



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 <ul style="list-style-type: none"> French Toast Sticks Pineapple Chunks Strawberry Apple Crisps Maple Syrup Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	3 <ul style="list-style-type: none"> Portuguese Sausage Brown Rice Ketchup Apple Sliced Peaches Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	4 <ul style="list-style-type: none"> Breakfast Pizza Bagel Oranges Pears Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	5 <ul style="list-style-type: none"> Coffee Cake Muffin Bar Pork Sausage Patty Mixed fruit Unsweetened Applesauce Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	6 <ul style="list-style-type: none"> Pork Sausage Patty Brown Rice Grape Juice Apple Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	
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9  Break Start	10 →	11 →	12 →	13  Break End	
Fall		Fall Break		Fall	
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16 <ul style="list-style-type: none"> Sweet Cinnamon Belgian Waffle Maple Syrup Mixed fruit Sliced Peaches Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	17 <ul style="list-style-type: none"> Portuguese Sausage Brown Rice Pineapple Chunks Unsweetened Applesauce Ketchup Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	18 <ul style="list-style-type: none"> Cheese Stuffed Breadstick Marinara Sauce Oranges Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly Apple 	19 <ul style="list-style-type: none"> Banana Bread Pork Sausage Patty Apple Grape Juice Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	20 <ul style="list-style-type: none"> Cinnamon Toast Vanilla or Summer Berry Yogurt Unsweetened Applesauce Oranges Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	
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23 <ul style="list-style-type: none"> Plain Bagel Cream Cheese Cup Sliced Peaches Mixed fruit Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	24 <ul style="list-style-type: none"> Breakfast Chicken Patty Brown Rice Ketchup Pears Strawberry Kiwi Juice Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	25 <ul style="list-style-type: none"> Breakfast Pizza Apple Pineapple Chunks Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	26 <ul style="list-style-type: none"> Country Breakfast Scramble Breakfast Burrito Salsa Cup Oranges Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	27 <ul style="list-style-type: none"> Cinnamon Roll Banana Strawberry Apple Crisps Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	
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30 <ul style="list-style-type: none"> French Toast Sticks Pineapple Chunks Strawberry Apple Crisps Maple Syrup Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	31 <ul style="list-style-type: none"> Portuguese Sausage Brown Rice Ketchup Apple Sliced Peaches Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<p>Breakfast Pricing</p> <ul style="list-style-type: none"> Regular Priced Breakfast: \$1.10 Reduced Price Breakfast: \$0.30 Second & Subsequent Student: \$2.40 Adult: \$2.40 			

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

All K-12 menus include a choice of the following.: 1% White Milk , Fat-Free Chocolate Milk

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MONDAY

2

- Cheese Pizza
- Celery Sticks
- Apple
- Edamame
- Dressing
- Milk (1% or fat free, white or chocolate milk)

TUESDAY

3

- Chicken Patty Sandwich with
- Lettuce Leaf
- Tomato Slice
- Emoticon Mashed Potato Shapes
- Oranges
- Chicken Noodle Soup
- Ketchup
- Milk (1% or fat free, white or chocolate milk)

WEDNESDAY

4

- Chili & Cheese Nachos
- Green Salad
- Salsa Cup
- Strawberry Kiwi Juice
- Dressing
- Milk (1% or fat free, white or chocolate milk)

THURSDAY

5

- Beef Patty w/ Gravy
- Brown Rice
- Steamed Carrots
- Baked Beans
- White Grape Peach Slushie
- Milk (1% or fat free, white or chocolate milk)

FRIDAY

6

- Roast Turkey
- Turkey Gravy
- Whole Grain Roll
- Whipped Potatoes
- Zucchini
- Mixed fruit
- Milk (1% or fat free, white or chocolate milk)

9



Break Start

Fall

10



Fall Break

11



Fall Break

12



Fall Break

13



Break End

Fall

16

- Mac & Cheese
- Steamed Carrots
- Broccoli
- Fruit Slushie
- Milk (1% or fat free, white or chocolate milk)

17

- Tuna Salad Sandwich
- Lettuce Leaf
- Tomato Slice
- Baked Potato Chips
- Celery Sticks
- Strawberry Fruit Gel
- Dressing
- Milk (1% or fat free, white or chocolate milk)

18

- Hot Dog with Bun
- Tater Tots
- Coleslaw
- Oranges
- Ketchup
- Mustard
- Relish
- Milk (1% or fat free, white or chocolate milk)

19

- Pepperoni Pizza
- Baby Carrots
- Cucumber Sticks
- Apple
- Dressing
- Milk (1% or fat free, white or chocolate milk)

20

- Kalua Pork Nachos
- Lomi Tomato (Pico de gallo)
- Edamame
- Pineapple Chunks
- Milk (1% or fat free, white or chocolate milk)

