

Summer Basketball Camp 2021 Liberty Middle School

Cumming, GA

Enrollment: rising grades 4th – 9th boys and 6th-8th girls Dates: Monday, June 21st - Friday, June 25th, 2021

Location: Liberty Middle School 7465 Wallace Tatum Rd. Cumming, GA 30040 Daily Schedule: 8:30am-12:00pm Grades 4th – 6th boys and Grades 6th - 8th girls

12:30pm-4:00pm Grades 7th and 8th boys

Awards Ceremony: Friday the last 20 minutes of each session

Investment: \$150 or \$8.57 per on court hour

This camp SOLD OUT last year and we had to turn people away.

\$175 after April 30th, 2021

Program Content:

-Speed, agility and flexibility training

-Proper shooting form and preparation

-Becoming a "two footed player"

-Personal reliability within the team defense

-Understanding of *defensive angles and rotations*

-Assessing the defense for *proper passing angles and entries*

-Rebounding strategies utilizing leverage and horizontal concept

-Improvement of weak hand

-Necessary body lean while ball-handling

-Individual & team defensive stance alignment

-Offensive *non-ball skills*

-Reading the *secondary defense*

-Understanding and escaping pressure defenses

-Proper screening angles, techniques and reads

The camp will be directed by Coach Bert Tucker of Collegiate Prep Basketball Academy in conjunction with Liberty Basketball Coach Scott Nash. To speak with Coach Nash please see the school staff directory. To learn more about Coach Tucker please visit the website and see the *About Us* page.

Methods Employed:

- -Motivated and enthusiastic environment
- -On court demonstrations with active participation and repetition
- -Competitive breakdown drills for skill development under game conditions
- -Explaining the "why" to increase comprehension level

Benefits:

- -Dramatically improved individual fundamental skills
- -Enhanced knowledge about "how to play the game"
- -Enlightened perspective of personal role & team play
- -Improved foot speed, quickness and reaction time
- -Foundation to improve individually outside of camp

To register visit our website at www.collegiateprep.com and select our Liberty Camp page. Be sure to look at the Camp Philosophy & Camp Differentiators pages.