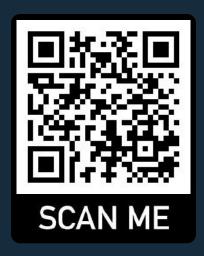
# 9th Grade Classroom Guidance

September 14 & 15, 2021

By: DHS Counseling



## Take a Pretest



Let's complete a short pre-test. This is not graded, we just want to know a little more about you and how we can better serve our students!



# Who is my counselor?

Ms. Burnell School Counselor (A - DAV)



Ms. Spurlock Director of Counseling (DAW-JA)



Mr. Hollis School Counselor (JE - MUN)



Ms. Moore School Counselor (MUP - SAN)



Ms. Farnum School Counselor (SAR-Z)





#### Administrator/Counselor Reference Sheet

Student Last Name <b>A-Dav</b>	Student Last Name <b>Daw-Ja</b>	Student Last Name <b>JE-Mun</b>	Student Last Name  Mup-San	Student Last Name Saz-Z
Discipline	Discipline	Discipline	Discipline	Discipline
<b>Glenda Santiago</b>	<b>Heather Tallant</b>	<b>Patrick Coffield</b>	<b>Lindsey Needham</b>	<b>Jarrell Florence</b>
511452	512008	511462	511422	511456
Counselor	Counselor	Counselor	Counselor	Counselor
<b>Lindsay Burnell</b>	Corinna Spurlock	<b>Donovan Hollis</b>	<b>Carolyn Moore</b>	<b>Brittany Farnum</b>
511421	511423	511419	511412	511417

## Making an Appointment with your Counselor

- Stop by the counseling office to meet with your counselor during lunch or tutorial
- Scan the QR code on the Counseling Website or office door to request an appointment with your counselor
  - Use your personal email address NOT school email address, and we will let you know when to come by to meet with us!



# What does my counselor do?





# Maintaining a Healthy Mental Balance

#### Preparing for college is important, but so is preserving mental health

- Consider the workload and rigor of classes
- Pursue your intellectual interests
- Get involved in extracurricular activities
- Make time for community service or other interests
- Participate in activities to promote your overall health by eating healthy, exercising, and getting enough sleep

Mental wellness is as important to your overall well-being as physical health, social and emotional connectedness, and intellectual accomplishments.

# How do I graduate from High School?

Earn 23 credits in the 7 sections listed on the right -->

Check out our GPA calculator & credit check form on the <u>website!</u>

English (4 Units)	9Lit/Comp*	10 Lit/Comp	Amer Lit*/ AP Lang	Eng 12	/ AP Lit
Math (4 Units; Spec Ed 3 units with Support I & II)	GSE Alg I/ Acc Alg I/Geo A	GSE Geometry OR AccGeoB/Alg II OR Concurrent Geo/Alg II	Alg II OR Acc Pre-Calc OR AP Stat OR AP Calc AB/BC	Pre-Calc AMDM Reasoni AP Calc Stat	OR Stating OR
Science (4 Units)	Physical Science * (8th) OR Physics	Biology *	Chemistry OR Earth OR Environmental	GPS/Ca Tech	areer
S. Studies (3 Units)		W. History	US History *	Gov't	Econ *
CTAE and/or Modern Lang/ Latin and/or Fine Arts (3 units)					
PF/Health (1 Unit)	Personal Fitness	Health	47	-	
Additional Electives: (4 units)					



# Foreign Language in HS

## **NOT REQUIRED**

#### **HOWEVER...**

#### Recommendations:

- 2 consecutive years if planning to attend 4 year college
- Level 3 or more shows colleges rigor
- Level 2 and up count as HOPE Rigor courses
- Spanish, Latin, French, German
- Other courses offered on GAVS
  - o Chinese, Japanese, American Sign Language



# **Proficiency Exam**

#### Proficient in another language?

Earn credit for language proficiency by taking the proficiency exam!

- Reading
- Writing
- Speaking

See Ms. Burnell to get registered for the next exam!

#### Languages offered for testing:

Arabic	Hindi	Polish	
English	Italian	Portuguese	
French	Japanese	(Brazilian)	
German	Korean	Russian	
Hebrew	Mandarin	Spanish	

## Why is it important to keep my grades up?

#### **Core GPA**

To calculate your core GPA, we have to remove the fluff. We have to calculate the GPA based solely on the **five academic solids**:

Math
English or Language Arts
Social Studies
Science
Foreign Language

The core GPA is your "real" GPA: this is the measure of your <u>academic performance</u> in high <u>school</u>. (It's not a measure of self-worth.)

#### **Cumulative GPA**

A overall weighted grade point average.

This includes **every** class you take throughout your four years in high school.

VS.

This GPA is what you send to colleges when you apply your senior year.

