
			interconnected and in balance?
Unit 2: Nutrition	Students will understand	Personal Eating Patterns	Enduring Understandings:
	essential health concepts in		Eating patterns are influenced
	order to transfers knowledge	Nutritional Balance	by a variety of factors.
	into healthy actions for life.		Facential Organiana
	Students will demonstrate	Adolescences and Weight	<b>Essential Questions:</b> What are the functions of the 6
	the ability to use decision-	Reducing Health Risks through	nutrients in maintaining health?
	making skills to enhance	Healthy Eating	nuclients in manitaning hearth?
	health.	nearing Earling	What are the dietary guidelines
	nearth.	Nutritional Value of products	for Americans?
	Students will demonstrate	and supplements	Ior Americans:
	the ability to use goal-setting		Why is proper nutrition
	skills to enhance health.		important to having lifelong
			health?
	Students will demonstrate		
	the ability to practice health-		
	enhancing behaviors and		
	avoid or reduce health risks.		
Unit 3:Social and Emotional	Students will understand	Personal assets, resiliency and	Enduring Understandings:
Health	essential health concepts in	protective factors effects on	Social and emotional
	order to transfer knowledge	social and emotional health	development impacts all
	into healthy actions for life.		components of wellness.
		Stress Management	
	Students will demonstrate		Respect and acceptance for
	the ability to access	Bullying and Violence	individuals regardless of
	information, products and		gender, sexual orientation,
	services to enhance health.	Depression & Suicide	disability, ethnicity,

			socioeconomic background,
	Students will demonstrate	Suicide prevention and mental	religion, and/or culture provide
	the ability to use	health issues	a foundation for the prevention
	interpersonal		and resolution of conflict.
	communication skills to		
	enhance health and avoid or		Stress management skills
	reduce health risks.		impact an individual's ability to
			cope with different types of
	Students will demonstrate		emotional situations.
	the ability to use decision-		
	making skills to enhance		<b>Essential Questions:</b>
	health.		How can you focus on
			improving your health mentally
	Students will demonstrate		and emotionally?
	the ability to practice health-		
	enhancing behaviors and		Why do the choices you make
	avoid or reduce health risks.		have a greater influence on
			your health than your heredity
	Students will demonstrate		and environment?
	the ability to advocate for		
	personal, family and		What factors that influence
	community health.		your health fall outside of your
			control?
Unit 4: Interpersonal	Students will understand	Verbal and Nonverbal	Enduring Understandings:
<b>Communication/Decision</b>	essential health concepts in	Communication	Effective interpersonal
Making and Goal Setting	order to transfer knowledge		communication encompasses
	into healthy actions for life.	Refusal, Negotiation and	respect and acceptance for
		Assertiveness skills	individuals regardless of
	Students will demonstrate		gender, sexual orientation,
	the ability to use	Individual Decision Making	disability, ethnicity,
	interpersonal	Skills	socioeconomic background,
	communication skills to		religion, and/or culture.
	enhance health and avoid or	Collaborative Decision Making	
	reduce health risks.	Skills	Effective communication is the
			basis for strengthening
	Students will demonstrate	Communication and	interpersonal interactions and

relationships and resolving conflicts. Every health-related decision
Every health-related decision
-
-
has short and long torm
has short- and long-term
consequences and affects the
ability to reach health goals.
Essential Questions:
What personal and
interpersonal skills are
required to support a healthy,
active lifestyle?
-
What skills are necessary to
resist negative peer pressure?
0 1 1
How will responsible decision
making avoid negative
consequences?
How can effective
communication improve
family/peer relationships?
Enduring Understandings:
Medicines come in various
-
prescriptions, medical
supplements) are used for
various reasons, and should be
taken as directed in order to be
safe and effective.
There is a strong correlation
between people who abuse
drugs and increased intentional
S

