



Freshman Parent Night

Transition from Middle School to High School

Welcome **Class of 2026** Parents!

LHS Counselors



A-Bri
Mrs. Moore



Bro-Feu
Mrs. Bucherati



Fi-Kam
Ms. Hafner



Kan-Mat
Ms. O'Grady



Mau-Ph
Dr. De La Cruz



Pi-Stef
Mr. Church



Steg-Z
Mrs. Avila

****In case of an emergency, a student may ask their teacher to report directly to the counseling office and no appointment is necessary.**

Student Appointments

- Scheduled through Acuity
- Student scans the barcode to view their counselors availability
- Student chooses day/time for the appointment
- 15 minutes is blocked off for the appointment
- **For student use ONLY**

Parent Appointments

Please contact your student's counselor directly via email or phone to schedule an appointment with him/her.



LHS 9th Grade Student Support Staff

Mr. Rob Meinberg- *Assistant Principal of Counseling*

Mrs. Kelli Schuyler- *Assistant Principal of Curriculum*

Mrs. Kristen Fowler- *Assistant Principal of Curriculum*

Mr. Naran Butler-Houck- *School Social Worker*

Mr. Troy Embrey- *Student Advocacy Specialist*

Mrs. Rebecca Parker and Ms. Jes O'Kelley- *Student Support*

Ms. Danielle Hosier- *Registrar*

Mrs. Karrie Fuerst- *Counseling Secretary*

LHS Counseling Website

- Visit often for information and updates
 - [Class of 2026 Info](#)
- Important Topics
 - SAT/ACT Dates
 - Dual Enrollment
 - College Search Engines
 - Scholarships
 - Transcript Course Addition Form
 - Tutor List



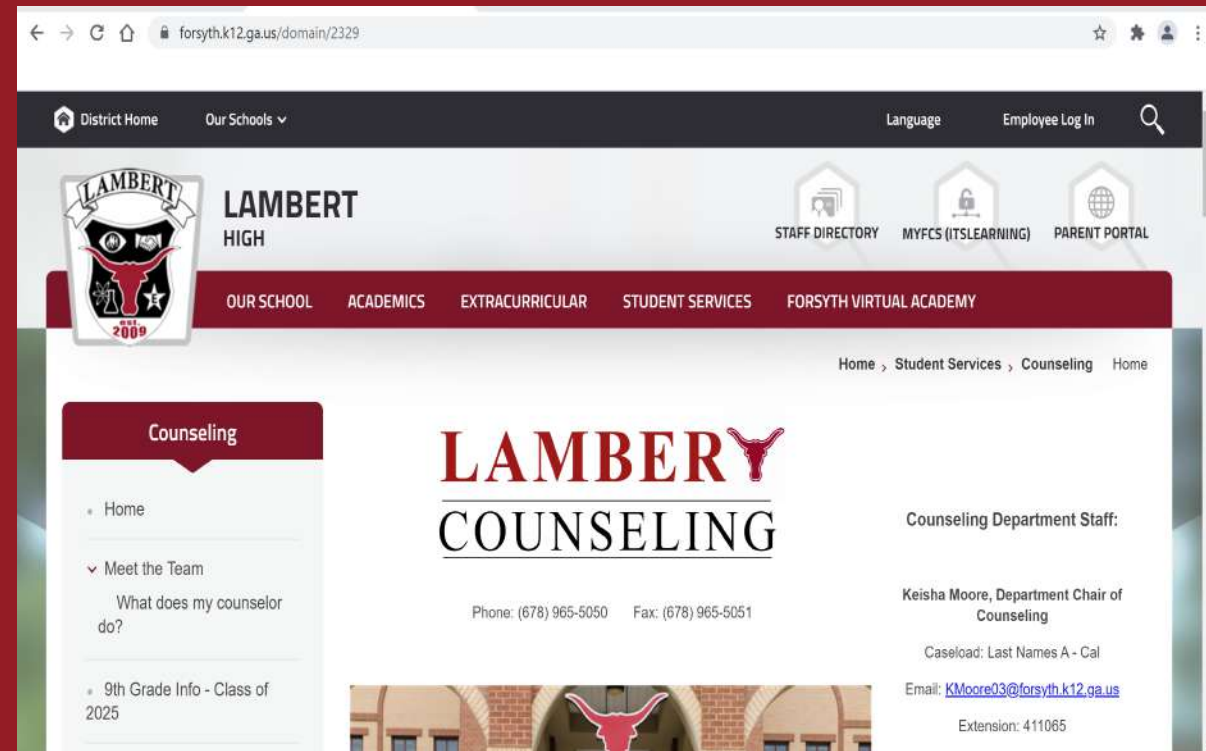
@Lambert.High



@LambertHS



@Lambert High



Presentations:

