Sequoyah High School Athletics Policy

Coaches have the authority over who becomes a participant of the team and when the participant plays or is removed from the team. The coaching staff determines coaching strategy. Acceptance of a position on the team includes acceptance of this policy. It is a privilege, not a right, to be a member of an athletic team.

Appropriate concerns to discuss with coaches:

- 1. Situations involving your child.
- 2. Ways to help your child improve.
- 3. Your child's attitude, work ethic, and eligibility.
- 4. Concerns about your child's behavior

Issues that are not appropriate to discuss with coaches or AD:

- 1. Playing time of any student-athlete
- 2. Team strategy, practice organization, or play calling.
- 3. Other student-athletes

Procedures to follow if there is a concern to discuss with a coach:

- 1. Your child should speak to the coach about an issue before you intervene. This will help our student-athletes grow into young adults.
- 2. Contact the coach to set up an appointment. Give the coach a brief summary of what you want to discuss. This enables the coach to prepare to give you the best possible answers to your question(s). If the coach cannot be reached, contact the athletic director. The athletic director will assist you in arranging a meeting. Coaches will not talk to you unless you have arranged an appointment.
- 3. If a meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation.

The 24-Hour Rule will be utilized for any in-season communication with the coaching staff. Contact with the coaching staff will not be allowed until 24 hours after an athletic event. The only exception to this rule is reporting an injury, illness or emergency situation.

SPORTSMANSHIP POLICY

Sequoyah High School recognizes the importance of emphasizing GOOD SPORTSMANSHIP in all aspects of school related activities. With this in mind, the following are fundamentals of good sportsmanship in all activities that the school urges fans, spectators, participants, staff members and parents to follow:

- 1. Gain an understanding and appreciation for the rules of the game.
- 2. Exercise positive behavior at all times.
- 3. Recognize and appreciate skilled performances regardless of affiliation.
- 4. Exhibit respect for the opponents and officials at all times.

5. Openly display pride in your actions at every opportunity.

Unacceptable behavior shall include, but not be limited to, the following types of conduct. Such conduct will result in removal from the activity:

- 1. Insubordination to referees, coaches, or other school personnel supervising the activity.
- 2. Fighting, intimidation of, or attempt to intimidate, or taunting of referees, coaches, players, participants, or spectators.
- 3. Throwing debris or littering the playing field or facility.
- 4. Verbal abuse or use of profane or obscene words or gestures during a game or activity.
- 5. Disruptive behavior or conduct.

Sequoyah High School will not tolerate any violations of the above. Good sportsmanship is expected from everyone before, during, or after any interscholastic contest or other school related activity in our schools or any other place our students are competing/participating. Any concerns regarding any part of an athletic or activity program must follow the complaint procedures of the Sequoyah High School Athletic Handbook. During or immediately after an event is NOT the proper time to raise questions or concerns about a program.

Violations of any of the above guidelines will result in the following consequences:

- 1. Immediate removal from the contest or activity.
- 2. Upon investigation by the administration of the schools involved violator(s) may be suspended from activities depending upon the severity of the infraction.
- 3. Any suspension will be honored at all Sequoyah High School activities. An individual suspended from Sequoyah activities will not be allowed to attend activities at any other school during suspension period.

As a parent I have read the Student-Athlete Parent Expectations and Sportsmanship Policy. I understand the procedure for communicating with my child's coach and will adhere to guidelines set forth for doing so. Furthermore, I understand the importance of Good Sportsmanship and agree to the school's policy.

Parent Name(print): _.	 	
Parent Signature:	 	

■ PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam					
			Date of birth		
x Age Grade School Sport(s)					
Age Grade General					
Medicines and Allergies: Please list all of the prescription and over-	-the-co	unter m	nedicines and supplements (herbal and nutritional) that you are currently	taking	
Do you have any allergies? ☐ Yes ☐ No If yes, please iden ☐ Medicines ☐ Pollens	ntify spe	ecific al	lergy below. □ Food □ Stinging Insects		
Explain "Yes" answers below. Circle questions you don't know the an	swers t	0.			
GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
Do you have any ongoing medical conditions? If so, please identify below: ☐ Asthma ☐ Anemia ☐ Diabetes ☐ Infections			27. Have you ever used an inhaler or taken asthma medicine? 28. Is there anyone in your family who has asthma?	\vdash	
Other:			29. Were you born without or are you missing a kidney, an eye, a testicle		
3. Have you ever spent the night in the hospital?			(males), your spleen, or any other organ?		
4. Have you ever had surgery?	Vaa	No	30. Do you have groin pain or a painful bulge or hernia in the groin area?	\vdash	
HEART HEALTH QUESTIONS ABOUT YOU 5. Have you ever passed out or nearly passed out DURING or	Yes	No	31. Have you had infectious mononucleosis (mono) within the last month?	\vdash	
AFTER exercise?			32. Do you have any rashes, pressure sores, or other skin problems? 33. Have you had a herpes or MRSA skin infection?		
6. Have you ever had discomfort, pain, tightness, or pressure in your			34. Have you ever had a head injury or concussion?	\vdash	
chest during exercise?			35. Have you ever had a hit or blow to the head that caused confusion,	\vdash	
7. Does your heart ever race or skip beats (irregular beats) during exercise?			prolonged headache, or memory problems?		
Has a doctor ever told you that you have any heart problems? If so, check all that apply:			36. Do you have a history of seizure disorder?	igsquare	
☐ High blood pressure ☐ A heart murmur			37. Do you have headaches with exercise?		
☐ High cholesterol ☐ A heart infection ☐ Kawasaki disease Other:			38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)			39. Have you ever been unable to move your arms or legs after being hit or falling?		
10. Do you get lightheaded or feel more short of breath than expected			40. Have you ever become ill while exercising in the heat?	\sqcup	
during exercise?			41. Do you get frequent muscle cramps when exercising?	\sqcup	
11. Have you ever had an unexplained seizure?12. Do you get more tired or short of breath more quickly than your friends			42. Do you or someone in your family have sickle cell trait or disease?	\vdash	
during exercise?			43. Have you had any problems with your eyes or vision? 44. Have you had any eye injuries?	\vdash	
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	45. Do you wear glasses or contact lenses?		
13. Has any family member or relative died of heart problems or had an			46. Do you wear protective eyewear, such as goggles or a face shield?		
unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?			47. Do you worry about your weight?	\vdash	
Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT			As. Are you trying to or has anyone recommended that you gain or lose weight?		
syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic			49. Are you on a special diet or do you avoid certain types of foods?		
polymorphic ventricular tachycardia?			50. Have you ever had an eating disorder?		
15. Does anyone in your family have a heart problem, pacemaker, or implanted defibrillator?			51. Do you have any concerns that you would like to discuss with a doctor?		
16. Has anyone in your family had unexplained fainting, unexplained			FEMALES ONLY		
seizures, or near drowning?			52. Have you ever had a menstrual period?	igspace	
BONE AND JOINT QUESTIONS	Yes	No	53. How old were you when you had your first menstrual period?	<u> </u>	
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			54. How many periods have you had in the last 12 months? Explain "yes" answers here		
18. Have you ever had any broken or fractured bones or dislocated joints?					
19. Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?					
20. Have you ever had a stress fracture?					
21. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)					
22. Do you regularly use a brace, orthotics, or other assistive device?					
23. Do you have a bone, muscle, or joint injury that bothers you?					
24. Do any of your joints become painful, swollen, feel warm, or look red?					
25. Do you have any history of juvenile arthritis or connective tissue disease?					
I hereby state that, to the best of my knowledge, my answers to t Signature of athlete		•	stions are complete and correct.		

