# INDIAN TRAILS MIDDLE SCHOOL

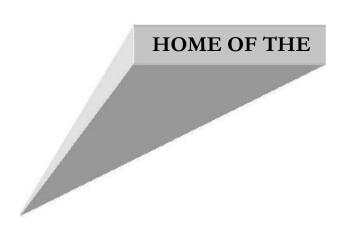
## 2021-2022 Curriculum Guide



415 Tuskawilla Road – Winter Springs, FL 32708 Phone 407-320-4350 http://www.indiantrails.scps.k12.fl.us/

### **Table of Contents**

Principal's Letter of Welcome	3
Administration and Front Office Staff	4
Middle School Student Progression Plan	5
Student Services	6
Admissions and Transfers	6
Attendance, Schedule Changes, & Grading Policy	7
Exceptional Student Support Services & ESOL	7-8
Academic Grade Level Offerings	8
Mathematics	9-10
Language Arts	10
Science	11
Social Studies	11-12
Elective Course Offerings	13-18
Middle School iSeries Courses	19
Math Progression K-12	20
Seminole County Virtual School	21
Extracurricular Clubs & Sports	22-24





#### WELCOME STUDENTS AND PARENTS TO THE HOME OF THE TRAILBLAZERS!

Our mission at Indian Trails Middle School is to provide all students a safe, supportive environment where academic excellence is encouraged, individual strengths and talents are fostered, and respect for the rights of others prevail. At ITMS, you have the opportunity to **Invent Your Future!** – you decide how your middle school years are spent and which path you want to take to reach your goals. Whether you are starring in a Broadway Blazers musical, running like lightening for our cross country team, or creating the next great invention in robotics and renewable energy, you have a path here at ITMS – the choice is yours.

You will find the curriculum guide incredibly helpful in planning your future and route that will get you there. The courses you decide to take at Indian Trails will prepare you for another level of rigor at the high school and beyond. The extracurricular activities (clubs and sports) give you an opportunity to broaden your horizon and expand your perspective and experiences.

Middle school is an integral part of a student's educational career. Each student should aspire to attain a level of coursework that is challenging and provides them with skills necessary for the next step on their path. As you decide which classes you are going to take, ask yourself, Am I living up to my potential? Author and investor Tim Fargo said, "Who you are tomorrow begins with what you do today." Use this curriculum guide to help you make those decisions, both short-term and long-term, to help you Invent Your Future!

Looking forward to a blessed and fruitful year!

Craig Johnson, Ed.D

Principal – Indian Trails Middle School





# ITMS Administration, Counselors, and Office Staff

#### **ADMINISTRATION**

Dr. Craig Johnson – Principal
Mrs. Christine Strang – Assistant Principal
Mrs. Stephanie Gaudio – Assistant Principal
Mrs. Traci van Zyl – School Administration Manager
Mr. Peter Barberino – Dean

#### **COUNSELORS**

Mrs. Tiffany Everson –6<sup>th</sup> Grade, ELL, ESE, & Gifted Students Counselor – 7<sup>th</sup> & 8<sup>th</sup> Grade (non-ESE/ESOL/Gifted) & Students with a 504 Accommodation Plan

#### **OFFICE STAFF**

Mrs. Evislexis Ramirez – Executive Secretary & Bookkeeper
Mrs. Christina Arok – Front Desk & Attendance
Mrs. Josephine Pagan – FTE & Enrollment
Mrs. Andrea Harrington – Guidance & ESE
Seminole County Sheriff's Deputy – School Resource Deputy
Ms. Elizabeth Helm – Clinic



#### MIDDLE SCHOOL STUDENT PROGRESSION PLAN INFORMATION

- 1. Middle School Instructional Program Florida Standards serve as the foundation of the middle school curriculum for the Seminole County Public Schools. Student mastery of subject area content consists of such things as teacher observation, classroom assignments, tests, and exams.
- 2. Florida Standards Assessments Middle school students are required to participate in the state's accountability testing program. Student performance in the areas of reading, writing, and mathematics is assessed in grades 6-8. Student performance in science is assessed in grade 8 through the Florida Standards Assessment
- 3. Core Academic Program Requirements Middle school students are required to receive 3 years of instruction in language arts, math, science, and social studies.
- 4. Additional Instructional Program Requirements Middle school students have the opportunity to participate in regularly scheduled physical education classes, as well as exploratory, enrichment and elective classes.
- 5. Grouping for Instruction Developmentally appropriate and pedagogically-sound strategies of grouping students for instruction shall be used to enhance the academic achievement of all students. When scheduling parameters permit, the grouping of students should provide opportunities for the regrouping of students during the school day.
- 6. Advanced Courses Advanced courses are open for enrollment to any student who desires to self-select a more rigorous and challenging curriculum. Students who choose to enroll in advanced classes must commit to doing the additional tasks and assignments associated with the more intensive curriculum.
- 7. Virtual Courses SCPS students are eligible to take virtual courses through Seminole County Virtual School. Virtual school provides flexible options to meet the demanding schedule of the 21<sup>st</sup> century student. Part-time virtual classes are available through ePathways (blending schedules with virtual courses and face-to-face courses) either at the zoned school during the school day in a virtual learning lab or outside the school day.
- 8. Remediation Students who are not performing at grade level will be provided support through academic support and/or enrolled in intensive reading or math classes. Exploratory, enrichment, and elective classes will be given first consideration for schedule changes for academic support classes.
- 9. Student Promotion Middle school students must earn a yearly 2.0 Grade Point Average on a 4.0 scale to be promoted. All courses taken in a school year, including courses taken for high school credit, shall be included in the calculation of the cumulative-to-date GPA.
  - \*A copy of the complete Student Progression Plan is available on the SCPS website (<a href="http://www.scps.k12.fl.us">http://www.scps.k12.fl.us</a>) A hard copy is also available at the school

#### STUDENT SERVICES INFORMATION

#### **ADMISSIONS**

**Upon initial enrollment** or **transfer** from one attendance zone to another in Seminole County Public Schools, proof of residence must be presented. All addresses are subject to verification by the School Board. The following documents shall be required:

- a) Owned residence: (1) a copy of the recorded deed or homestead exemption and (2) a copy of a current electric bill/water bill or initial order for service, and (3) one of the following current documents: auto registration, driver's license, voter's registration, Florida ID.
- b) Rented or leased residence: (1) a copy of the lease, rental agreement and (2) a copy of a current electric bill/water bill or initial order for service, and (3) one of the following current documents: auto registration, driver's license, voter's registration, or Florida ID.
- c) Divorced parents: a certified copy of the final judgment of divorce, court custody order, a court guardianship order, or other such documents establishing the rights of custody.
- **d) Separated parents:** a notarized statement that the child actually lives in the home of the parent designated in the child's school records as the residential parent.
- e) Students NOT residing with parents: submit form 893 and a notarized letter stating why student is living with the residential adult.