	the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. Students will demonstrate the ability to use decision- making skills to enhance health Students will demonstrate the ability to practice health- enhancing behaviors and avoid or reduce health risks. Students will demonstrate the ability to advocate for personal, family and community health.	Effects of drugs on the brain. Dependency and Addiction Intervention Strategies	and unintentional health-risk behaviors. Substance abuse is caused by a variety of factors. There are a myriad of ways to obtain assistance for treatment of alcohol, tobacco and other substance abuse problems. The ability to interrupt a drug dependency/addiction typically requires outside intervention, a strong personal commitment, treatment, and the support of family, friends, and others. <b>Essential Questions:</b> What knowledge about alcohol, tobacco, and other drugs are needed to support a healthy, active lifestyle? Medicines come in a variety of forms-how should I take them in order to be effective and safe? How can one help a loved one or family member interrupt addiction/dependency?
Unit 6: Relationships	Students will understand essential health concepts in	Family Impacts	<b>Enduring Understandings:</b> Healthy relationships require a
	order to transfer knowledge	Effects of Unhealthy	mutual commitment.
	into healthy actions for life.	relationships	

	ts will analyze the ce of family, peers,	Professional Services for help	The values acquired from family, culture, personal experiences, and friends impact
culture	, media, technology her factors on health	Effects of Healthy Relationships	all types of relationships.
behavi	ors.	Gender Identity	Optimal health and positive life choices are achieved through
the abi	ts will demonstrate lity to access	Sexual Orientation	the understanding of human relationships.
	ation, products and s to enhance health.	Cultural Stereotyping	Examine the different sexual
	ts will demonstrate	Dating Relationships	lifestyles that are practiced in today's world.
interpe	lity to use ersonal inication skills to	Changing Relationships	<b>Essential Questions:</b> What physical, emotional, and
enhanc	e health and avoid or health risks.		social knowledge of human relationships and sexuality is
	ts will demonstrate		needed to live a healthy and active lifestyle.
	lity to use decision- g skills to enhance		What are the different sexual lifestyles?
their al health-	ts will demonstrate bility to practice enhancing behaviors bid or reduce health		
the abi person	ts will demonstrate lity to advocate for al, family and nity health.		

Unit 7: Endocrine System	Students will understand	Male and Female Growth	Enduring Understandings:
	essential health concepts in	Patterns in Adolescence	An individual's health varies
	order to transfer knowledge		throughout their life; analyze
	into healthy actions for life.	Structure of the Endocrine	how the endocrine system and
		System	its release of hormones can
	Students will demonstrate		affect someone's overall well-
	the ability to practice health-	Function of the Endocrine	being.
	enhancing behaviors and	System	5
	avoid or reduce health risks.		Comprehend the role the
		Diseases/Disorders in the	endocrine system plays in a
		Endocrine System	person's development and
			analyze how emotional and
			physical factors, such as stress
			or infections, can affect our
			hormone levels.
			normone revers.
			Essential Questions:
			What role does the endocrine
			system play in the body?
			Why are the hormones
			released from the endocrine
			system important?
			system important?
			How does the endocrine system
			affect our growth and
			development?
Unit 8: Female Reproductive	Students will understand	Structure of the Female	Enduring Understandings:
System	essential health concepts in	Reproduction System	Caring for the reproductive
	order to transfer knowledge	1	systems contributes to living a
	into healthy actions for life.	Functions of the Female	healthy life.
		Reproduction System	
	Students will demonstrate		Essential Questions:
	the ability to practice health-	Characteristics of the Female	What are the structure/
	enhancing behaviors and	Reproduction System	functions and characteristics of
	ennancing benaviors and	Neproduction System	iuncuons and characteristics of

	avoid or reduce health risks.		the female reproductive
	avoiu of reduce fleatili (1585.	Female's role in Reproduction	system?
		remare s role in Reproduction	system.
		Diseases in the Female	How does the female's role in
		Reproduction System	reproduction vary from the
			male's role?
			How can diseases affect the
			female reproductive system?
Unit 9: Male Reproductive	Students will understand	Structure of the Male	Enduring Understandings:
System	essential health concepts in	Reproduction System	Within the context of producing
	order to transfer knowledge		offspring, students will
	into healthy actions for life.	Function of the Male	comprehend the role of the
		Reproduction System	male reproductive system and
	Students will demonstrate		how his role varies from the
	the ability to practice health-	Role of the Male Reproduction	female.
	enhancing behaviors and avoid or reduce health risks.	System	Comprehend how the
	avoid of reduce health risks.	Diseases/Disorders in the Male	Comprehend how the environment, heredity and life
		Reproduction Systems	style choices can affect the male
		Reproduction Systems	reproductive system.
		Impact of Heredity, Health and	
		Nutrition on the Male	Nutrition can be a contributing
		Reproduction System.	factor to
			diseases/disorders/conditions
			that may affect the male
			reproductive system.
			Essential Questions:
			What is the primary role of the
			male reproductive system?
			How does the role of the male
			differ from that of the female in
			regards to reproduction?

