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678.778.9027

Summer Basketball Camp 2022

DeSana Middle School

Alpharetta, GA

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| Enrollment: | rising grades 4 th – 8 th boys and 6 th -8 th girls |
| Dates: | Monday, June 27 th - Friday, July 1 st , 2022 |
| Location: | Liberty Middle School 7465 Wallace Tatum Rd. Cumming, GA 30040 |
| Daily Schedule: | 8:30am-12:00pm Grades 4th – 6th boys and Grades 6th - 8th girls 12:30pm-4:00pm Grades 7th through 9th boys |
| Awards Ceremony: | Friday the last 20 minutes of each session |
| Investment: | \$150 or \$8.57 per on court hour This camp SOLD OUT last year and we had to turn people away. \$175 after May 15, 2022 |

Program Content:

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| - <i>Speed, agility and flexibility</i> training | -Improvement of weak hand |
| -Proper <i>shooting</i> form and <i>preparation</i> | -Necessary <i>body lean</i> while ball-handling |
| -Becoming a “ <i>two footed player</i> ” | -Individual & team <i>defensive</i> stance <i>alignment</i> |
| - <i>Personal reliability</i> within the team defense | -Offensive <i>non-ball skills</i> |
| -Understanding of <i>defensive angles and rotations</i> | -Reading the <i>secondary defense</i> |
| -Assessing the defense for <i>proper passing angles and entries</i> | -Understanding and <i>escaping pressure defenses</i> |
| - <i>Rebounding</i> strategies utilizing <i>leverage and horizontal concept</i> | -Proper <i>screening angles, techniques and reads</i> |

The camp will be directed by Coach Bert Tucker of Collegiate Prep Basketball Academy in conjunction with DeSana Basketball Coach Scott Nash. To speak with Coach Nash please see the school staff directory. To learn more about Coach Tucker please visit the website and see the *About Us* page. The camp will also feature a pro basketball player, Fineto Lungwana, a former player at Liberty under Coach Nash.

Methods Employed:

- Motivated and enthusiastic environment
- On court demonstrations with active participation and repetition
- Competitive breakdown drills for skill development under game conditions
- Explaining the “why” to increase comprehension level

Benefits:

- Dramatically improved individual fundamental skills
- Enhanced knowledge about “how to play the game”
- Enlightened perspective of personal role & team play
- Improved foot speed, quickness and reaction time
- Foundation to improve individually outside of camp

To register visit our website at www.collegiateprep.com and select our Liberty Camp page. Be sure to look at the Camp Philosophy & Camp Differentiators pages.