



Home of the Flyers

Mokulele Elementary School
50 Years of Mokulele Pride
Parent Newsletter

Principal's Message

April 2016

April 2016

SY 2015-2016

Welcome to the
Home of the Flyers!

Dear Mokulele Elementary 'Ohana,

Upcoming Events

Aloha to all! It's been an amazing school year and it's coming to a fast close! Mahalo for your support with your child's academic and emotional development this year! I especially would like to recognize the Parent Volunteers and Community Partners for their efforts throughout the year. To all that attended the April 13th MES Volunteer Appreciation Breakfast, we acknowledge your commitment to making a difference! Mahalo to our wonderful School Food Service Manager, Mrs. Lei Fujinaga, and our Office ladies for coordinating this event.

May 11
SCC Meeting

The Annual Radford Complex Track Meet held on April 22nd at Mililani High School provided many lasting memories for our dedicated runners. A special recognition to our coaches, **Ms. Janelle Izutsu** (Gr. 6 teacher), **Mr. Bill Laeha** (Gr. 5 teacher), and **Mr. Kama McKeague**(PE) for their sacrifice and dedication each morning in training the track team.

May 13
Parent Coffee Hour

I'd like to recognize our creative music teacher, **Ms. Amy Okinishi** for guiding our First Graders and Percussion members for representing Mokulele Elementary in the annual Radford Complex Music Festival on April 6th.

May 20
Student VIP lunch

Come visit the Scholastic Spring Book Fair from April 22 – May 4 in the library. A special appreciation to our thoughtful librarian, **Mrs. Jamie Kawamura** for promoting literacy and funding the library!

I'd like to acknowledge our special teachers, who we'll recognize during the Week of May 1-7 as Teacher Appreciation Week! These dedicated professionals do commendable work here and I hope they too feel validity in their craft. Please join me in celebrating this week in their honor.

May is National Military Appreciation Month which includes Loyalty Day (1st), Military Spouse Appreciation Day (6th), VE Day(8th), Armed Forces Day (21th), and Memorial Day (30th). This very important month honors, remembers, recognizes and appreciates all military personnel. The men and women who have served throughout our history and who now serve in uniform and their families who have given their lives in defense of our freedoms we all enjoy today. The Mokulele 'Ohana expresses a fond aloha to you for defending our country. We will continue to wear our "Support the Troops" red shirts until all of our troops return home safely.

Finally, we need your help in speaking with your child(ren) about safety and trespassing on school campus after hours. Several kids have been seen climbing on rooftops and scaling gates to enter the second floors. If you have knowledge of this, please call the school at 421-4180.

Mahalo,
Bart Nakamoto, Principal



VP Corner

April 2016 Newsletter

Aloha Mokulele 'Ohana,

We are delighted to report to you some of the many highlights of the fourth quarter. On March 31 we held our annual Radford Complex 6th Grade Fitness Day at Radford High School. Our students were challenged in both group and individual activities like the timed 20 meter lap run, modified hopscotch, tossing the 'chicken', water balloon toss, aerobic dancing, CPR, and yoga. In addition, we had several community partners provide displays such as Pali Momi's giant inflatable walk-in model heart. It was an exciting morning for all.

The following week on April 6 was our complex Music Festival in Radford Gym. Our first graders represented Mokulele at the festival with a medley of patriotic songs and did us proud! They were accompanied by our percussion group of upper grade students. Kudos to Ms. Amy Okinishi, our music teacher, for preparing these groups for their wonderful performance. They also performed at our Volunteer Appreciation Breakfast on April 13, which was well attended, with 30 or more Volunteers sampling the delectable goodies cooked up by our ever-ready Cafeteria staff. We thank them all! On April 8 a film crew from the DOE's Teleschool branch came on campus to film different role groups regarding the first year of AVID implementation at Mokulele. Our students shone on camera, some with only 1 take! And on April 14 a cameraman filmed administrators, faculty and students about their experiences with Mindfulness, which helps us all to clear our minds, focus on the moment, and act appropriately with all around us.