#### First Entry to the State of Florida Schools:

Before admitting a student to Florida schools for the first time, the school must have received several documents required by *Florida Statutes* as outlined below:

- Proof of date of birth for students/birth certificate.
- A certificate showing a physical examination with at least 3 components performed within one year prior to enrollment (height, weight, blood pressure, etc.).
- A valid DH 680 Florida Certificate of Immunization transcribed by a health professional.
- Students also need to have up-to-date immunizations. Seminole County policy does not grant a 30-day extension to obtain required immunizations or a physical.

#### Entry to Seminole County Public Schools from Schools within the State:

Before admission to Seminole County Public Schools from other Florida counties, a student must have a Florida Certificate of Immunization on file.

#### **TRANSFERS**

Any student who transfers from an in-state public or non-public school or out-of-state public or non-public school shall be admitted upon presentation of the following data:

- a. An official letter or transcript from a proper school authority which shows a record of attendance, academic information, and grade placement of the student.
- b. Proof of immunization;
- c. Proof of date of birth
- d. Proof of Medical Examination completed within the last twelve months (first time entry to Florida Public Schools only).

#### **ATTENDANCE**

School attendance is the responsibility of parents and students. Absences shall be reported to the school by the parent as soon as practicable. The student shall make up all work missed while absent. The Superintendent is authorized to file a truancy petition under F.S. 984.151 if a student has accrued at least five unexcused absences within a calendar month or ten unexcused absences within a ninety calendar day period or has had more than fifteen unexcused absences in a ninety calendar day period. Excused absences include:

- o Personal illness of the student (medical evidence may be required by the principal or designee for absences exceeding five consecutive days).
- o Court appearance of the student.
- o Medical appointment of the student.
- o Approved school activity.
- Insurmountable conditions. Insurmountable conditions are extreme weather conditions, communicable disease outbreaks, and local conditions determined by the School District which, after taking into account the material circumstances, would render impracticable a student's attendance at school. (F.A.C. 6A-1.09513)
- Other absences with prior approval of the principal or designee.
- o Attendance at a center under Children and Families Services supervision.
- O Significant community events with prior permission of the Principal.
- o Religious instruction or religious holiday.
- O Death in the immediate family.
- O Appointments for a therapy service provided by a licensed health care practitioner or behavior analyst certified pursuant to Florida law for the treatment of autism spectrum disorder including, but not limited to, applied behavioral analysis, speech therapy, and occupational therapy.

Absences not included in excused absences listed above shall be unexcused.

#### **SCHEDULE CHANGE POLICY**

Indian Trails Middle School utilizes the Seminole County Public School automated scheduler to establish student schedules. The automated scheduler is programmed to ensure equity and balanced class sizes. Schedule changes will be made to correct misplacement; however, accommodations are NOT made to allow for parental preferences for teacher choice, to be with friends, or to accommodate a particular lunch. Schedule-related problems should be discussed with the assigned school counselor.

#### **GRADING POLICY**

Letter Grade	Percentage Range	GPA Value	Definition
Α	90-100	4	Outstanding Progress
В	80-89	3	Above Average
С	70-79	2	Average Progress
D	60-69	1	Lowest Acceptable
F	0-59	0	Failure
1			Incomplete
NG			No Grade

\*GPA Value=Grade Point Average (GPA) Value

Upon completion of each nine-week grading period, a Report Card will be issued.: Any middle school student enrolled in a high school credit course will be graded in accordance with high school grading policies

#### **EXCEPTIONAL STUDENT SUPPORT SERVICES**

Exceptional student support services are available for the exceptional student in order to fully meet their needs and expectations. All exceptional student support services require staffing eligibility as determined by a student study team.

#### OPPORTUNITY READING AND OPPORTUNITY MATHEMATICS COURSES

Based upon their performance on the state assessments and various other data points, students may be enrolled in and complete full- year opportunity reading or opportunity mathematics courses. These courses use scientifically-based interventions and reflect differing levels of intensity (instructional time/class size) based on the student's FSA scores and common quarterly assessments for tracking towards proficiency.

#### ACADEMIC SUPPORT

These classes are provided as a means of additional support for those students who may be falling behind in their academic coursework. The classes provide an opportunity for students to receive assistance with their work as well as strategies to help them to organize their assignments and manage their work load.

#### **ESOL/ELL**

The purpose of the ESOL program is to provide English instruction for students whose native language is not English. If a parent indicates on the student entry form that a language other than English is used most often in the home, the student may be given an ESOL language arts and reading course. An English Proficiency Test (EPT) may be given in order to determine eligibility for the program. Once entered in the program, students are placed on one of three levels. A student must remain in the program until dismissal requirements are met.

#### ACADEMIC GRADE LEVEL OFFERINGS

Subject	Grade 6	Grade 7	Grade 8
	Math 1	Math 2	Pre-Algebra
Mathematics	Gifted/Advanced Math 1	Gifted/Advanced Math 2	Algebra 1 Honors
	GEMS	Algebra 1 Honors	Geometry Honors
	Language Arts 1	Language Arts 2	Language Arts 3
Language Arts	Gifted/Advanced Language Arts 1	Gifted/Advanced Lang. Arts 2	Gifted/Adv Language Arts 3
	Comprehensive Science 1	Comp. Science 2	Comp. Science 3
Science	Gifted/Adv Comp. Science 1	Gifted/Adv Comp. Sci. 2	Gifted/Adv Comp. Science 3
	World History	Civics	Advanced U.S. History
Social Studies	Gifted/Adv World History	Gifted/Adv Civics	Pre- AP U.S. History



#### **MATHEMATICS**

#### Math 1 1205010 - Grade 6

This course is designed to continue the development of mathematical concepts and processes that can be used to solve real-world problems. The curriculum focuses on a review of basic operations with whole numbers and continues in depth with decimals and fractions. Rate, ratio, proportion and percent are presented along with patterns and number sense. Algebraic concepts are introduced, including solving multi-step equations. Selected topics in geometry (i.e., terminology, transformations, and relationships) are taught as time permits. Measurement, estimation, and problem solving skills are studied, as well as developing an understanding of statistical variability and distributions.

