

### **OVIEDO ATHLETICS** ONLINE ATHLETIC CLEARANCE INFORMATION



All sports physicals and athletic clearance documents in Seminole County will be <u>submitted online</u> for clearance to participate in Athletics. As a parent, this process eliminates the need to drop your paperwork at the school or send it with your student-athlete. We look forward to the numerous benefits that this system will provide for you, your student-athlete, our coaches and the Oviedo High School Athletic Department.

**ALL** ATHLETES INTERESTED IN PARTICIPATING IN ATHLETICS AT OVIEDD HIGH SCHOOL **MUST COMPLETE** THE BELOW PROCESS.

Documents Needed: Physical, Insurance Card, Parent Driver's License, Birth Certificate, NFHS Course Certificates

- 1. Visit <u>www.AthleticClearance.com</u> and choose your state.
- 2. Register or login to your account. You must register with a valid email address, as this is where you will receive communication from your clearance file.
- 3. Select "Start Clearance Here" to start the process.
- 4. Select the school year, select "Oviedo", and select all sports in which the student plans to participate in.
- 5. Complete all required fields, which include Student Information, Parent/Guardian Information, Medical Information, and electronic Signature Forms.
- 6. Upload all required documents. These include:
  - FHSAA/SCPS EL2 Sports Physical Your sports physical must be completed on the EL2 form available for download in your account, on the school website, or the FHSAA website. Remember, a physical is valid for 365 days from your date of examination.
  - Proof of Insurance Each student must be covered by medical insurance. If you do not have medical insurance, visit **www.schoolinsuranceofflorida.com.**
  - Birth Certificate
  - Parent/Guardian Driver's License
  - NFHS/FHSAA Required Video Certificates All student-athletes are required to watch three NFHS courses, directions to access can be found on the next page of this document.
- 7. Once you reach the **confirmation message** you have completed the process. All of this data will be electronically filed with our Athletic Department for **review**.
- 8. When your file has been reviewed, you will receive an email stating whether you have been cleared for participation or denied based on missing information. You can also log back into your account to view clearance or denial information.

## <u>Note:</u> Participation in a program for conditioning, open facilities, tryouts, or practice can not occur until you have been CLEARED by the Athletic Department.

If you have any questions or concerns please contact the Athletic Department at 407-320-4221

### NFHS & FHSAA REQUIRED STUDENT-ATHLETE COURSES



FHSAA Policy requires that all student-athletes complete three courses through the National Federation of State High School Associations website. These courses must be taken & renewed <u>each school year</u>.

#### Courses you must complete:

- 1. Concussion in Sports (FHSAA Policy 40)
- 2. Heat Illness Prevention (FHSAA Policy 41)
- 3. Sudden Cardiac Arrest (FHSAA Policy 42)

#### To complete the courses:

Step 1: Go to www.nfhslearn.com.

Step 2: **"Sign In"** to your account using the e-mail address and password you provided at time of registering for an nfhslearn account. If you do not have an account, **"Register"** for an account.

Step 3: Click "Courses" at the top of the page.

*Step 4*: Either scroll down to the title of the course from the list of courses or search for the name of the course.

Step 5: Click "View Course".

Step 6: Click "Order Course."

Step 7: Select "Myself" if the course will be completed by you.

*Step 8*: Click "**Continue**" and follow the on-screen prompts to finish the checkout process. (Note: There is no fee for this course.)

Step 9: Click "Begin Course" on the course you wish to take.

# When you have completed these courses, upload the certificates into your account on www.AthleticClearance.com