Purple up Day on April 15 was an amazing day, with a sea of purple attire visible throughout the school. We joined our military schools cohort in celebrating April as Month of the Military Child, where purple represents the combined colors of all 5 branches of the armed forces. Students also created posters expressing appreciation for each branch, and for parents, teachers, and their peers.

Finally, our Radford Complex Track Meet was held at Mililani High School stadium on April 22 as the culminating interscholastic event for the 7 elementary schools in the complex. It was a beautiful warm day, which favored the runners and spectators. Mokulele student athletes came away with 1 win, 4 second places, and 2 third places. We honor them for their commitment and great sportsmanship in representing their school as well as their families. At the same time, we express appreciation to our coaches Mr. Bill Laeha and Ms. Janelle Izutsu for their time and dedication in coaching our students for the past 3 months to prepare for this exciting event. This may be the last year that we use Mililani's track for the event as our own new Radford High School track will be ready by the end of summer.

We wish all a strong and fulfilling last month in this school year as we prepare for the summer break.

Mahalo,
Peter Tovey
Vice Principal



Grade Level News

Each month our Grade Level News will feature highlights about school life at Mokulele Elementary School. Enjoy finding out more about what happens at the Home of the Flyers.

Kindergarten: Kindergarten students are patiently waiting for Mr. Charles “The Reptile Man” King’s, visit on April, 22nd. Native amphibians and reptiles will be visiting each class, and we will be able to pet them...maybe the teachers will too! We are working hard practicing our reading, writing, and math to prepare for first grade and Student Led Conferences on April 27th. See you there!

Grade 1: . Welcome to April!! We are in the last quarter of the school year, which is filled with many events. The Stem showcase, the Radford Music Festival, Student Led Conference are three things the students are involved in this month. We are also going to the Waikiki Aquarium to learn about marine life.

Grade 2: Happy Earth Day!

Another 2nd Grade tradition is coming your way! The students in 2nd grade will be doing their annual study about ECOLOGY and EARTH DAY. What can we do care for Planet Earth? Our 2nd graders will be researching about their 4th quarter presentation about Ecology and caring for our planet Earth. In addition, we hope to see you on April 27th, Wednesday. This is the date for your child’s Student Led Conference. For the month of April, we are beginning our presentation about the famous artists of the world. We will be applying art techniques that we learned from our visiting artist, Quala Lynn Young from the Hawaii State Art Museum. Also, we will be observing and discussing well known works of art from: Pablo Picasso, Seurat, Vincent Van Gogh. We look forward to seeing you on April 27th! Please mark that date on your calendar!

Grade 4: Testing is final upon us. Testing starts every morning at 8:15 am. Please help you child remember to get a good night's sleep, get to school on time, eat a healthy breakfast, and do their best. Test results will be sent home next school year. The students are eager to show you what they learned this year. They have worked really hard and it shows. Please be sure to be on time and remember this is a conference with your child. Bike Education will be conducted the first week of May. Please sign your child’s permission form so that they can participate in the ride around the neighborhood.

Grade 5: Our 5th Graders researched and created STEM projects incorporating their mathematics learning relating to the properties of 2-D figures.

Grade 6: The students are preparing their exit essays and reflections regarding their experiences in elementary school. We continue to talk about transitions, conventions, clear ideas, and vocabulary. The students have taken a turn in social studies. They are focusing on Hinduism and Buddhism both born in the subcontinent of India. We are all excited and preparing for the last leg of activities which includes our yearly trek to China Town and the Radford Complex track events.

We have completed our Science Fair displays and research reports. We have learned so much from this activity. We hope you were able to see and learn from our displays at the STEM Showcase, too. Sixth grade is now getting ready to take the National test in ELA and Math. So we are studying about both area, surface area, and volume; as well as measures of central tendencies and different types graphs. We could even make a histogram about how much time we are spending working on our school work. There will always be some outliers but most of us will form a normal/"bell" curve.