#### Math 1 Gifted/Advanced 1205020 - Grade 6

This course is designed to continue the development of mathematical concepts and processes that can be used to solve real-world problems. The curriculum includes understanding graphs, the structure and properties of rational numbers and equivalent representation of numbers including fraction, decimals, percent, and numbers with exponents, and absolute value. Emphasis is placed on the use of expressions, equations, formulas, data analysis, probability, and integers. Scale drawings, dimensional analysis, circles, solids, probability, and patterns in Algebra are introduced. This course is designed to prepare students for advanced mathematics courses.

#### GEMS Pre-Algebra 1205050 - Grade 6

This course is a highly-accelerated, rigorous course of study intended to serve the needs of 6th grade students who are mathematically talented and highly motivated. It is designed to be an option for those students who successfully completed PRIMES in the 5th grade and who showed academic excellence on the 2018 FSA Math Assessment. The purpose of this course is to develop the mathematical concepts and processes that can be used to solve a variety of real-world and mathematical problems. **GEMs Mathematics teaches seventh and eighth grade mathematics** topics through peer collaboration and hands-on, project-based exploration. There is emphasis on developing and strengthening skills and concepts necessary for success in Algebra 1 Honors. **Students will be required to complete a virtual component as part of this course.** Students who are successful in this program have the opportunity to be eligible for Algebra 1 Honors in seventh grade and Geometry Honors in the eighth grade.

#### Mathematics 2 1205040 - Grade 7

This course is designed for the development of mathematical concepts and processes that can be used to solve real world problems. The curriculum focuses on the understanding and application of proportionality, as well as the development, application, and evaluation of probability models. Angle measurements, surface area, volumes of three dimensional figures, and their relationship with each other will be explored. In addition, students will extend their use of operations with rational numbers to solve real-life applications.

#### Mathematics 2 Gifted/Advanced 1205050 - Grade 7

This course is designed to continue the development of concepts and processes. There is more of an emphasis on developing an understanding and application of proportionality and similarity to find surface area and volume. Students will focus on the identification and plotting of ordered pairs to help them make predictions about the effects of transformations in the coordinate plane. They will construct and analyze data sets in the form of box-and-whisker plots and scatter plots. Other areas of student will include solving linear equations and both graphing and analyzing systems of linear equations.

#### Pre-Algebra 1205070 - Grade 8

This course is designed to prepare students for Algebra. There is more emphasis on Algebra as it relates to variables, expressions, functions, equations, inequalities, relationships, and polynomials. Other topics such as data analysis, ratio, proportion, percent, rational and irrational numbers, geometry, measurement, area, volume, and similarity/congruence are also explored.

#### Algebra 1 Honors 1200320 - Grades 7 and 8

This course counts as a high school elective credit. It includes a rigorous, in-depth study of all of the topics included in Algebra I, as well as inverses of linear functions, solving systems of linear and quadratic equations, division of polynomials, and simplifying and performing operations with rational expressions and equations. Students will take an End of Course exam at the end of the school year. Prerequisite for 7th graders is GEMS and prerequisite for 8th graders is 7th grade advanced math.

#### Geometry Honors 1206320 - Grade 8

This course counts as a high school elective credit. It includes a rigorous, in-depth study of all the practical applications of geometric skills and concepts in the real world, along with, but not limited to, coordinate geometry, proofs involving geometric concepts, and applying those concepts to modeling situations. Emphasis is placed on using transformations, proving, and using the Law of Sines and the Law of Cosines to solve problems. Students will take an End of Course exam at the end of the school year. Prerequisite is Algebra 1 Honors.

#### Algebra Workshop 1204000E - Grade 8

This course is a math support that is provided to 8<sup>th</sup> graders taking Algebra 1 who scored a Level 3 on FSA math in 7<sup>th</sup> grade or who were in standard math in 7<sup>th</sup> grade.

#### LANGUAGE ARTS

#### Language Arts 1 1001010 and Gifted/Advanced Language Arts 1 1001020 - Grade 6

The sixth grade language arts curriculum integrates the study of grammar usage, mechanics, spelling, vocabulary, public speaking, and literature. Reading skills will be reinforced through fiction, nonfiction, poetry, and drama. Students will enhance writing skills through expressive, narrative, and informative writing. Oral communication skills will be practiced through participation in the Tropicana Speech Contest. The advanced language arts curriculum in sixth grade is designed to be fast-paced for those students who are reading and writing at or above grade level, and who enjoy the many facets of language arts. An integral part of the curriculum is the utilization of a wide range of writing and sequential vocabulary development activities that emphasize reading of fiction and nonfiction.

#### Language Arts 2 1001040 and Gifted/Advanced Language Arts 2 1001050 - Grade 7

The seventh grade language arts curriculum consists of literature, composition, grammar, and vocabulary. Reading skills will be reinforced through fiction, nonfiction, poetry, and drama. Students continue to build writing skills through expository and persuasive writing, and literary responses. Students will also use various activities to practice oral communication skills. The advanced language arts curriculum in seventh grade is designed to be fast-paced for those students who are reading and writing at or above grade level. Students explore a wide range of writing activities that emphasize critical thinking. Analysis of a novel is included.

#### Language Arts 3 1001070 and Gifted/Advanced Language Arts 3 1001080 - Grade 8

The eighth grade language arts curriculum consists of reading, composition, speech, media literacy, literature, and vocabulary development. Students will read a variety of genres (short stories, novels, drama, poetry, nonfiction) for content and meaning while practicing reading strategies. Students will enhance their writing skills through persuasive and expository writing, producing a variety of finished products, including poems, summaries, reviews, and essays. Students will be expected to recognize occasion, audience, and purpose when speaking formally and informally. The advanced language arts curriculum is designed to move at a rigorous pace. Vocabulary is enhanced through analogies and writing usage. Research will be conducted on the background of the poetry and literature to study, analyze, and interpret these works. Students will enhance their writing skills through persuasive and expository writing, producing a variety of finished products, including poems, summaries, reviews, and essays. Essays will be critiqued based on criteria learned throughout the semester.

#### **SCIENCE**

#### Comprehensive Science 1 2002040 and Gifted/Advanced Comprehensive Science 1 2002050L - Grade 6

This course has been designed to support understanding through big ideas in science, based on the Next Generation Sunshine State Standards for Science. This course will allow students to learn content across six interconnected units that will build throughout middle school. The major concepts covered during 6<sup>th</sup> grade Comprehensive will be: Atoms and Molecules, Classification of Organisms, Ecosystems, Plate Tectonics, The Geosphere and Cryosphere, and Our Solar System. The class will be supported by digital content as well as hands-on, cooperative, and literacy based activities. Students in gifted/advanced classes will be provided opportunities to dive deeper into the content and to make even more connections across science and with other disciplines. All 6<sup>th</sup> graders will participate in the science project; science fair is optional.

