

Quick Question-Boss

What advice would you give me on building strong character?

Name: _____

Worksite Reflection

What was something that happened at work this week?
(an event, a problem, an interaction, a success, etc.)

Administrative Questions

Is your phone number the same? YES NO
Do you have active phone service? YES NO
Is everything at work satisfactory? YES NO
Are you getting enough hours? YES NO
If you selected NO, explain:

	POINTS	EARNED	On time Late
Journal	5		Date turned in:
Scenario	5		Weeks late (points off):
Question	5		Final Score:
Reflection	3		
Admin	2		

How Do You Build Character?

If you were lucky, you had a family, friends, and teachers that modeled good character. Very few people are that lucky; however, you can grow character without it!

DECIDE to be self-supporting.

No one owes you a living. Not your parents, not your boss, and not the government. Simply put, you are in charge of you.

SEEK continual education.

No one is perfect. Everyone has room for improvement. And improvement can only come through education, whether formal or informal.

SPREAD kindness.

This is one of the best ways to build character. When you're kind to others (especially when you don't want to be), you grow your character. It's a total win-win-win.

WORK on yourself.

Focus on the areas that you need to improve. Remember to set SMART goals. Measure your progress and reward yourself along the way.

PURSUE excellence.

People will never know how long it takes to do something, they will only know how well it is done. Don't focus on the time; focus on excellence.

ADD value.

Whatever you do, whomever you meet, add value. Leave the situation or the other person a little bit better than you found them.

PRACTICE persistence.

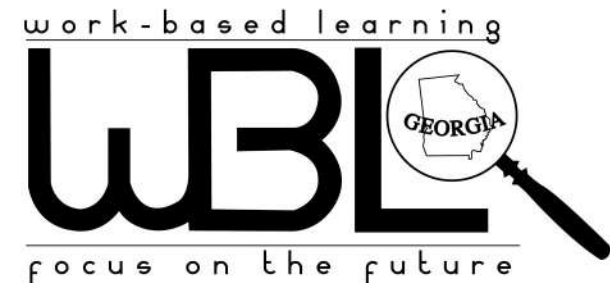
Don't bail out when the times get tough.. Run, walk, or crawl if you have to—just keep on moving forward.

DETERMINE to be determined.

People are very rarely overnight successes. More often, character is the result of a long process of determined determination. Stay the course.



"Good Character" What Does It Mean?



What is Good Character?

Your character refers to your values and qualities as a human being. It has nothing to do with physical traits or the way you were raised. It is tied to your personality. Your character defines who you are as a person and what you believe in. If you're a good person who has solid values, you'll have a good character. If you're someone who has questionable morals, you may have a questionable character. It truly is that simple.

You may have heard the term "core values" in your workplace. This is usually a reference to the character of the company itself. The core values of a company should always be represented by the employees. This is why many companies run a background check on job applicants.

Character affects your relationship with others, especially at work. Good character can make your office relationships more meaningful. Character is the non-negotiable part of who you are. All people are willing to make some compromises to get ahead in life or to be liked, but character cannot be compromised.

As an employee, this could mean being trusted with confidential information or even a raise. People are more inclined to do business with partners they feel are being honest and genuine. Your character will say a lot about your future potential. Your employers will see this potential, hence leading to a more fulfilling career in the end.

Good Character Traits

Integrity

Integrity is similar to character. You don't act one way in a situation and another in a different situation. Living this way will build trust with your coworkers.

Honesty

People lie because they are afraid of consequences or are hiding something. Dishonesty results in destroying the trust of those you work with. Honesty (sometimes hard) is best.

Loyalty

Good character means having loyalty, a "stick-to-it" attitude when it comes to others. A person of good character stays with their friends even in the downtimes.

Self-Sacrifice

People don't mind putting in hard work if you do it, too. People don't like when they are used for personal gain.

Accountability

Accountability is allowing others to have say in your conduct. Accountability doesn't show a lack of character, it shows that you value the input of others.

Self-Control

You will have lots of chances to participate in immoral things. Temptations exist, but if you have good character you use self-control, which is the ability to do the things you should, and not do the things you shouldn't.

Confidence

If you are confident, you are more likely to speak up when things go wrong. Have the confidence to express your opinions, initiate hard conversations, and act independently.

Image

Appearance matters in the workplace. Regardless of how attractive you may look, if you're well-dressed you give a better impression than someone with messy clothes and hair. It's important that you dress to fit your company's image to uphold their standard of professionalism.

Name: _____

Journal

Does honesty mean you can say anything to anyone you want to at any time? Why or why not?

Worksite Scenario

Alex accidentally forwarded a confidential email about a personnel situation involving another coworker to the wrong person, how does he need to handle the situation?



DID YOU KNOW?

Conscientiousness is the trait that consistently shows a strong relationship to work success and satisfaction. (workstyle.io)