■ PREPARTICIPATION PHYSICAL EVALUATION

THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

Date of E	Exam					
Name				Date of birth		
Cov	Λαο	Crado	School			
Sex	Age	Grade	501001	Sport(s)		
1. Type	e of disability					
	e of disability					
3. Clas	sification (if available)					
4. Caus	se of disability (birth, di	sease, accident/trauma, other)				,
	the sports you are inter	<u></u>				
					Yes	No
6. Do y	ou regularly use a brac	e, assistive device, or prostheti	c?			
7. Do y	ou use any special bra	ce or assistive device for sports	6?			
8. Do y	ou have any rashes, pr	essure sores, or any other skin	problems?			
9. Do y	9. Do you have a hearing loss? Do you use a hearing aid?					
10. Do y	10. Do you have a visual impairment?					
11. Do y	ou use any special dev	ices for bowel or bladder functi	ion?			
_		comfort when urinating?				
	e you had autonomic dy					
			hermia) or cold-related (hypothermia) illnes	ss?		
_	ou have muscle spastic					
16. Do y	ou have frequent seizu	res that cannot be controlled by	y medication?			
Explain "	yes" answers here					
Please in	dicate if you have eve	er had any of the following.				
	•	, ,				
					Yes	No
Atlantoax	xial instability				Yes	No
	xial instability aluation for atlantoaxial	l instability			Yes	No
X-ray eva					Yes	No
X-ray eva	raluation for atlantoaxial ed joints (more than one				Yes	No
X-ray eva	raluation for atlantoaxial ed joints (more than one eding				Yes	No
X-ray eva Dislocate Easy blee	aluation for atlantoaxial ed joints (more than one eding d spleen				Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis	aluation for atlantoaxial ed joints (more than one eding d spleen				Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper	aluation for atlantoaxial ed joints (more than one eding d spleen s				Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper Difficulty	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis				Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper Difficulty	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel	e)			Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper Difficulty Numbnes	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder	r hands			Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper Difficulty Numbnes	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder sss or tingling in arms o	r hands			Yes	No
X-ray eva Dislocate Easy blee Enlarged Hepatitis Osteoper Difficulty Difficulty Numbnes Weaknes	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms of ess or tingling in legs or	r hands			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms or ess or tingling in legs or ss in arms or hands ss in legs or feet change in coordination	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms or ess or tingling in legs or ss in arms or hands ss in legs or feet change in coordination change in ability to walk	r hands feet			Yes	No
X-ray eva Dislocate Easy blet Enlarged Hepatitis Osteoper Difficulty Numbne: Weaknes Weaknes Recent c Spina bif	aluation for atlantoaxial ed joints (more than one edding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms of ess or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one edding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms of ess or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one edding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms of ess or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s inia or osteoporosis y controlling bowel y controlling bladder uses or tingling in arms of uses or tingling in legs or ses in arms or hands ses in legs or feet change in coordination change in ability to walk fida lergy	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms or ess or tingling in legs or ss in arms or hands ss in legs or feet change in coordination change in ability to walk fida lergy lyes" answers here	r hands feet			Yes	No
X-ray evaluation of the control of t	aluation for atlantoaxial ed joints (more than one eding d spleen s nia or osteoporosis y controlling bowel y controlling bladder ess or tingling in arms or ess or tingling in legs or ss in arms or hands ss in legs or feet change in coordination change in ability to walk fida lergy lyes" answers here	r hands feet	rs to the above questions are complete a	and correct.	Yes	No

PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM Name Date of birth ___ **PHYSICIAN REMINDERS** 1. Consider additional questions on more sensitive issues . Do you feel stressed out or under a lot of pressure? Do you ever feel sad, hopeless, depressed, or anxious? . Do you feel safe at your home or residence? Have you ever tried cigarettes, chewing tobacco, snuff, or dip? . During the past 30 days, did you use chewing tobacco, snuff, or dip? Do you drink alcohol or use any other drugs? Have you ever taken anabolic steroids or used any other performance supplement? · Have you ever taken any supplements to help you gain or lose weight or improve your performance? Do you wear a seat belt, use a helmet, and use condoms? 2. Consider reviewing questions on cardiovascular symptoms (questions 5-14). **EXAMINATION** Height Weight ☐ Male ☐ Female ВP 1 20/ Corrected □ Y □ N Pulse Vision R 20/ MEDICAL NORMAL ABNORMAL FINDINGS Appearance Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency) Eyes/ears/nose/throat · Pupils equal Hearing Lymph nodes Heart^a • Murmurs (auscultation standing, supine, +/- Valsalva) · Location of point of maximal impulse (PMI) · Simultaneous femoral and radial pulses Lungs Abdomen Genitourinary (males only)^b • HSV, lesions suggestive of MRSA, tinea corporis

Leg/ankle
Foot/toes
Functional

Duck-walk, single leg hop

*Consider ECG, echocardiogram, and referral to cardiology for abnormal cardiac history or exam.

*Consider GU exam if in private setting. Having third party present is recommended.

*Consider cognitive evaluation or baseline neuropsychiatric testing if a history of significant concussion.

