The most important function of a school activity program is to teach discipline, self-control, and good sportsmanship. The first responsibility of this discipline will be seen as courtesy to all officials and good sportsmanship and courtesy toward the competitors and activity directors of rival schools. Activity directors and school officials of the Highland Athletic programs should endeavor at all times to stress to competitors that they are the most frequently seen and the best known representatives of the student body. As such, they have an obligation to conduct themselves so as to bring credit to the school. Every activity director shall convey to his competition rules for courtesy to officials, opponents, and rival activity directors. These rules will generally follow the sportsmanship guidelines of the Idaho High School Activity Association. The Athletic Director will retain copies of such rules and will enforce some form of discipline on violators. The head coach in any sport has the responsibility for providing rules for student training and conduct, which coincides with his philosophy and the school's. He has the responsibility to make these rules clear to all the competitors in the sport and reaffirm these rules at any time he feels that they are being misunderstood.

A student participating in extra-curricular activities of the district must meet at least the eligibility requirements of the Idaho High School Activities Association. The high school may take more stringent requirements. The student is also expected to follow all reasonable rules of the district and the personnel assigned the responsibility to direct the activity.

Highland Schools take great pride in expecting students who participate in extracurricular activities to maintain passing grades and to exhibit satisfactory work attitudes and work habits in all of their classes every week of the season. All teachers are provided with a roster of all extra-curricular teams or groups. Teachers are asked to report any scholastic problems to either the coach/advisor or the principal before they become large problems.

Highland High School requires that individual students participating in the HHS activities programs maintain a minimum "C" (GPA = 2.0) average. A students cumulative GPA and previous semester grades will determine who is eligible to participate in an activity. Progress reports are sent home during the fifth week of each quarter.

The following is the general policy of District #305 concerning the training rule violators. Highland students, while on a school sponsored trip, are to keep in mind that they are representing the Highland School District #305 and must demonstrate excellent and appropriate conduct at all times.

1. Any student detected by a member of the staff using drugs, alcohol, or tobacco on a trip will be suspended from competition for the remainder of the school year. (Possession of alcohol, tobacco, or drugs during a trip will result in the same penalty.) Students who have been suspended will not be awarded athletic letters for the school year and will be requested to return any letters previously awarded during the school year. Individuals who are suspended

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will not be candidates for any special awards such as "Most Valuable Player" or "Most Inspirational Player". The responsibility for carrying out these penalties will rest with the directors of each activity.

2. When a student competitor who is not on a trip is detected using alcohol, tobacco, or drugs by a member of the activity staff during a sport season, the following rules apply.

He will be suspended from all competition for two contest days and placed on probation. The competitor, his parent (or parents), his coach, and a school administrator will meet to determine any other appropriate action. He will not be a candidate for a special award in that activity.

It is understood that if only one contest remains in a particular season, the competitor will not be eligible for the first contest of his next competition.

3. If a competitor who is not on an athletic trip is detected using alcohol, tobacco, or drugs for a second time during a school year, he will be suspended from all competition until he has had four weeks of suspension or until the sport season in which he is competing is over, which ever is longer.

The competitor, his parents, his coach, and a school administrator will meet to determine an appropriate course of drug-alcohol counseling for the competitor. He must undergo such counseling before s/he can be reinstated as an athletic competitor for "Highland". He will not receive any award for the sport season in which the 2nd violation takes place.

- 4. Any competitor who is detected using alcohol, tobacco, or drugs for a third time in any school year will be suspended from all activities for one year from date of offense and will not receive any sort of award from the school. This third time penalty carries over from sport season and school year to school year.
- 5. The words "his" and "he" in these statements are intended in the general sense. This policy covers all student athletes, both men and women.
- 6. The "bona-fide" complaints of patrons and non-coaching staff members will be accepted at once and investigated. A bona-fide complaint is defined as one in which the patron or staff member is willing to name names, indicate places, and testify to the breaking of training.

The complaint shall be in writing and shall be signed.

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7. A competitor's arrest and conviction for possession of alcohol, possession of drugs, use of alcohol, or use of drugs will carry the same penalty as detection of a member of the activity staff.

- 8. Any student suspended by the staff for training violations will be questioned by his coach. His word will be taken, but if later evidence proves that he was lying the proper penalty for his violation (#1, #2, and #3) will be assessed immediately.
- 9. Students who are counted absent during any part of the school day will not be allowed to participate in any contest, which takes place during the day unless they have a valid excuse such as a doctor's appointment or a non-injury accident.
- 10. Students who do not come to school the day following participation in an activity at the regular time will not be allowed to participate in their next scheduled activity unless they have a valid excuse.
- 11. Students who are truant from school will not be allowed to participate in any contest until all of their detention hours have been served.
- 12. Students who must serve detention time for any reason are not eligible to participate in any contest until all detention time has been served. An exception can be made by the principal in cases such as a trip bus leaving immediately after school dismissal.
- 13. Any student who receives an out of school suspension or who is expelled from Highland School District #305 will not be allowed to attend or participate in any school activity. This will be applied during the time of their suspension or expulsion.

These rules on absences will be enforced by the activity staff of the sport or activity in which a student participates (after the coaches' examination of the absence records maintained in the office) and will apply to all participation in grades 6-12 (junior high, 9th grade, J.V., and Varsity).

Parents will be notified at the time any disciplinary action is taken.

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LEGAL REFERENCE: Board Action

ADOPTED: 7/13/87

AMENDED: 4/12/93, 3/8/99, 6/13/05, 7/9/07, 8/10/15