23

- Cheese Bites
- Marinara Sauce
- Celery Sticks
- Oranges
- Dressing
- Milk (1% or fat free, white or chocolate milk)

24

- Chicken Tenders
- Brown Rice
- Baby Carrots
- Edamame
- Strawberry Fruit Gel
- Dipping sauce
- Milk (1% or fat free, white or chocolate milk)

25

- Sloppy Joe
- Tater Tots
- Baked Beans
- Coleslaw
- Sliced Peaches
- Ketchup
- BBQ Sauce
- Milk (1% or fat free, white or chocolate milk)

26

- Hamburger Curry with
- Brown Rice
- Corn
- Green Salad
- Cranberry Raspberry Juice
- Dressing
- Milk (1% or fat free, white or chocolate milk)

27

- Mini Turkey Corn Dogs
- Baby Carrots
- Cucumber Sticks
- Oranges
- Dipping sauce
- Dressing
- Milk (1% or fat free, white or chocolate milk)

30

- Cheese Pizza
- Celery Sticks
- Apple
- Edamame
- Dressing
- Milk (1% or fat free, white or chocolate milk)

31

- Chicken Patty Sandwich with
- Lettuce Leaf
- Tomato Slice
- Emoticon Mashed Potato Shapes
- Oranges
- Chicken Noodle Soup
- Ketchup
- Milk (1% or fat free, white or chocolate milk)

Lunch Pricing

- Regular Priced Lunch (PreK-8): \$2.50
- Regular Priced Lunch (9-12): \$2.75
- Reduced Price Lunch (PreK-12): \$0.40
- Second Student Entree: \$2.00
- Second & Subsequent Student: \$5.50
- Adult: \$5.50

Dressings & Sauces: Caesar Vinaigrette Dressing , Ranch Dressing/Dip , Italian Vinaigrette Dressing , Basic Salad Dressing , French Dressing , Sesame Ginger Dressing

Dipping Sauces: Honey BBQ Dipping Sauce , Honey Mustard Dipping Sauce , Honey Sriracha Dipping Sauce , Ranch Dressing/Dip , Ketchup , Mustard , BBQ Sauce

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

All K-12 menus include a choice of the following.: 1% White Milk , Fat-Free Chocolate Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
	<p>Breakfast Pricing</p> <ul style="list-style-type: none"> • Regular Priced Breakfast: \$1.10 • Reduced Price Breakfast: \$0.30 • Second & Subsequent Student: \$2.40 • Adult: \$2.40 	<ul style="list-style-type: none"> • Breakfast Pizza Bagel • Oranges • Pears • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Coffee Cake Muffin Bar • Pork Sausage Patty • Mixed fruit • Unsweetened Applesauce • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Pork Sausage Patty • Brown Rice • Grape Juice • Apple • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly
6	7	8	9	10
<ul style="list-style-type: none"> • Plain Bagel • Cream Cheese Cup • Pears • Strawberry Apple Crisps • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Portuguese Sausage • Brown Rice • Ketchup • Oranges • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Country Gravy Pizza • Apple • Strawberry Kiwi Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Cheese Stuffed Breadstick • Marinara Sauce • Mixed fruit • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted • Apple 	 <p>Veterans Day</p>
13	14	15	16	17
<ul style="list-style-type: none"> • Sweet Cinnamon Belgian Waffle • Maple Syrup • Mixed fruit • Sliced Peaches • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Portuguese Sausage • Brown Rice • Pineapple Chunks • Unsweetened Applesauce • Ketchup • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Cheese Stuffed Breadstick • Marinara Sauce • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly • Sliced Peaches 	<ul style="list-style-type: none"> • Banana Bread • Pork Sausage Patty • Apple • Grape Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Cinnamon Toast • Vanilla or Summer Berry Yogurt • Unsweetened Applesauce • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly
20	21	22	23	24
<ul style="list-style-type: none"> • Plain Bagel • Cream Cheese Cup • Sliced Peaches • Mixed fruit • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Breakfast Chicken Patty • Brown Rice • Ketchup • Pears • Strawberry Kiwi Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Breakfast Pizza • Fresh Fruit • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	 <p>Thanksgiving</p>	 <p>Holiday</p>
27	28	29	30	
<ul style="list-style-type: none"> • French Toast Sticks • Pineapple Chunks • Strawberry Apple Crisps • Maple Syrup • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	<ul style="list-style-type: none"> • Portuguese Sausage • Brown Rice • Ketchup • Apple • Sliced Peaches • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Coffee Cake Muffin Bar • Pork Sausage Patty • Mixed fruit • Unsweetened Applesauce • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted 	<ul style="list-style-type: none"> • Breakfast Pizza Bagel • Oranges • Pears • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly 	