You can never "remove" a course from your transcript so <u>every course counts!</u>



To participate in athletics, you **MUST** have passed



classes from the previous semester. You must also be on track to graduate according to GHSA standards.



# What is Tutorial?





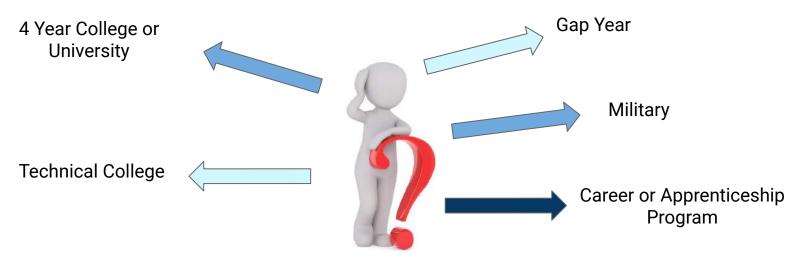
#### HOPE

- HOPE Scholarship is available to Georgia residents who have demonstrated academic achievement.
- Graduate from a HOPE-eligible high school with a minimum 3.0 core GPA.
- Meet academic rigor requirements.
- Example of Hope Rigor classes:
  - Algebra II
  - Chemistry
  - Foreign Language II & above
    - AP courses

## Zell Miller

- Georgia's Zell Miller Scholarship is available to Georgia residents who have demonstrated academic achievement.
- Graduate from an eligible high school with a minimum 3.7 core GPA.
- Earn a minimum score of 1200 on the math and reading portions of the SAT or a minimum composite score of 26 on the ACT test in a single national test administration and meet all HOPE Scholarship eligibility requirements.

## Wait there's more options than college?





# Expand your view...

Including both public and private institutions, Georgia has **52 four-year colleges and universities**, as well as **23 technical colleges**.

**List of Public Colleges** 

<u>List of Private Colleges</u>

**List of Community Colleges** 



# But I don't know what I want to do...

When it comes to your future we want you to begin thinking about what career, or occupational path you want to follow.

Did you know some careers do not require a college education?



# YOUSCIENCE





# College/Career Search



youscience.com

Login through Classlink

Features:

Aptitude Inventory

College/Career Search

Describing You (helps with resumes/interviewing)



https://bigfuture.collegeboard.org/

Create login & password

Features:

College Search, Career Search, Financial Aid, Navigating College Applications

Find Colleges → College Search

# **GAfutures**.org

Explore. Plan. Succeed.

https://www.gafutures.org/

Create login & password (add SSN to profile)

#### Features:

**Dual Enrollment Funding** 

College/Career Search

**HOPE Scholarship Calculation** 

# **Denmark Etiquette**

## Communicate appropriately and effectively

- Email addresses should be more professional - good idea to have your name or initials in your email address
- Emails should be addressed with kindness and respect
- Emails and voicemails should include your name and the reason for the message and a call back number
- Follow up after an **appropriate time** has passed without a response (usually within 3-5 days)

#### Be kind and respectful

- Hold doors for people
- Say please and thank you
- Respect people's time, space, and things

"Be where you're supposed to be, doing what you're supposed to be doing, as well as you possible can do it."



### A few reminders:

#### Counselors can help with:

- Access to the internet/laptop at home
- Holiday assistance
- Prom assistance
- SAT/ACT/College App Fee
   Waivers

#### **Suicide or Self-Harm**

If you or a friend is struggling with suicidal behavior, self-harm, or if you feel like they need help... come see us! (You will remain anonymous)

#### 911 Medical Amnesty Law

Immunity from possession charges if you call the police on suspected overdose.

Under the terms of the law, any person who seeks medical assistance in good faith for someone experiencing an alcohol related overdose "shall not be arrested, charged or prosecuted" for a number of crimes related to underage alcohol.



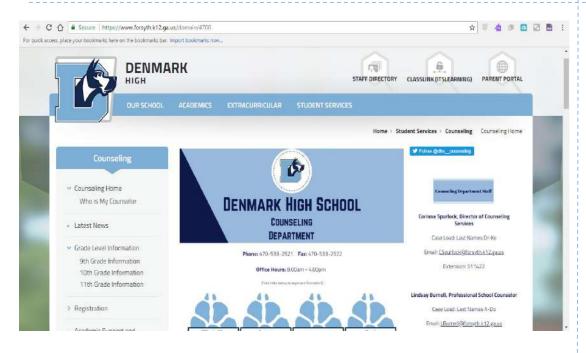
## Take a Post test



Let's complete a short post-test. This is not graded, we just want to know a little more about you and how we can better serve our students!



#### Website



### Social Media



@DHS\_counseling



@denmarkhscounseling



text DHSsss3 to 81010