#### Comprehensive Science 2 2002070 and Gifted/Advanced Comprehensive Science 2 2002080L - Grade 7

This course has been designed to support understanding through big ideas in science, based on the Next Generation Sunshine State Standards for Science. This course will allow students to learn content across six interconnected units that will build from the content covered in 6<sup>th</sup> grade and will be developed further in 8<sup>th</sup> grade. The major concepts covered during 6<sup>th</sup> grade Comprehensive will be: Cell Structure and Function, Homeostasis in Cells, Heredity, Weathering and Erosion, The Hydrosphere and Atmosphere, and Stars and Galaxies. The class will be supported by digital content as well as hands-on, cooperative, and literacy based activities. Students in gifted/advanced classes will be provided opportunities to dive deeper into the content and to make even more connections across science and with other disciplines. All 7<sup>th</sup> graders will participate in the science project; science fair is optional.

#### Comprehensive Science 3 2002100 and Gifted/Advanced Comprehensive Science 3 2002110 - Grade 8

The course introduces new information and reviews some basics of science to prepare students for high school science coursework. Topics covered in this course include: The Nature of Science, Earth and Space Science, Properties of Matter, Changes in Matter, Matter and Energy, and Energy flow in the living world. During this course students will learn through real world examples and applications. Students will participate in activities and online laboratory experiences to apply what they have learned. Students in gifted/advanced classes will be provided opportunities to dive deeper into the content and to make even more connections across science and with other disciplines. Science fair is optional.

#### **SOCIAL STUDIES**

#### World History 2109010 and Gifted/Advanced World History 2109020L - Grade 6

Students will study the ancient and classical civilizations of Africa, Asia, and Europe. Students will be exposed to the multiple dynamics of world history including economics, geography, politics, and religion/philosophy. Students will study methods of historical inquiry and primary and secondary historical documents. A variety of instructional materials and strategies will ensure that all students learn through inquiry and by building upon individual strengths. Students will read, write, graph, and apply technology skills as they explore the world in which we live. Students will be challenged academically through individual, small group, and large group instruction.

#### Civics 2106010 and Gifted/Advanced Civics 2106020L - Grade 7

Students will investigate the principles, functions, and organization of government; the origins of the American political system; the roles, rights, responsibilities of United States citizens; and methods of active participation in our political system. Additional content may include the distinctive characteristics of our diverse American culture. Included in this year long course is a review of North American geography and fundamentals of the U.S. economic system. This class will have an End of Course (EOC) exam.

#### Advanced US History 2100020 - Grade 8

This course offers scaffolded learning opportunities for students to develop the critical skills of analysis, synthesis,

and evaluation in a more rigorous and reflective academic setting. Students are empowered to perform at higher levels as they engage in the following: analyzing historical documents and supplementary readings, working in the context of thematically categorized information, becoming proficient in note-taking, participating in Socratic method type discussions, emphasizing free-response and document-based writing, contrasting opposing viewpoints, solving problems, etc. Students will develop and demonstrate their skills through participation in a capstone and/or extended research-based paper/project (e.g., history fair, participatory citizenship project, mock congressional hearing, projects for competitive evaluation, investment portfolio contests, or other teacher-directed projects). An **independent research project** that is completed outside of the classroom is required.

#### Pre-AP U.S. History 2100020P - Grade 8

This course is designed for the highly motivated student who wishes to pursue Advanced Placement courses in high school. Students will explore the events of U.S. History using documents, images, cartoons, and other primary sources along with secondary text. With a more rigorous focus on document-based inquiry, the students will examine and analyze the political, economic, technological, and social developments of the United States from the period of colonial settlement through Reconstruction. This course is designed to give students an in-depth view of U.S. History and includes the development of complex skills in reading, writing, and research. Writing in a historical context will be emphasized and students will be expected to engage in extended research (e.g., History Fair project, Mock Trial, participatory citizenship projects for competitive evaluations, or other teacher-directed projects) and produce writing of significance on a frequent basis. Students will develop and demonstrate their skills through participation in a capstone and/or extended research-based paper/project (e.g., history fair, participatory citizenship project, mock congressional hearing, projects for competitive evaluation, investment portfolio contests, or other teacher-directed projects). An independent research project that is completed outside of the classroom is required.



#### **ELECTIVE COURSE OFFERINGS**

Grade 6	Grade 7	Grade 8
<ul> <li>Art 3D</li> <li>Band</li> <li>Chorus</li> <li>Creative Writing</li> <li>Culinary 1 &amp; 2</li> <li>Dance/Dance Team</li> <li>iChallenge/Coding (req)</li> <li>Intro to JROTC</li> <li>Musical Theatre</li> <li>Newspaper/Journalism</li> <li>Physical Education (req)</li> <li>PIT Crew (Peer Inclusion)</li> <li>Renewable Energy 1 &amp; 2</li> <li>Robotics 1 &amp; 2</li> <li>Robotics Team</li> <li>Spanish (Beg/Intermed)</li> <li>Sustainable Living 1 &amp; 2</li> <li>Teacher Assistant (TA)</li> <li>Virtual</li> <li>Wolf TV</li> <li>Yearbook/Journalism</li> </ul>	<ul> <li>Art 2D</li> <li>Art 3D</li> <li>Band</li> <li>Chorus</li> <li>Creative Writing</li> <li>Culinary 1 &amp; 2</li> <li>Dance/Dance Team</li> <li>iChallenge/Coding (req)</li> <li>Intro to JROTC</li> <li>Musical Theatre</li> <li>Newspaper/Journalism</li> <li>Physical Education (req)</li> <li>PIT Crew (Peer Inclusion)</li> <li>Renewable Energy 1 &amp; 2</li> <li>Robotics 1 &amp; 2</li> <li>Robotics Team</li> <li>Spanish (Beg/Intermed)</li> <li>Sustainable Living 1 &amp; 2</li> <li>Teacher Assistant (TA)</li> <li>Virtual</li> <li>Wolf TV</li> <li>Yearbook/Journalism</li> </ul>	<ul> <li>Art 3D</li> <li>Band</li> <li>Chorus</li> <li>Creative Writing</li> <li>Culinary 1 &amp; 2</li> <li>Dance/Dance Team</li> <li>iChallenge/Coding (req)</li> <li>Intro to JROTC</li> <li>Musical Theatre</li> <li>Newspaper/Journalism</li> <li>Physical Education (req)</li> <li>PIT Crew (Peer Inclusion)</li> <li>Renewable Energy 1 &amp; 2</li> <li>Robotics 1 &amp; 2</li> <li>Robotics Team</li> <li>Spanish (Beg/Intermed)</li> <li>Sustainable Living 1 &amp; 2</li> <li>Teacher Assistant (TA)</li> <li>Virtual</li> <li>Wolf TV</li> <li>Yearbook/Journalism</li> <li>Culinary Arts 1 (high school credit)</li> <li>Spanish 1 (high school credit)</li> <li>Algebra Workshop</li> </ul>

