HEALTH ENHANCEMENT

Health, family life, and sex education, including information about parts of the body, reproduction and related topics, shall be included in the instructional program as appropriate to the grade level and course of study. Abstinence shall be emphasized as the primary method of birth control and prevention of sexually transmitted diseases. The instructional approach shall be developed after consultation with parents and other community representatives.

Guidelines

- 1. Parents may ask to review the materials to be used and may request that their child be excluded from sex education class sessions without prejudice.
- 2. The Board believes that HIV/AIDS instruction is most effective when integrated into a comprehensive health education program.
 - a. Instruction shall be developmentally appropriate to the grade level of the students and shall occur in a systematic manner.
 - b. The Board particularly desires that students receive proper education about HIV before they reach the age when they may adopt behaviors that put them at risk of contracting the disease.
 - c. In order for education about HIV to be most effective, the Superintendent shall require that faculty members who present this instruction receive continuing inservice training that includes appropriate teaching strategies and techniques.
 - d. Other staff members not involved in direct instruction but who have contact with students shall receive basic information about HIV/AIDS and instruction in the use of universal precautions when dealing with body fluids.
 - e. In accordance with Board policy, parents shall have an opportunity to review the HIV education program before it is presented to students.

Adopted: 03-09-2005 Reviewed: 01-17-2018 Revised:

05-13-2020

Cross Reference: Curriculum Development and Assessment #2100

Curricular Materials #2520 Learning Materials Review #2530

Legal Reference: Idaho Code § 33-1605 Health and Physical Fitness – Effects of

Alcohol, Tobacco, Stimulants and Narcotics

Idaho Code § 33-1608 et seq. Family life and sex education – Legislative policy

IDAPA 08.02.03.160 Safe Environment and Discipline No Child Left Behind Act (2001) Title IX Section 9526

INSTRUCTION