Class of 2025 & 2026

What you need to know

SAHS School Counseling Department

Who is my Counselor

Last Names A-G: Mrs. Cashwell

Last Names H-P: Mrs. Barber

Last Names Q-Z: Mrs. Rollins

AICE Program: Mrs. Bechtle

College/Career: Mrs. Eakins



****Open door policy during your lunch****

How can my counselor help me?

We work together with students, families, teachers and other school staff to help you achieve.

We assist with:

- Academic planning
- Personal/social challenges
- Planning future education and career choices
- Students may request an appointment with their counselor online.
 A pass will be sent for you on the day of the appointment.

Graduation Requirements

3 basic requirements:

- Earn 24 Credits
- O Earn a 2.0 GPA
- O Pass 2 state assessments (tests)

Assessments

MUST pass these two assessments to earn a diploma

State Math Assessment

State Reading/Writing Assessment

If you earn a Certificate of Completion that means you did not graduate from high school and your post-secondary options are limited

Credits

- 24 credits must be earned in all of the following:
 - English 1, 2, 3, and 4
 - Algebra, Geometry, and two additional math courses
 - Biology and two additional sciences
 - World History, US History, Government, and Economics
 - Practical/performing/fine arts
 - O HOPE
 - 8 elective credits
 - O If you're planning to attend college, you will need two credits in the SAME world language

Credits



- 9th \rightarrow 10th Grade = 5 credits
- 10th \rightarrow 11th Grade = 11 credits
- 11th \rightarrow 12th Grade = 17 credits

Promotion Requirements

- Required GPA = 2.0 cumulative unweighted or higher
 - 2.0 is a "C" average
 - Check HAC regularly to keep track of grades
- Must complete one full length online course
 - Right now at SAHS, the required Government course will count for the online course

GPA and Online Credit

How do we calculate GPA?

Add the "grade points" you have earned, and divide by the number of grades.

$$A = 4$$

$$B = 3$$

$$C = 2$$

$$D = 1$$

$$F = O$$

Let's try an example...

Joe's 1st semester grades:

Earth/Space Science
D

O Algebra 1 C

English 1

O HOPE
C

Peer Counseling
B

Digital ArtB

Weight Training
D

What is Joe's 1st semester GPA?

Let's try an example...

Joe's 1st semester grades:

Earth/Space Science	D	1 + 2 + 1	+2+3+3+	1
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- O Algebra 1 C
- O English 1 D
- HOPEC
- Peer CounselingB
- O Digital Art B
- O Weight Training
 D

$$13/7 = 1.86$$

= 13

Let's try another...

Joe's 2nd semester grades:

Earth/Space Science
D

O Algebra 1 C A

English 1 D C

O HOPE C B

Peer Counseling
B
A

O Digital Art B A

Weight TrainingDB

What is Joe's 2nd semester GPA?

Let's try another...

Joe's 2nd semester grades:

Earth/Space Science

Algebra 1CA

C

В

English 1

O HOPE C B

Peer Counseling
B
A

Digital ArtBA

Weight Training D

What is Joe's cumulative GPA for 9th grade?

1+2+1+2+3+3+1+2+4+2+3+4+4+3=35

35/14 = 2.5

What about "advanced" classes?

For Honors/Pre-AICE level classes, add .5 points.

$$A = 4.5$$
, $B = 3.5$, $C = 2.5$, $D = 1.5$, $F = 0$

For AICE/AP/Dual Enrollment classes, add 1

$$A = 5$$
, $B = 4$, $C = 3$, $D = 2$, $F = 0$

Now, calculate your GPA using your Q1 grades

Is it where you want it to be?

Why aren't D's really Passing?

They may earn you credit for the course, but they won't get you to a 2.0 GPA!

What if I'm struggling?

- Track your assignments on HAC.
- Communicate with your teachers.
- Take advantage of retake opportunities.
- Meet with your teacher for extra help before school.
- Student tutors are available; ask your counselor for more information.
- Use online resources like www.khanacademy.org, and Algebra Nation.
- Make an appointment with your counselor.

It's not too soon to be thinking about your post-secondary plans!