Cleared for all sports without restriction

Cleared for all sports without restriction with recommendations for further evaluation or treatment for

Not cleared

Pending further evaluation

Neurologic ^c
MUSCULOSKELETAL

Shoulder/arm
Elbow/forearm
Wrist/hand/fingers
Hip/thigh
Knee

□ For any sports□ For certain sports

Recommendations

Neck

I have examined the above-named student and completed the preparticipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and participate in the sport(s) as outlined above. A copy of the physical exam is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the athlete (and parents/guardians).

■ PREPARTICIPATION PHYSICAL EVALUATION

CLEARANCE FORM

Name		Sex 🗆 M 🗆 F Age	Date of birth
☐ Cleared for	r all sports without restriction		
☐ Cleared for	r all sports without restriction with recommer	ndations for further evaluation or treatment for	
□ Not cleared	d		
	Pending further evaluation		
	For any sports		
	For certain sports		
	Reason		
Recommendat	tions		
I have exam	ined the above-named student and c	ompleted the preparticipation physical evaluation. ¹	The athlete does not present apparent
		pate in the sport(s) as outlined above. A copy of the	
		equest of the parents. If conditions arise after the at	
		e problem is resolved and the potential consequence	es are completely explained to the athlete
(and parent	s/guardians).		
Name of physi	cian (print/type)		Date
EMERGEN	CY INFORMATION		
Allergies			
Other informat	tion		
_			



CHEROKEE COUNTY SCHOOL DISTRICT

Athletic Parental Consent, Insurance, Authorization and Waiver and Release Form 2018-19 School Year



School		Student ID#			
Name				Male	Female
Last	First		Middle		
Address					
	Street	-	City	State	Zip
Home#			Date of E	Rirth:	
Data automad Oth awada			Grade Level 201		
Father's Name		— Work#	Grade Level 201	Cell#	
Mother's Name		Work#		Cell#	
Student resides with (names of Pa	rent(s)/Guardian(s)	VVOIR#			
(If Guardian, submit copies of Court Order					
The student is domiciled at the above moves from the above address).	address located in the		High School	District (school mus	at be notified if student
Have you attended this Cherokee Cour	nty School for at least one full school	ol year?			
	EMERGENCY COI	NTACT INFOR	MATION		
n the event of an emergency and the p				mergency Contacts.	
Name	Relationship		Home/\	Vork#	Cell#
Name	Relationship		Home/\	Vork#	Cell#
<u>ACKNO</u>	WLEDGEMENT OF RISK AND I	PARENTAL C	ONSENT FOR PAR	TICIPATION	
WARNING: Although participation in so least hazardous in which students eng CLUBS INCLUDE A RISK OF INJURY N PARALYSIS FROM THE NECK DOWN (only to minimize, not eliminate this risk	gage, BY ITS NATURE, PARTICIPA WHICH MAY RANGE IN SEVERITY DR DEATH. Although serious injurie	TION IN INTE FROM MINC	R-SCHOLASTIC ATH R TO LONG TERM (LETICS AND INTRA CATASTROPHIC, INC	-SCHOLASTIC SPORTS CLUDING PERMANENT
Participants can and have the responsib PROBLEMS TO THEIR COACHES OR C					
By signing this Consent, you acknowled THESE RISKS DESCRIBED IN THIS WA					
/We hereby consent for		to:			
Compete in athletics at by the Georgia High School A	Association hereinafter (GHSA) app		Cherokee County Sc	hool District hereina	fter (CCSD) as governed
	am or sports club of which he/she i		any of its local or out	of town trips.	
. , ,	information contained within this		,	•	ation may result in my
son/daughter being declared	ineligible for participation in sports	5.			
-	y enrolled out of their school attend	dance zone he/	she could be ruled in	eligible for GHSA cor	npetition for one (1) ful
	nereby release and forever discharg			from any and all lial	oility resulting from the
This Acknowledgement of Risk and Con	, , ,		•		
Signature(s) Parent(s)/Guardian(s)				Da	te
Signature of Student				Da	te.