#### **ELECTIVES**

#### Beginning Spanish 0708000 (also offered through E-Pathways virtual class) (Semester)

This course is designed to emphasize basic communication skills in the target language. Conversational vocabulary and grammar are taught. Students are given a basic introduction to the culture and customs of various Spanish-speaking countries.

#### Spanish 1 0708340 Grade 8: 1 High School Elective Credit (Year)

This course is designed to emphasize speaking and listening skills with students' oral participation in the target language. Reading and writing are introduced and basic grammar structures taught. Students will learn the culture and customs of various Spanish-speaking countries. Interested students should have a strong background in Language Arts

#### Sustainable Living 1 8100310 (Semester)

The purpose of this course is to assist students in making informed decisions regarding their future academic and occupational goals and to provide information regarding careers in the Agriculture, Food and Natural Resource career cluster. The content includes but is not limited to agricultural literacy, importance of agriculture, the role of

science, math, reading, writing, geography, history, and technology in agriculture, plants and animals, and sources of consumer goods from agriculture. Reinforcement of academic skills occurs through classroom instruction and applied laboratory procedures. Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the equipment, materials, and technology appropriate to the course content and in accordance with current practices.

#### Sustainable Living 2 8100120 (Semester)

This course builds on what is learned in Sustainable Living 1 and students will gain hands-on experience with raising and monitoring livestock.

#### Culinary 1 8809200 (Semester) & Culinary 2 8809300 (Semester)

The purpose of this course is to assist students in making informed decisions regarding their future academic and occupational goals and to provide information regarding careers in the Hospitality and Tourism career cluster. The content includes but is not limited to the development of leadership skills, communication skills, and employability skills; resource management; exploration of careers in the culinary; food safety and sanitation; safe, proper use of culinary tools/equipment; interpreting recipes and developing menus; basic food preparation skills; front-of-the-house and back-of-the-house responsibilities; artistic presentation of food; and the use of technology in the culinary field. Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the equipment, materials and technology appropriate to the course content and in accordance with current practices that incorporates hands-on activities and consumption of art materials.

#### Culinary Arts 1 8800510 High School Elective Credit (Year)

This course covers the history of the food service industry and careers in that industry. Also covered are safety in the workplace, employability skills, leadership/teamwork skills, care and use of commercial culinary equipment, basic food science, basic nutrition, and following recipes in food preparation labs.

#### Beginning Band 1302000 (Year)

Beginning Band is a fun, interactive open for any student with little or no experience on a musical instrument. The Band Director works closely with students to determine which instrument they will be most successful with and then help them obtain that instrument from local music stores. Throughout the year, students will learn how to make a great sound, play familiar tunes, read and understand music, and perform several concerts and even an optional solo. Instrumentalists work on the fundamentals of music notation, sound production, instrument care and maintenance, and personal and group rehearsal strategies. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. This course may require students to obtain a musical instrument from an outside source. *Performances are an integral part of the curriculum.* 

#### Concert Band 1302010 (Year)

Students with previous band experience build on instrumental technique, music literacy, and aesthetic response through rehearsal, performance, and study of a variety of high-quality band literature. Instrumentalists expand their knowledge of music notation, music theory, sound production, and personal and group rehearsal strategies. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. This course may also require students to obtain a musical instrument (e.g., borrow, rent, purchase) from an outside source. *Performances are an integral part of the curriculum.* 

#### Band 3 1302020 (Year)

Students with previous band experience expand on their instrumental technique, music literacy, and aesthetic response through rehearsal, performance, and study of a variety of intermediate-level, high-quality band literature. Instrumentalists extend their knowledge of music notation and theory, sound production, and personal and group

rehearsal strategies. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. This course may also require students to obtain a musical instrument (e.g., borrow, rent, purchase) from an outside source. **Performances are an integral part of the curriculum**.

#### Instrumental Ensemble 1302110 (Year)

Jazz Band is an exciting yearlong elective for motivated and talented students. They must complete an audition with the Band Director or be placed at their discretion. The course explores the rhythmic and improvisational skills used to perform jazz as well as the stylistic and historical understanding. Students will study the three basic types of jazz: Rock, Swing and Latin. The instrumentation for this jazz ensemble may consist of but not limited to trumpets, saxophones, trombones, bass guitar, guitar, drum set and keyboard. *Performances are an integral part of the curriculum.* 

#### Chorus 1 1303000 (Year)

This course performances and/or rehearsals outside the regular school day. All students start in beginning chorus and all students who are new to the Indian Trails Middle School choral program will be placed in the beginning chorus class. All other students will be placed in a chorus class, based on the Choral Director's recommendation.

Performances are an integral part of the curriculum.

#### Chorus 2 1303010 (Year)

Students build on previous choral experience to expand vocal, technical, musical, and ensemble skills through rehearsal, performance, and study of high-quality choral literature. Singers focus on increasing knowledge of music theory, music literacy, and aesthetic response. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. *Performances are an integral part of the curriculum* 

#### Chorus 3 1303020 (Year)

Students with previous choral experience build intermediate-level knowledge of vocal technique, musical literacy, ensemble skills, and related musical knowledge through rehearsal, performance, and study of a variety of high-quality 2-, 3-, and 4-part choral literature. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. *Performances are an integral part of the curriculum* 

#### Show Choir (Audition) 1303100 (Year)

Students build on previous choral experience to expand vocal, technical, musical, and ensemble skills through rehearsal, performance, and study of high-quality choral literature. Singers focus on increasing knowledge of music theory, music literacy, and aesthetic response. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. *Performances are an integral part of the curriculum.* 

#### Art 2D 0101010 (Semester)

Students explore media and techniques used to create a variety of 2-D artworks through developing skills in drawing, painting, printmaking, and collage. Students practice, sketch, and manipulate the structural elements of art. Investigation of artworks from Western and non-Western cultures provide a means for students to expand their understanding and appreciation of the role of art in global culture. Student artists use an art criticism process to evaluate, explain, and measure artistic growth in personal or group works.