- [2021-22 UGA Virtual College Visit Recording](#)
- [2020-21 Virtual Sophomore Parent Night](#)
- [2020-21 Dual Enrollment Night – Recorded Session](#)
- [Using Your PSAT/NMSQT Scores to Build College Readiness Handout](#)

Course Registration Information for 2020-21:

- [2020-21 Registration Timeline](#) ⬇️⬆️
- [Course Registration Resource Packet Rising 10-12](#) ⬇️⬆️
- [Directions on how to register for electives](#)

Graduation Information:

- [2023 Graduation Requirements](#) ⬇️⬆️
- [LHS Career Tech Pathway Charts](#) ⬇️⬆️

What Do Counselors Do?



Academic Advising

- Course Selection Guidance
- Graduation Requirements
- Individual student meetings
- Classroom guidance



Postsecondary Planning

- YouScience Career Exploration (NEW!)
- PPSAT/PSAT Prep
- College Rep visits



Social/Emotional Support

- Small group counseling
- Individual counseling
- Crisis response
- Counseling referrals



What Should We Be Looking For As Parents?

- Changes in behavior, diet, or sleep patterns
- Changes in attitude (grades, friends, family)
- Social Media
 - Plays a major role in young lives
 - Should be used responsibly
 - Parents should monitor accounts and activity
 - Know your students log in and password and monitor activity
 - Advise them to be selective of material that they post
 - Colleges often pay attention to what prospective students post on social media when making admission decisions
 - Use social media to your advantage



Maintaining a Health Mental Balance

Preparing for college is important, but so is preserving mental health

- Consider the workload and rigor of classes
- Pursue your intellectual interests
- Get involved in extracurricular activities
- Make time for community service or other interests
- Participate in activities to promote your overall health by eating healthy, exercising, and getting enough sleep



* Mental wellness is as important to your overall well-being as physical health, social and emotional connectedness, and intellectual accomplishments.

Review of Graduation Requirements

English 4 Credits

Math 4 Credits

Science 4 Credits

Social Studies 3 Credits

World Language, Fine Arts, 3 Credits

Or Career Tech

General Electives 4 Credits

Health .5 Credit

Personal Fitness .5 Credit

Total 23 Credits

[*Transcript Course Addition Form](#)

English

9th Lit, 10th Lit, American Lit, 12th Lit

Math

Algebra I, Geometry, Algebra II, 4th Math

Science

Physical Science/Physics, Biology, Environmental Science/Chemistry/Earth Systems, 4th Science

Social Studies

World History, US History, Gov/Econ

World Language

Students applying to a 4 year postsecondary institution must take at least 2 consecutive years of the same world language

Promotion and Retention

If a student fails a class and later retakes the same class, the new grade does not replace the failing grade (i.e., grades for all attempted classes are shown on the transcript)