CHEROKEE COUNTY SCHOOL DISTRICT Athletic Parental Consent, Insurance, Authorization and Waiver and Release Form 2018-19 School Year



INSURANCE INFORMATION

My student is adequately and currently covera activity (including, but not limited to Varsity or JV Fo		ries sustained while participating in any school authorized
Insurance Company	Name of Insured	Policy Number
I have purchased the Benefit Plan provided by	CCSD. I understand this is a supplemental	policy. (A copy of this Benefit Plan should be attached)
Signature(s) Parent(s)/Gua	rdian(s)	Date
	AUTHORIZATION AND WAIVER	
student may compete in middle/high school athletic to determine fitness for athletics and is not to take during any school activity or athletic event, which in grant permission to physicians, consulting physicians	s within CCSD. I/We also understand this replace of regular medical examinations. In the opinion of school authorities present recs, certified athletic trainers, emergency medi	I that this will serve as the basis for determining that my medical evaluation is general in nature and only performed case of an emergency or accident on/off school grounds quires immediate medical or surgical attention, I/we hereby cal technicians, and other healthcare providers selected by cessary) unless I am present and request otherwise or until
	luding tryouts, practice, conditioning, mee	emergency that arises as a result of or in connection with tings, games; and/or travel. I/We also understand that volved medical treatment.
in the athletic program(s) of CCSD. I/We further units scope and does not indicate or assure me that m performed upon my student, then it is my responsibil	derstand that a basic medical screening (the by student is completely free from impairme lity to arrange and pay for such an exam. If t any potential medical problems uncovered l	physician to medically screen each student who participates required physical exam) is general in nature and limited in ents. If I/we wish for a more detailed physical exam to be this more detailed exam is performed, it is my responsibility by any physical exam given to my student other than the
inter-scholastic athletics, sports teams/clubs and ever it unsafe for Student to participate in inter-scholastic	ents. I/We represent and warrant that I/we c athletics, sports teams/clubs and events.	en death which may result from Student's participation in know of no mental or physical condition that would make I/We understand, acknowledge and agree that CCSD shall d with preparing for and/or participating in inter-scholastic
officers, attorneys, agents, employees, predecessors out of or in connection with Student's participation i all claims, demands, losses, causes of action, suits, or and assigns have or may have against the CCSD Release	and successors in interest, and assigns, here in inter-scholastic athletics, sports team/clu pidgements of any kind that Student or Stu asees because of Student's personal, physica Student or his or her property including	ne CCSD Board of Education, its past, present and future einafter "CCSD Releasees", from any and all liability arising bs and events. For purpose of this Release, liability means ident's parents, guardians, heirs, executors, administrators, al, or emotional injury, accident, illness or death, or because Student's participation in inter-scholastic athletics, sports an actions involving fraud or actual malice.
By signing below, I/we acknowledge that I/we have of scholastic athletics, sports teams/clubs and events, a		erstand the potential dangers incident to engaging in interes of this agreement.
Signature(s) Parent(s)/Guardian(s)		Date
Signature of Student	_	 Date
THIS ACKNOWLEDGEMENT OF AUTHORIZATION	N AND WAIVER SHALL REMAIN IN EFFECT	T UNTIL REVOKED IN WRITING.
Signature(s) Parent(s)/Guardian(s)		 Date



CHEROKEE COUNTY SCHOOL DISTRICT Athletic Parental Consent, Insurance, Authorization and Waiver and Release Form 2018-19 School Year



STUDENT TRANSPORTATION RELEASE AND CONSENT FORM

While CCSD provides transportation through the utilization of the District bus fleet for many extracu transportation is not available. In those instances, it is necessary for the parent/guardian to make arra students from riding with other students to and from extracurricular events.	,
I/We,	(student) hereby give s, and I/we, parent/guardian of the student listed
I/We hereby consent on behalf of the student named to participate in school-sponsored trips. I/We ur provided by CCSD. In the event transportation is not provided by CCSD, transportation will be the student transportation is not provided by CCSD.	. , , ,
Signature(s) Parent(s)/Guardian(s)	Date
RELEASE OF INFORMATION TO MEDIA AND COLLEGE I/We hereby authorize the release of any and all information relating to the athletic participation of the abrecruiters, including any medical information concerning injury or illness, any biographical information, a participation, including ability, attitude and conduct.	ove-named student to the media and to all college
Signature(s) Parent(s)/Guardian(s)	Date
GUIDELINES FOR OUTDOOR EXTRACURRICULAR ACTIVITIES DURING EXTREME IN It was a series of the control of the contr	
Signature(s) Parent(s)/Guardian(s)	Date

STUDENT ATHLETE CONCUSSION AWARENESS, DIAGNOSIS AND MANAGEMENT PROGRAM (GHSA 02.18)

DANGERS OF CONCUSSION

Concussions at all levels of sports have received a great deal of attention and a state law has been passed to address this issue. Adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor "ding" to the head, it is now understood that a concussion has the potential to result in death, or changes in brain function (either short-term or long-term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Continued participation in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, and even death.

