

# VITAL SIGNS

## PATIENT IDENTIFICATION

DATE																									
TEMPERATURE		0000	0400	0800	1200	1600	2000	0000	0400	0800	1200	1600	2000	0000	0400	0800	1200	1600	2000	0000	0400	0800	1200	1600	2000
	104																								
	103																								
	102																								
	101																								
	100																								
	99																								
	98																								
	97																								
	96																								
	TIME	BP	P	R	BP	P	R	BP	P	R	BP	P	R	BP	P	R	BP	P	R	BP	P	R	BP	P	R
	WEIGHT																								
	STOOL	N	D	E	N	D	E	N	D	E	N	D	E	N	D	E	N	D	E	N	D	E	N	D	E

**ASSIGNMENT SHEET #1**  
**11:5 GRAPHING T.P.R.**

**INSTRUCTIONS:** Obtain a blank graphic sheet from your teacher and chart the following information on it. Be sure to include the entries that are shown under Notes in this sample case history.

Patient: Louise Simmers

Physician: Dr. James Webber

Room: 238

Hospital No.: 534-23

Admitted: 11/1/—

<u>Date</u>	<u>Time</u>	<u>T</u>	<u>P</u>	<u>R</u>	<u>Notes</u>
11/1/—	12 Noon	98 <sup>6</sup>	88	20	B.P. 120/80
	4 P.M.	98 <sup>8</sup>	80	22	
11/2/—	8 A.M.	97 <sup>4</sup>	68	16	B.P. 124/78
	12 Noon	98 <sup>2</sup>	74	18	
	4 P.M.	98 <sup>8</sup>	86	22	
	8 P.M.	99	110	28	
11/3/—	8 A.M.	97 <sup>2</sup>	64	14	B.P. 116/78
	12 Noon	Sleeping—not disturbed			
	4 P.M.	96 <sup>8</sup>	88	22	
	8 P.M.	97 <sup>4</sup>	80	20	
	12 M.N.	98 <sup>2</sup>	84	18	
11/4/—	4 A.M.	98 <sup>8</sup>	90	22	B.P. 110/74
	8 A.M.	99 <sup>2</sup>	94	24	
	12 Noon	100 <sup>4</sup>	96	24	
	4 P.M.	102 <sup>6</sup> R.	92	24	
	8 P.M.	102 <sup>4</sup> R.	90	20	
	12 M.N.	103 <sup>8</sup> R.	98	22	
11/5/—	4 A.M.	104 <sup>6</sup> R.	110	26	Antibiotics B.P. 124/86
	8 A.M.	103 <sup>6</sup> R.	120	28	
	12 Noon	99 <sup>8</sup> R.	90	20	
	4 P.M.	99 <sup>6</sup> R.	82	18	
	8 P.M.	99	86	20	
	12 M.N.	98	84	18	
11/6/—	8 A.M.	97 <sup>6</sup>	68	14	B.P. 108/68
	12 Noon	98 <sup>2</sup>	72	16	
	4 P.M.	98 <sup>6</sup>	76	16	
	8 P.M.	98 <sup>6</sup>	110	24	
	12 M.N.	In O.R.—Emergency surgery			
11/7/—	8 A.M.	98	68	20	Discharged to another hospital
	4 P.M.	98 <sup>6</sup>	76	18	

**ASSIGNMENT SHEET #1**  
**11:7 MEASURING AND RECORDING BLOOD PRESSURE**

Grade \_\_\_\_\_ Name \_\_\_\_\_

**INTRODUCTION:** The following assignment will help you review the main facts regarding blood pressure.

**INSTRUCTIONS:** Read the information about Measuring and Recording Blood Pressure. Then answer the following questions in the spaces provided.

1. Define blood pressure:
2. Define systolic:
3. Define diastolic:
4. The average reading for systolic pressure is \_\_\_\_\_  
The normal range for systolic pressure is \_\_\_\_\_
5. The average reading for diastolic pressure is \_\_\_\_\_  
The normal range for diastolic pressure is \_\_\_\_\_
6. List two (2) factors which can increase blood pressure.
7. List two (2) factors which can decrease or lower blood pressure.
8. Why shouldn't you tell a patient his/her blood pressure reading?
9. (a) Record the following blood pressure readings correctly.  
Systolic 128    Diastolic 92  
Diastolic 84    Systolic 188  
Systolic 136    Diastolic 76  
Diastolic 118    Systolic 210  
(b) Name all of the above readings which fall within normal range.  
(c) Name the above readings which do *not* fall within normal range.