#### Art 3D 0101035 (Semester)

Students learn to translate their two-dimensional skills into three-dimensional forms through the exploration of

natural, abstract, and synthetic sculptural forms using materials that may include, but are not limited to, clay, plaster, and mixed media for creative expression. These student artists develop perceptual, creative, technical, and problem-solving skills in a sculptural context as they design and produce works of art with personal expression. Students in M/J Exploring Three- Dimensional Art focus on use of safety procedures for process, media, and techniques. This course performances and/or rehearsals outside the regular school day. All students start in beginning chorus and all students who are new to the Indian Trails Middle School choral program will be placed in the beginning chorus class. All other students will be placed in a chorus class, based on the Choral Director's recommendation.

#### Musical Theatre 0400000 (Semester)

Students learn the basics of building a character through such activities as pantomime, improvisation, and effective speaking using articulation, projection, and breathing. Students also learn the importance of technical theatre and explore the use of such elements as costumes, props, and scenery. Students practice writing for the theatre and explore various theatre roles and functions. Students learn the basics of building a character through such activities as pantomime, improvisation, and effective speaking using articulation, projection, and breathing. Students also learn the importance of technical theatre and explore the use of such elements as costumes, props, and scenery. Students practice writing for the theatre and explore various theatre roles and functions.

#### Introduction to Dance Techniques 0300100 (Semester)

Students develop dance technique and movement vocabulary in one or more dance forms. In the process, dancers demonstrate use of class and performance etiquette, analytical and problem-solving skills, and studio practices in a safe dance environment. Students may be required to attend and/or participate in rehearsals and performances outside of the school day to support, extend, and assess learning in the classroom.

#### Dance 1 0300000 (Semester)

This semester course is designed for students to develop dance technique and movement vocabulary in two or more dance forms. In the process, dancers demonstrate use of class and performance etiquette, analytical and problem-solving skills, and studio practices in a safe dance environment. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom.

#### Dance 2 – Blazerettes Dance Team 0300010 Audition Only Class (Year)

Designed for students to further develop and enhance their dance technique and movement vocabulary. This class is designated specifically for ITMS dance team Blazerette performers and requires teacher recommendation and performance tryouts. *Application must be submitted to dance teacher in order to audition.* 

#### Creative Writing 1009000 (Semester)

The purpose of this course is to enable students to learn and use writing and language skills for creative expression in a variety of literary forms. Emphasis will be on development of a personal writing style.

#### Yearbook/Journalism 1006000EY (Semester)

Students will explore the tools, skills and etiquette of news reporting. Various techniques and skills will be utilized including word processing, internet research, digital camera images, computer presentation and desktop publishing. The fundamentals of journalism will be stressed such as interviewing techniques, editing, journalistic conduct, communication laws, grammar rules, news layout and design, and fine writing skills. Students are selected through an interview process by the Yearbook Advisor. *Application must be submitted to guidance*.

#### Newspaper/Journalism 1006000EN (Semester)

Students will explore the tools, skills and etiquette of print news reporting. Various techniques and skills will be utilized including word processing, internet research, digital camera images, computer presentation and desktop publishing. The fundamentals of journalism will be stressed such as interviewing techniques, editing, journalistic conduct, communication laws, grammar rules, news layout and design, and fine writing skills.

#### Wolf TV 1700000 (Year)

TV Production is designed to introduce students to television production techniques. The course will include television history, script writing and interviewing techniques. Students will be introduced to production roles, basic equipment use and basic editing techniques. Students are selected through an interview process by the Video Productions teacher. *Application must be submitted to guidance*.

Physical Ed 6<sup>th</sup> Gr-1508060; 7<sup>th</sup> Gr-1508070; 8<sup>th</sup> Gr-1508080 (Semester) – State requirement every year in middle school. This course enables students to participate in various individual and team sport activities. Students will gain an appreciation for movement education and physical activity. Lifelong physical activity is promoted during the course. Students are instructed in activities such as basketball, volleyball, flag football, middleball, ultimateball, pillow polo, soccer, softball, ping pong, shuffleboard, and badminton. Students will develop an understanding of the importance of physical activity. Students are to have fun and enjoy physical activity in a safe and healthy environment. Enjoyment of physical activity is encouraged throughout the course.

#### Renewable Energy 1: Introduction to Energy 9709350 (Semester)

The purpose of this course is to assist students in making informed decisions regarding their future academic and occupational goals and to provide information regarding careers in the Energy career cluster. The content includes but is not limited to planning, managing and providing support and technical services related to the generation, transmission and distribution of various types of energy along with the design engineering, construction, maintenance and repair of these systems. Reinforcement of academic skills occurs through classroom instruction and applied laboratory procedures. Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the equipment, materials and technology appropriate to the course content and in accordance with current practices.

#### Renewable Energy 2: Fundamentals of Energy 9790300 (Semester)

The purpose of this course is to assist students in making informed decisions regarding their future academic and occupational goals and to provide information regarding careers in the Energy career cluster. The content includes but is not limited to careers in the energy industry, various energy sources, and electrical power generation, transmission and distribution. Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the equipment, materials and technology appropriate to the course content and in accordance with current practices.

#### Robotics 1 8600070 (Semester)

This course is designed for students to explore careers in science, mathematics, engineering, and technology. This course teaches robotics using project-based learning and Lego EV3 Robots. This course also teaches engineering design with hands-on projects, Minecraft design with life science standards, and 3D design to solve problems with 3D printing.

#### Robotics 2 1700000ER2 (Semester)

This course is designed for students to explore careers in science, mathematics, engineering, and technology. This course teaches robotics using project-based learning and Lego EV3 Robots. Students finish robots with battling robots in a sumo ring. This course also teaches engineering design with complex hands-on projects, Minecraft design with physics science standards, and 3D design to solve problems with 3D printing.

#### Robotics Competition Team 1700010ER2 Application Course Robotics 1 Prerequisite (Year)

This course is designed for students to explore careers in science, mathematics, engineering, and technology. Students will apply to be a part of this course. Students need to have at least taken Robotics 1 to be eligible. Students will compete in regional tournaments in the state of Florida using Vex EDR robots (large advanced

robots that operates in a 12 ft by 12 ft field). This course requires a \$30 fee and possibility of fundraising to pay for tournament registration and tee-shirts.