			How can
			diseases/disorders/conditions
			affect the male reproductive
			system?
Unit 10:Sexuality, Pregnancy	Students will understand	Sexual Development	Enduring Understandings:
and Parenting	essential health concepts in		Personal lifestyle habits and
	order to transfer knowledge	Risk Factors of Teen Pregnancy	genetics influence sexual
	into healthy actions for life.		development as well as overall
		Signs and Symptoms of	growth patterns.
	Students will analyze the	Pregnancy	
	influence of family, peers,		Responsible actions regarding
	culture, media, technology	Resources for Parenting	sexual behavior impact the
	and other factors on health	Resources for rarenting	health of oneself and others.
	behaviors.	Prenatal Care	
	benuviors.	r Tellatal Cale	Knowing the physiological
	Students will demonstrate	Effects of Health and Nutrition	process of how pregnancy
	the ability to access		occurs as well as development
	information, products and	during pregnancy.	of the fetus leading to child
	services to enhance health.		5
	services to enhance health.	Contraceptives	birth contribute to a greater
			understanding of how and why
	Students will demonstrate	Routine Health Care Procedures	a healthy environment should
	the ability to use decision-		be provided for the pregnant
	making skills to enhance		mother.
	health.		
			Adolescent parents may have
	Students will demonstrate		difficulty adjusting to emotional
	the ability to practice health-		and financial responsibilities of
	enhancing behaviors and		parenthood.
	avoid or reduce health risks.		1
			Essential Questions:
			What risk factors are related to
			teen pregnancy?
			teen pregnancy:
			How do one's personal values
			-
			related to abstinence, plans for
			marriage and children affect

	intimate relationships?
	How does assessing side effects of various contraceptives affect
	the choices one makes for contraception?

## <u>Curriculum Scope & Sequence</u> School: <u>Pike Creek Charter School</u>

Grade or Course: <u>Technology</u> Teacher \_\_\_\_\_

Unit Order By unit title and/or time frame	Learning Targets Content Standards, Grade Level	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
	Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks		
<u>Trimester 1:</u>	<u>Technology Skills:</u> File Management	Typing	How will classroom policies and procedures help our lab
<b>Unit 1:</b> Welcome to Technology: Procedures,	Mouse and Keyboard Navigation		run better?
Keyboarding and MS Paint.	MS Paint		How do we use a binder to stay organized?
	<u>Curriculum Connection:</u> Social Studies		How will being organized help us learn?
<b>Unit 2:</b> Microsoft Word: Creating and Publishing Scary	<u>Technology Skill:</u> Microsoft Word formatting	Microsoft Word	How would you use
Stories	functions		Microsoft Word to publish a piece of writing?
	<u>Curriculum Connection:</u> English Language Arts		What are the major functions and actions for each Microsoft menu?

Trimester 2:	<u>Technology Skills:</u> MS Power Point	Power Point	How can we use Power Point to present what we know?
<b>Unit 3:</b> Internet Safety and Microsoft Power Point: Thinking Critically about Internet Research and Presentations.	Slide Design Slide Animation and Transitions Presentation Skills (eye contact, voice, volume, position)	Internet Explorer	How do we make an effective oral presentation?
	<u>Curriculum Alignment:</u> Social Studies Science		
<b>Unit 4:</b> Microsoft Excel: Family Budget (and Math Test Prep)	<u><b>Technology Skills:</b></u> Creating a spreadsheet Using SUM function	Excel	How would you use MS Excel to organize your personal finances?
	<u>Curriculum Connection:</u> Math		What is a budget and how can it benefit you?

Trimester 3: Unit 5: Publishing our Exit Projects	Technology Skills:HTMLFTP/Server ManagementImage Editing for the WebCurriculum Connection:Social StudiesScience	Power Point Publishers	How do we share what we have learned effectively?
<b>Unit 6:</b> College Bound: A Cumulative Technology Project	<b><u>Technology Skills:</u></b> Finals Project targeting a board range of learned skills <b><u>Curriculum Connection:</u></b> Social Studies Math English Language Arts	Variety of Applications	How can we find the right colleges to and prepare ourselves for? How do we choose the best program to complete a project?