Aloha Mokulele Elementary 'Ohana,

Now that we are in the fourth and final quarter of this school year, we'd like to take a moment to revisit WICOR and to speak somewhat about the last three components, C.O. and R. You may remember this acronym means Writing, Inquiry, Collaboration, Organization, and Reading. When all of these skills are combined and finely honed and implemented they make a truly effective learner. These are the 'nuts and bolts' of AVID because they allow our students to be successful learners long before they get to college. These skills will thus make their college experience all the more enjoyable and productive.

Collaboration

Collaboration literally means "the act of working together." A well-known adage is "The whole is always greater than the sum of its parts." The collective energy of many people moving in the same direction is indeed a powerful force. Most organizations require this skill, and it is an essential consideration in job interviews. Since these are several years away from all our students, why is it important that we engender it now? The almost paradoxical nature of learning is that no one knows it all, yet at the same time our learning is enhanced when thoughts and ideas are shared. True it is that "many hands make light work." In that regard, learning becomes more fun and pleasurable when engaged in collectively and collaboratively. Therefore, not only is collaboration the mark of a successful citizen, it is also the sign of an effective learner.

Organization.

For our military families, Organization is a well-known aspect of their lives. Organization is the act of putting things in order deliberately, purposefully, and intentionally. Success does not generally happen by accident, nor does meaningful learning. Although we know that learning for each individual person is nonlinear, we also know that it is more significant if it is accomplished in some sort of order and is non-chaotic. Therefore, we teach our students to be organized, and to establish patterns and routines in the non-negotiables of school assignments. The most visible part of our students' organization is their DOT binder. The Daily Organizational Tool (DOT) helps them to arrange their note taking equipment, planners, and assignment papers. It is also an essential component of the Teacher-Student-Parent communication triad.

Reading

Reading is an essential component of literacy. Since we live in a literate society, our students are expected to not only learn to read, but read well. A shift in emphasis from fiction to nonfiction in Education has occurred over the past few years. While the intent has not been to marginalize fiction, it has definitely been to focus more on the types of written material that our students are more likely to encounter in their working lives, their employment careers. College and Career Ready means that students graduate from high school with the ability to both engage in reading and responding appropriately to nonfictional texts. Fiction has consequently been assigned to the domain of reading for leisure, pleasure, and enjoyment rather than employment, but it still has a place in the classroom because it helps students to learn about character and social situations. To the end of developing full literacy, we therefore teach our students the skills of close reading, deep reading, marking the texts, note taking, and multiple readings of the same texts in order to maximize comprehension. Good readers implement these skills as second nature, so we want our students to internalize them to their advantage.

Mahalo!

April 2016

Food Shopping Checklist and Nutrition Facts Label Reading

Food Shopping Checklist (Family)

Plan your meals before you go.

Make a list and bring it with you! *Shopping apps for smart phones may be helpful.*

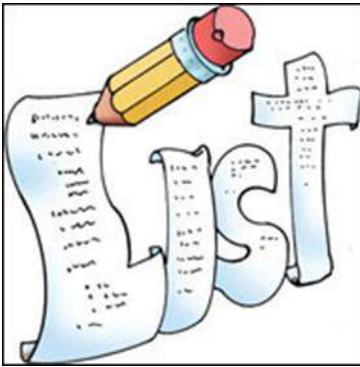
Don't go hungry! *Research shows you tend to purchase higher-calorie foods when hungry.*

Shop the perimeter. *Most junk food is located in the center of the store at eye-level.*

Buy mostly fresh, unprocessed foods.

Buy fruits and vegetables in season.

When not in season, frozen fruits and vegetables are good choices if there are no added sugar and salt, which you can find in the nutrition facts label.



Get the kids involved! (Elementary, Family)

Make the kids their own grocery list. Use pictures and words to describe items they are to find.

Have them cross off grocery list items.

Read the next item on the grocery list.

Have them help choose produce.

Get interactive. See examples below:

Who can spot something here that would give you good energy for sports?

Who can find three healthy things we like to eat at breakfast?