Player and parental education in this area is crucial – that is the reason for this document. Refer to it regularly. This form must be signed by a parent or guardian of each student who wishes to participate in GHSA athletics. One copy needs to be returned to the school, and one retained at home.

COMMONS SIGNS AND SYMPTOMS OF CONCUSSION

- Headache, dizziness, poor balance, moves clumsily, reduced energy level/tiredness
- Nausea or vomiting
- Blurred vision, sensitivity to light and sounds
- Fogginess of memory, difficulty concentrating, slowed thought processes, confused about surroundings or game assignments
- Unexplained changes in behavior and personality
- Loss of consciousness (NOTE: This does not occur in all concussion episodes.)

BY-LAW 2.68: GHSA CONCUSSION POLICY: In accordance with Georgia law and national playing rules published by the National Federation of State High School Associations, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion shall be immediately removed from the practice or contest and shall not return to play until an appropriate health care professional has determined that no concussion has occurred. (NOTE: An appropriate health care professional may include licensed physician (MD/DO) or another licensed individual under the supervision of a licensed physician, such as a nurse practitioner, physician assistant, or certified athletic trainer who has received training in concussion evaluation and management.

a) No athlete is allowed to return to a game or a practice on the same day that a concussion (a) has been diagnosed, OR (b) cannot be ruled out.



CHEROKEE COUNTY SCHOOL DISTRICT Athletic Parental Consent, Insurance, Authorization and Waiver and Release Form 2018-19 School Year



b) Any athlete diagnosed with a concussion shall be cleared medically by an appropriate health care professional prior to resuming participation in any future practice or contest. The formulation of a gradual return to play protocol shall be a part of the medical clearance.

By signing this concussion form, I/we give	
I/We have read the information concerning usage of the Immediate Post-Concucontents. I/We have been given an opportunity to ask questions and all have been ImPACT™ concussion baseline testing is highly recommended but not required for ImPACT™ testing is merely a tool to assist Medical Professionals in the diagnosis a	Ission Assessment and Cognitive Test (ImPACT™) and understand its answered to my satisfaction. I/We understand that participation in the rathletes in Cherokee County schools. I/We also understand that the
testing IS NOT a substitute for treatment by a Medical Professional. I/We acknowledge that if my/our child is suspected of receiving a concussion causi until cleared by a medical doctor. Please INITIAL one of the choices below, sign and date:	ng injury, my/our child WILL NOT be allowed to participate in athletics
YES, I give permission for my child,,	to participate in baseline training with the ImPACT™ program.
NO, I do not give permission for my child,	, to patriciate in baseline testing.
Signature(s) Parent(s)/Guardian(s)	Date
Signature of Student	

Appendix J: Student Activity Code of Conduct

I. Introduction

The Cherokee County School District has determined that participation in interscholastic/extracurricular activities is a privilege for students enrolled in the School District. A student participating in such activities is considered to be a school leader; and, with leadership comes additional responsibility, so students must adhere to the standards and expectations contained in the School District's Activity Code of Conduct. As such, if a student violates these standards, schools may withdraw the privilege of participating in these activities, regardless of whether the violation occurred at a school-related or non-school-related activity. Schools may also withdraw the privilege of participating in these activities if the student violations occur outside of the scope of the activity's "season"; or, beyond the scope of the school day/year.

II. Student Infractions and Standards of Behavior

<u>Student Infractions</u>: Any student who commits the following infractions may be suspended or permanently dismissed from the team:

- 1.) Hazing other students—school clubs and student organizations will not use hazing or degradation of individual dignity;
- 2.) Missing practice, rehearsal or activities (unless excused by the coach or sponsor);
- 3.) Truancy and/or skipping classes;
- 4.) Acting in an unsportsmanlike manner when representing the school;
- 5.) Violating team curfews (as established by the coach or sponsor);
- 6.) Any behavior which results in discipline by the school administration; and
- 7.) Any behavior which, in the opinion of the administration, reflects in a negative manner on the team, activity, athletic program or school.

