

ARMS Virtual Cheerleading Tryouts 2020-2021

Tryout Information Packet & FAQ's

Welcome to ARMS Virtual Cheerleading Tryouts for the upcoming 2020-2021 season!

While we are certainly dealing with unprecedented circumstances, we are excited to holding virtual tryouts in lieu of in-person tryouts for upcoming 7th and 8th grade students interested in trying out for ARMS Cheer! This will be a new experience for all of us, so please take time to **carefully review** the information provided in this document to learn more about the expectations and requirements for cheer tryouts this year.

First, if you are interested in trying out for the ARMS cheer squad for the upcoming 2020-2021 season, you must complete the **“ARMS Virtual Tryout Information Form”** by Friday, September 18th. **Any forms submitted after September 18th** will not be accepted or considered for tryouts. The link for this form can be found here:

<https://forms.gle/eqG2k99wKYpX3p446>

Next, After you complete the tryout information form, you will be invited via e-mail to the **ARMS Virtual Tryout BAND group**. Invitations to join the group will be sent out on Sunday, **September 20th** to the athlete and parent emails provided in the tryout information form.

The ARMS Virtual Tryout BAND group will give you access to the tryout material athletes will need to learn for tryouts. Parents and athletes will also be expected to review the “Cheer Constitution” and “Mandatory Dates” documents prior to tryouts which can be found on the BAND group site. **Athletes will have September 20th-23rd to access and learn the tryout material.**

Athletes will be expected to learn AND submit videos of them performing the following:

- Brief Introduction Video (**required**):
 - o Clearly state your first AND last name
 - o What grade (Example: “I will be trying out for 7th grade football and basketball cheer.”)
 - o Why you are trying out for ARMS Cheerleading
- **Chant Video: (required)**
- **Cheer Video: (required)**
- **Jumps Video: (required)**:
 - o 1 toe touch
 - o 1 jump of choice (herkie, hurdler, or pike)
- **Tumbling Video (optional)**:
 - o 1 standing tumbling skill
 - o 1 running tumbling pass
- **NOTE: These should all be separate videos. One video for Introduction, one video for chant, one video for cheer, etc....**

Tryout Video Appearance Requirements

- **Must** wear plain back shorts, plain white t-shirt, black or white sport bra, tennis shoes with no-show socks, and hair ***completely*** pulled back from face
 - o Your white shirt **cannot have ANY** reference to Austin Road Cheer or distracting logos. A completely plain white t-shirt is preferred.
- No jewelry, necklaces, bracelets, anklets, rings, earring, nail polish etc
- Ensure your videos are well lit and we can ***clearly see*** your full body (**head to toe**) during the entire video.

Tryout Video Tips

- Speak loudly and clearly- we will be judging your ability to project your voice
 - o If we are unable to hear you, either due to lack of voice projection or issues with the microphone, your results will be negatively impacted
- Limit anything that may be a distraction (i.e. things moving in the background, other voices or background noises)
- You should appear clean, polished, and professional. Eliminate anything that would cause a distraction to your appearance (for example: bright colored socks, sports bras, etc.)
- Make sure the video is steady and of good quality. Avoid submitting videos that are shaky, blurry, etc.

Things we are looking for in your videos:

- ✓ Proper motion placement & technique
- ✓ Clean and proper appearance
- ✓ Confidence in performed skills
- ✓ Material memorization
- ✓ Confidence, Smile, & Spirit

We understand that this may take a little work on your part given the situation that we are in, but we ask that you try your best. Remember, we are here to help. If you have any questions throughout this process, please reach out to Coach Wright.

All tryout information and videos will be due on September 24th 10pm. Any submission after 10pm on September 24th will not be eligible for tryout consideration. The form to submit tryout information and videos can be found here:

<https://forms.gle/4FdRtf6hHkPBhv3J7>