 Look at the checklist of what you should be doing each year of high school to get ready for college.

The SUS (State University System) chart shows you information for universities in Florida.

What do colleges look for?



Well rounded student



GPA (grade point average)



Test scores (ACT and SAT)



Community service hours



Rigorous courses taken (Dual Enrollment, AICE, AP, Honors)



Extra-curricular and leadership activities – Quality, not Quantity

Review of the PSAT/NMSQT

Test Date: Wed., October 12

PSAT can help you qualify you for scholarships and other honors as well as a concordant score for the Algebra 1 EOC. It can also help you start thinking about and planning for college, see which academic skills you need to work on, and get ready for the SAT.



Test length: 2 hours 45 minutes



No points deducted for incorrect answers or unanswered questions, also known as "rights-only scoring"



Personalized SAT practice through Khan Academy® with students' own PSAT/NMSQT scores



Scale ranges for the scores are 320 – 1520 for the total score

What is Bright Futures? (look at chart)

A scholarship program that can help pay for you to go to college!

Check out the Bright Futures chart with the criteria.

Start working hard now for a big payoff \$\$\$.

Volunteer Hours/Paid Work Hours for Bright Futures

- Not needed for graduation
- Needed for Bright Futures
- Forms turned into your counselor
- Goal should be to complete 100 hours
- Two forms required for all activities:
- 1. Service Plan
- 2. Service Log
- O Signed letter on the organization's letterhead required for any activities outside of the school describing type of service, who in the community the service benefited and a description of the service event.

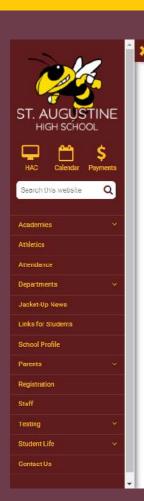
Community Service Forms Pick up in School Counseling Office

St. Joh	hns County Student Volunteer Service Plan						
All lines on this	form must be completed before the service plan is submitted for hours.						
Student Name:	Student Number:						
Date(s) of Service Activity:							
Social/Civic Issue/Professional Area Addressing with Service Activity:							
Service Organization:							
Description of Volunteer Activity:							
counselor/designee by your grade	Reflection on Service Activity on letterhead to this page. Complete the reflection below and submit to your school luation date. Note: Ideally, students submit hours at least ofter each year in high school						
rather than saving them all until t What impact did your service hav	the end of high school. ve on the social/civic issue/professional area that you identified?						
Identify one way the service activ	rity could have been improved.						
What was your favorite part of vo	plunteering?						
Would you recommend this activ	vity to other students? Circle One: O Yes O No						
in St. Johns County Community Se	e service activity under the supervision of a non-relative, meeting all requirements outlined ervice Guidelines. I understand that if I am found to have given false testimony about o revoked and endanger my eligibility for the Bright Futures Scholarship.						

St. Johns County School District Service Hours Log							
Student Completes			Service Agency Completes				
Date of Activity	Volunteer Service Organization	Hours Logged	Supervisor Signature (Can draw arrow through other rows if supervised all activities)	Work Phone/Email			

I affirm that I have performed the above hours under the supervision of a non-relative, meeting all requirements outlined in St. Johns County Community Service Guidelines. I understand that if I am found to have given false testimony about these hours that the hours will be revoked and endanger my eligibility for the Bright Futures Scholarship.

Need to see your school counselor?



NEWS & ANNOUNCEMENTS

WELCOME CLASS OF 2024!





URGENT

RETURN OF ALL LAPTOPS AND HOTSPOTS ARE NEEDED FOR THE NEW SCHOOL YEAR. Please bring to front office wearing a mask and ring bell to drop off.

TRANSCRIPT REQUESTS

All current students may order transcripts at no cost



If you graduated BEFORE 2018, please contact Becky Cosgrove in the Student Records Department at 904-547-7137 or Rebecca.Cosgrove@stjohns.k12.fl.us.



- Info School Counseling Website
- https://www-sahs.stjohns.k12.fl.us/guidance/
- Appointments School Counselor Connect Form
- Schoology Yellow Jacket School Counseling Group
- Instagram @jacketschoolcounseling