#### JROTC 2104010AB (Year)

This is a year-long course which focuses on classroom study, physical fitness, respectful conduct, good personal appearance and leadership training. The Middle School Army JROTC program emphasizes each cadet's responsibilities in society. All students may participate. Fee, uniform, and volunteer hours required.

#### Virtual Lab 88888888 (Semester or Year)

Students who are interested in taking an online course through Seminole County Virtual School (SCVS) will be enrolled in our virtual lab that meets on the ITMS campus. Students who are early release may take a virtual course a home in lieu of an ITMS elective.

#### Peer Counseling 8888888C Virtual Class (Semester)

Gain the skills to help you succeed in all areas of your life. You will learn how to take action, set goals, manage your time, and help your peers.

#### PIT Crew (Peer Inclusion Team) 1400025 (Semester)

PIT Crew is an elective that is designed to provide peer support for students with disabilities. Being a peer buddy provides a chance for students with and without disabilities to work together in inclusive educational settings. Additionally, being a PIT Crew team member encourages positive social interactions and social relationships to develop among students of all ability levels.

#### Teacher Assistant (TA) 0500000 (Semester)

Being a TA provides the opportunity to build relationships with staff, teachers, and students. TAs develop leadership skills by collaborating with teachers, assisting in the classroom, answering student questions, helping with activities, preparing materials for the day, etc. TAs must demonstrate: willingness and enthusiasm to work with others, responsibility, appropriate organizational skills, respectful communication, confidence, confidentiality, good attendance, and good grades. Failure to follow these requirements will result in being removed as aTA.







#### Middle School iSeries Courses

Are you ready to experience a series of courses that are on the cutting edge of education? Discover the ePathways EDGE through these blended learning electives with the potential to change your life by helping you choose your education pathway! What is blended learning? Blended courses incorporate part online learning through eCampus and part collaborative learning with your peers and explained by your instructor. These courses were built especially for students in grades 6-8 by SCPS teachers and staff, and each year students provide feedback on how to make the course better!

All middle school students must complete at least two of the three courses listed below by the end of 8th grade (iJourney is required along with either iChallenge or iConnect). Your school may provide direction on the best grade level or sequence for these courses.

iJourney: One Semester Course for Middle School

Course Code: 9100110

"There is no greater journey than the one that you must take to discover all of the mysteries that lie within you" (Michelle Sandlin). This is your chance to have the choice and freedom you've ALWAYS dreamed of to go wherever you want in life! On this journey you will get to explore yourself (hence the title "i" Journey), get to know your interests, and figure out where it is you want to go both in school and in life! You will discover the many educational pathways offered in Seminole County Public Schools that lead to careers and make a plan for your prosperous future. This course provides an opportunity to earn one digital tool certificate.

iChallenge: One Semester or One Year Course for Middle School

Course Code, One Semester: 9009200A or Course Code, One Year: 9009200B

One Semester Option: Are you ready for your future? With so many opportunities in Computer Science, choose iChallenge and learn about this growing field and how it will impact your future, regardless of the career you choose! This coding and game-based course will allow you to earn a digital tool certificate and prepare you to take AP Computer Science Principles in high school. This class uses a combination of online learning, teacher instruction, and project based learning. You will have the ability to choose projects that excite you, with topics you want to learn more about relating to coding and Computer Science. "Coding is today's language of creativity. All our children deserve a chance to become creators instead of consumers of computer science" (Maria Klawe). This course uses content from Code.org which requires parent permission. This course provides an opportunity to earn one digital tool certificate.

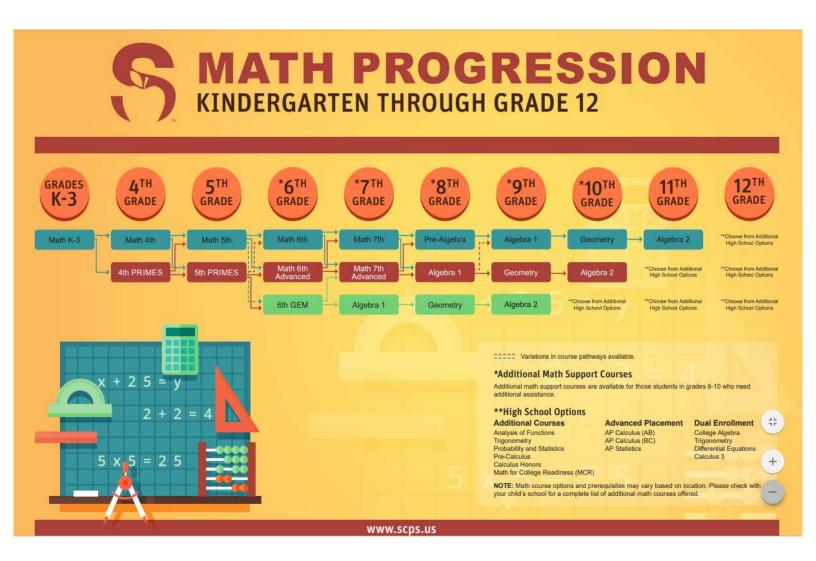
iChallenge 2, Web Foundations: By signing up for the second iChallenge course, you become an entrepreneur. You will take the culminating product created in semester 1 and learn how to market the product by designing and creating a website that sells your product. This class uses a combination of online learning, teacher instruction, and project based learning. Dig deeper into computer science through coding, game-based learning, and web development. Take this next step and see if your product can become a reality. "If you don't build your dream, someone will hire you to help build theirs" (Tony Gaskins). This course uses content from Code.org which requires parent permission. This course provides an opportunity to earn one industry certification. "Students must complete iChallenge 1 as a prerequisite for iChallenge 2.

iConnect: One Semester Course for 0.5 High School Credit

Course Code: 8300330

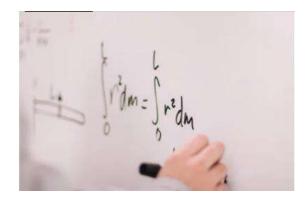
How much do you know about technology? Discover how "Technology, like art, is a soaring exercise of the human imagination" (Daniel Bell). This semester, you will discover new possibilities and learn about technology applications and communication techniques through this innovative and interactive course. In addition, you will have the opportunity to "show off" your skills by producing a culminating activity that includes your favorite projects from the course and will be added to your ePortfolio! This course provides an opportunity to earn two digital tool certificates.