Avoid foods with partially hydrogenated fats (trans-fat) by having your kids read the Ingredient list.

Reference:

<http://creativewithkids.com/13-ways-to-make-grocery-shopping-with-kids-less-torturous-or-maybe-even-fun/>

<http://www.thekitchn.com/5-tips-for-grocery-shopping-with-kids-tips-from-the-kitchn-219879>

Reading Nutrition Facts Label -

Nutrition Facts Label Infographic (Elementary, Secondary, and Family)

<http://www.fda.gov/downloads/Food/IngredientsPackagingLabeling/LabelingNutrition/UCM410486.pdf>

Nutrition Facts Label Video (Elementary, Secondary, and Family)

<http://www.fda.gov/Food/IngredientsPackagingLabeling/LabelingNutrition/ucm426680.htm#english>

Nutrition Facts Label Word Search (Elementary, Secondary)

<http://www.fda.gov/downloads/Food/IngredientsPackagingLabeling/LabelingNutrition/UCM410502.pdf>

Nutrition Facts Label Quiz (Secondary)

<http://hes.ucfsd.org/gclaypo/nutri/foodlabels/label01.html>

Additional Resources:

Label Reading Parent Tips

<http://www.fda.gov/downloads/Food/IngredientsPackagingLabeling/LabelingNutrition/UCM410523.pdf>

Label Reading Family Activity

<http://www.fda.gov/downloads/Food/IngredientsPackagingLabeling/LabelingNutrition/UCM410529.pdf>

Stay tuned for next month's issue.
We'll stride into summer with some coooool recipes!

Physical Activity tips for the entire family

Fitting in Fitness – With everything going on in life, how do we fit in fitness? Here are some tips to include fitness into your daily routine.

Make physical activity the first thing you do in the morning. Start moving as soon as you wake up!

Make plans around your physical activity (not physical activity around your plans). Make physical activity a priority and the rest will take care of itself.

Involve the entire family in some kind of physical activity. Studies show working out with others increases the likelihood of success!

April's fitness plan:

Select one of the following workout levels. Track your start time and end time.

Novice – 35 Burpees

Beginner – 50 Burpees

Intermediate – 75 Burpees

Advance – 100 Burpees

Track the time it takes to do a set Burpees. Set a goal and beat your initial time.

Not quite ready for Burpees? Other activities such as hiking or taking a walk in the neighborhood with family is





Mokulele Elementary School
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Vision

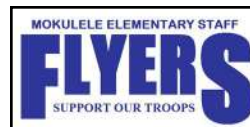
Mokulele Elementary School is a Tribes school where all learners succeed in a safe, positive place that values relationships and relevant learning.

Mission

The mission of Mokulele Elementary School is to provide our students with the skills, knowledge and resiliency to be successful life-long learners in a rapidly changing world.

Motto

“E malama, e a'o aku, e lawelawe me ke aloha” means
“To care, to learn, and to serve with compassion.”



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Job Opportunities

Mokulele Elementary has many job opportunities for YOU!

Adult Supervisor, Sub EA, etc.

Please Call us @ 421-4180 for more information

Mokulele Elementary School
NOTICE & REQUEST FOR ACCOMODATIONS

If you are an individual with a disability, please contact the following personnel at 421-4180 to make arrangements for reasonable modifications and accessibility to school events at Mrs. Merrill Uno, SSC; or Mr. Bart Nakamoto, Principal.





