

Ladies Basketball Interest Info.



Stay Informed

- Remind 101 Text @7ggg28 to 81010
- Riverwatch Basketball Website

Physicals

- Needs to be on file with RMS before attending any of the events below.
- RMS physical forms can be found online or picked up in the front office.

RMS Summer Camp/Workouts

- Girls RMS Camp
 - June 3-7 / 8am 11am / \$175 / At Riverwatch
 - o Rising 7th and 8th Grade Girls interested in basketball
 - o Fundamentals, Shooting, Plays, Scrimmages, etc.
 - Sign up on Forsyth Parks and Rec Website: <u>shorturl.at/gyBSW</u>
- Girls Summer League Tournament
 - June 17-20 / Times TBD / \$50 / At SFHS
 - Minimum of 8 games
 - o Invitation Only
- Girls Summer Workouts
 - June July / Tuesdays & Thursdays / 9-10am
 - Conditioning and Weight Training
 - No cost and no sign up required

Extra Summer Camps/Clinics

- Lambert Girls Basketball Camp
 - June 10-13 / 10am 2pm / \$160
 - June 24-27 / 10am 2pm / \$160
 - Sign up of Forsyth County Parks and Rec Website: shorturl.at/gyBSW
- SWISH Atlanta
 - See attached information sheet.
 - Sign up at http://swishatlanta.athletetrax.info/
- Pro-Shot Academy
 - o See attached information sheet.
 - Sign up at http://swishatlanta.athletetrax.info/



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Basketball Intramurals

- August 20th September 26th
- Tuesday and Thursdays mornings

Season/Tryout Information

- Season is from October to January.
 - o 10-12 Games/Scrimmages
 - 2-3 Tournaments/Playoffs
- Practice alternates morning/afternoon weekly.
 - Morning 6:30 8:30
 - Afternoon 4:30 6:30
- Full commitment is required.
 - o Practice and Game attendance is mandatory.
 - Maintain passing grades in all classes.
 - o Demonstrate positive leadership behavior in classrooms.
- Tryouts are required.
 - October 14th 15th from 4:30 6:30pm
 - October 16th from 6:30 8:30am (if necessary)

Riverwatch Vision

The RMS Athletic Department will strive to produce premiere athletic programs through high-quality coaches and coaching. Our athletics program will produce young men and women who are prepared to be leaders in our community. Riverwatch Middle School Athletics will always keep our "why" at the core of our actions to ensure that all athletes grow personally and athletically during their time spent as a student-athlete. Riverwatch Middle School Athletics will embody selflessness, hard-work, grit, and integrity.

Coaches Contact Information

Coach Steele - Girls Head Coach

Coach McGinley - Girls Basketball Coordinator

asteele@forsyth.k12.ga.us

cmcginley@forsyth.k12.ga.us

678-455-7311 ext. 300266 (Until 5/24/19)

678-455-7311 ext. 300476

Remind 101 listed above

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