

# APRIL: EARTH DAY (APRIL 22)



IB Learner Profile:  
Principled

3 Bs: Be Kind  
Be Responsible

MindUP:  
Performing Acts of Kindness  
Mindful Action in the World



Save a tree and read  
an eBook!

Click [here](#) for eBooks  
about loving our  
planet Earth.



Did you know it can take over  
450 years for a plastic bottle  
to break down in a landfill?

Recycle it instead!



## WARM FUZZIES:

### Send in a Warm Fuzzy

We help the environment and we help each other. Thank those who make a difference with a warm fuzzy!

Online on the Wellness Page (click [here](#))

### Questions?

Contact Julie Mikami, AHS Counselor  
[Julie.Mikami@k12.hi.us](mailto:Julie.Mikami@k12.hi.us)



## BE A PLANET HERO!

Use **reusable bags** – 1 reusable bag can prevent the use of 600 plastic bags

**Recycling** 1 can will save enough energy to power a tv for 3 hours

**Shutting down** a computer when it's not in use cuts energy consumption by 85%

For every mile **walked** instead of driven, nearly one pound of pollution is kept out of the air

**Save water** by turning off the faucet when you brush your teeth

Information from: Davidson, Rose. History of Earth Day, National Geographic Kids,  
[kids.nationalgeographic.com/celebrations/article/earth-day](https://kids.nationalgeographic.com/celebrations/article/earth-day).