Making up Failed Classes

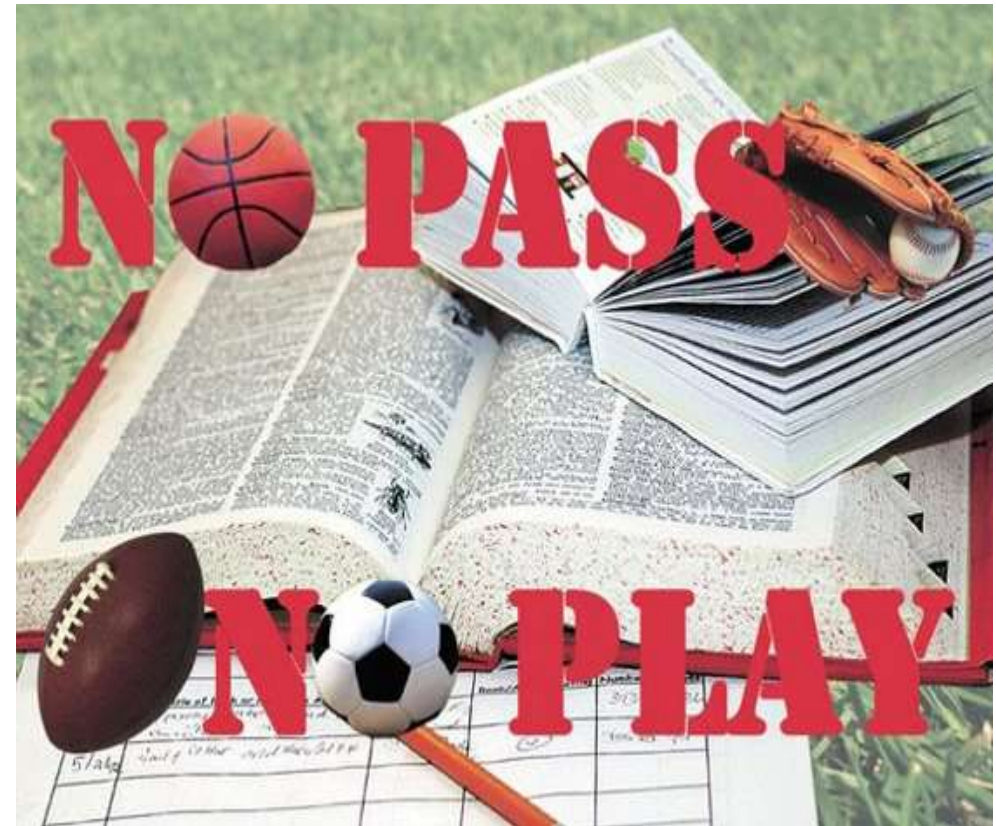
- Summer School – Registration after Spring Break
- Forsyth Virtual Academy, GA Virtual, or Mountain Education
- Re-taking it the following academic year at Lambert HS
- APEX** – see counselor for course approval
- ****APEX is not NCAA approved**

Retention Policy

5.0 credits to be promoted to 10th grade
11.0 credits to be promoted to 11th grade
17.0 credits to be promoted to 12th grade

Athletics

In order to participate in athletics, your student **MUST** have passed five classes from the previous semester. For spring athletes this means that they have to be passing at least 5 classes at the semester mark.



What are Quality Points?

Quality points are added together and then divided to determine your GPA

DE/AP classes = an additional quality point added to the passing course grade

$$A = 4$$

$$B = 3$$

$$C = 2$$

$$F=0$$

AP/DE Classes

$$A = 5$$

$$B = 4$$

$$C = 3$$

$$F=0$$

Facilitating Student Success

We strive to empower students and maximize their success as a collaboration of counselors, teachers, students and parents.

- Lunch and Learn
- Parent Nights
- LASSO- Saturday School
- ADVOCATE!!!!
 - Encourage your child to speak with their teachers about struggles they are having in their class. Teachers deserve an opportunity to try and fix any disconnect your child might have with the class
- School Counselors
 - We can help make a plan to make-up work. We can also help determine good study habits for your child's specific situation.

Resources

Technology:

Classlink –

1. Parent/Student Portal – Grades
2. itsLearning – Course Management/Planner



***If you are unfamiliar with Parent Portal or itsLearning, we will review how to access each of those at the end of this presentation*

[Lambert HS Home Page](#)



Any issues, please email kfuerst@forsyth.k12.ga.us

Links

Virtual Club Rush

Virtual Curriculum Night

PPSAT

- It is recommended that ninth graders complete the practice test virtually through Applerouth, because they will be able to take the PSAT/NMSQT for free during their 10th grade year at Lambert. Register for this FREE opportunity by [viewing the Applerouth website](#) and entering event code **M519193**. Ninth grade students who take advantage of this opportunity **can complete the mock assessment at home and do not need to report to Lambert on Oct. 12th.**
- **Deadline to register is Oct. 10th**

Empower your Freshman

Allow them to....

- Own the Process
- Self-Advocate
- Transition into a young adult



Q&A Session

General questions that are for the “good of the group”

Questions related to courses for next year will be addressed during a pre-registration Q&A session in February

For questions specific to your child please email your child’s counselor

We will post a Freshman Parent Night Q&A document with answers to these questions on the counseling website

Thank you!