April VIP Students

K-1	Tahara	Willow Aveline	Ashlyn McConnell	Olivia Miller
	Charos	Leo Gobel	Berkley McGoyne	Jalen Gaines
	Sambueno	Nicholas Adams	Emani Coakley	Braxton Nations
	Hatashima	Juliana Burke	Adriana Cruz-Rivera	Ethan Alveo-Forbes
	Nashiro	Chase Barnum	Kallie Jefferson	Dexy Press
	Masuoka	Tristan Bierman	Arianna Wright	Noah Moore
2-3	Ng	Brian Kimmins	Shareif Ackerson	Adleigh Hayman-AVID
	Levenson	Amaya Munoz	Adrian Gonzales	George Wunderlin
	Young/ Derrick	Jaedin Fesolai	Lynea Kahalekomo	Isabel King
	Bonifacio	Sydney Fees	Kyli Newton	Jonathan Tucker
	Tagawa	Nicholas Aiden Graham	Krista Jones	Brooke Martin
4-6	Engleman	Josalyn Hasbrouck	Dane Wright	La Tyra Poole
	Shannon	Andrew Bailey	Eleora Cepeda	Ashton Cole
	Luckie	Tehani Toi	Aaleah Saecho-Martho	Alicia Williams
	Laeha	Billyann Cepeda	Isaac Ahleong	Alexandria Dye
	Izutsu	Derrick Pelekai	Wayne Kahalekomo	Johann Kimm
	Furukawa	Noah Aveline	Taylor Dye	Natalie Cowen
JPO/ Troops	Nii	Miranda Cowen	Kaylie Case	Emmalei Dinet
	Davidson	Bryce Harn	Alyssa Jeffery	Jomari Felipe
	Slavens	Cassidy Quarterman	Anthony Dobbins	





3rd Quarter Award Recipients

KINDERGARTEN

Ms. Tahara

Camdyn Edwards
Keilana Fesolai

Mrs. Charos

Aliyah Gaskins
Sidney Hall

Ms. Sambueno

Leah Cambra
Aniela Adams

Grade 1

Ms. Hatashima

Danelle Reynoso
Seth Young

Ms. Nashiro

Julia Lopez
Kylie Hansen

Ms. Masuoka

Dana Pena
Payton Kimes

Grade 2

Mrs. Ng

RaeLynn Darymple
Jonathan Ibanez

Mrs. Levenson

Rachel Harris
Leonie Louzon

Mrs. Young/Mrs. Derrick

Brookelyn Mault
Taylor Brandt

Grade 3

Mrs. Bonifacio

Alana Burns
Maiella Pham

Ms. Tagawa

Malia Puckett
Miranda Cowen

Grade 4

Mrs. Engleman

Terina Cambra
Natalie Saecho-Martho

Mrs. Shannon

Brianna Norton
Courtney Cariaga

Grade 5

Ms. Luckie

Jomari Felipe
Aaleah Saecho-Martho

Mr. Laeha

Jocelyn Munoz
Marlon Abarca

Grade 6

Ms. Izutsu

Elijah Gomez
Alexandra "Sasha" Drew

Mrs. Furukawa

Liliana Munoz
Kaiulani Vesperas



School Uniforms

by *the Custom Company*



MOKULELE ELEMENTARY SCHOOL 2016 – 2017 Uniform Information

We are very pleased to be working with Mokulele Elementary school students, staff, and parents on your uniform program.

Visit us at our new location: 3230 Ualena Street, by the airport, next to Sinaloa Tortilla and across of So Ono.

To place a Mail Order please call our office 808-845-8811 to further assist you. Additional cost for Shipping & Handling.

WEBSITE UNDER CONSTRUCTION- www.schooluniformshawaii.com

Screen Printed T-Shirt		Screen Printed Dri-Fit T-shirt	
	<ul style="list-style-type: none"> · Fabric: 100% Cotton · Color: Royal, Red, Lt. Steel · Sizes: Kids XS-L Adult S-L · Prices (pre-tax): Kids XS-L \$8.00 Adult S-L \$8.00 		<ul style="list-style-type: none"> · Fabric: 100% Polyester · Color: Royal · Sizes: Kids S-L Adult S-L · Prices (pre-tax): Kids S-L 11.50 Adult S-L 11.50

Mokulele Elementary School



Talent Show 2016

When: Monday, May 23, 2016

Where: School Cafeteria

Audition Date: Friday, May 13, 2016

(I will be sending a letter home with your audition time.)

If you are interested, please come pickup
audition forms at the music room(room 5)

By May 2, 2016

Audition forms will be due
on May 4, 2016