<u>Standards and Expectations for Behavior</u>: Students participating in interscholastic/extracurricular activities must comply with the following standards and expectations for behavior:

- 1.) Establishing and promoting a positive self-image for the program, school and School District.
- 2.) Exhibiting good sportsmanship.
- 3.) Supporting team/activity rules developed by the activity's coaches or sponsors.
- 4.) Adhering to the School District's Student Discipline Code.
- 5.) Observing all standards and guidelines established by the Georgia High School Association (GHSA) Constitution and by-laws.
- 6.) Obeying local, State and Federal laws governing behavior and conduct.*

Note: Provisions for dealing with starred (*) items above are contained in Section V of this document.

III. Dispositions for Student Infractions and Standards of Behavior

Dispositions for student infractions and violations of standards and expectations of behavior include, but are not limited to, the following:

- Additional practice or conditioning time
- Conferencing between sponsor/parent or sponsor/student athlete
- Loss of position or awards privileges
- Suspension and/or removal from team

IV. Suspensions for Student Infractions and Standards of Behavior

<u>Applying Suspensions</u>: Relative to suspensions, progressive discipline processes will be utilized in order to create the expectation that the degree of discipline will be in proportion to the severity of the behavior, as well as consideration given to each student's previous discipline history and other relative factors.

1st Offense: Amount of suspension will be at the discretion of the Principal

2nd Offense: Suspension will be a minimum of twice the suspension for the first offense

3rd Offense: Permanent suspension

<u>Reporting Suspensions</u>: Parent/guardian will be notified of the student's suspension. A suspension report will be filed with the Office of Student Activities and Athletics.

<u>Transferring of Suspended Student Athletes</u>: Students suspended from activities will not regain eligibility by transferring to another school within the School District.

V. Dealing with Student Arrests

Reporting of Misdemeanor or Felony Arrests: A student (or his/her parent/guardian) is responsible for informing a school official, which may include the Principal, Athletic Director or his/her Head Coach or sponsor, of misconduct which results in a misdemeanor or felony arrest. This report must occur within five calendar days of the arrest or the student faces disciplinary action up to, and including, partial or permanent suspension.

<u>Confirming Student Arrests</u>: Student arrests that are verified through a reliable source (school administrator, teacher, coach/sponsor, staff member, parent of involved student, School District Police Department, etc.) will be appropriately investigated by the school administration or designee.

Investigations arising from student arrests will be reviewed by a panel comprised of staff from the offending student's school, to include, but not be limited to the following: a school administrator, the school's athletic director, the coach/sponsor of the student, one additional coach/sponsor (as selected by the Principal), and one teacher (as selected by the Principal). It will be the role of this panel to review all information available as a result of the investigation and recommend potential dispositions for any confirmed infraction to the Principal for his/her consideration—it will ultimately be the responsibility of the Principal to administer discipline. The student may present a written response to the alleged infractions being presented to the panel, but the student will not be present at the panel hearing. The student's parent/guardian will be notified in writing of the panel's decisions.

The school reserves the right to suspend and/or permanently dismiss a student from all extracurricular/interscholastic programs for the remainder of their school career for misconduct, which could result in the arrest or conviction of select misdemeanor or felony crimes.

<u>Addressing Felony Arrests and/or Convictions</u>: Felony arrests constitute an immediate suspension from activities. Relative to that arrest, any subsequent felony conviction of a student may result in a permanent dismissal from activities.

<u>Addressing Misdemeanor Arrests and/or Convictions</u>: Misdemeanor arrests and/or convictions that will cause suspensions from activities may include, but are not limited to, the following areas:

- Disruption of school or school events
- Threats of violence or acts of violence against school employees or students
- Sexual Offenses
- Weapons Offenses
- Alcohol or Drug Offenses

VI. Duration of Code of Conduct

The Student Activity Code of Conduct will be in effect year-round.

	<u> </u>
Signature(s) Parent(s)/Guardian(s)	Date
	<u> </u>
Signature of Student	Date