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

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	Lunch Pricing <ul style="list-style-type: none"> • Regular Priced Lunch (PreK-8): \$2.50 • Regular Priced Lunch (9-12): \$2.75 • Reduced Price Lunch (PreK-12): \$0.40 • Second Student Entree: \$2.00 • Second & Subsequent Student: \$5.50 • Adult: \$5.50 	1 <ul style="list-style-type: none"> • Chili & Cheese Nachos • Green Salad • Salsa Cup • Strawberry Kiwi Juice • Dressing • Milk (1% or fat free, white or chocolate milk) 	2 <ul style="list-style-type: none"> • Beef Patty w/ Gravy • Brown Rice • Steamed Carrots • Baked Beans • White Grape Peach Slushie • Milk (1% or fat free, white or chocolate milk) 	3 <ul style="list-style-type: none"> • Roast Turkey • Turkey Gravy • Whole Grain Roll • Whipped Potatoes • Zucchini • Mixed fruit • Milk (1% or fat free, white or chocolate milk)
6 <ul style="list-style-type: none"> • Tasty Tenders • Brown Rice • Broccoli • Baked Beans • Orange Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk) 	7 <ul style="list-style-type: none"> • Cheeseburger with Bun with • Lettuce Leaf • Tomato Slice • Potato Wedges • Celery Sticks • Oranges • Dressing • Ketchup • Milk (1% or fat free, white or chocolate milk) 	8 <ul style="list-style-type: none"> • Chicken Potstickers (Gyoza) • Baby Carrots • Cucumber Sticks • Fruit Punch Juice • Dressing • Honey Sriracha Dipping Sauce • Milk (1% or fat free, white or chocolate milk) 	9 <ul style="list-style-type: none"> • Spaghetti with Meat Sauce • Green Salad • Corn • Sliced Peaches • Whole Grain Roll • Dressing • Milk (1% or fat free, white or chocolate milk) 	 Veterans Day
13 <ul style="list-style-type: none"> • Mac & Cheese with • Brown Rice • Steamed Carrots • Broccoli • Fruit Slushie • Milk (1% or fat free, white or chocolate milk) 	14 <ul style="list-style-type: none"> • Fish Fillet Sandwich • Tartar Sauce • Lettuce Leaf • Tomato Slice • Baked Potato Chips • Celery Sticks • Strawberry Fruit Gel • Dressing • Milk (1% or fat free, white or chocolate milk) 	15 <ul style="list-style-type: none"> • Hot Dog with Bun • Tater Tots • Coleslaw • Oranges • Ketchup • Mustard • Relish • Milk (1% or fat free, white or chocolate milk) 	16 <ul style="list-style-type: none"> • Pepperoni Pizza • Baby Carrots • Cucumber Sticks • Apple • Dressing • Milk (1% or fat free, white or chocolate milk) 	17 <ul style="list-style-type: none"> • Kalua Pork with Cabbage and • Brown Rice • Lomi Tomato (Pico de gallo) • Edamame • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk)
20 <ul style="list-style-type: none"> • Cheese Bites • Marinara Sauce • Cucumber Sticks • Oranges • Dressing • Milk (1% or fat free, white or chocolate milk) 	21 <ul style="list-style-type: none"> • Chicken Tenders • Brown Rice • Baby Carrots • Edamame • Strawberry Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk) 	22 <ul style="list-style-type: none"> • Roast Turkey • Turkey Gravy • Whole Grain Roll • Whipped Potatoes • Zucchini • Mixed fruit • Milk (1% or fat free, white or chocolate milk) 	 Thanksgiving	24  Holiday
27 <ul style="list-style-type: none"> • Cheese Pizza • Celery Sticks • Apple • Edamame • Dressing • Milk (1% or fat free, white or chocolate milk) 	28 <ul style="list-style-type: none"> • Chicken Patty Sandwich with • Lettuce Leaf • Tomato Slice • Emoticon Mashed Potato Shapes • Oranges • Chicken Noodle Soup • Ketchup • Milk (1% or fat free, white or chocolate milk) 	29 <ul style="list-style-type: none"> • Chili & Cheese Nachos • Green Salad • Salsa Cup • Strawberry Kiwi Juice • Dressing • Milk (1% or fat free, white or chocolate milk) 	30 <ul style="list-style-type: none"> • Beef Patty w/ Gravy • Brown Rice • Steamed Carrots • Baked Beans • White Grape Peach Slushie • Milk (1% or fat free, white or chocolate milk) 	

Dressings & Sauces: Caesar Vinaigrette Dressing , Ranch Dressing/Dip , Italian Vinaigrette Dressing , Basic Salad Dressing , French Dressing , Sesame Ginger Dressing

Dipping Sauces: Honey BBQ Dipping Sauce , Honey Mustard Dipping Sauce , Honey Sriracha Dipping Sauce , Ranch Dressing/Dip , Ketchup , Mustard , BBQ Sauce

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