Rev. 1/10/2020



Students proficient in math (Level 3 or higher on FSA) will be placed in advanced level math courses.

**Algebra Workshop** is a math support that is provided to 8<sup>th</sup> graders taking Algebra 1 who scored a Level 3 on FSA math in 7<sup>th</sup> grade or who were in standard math in 7<sup>th</sup> grade.





#### SCVS MIDDLE SCHOOL CLASSES

virtualschool.scps.k12.fl.us (See Curriculum Guide for Prerequisites)



High school classes taken in middle school go on the high school transcript that colleges will see, and affect the high school GPA.

\* High School Credit + High School Elective Credit, Not Math Credit

For eCampus classes, register at virtualschool.scps.k12.fl.us.

#### Language Arts

M/J LANG ARTS 1 M/J LANG ARTS 1 ADVANCED
M/J LANG ARTS 2 M/J LANG ARTS 2 ADVANCED
M/J LANG ARTS 3 ADVANCED

#### **Mathematics**

M/J MATH 1 M/J MATH 1 ADVANCED ALGEBRA 1 \* +

M/J MATH 2 M/J MATH 2 ADVANCED ALGEBRA 1 HONORS \* +

M/J PRE-ALGEBRA (Standard only) GEOMETRY \* +

GEOMETRY HONORS \* +

#### Science

M/J SCIENCE 1 M/J SCIENCE 1 ADVANCED BIOLOGY \*
M/J SCIENCE 2 M/J SCIENCE 2 ADVANCED BIOLOGY HONORS \*
M/J SCIENCE 3 M/J SCIENCE 3 ADVANCED

#### Social Studies

M/J WORLD HISTORY M/J US HISTORY M/J CIVICS M/J WORLD HISTORY ADVANCED
M/J US HISTORY ADVANCED
M/J CIVICS ADVANCED

#### **World Languages**

M/J BEGINNING SPANISH
M/J INTERMEDIATE SPANISH

SPANISH 1 \* FRENCH 1 \*

ASL 1 \* eCampus

#### Electives

M/J 6TH GRADE PE
M/J 7TH/8TH GRADE PE
M/J BUSINESS KEYBOARDING eCampus
M/J CREATIVE PHOTOGRAPHY
M/J JOURNALISM

M/J GUITAR

M/J CRITICAL THINKING/PROBLEM SOLVING

M/J CAREER RESEARCH & DECISION MAKING

M/J PEER COUNSELING

M/J ART HISTORY eCampus







#### INDIAN TRAILS EXTRACURRICULULAR CLUBS AND ORGANIZATIONS

#### **BROADWAY BLAZERS**

The theater production program offers participating students a full production experience. From acting to singing to behind-the-scene technical crews and set design you will get the whole production experience. The students perform a yearly play in the spring.

#### **STEM CLUB**

STEM Club is sponsored by Duke Energy. Students will use hands on challenges and will perform science, renewable energy, and engineering challenges until mastery. They will use their mastery to teach 5th grade students at Keeth Elementary. Students will program tools such as drones and robots, will compete in the Rube Goldberg competition, and will become leaders in the field of STEM for our school.

#### **BETA CLUB**

The Beta Club promotes academic excellence and service in our community. This club provides students with opportunities to become leaders within their classrooms, school, and community. Middle School students work to excel in school and to adhere to the National Beta Club's mission of promoting the ideals of academic achievement, character, service, and leadership among elementary and secondary school students.

#### STUDENT GOVERNMENT ASSOCIATION

Student Government Association (SGA) is comprised of an executive board and representatives. Each year, the school holds an election for the executive board (president, vice president, secretary). Approximately sixty students are engaged in leadership positions throughout the year, through the elected representatives as well as classroom representatives. SGA is responsible for planning and assisting in a variety of school events and community outreach programs. They are also instrumental in initiating the recycling project on campus.

#### **ART CLUB**

Art Club is open to all middle school students. This is a great place to explore your personal interests in art and get some hands-on experience with art tools and materials if you are not in art class or if you just want more art in your life!

#### RUNNING CLUB

Running Club is open to all middle school students. This is a great place to explore your personal interests in running and to get training on best form and endurance. Club meets at 7:30 am M-F in August-November.

#### **ODESSY OF THE MIND**

Odyssey of the Mind is the world's greatest creative problem-solving program. By choosing a problem to solve, students learn, develop, and employ skills related to teamwork, resource management, designing and making, divergent thinking, and so much more. Odyssey of the Mind provides students with a place to learn today's creative problem-solving skills while having fun! We participate in an annual local and state competition.

#### **ANIME CLUB**

The ITMS Anime Club is an organization for students of all backgrounds to come discuss anime in a safe, fun, and welcoming environment. We meet to discuss, show, and promote anime in the Media Center (School Library) and focus on broadening Japanese cultural understanding!

#### **SECME**

Founded in 1975 as The Southeastern Consortium for Minorities in Engineering, SECME is an alliance of K-12 educators, universities and industry/government partners committed to engaging and preparing more minorities and girls for college and careers in STEM.

#### **DUNGEONS AND DRAGONS**

Dungeons & Dragons is a fantasy tabletop role-playing game originally designed by Gary Gygax and Dave Arneson. It was first published in 1974 by Tactical Studies Rules, Inc. It has been published by Wizards of the Coast since 1997. The many worlds of Dungeons & Dragons are places of magic and monsters, of brave warriors and spectacular adventures. They begin with a foundation of medieval fantasy and then add the creatures, places, and magic that make these worlds unique.









#### SCPS MIDDLE SCHOOL SPORTS

Indian Trails Middle School offers all students the opportunity to participate in an interscholastic sports program. In order to participate, students are required to have a physical examination, have parent permission, and provide proof of insurance. Students selected for the competitive teams are required to pay a registration fee.

Students will not be excluded from play due to an inability to pay. Scholarships are available. Sixth and seventh grade students may be selected to participate in junior varsity competition. Seventh and eighth grade students may be selected to participate in varsity competition. All interscholastic sports participants must maintain a 2.0 Grade Point Average (GPA) or better on their most recent report card. If participating in Fall sports, the GPA from the previous school year will be considered. During participation, if a student's GPA falls below a 2.0, the student will be removed from the team. Good sportsmanship and adherence to the Seminole County Conduct and Discipline Code is expected of all student athletes.

Indian Trails Middle School offers the following sports teams:

Volleyball
Cross Country
Track and Field
Basketball
Cheerleading
Blazerettes – Dance Team

