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A Message from the Principal

Dear Ram Families,

I am grateful to have 2020 in our rearview mirror; however, we are still working to manage schooling in the face of a pandemic that poses a threat to our community. The good news is that our campus remains a safe place for students to learn and thrive. The vast majority of positive COVID cases on our campus have been traced back to exposure experienced outside of our school day. With that said, it is critical that we continue to observe safety protocols to maintain a safe environment for students and staff. Thank you to our students and families for following safety protocols both during the school day and for after-hour events.

As we continue to track student progress, our greatest concern lies squarely with online students who are not engaging with their classes on a consistent basis. For this reason, we have asked our Connect students, and some of our SCVS students, to return to face-to-face instruction as soon as they are able. If you are the parent of a Connect/SCVS student, please know that you can return your child for face-to-face instruction at any point during the second semester. You need only email or call your child's counselor to set up an appointment, or if you cannot reach your counselor, feel free to email or call me or my Assistant Principal over the Student Services Department, Tom Oliver. You can reach me at 407-320-9502 or mickey_reynolds@scps.us, and you can reach Tom Oliver at 407-320-9505 or thomas_oliver@scps.us.

The spring semester brings with it many high-stakes assessments that allow our school, our school district, and the Florida Department of Education to monitor the academic progress of our students. It is critical that students and their parents stay informed about testing dates and make a serious effort to participate in all required assessments. The best way to stay informed about testing requirements is to read the Ram Report that is emailed to all parents/guardians each Sunday. The Ram Report is sent to all email addresses that are recorded in Skyward, so if you are not receiving this electronic newsletter, please check and update your email accounts in Skyward. You can also access the Ram Report from our website: <http://www.lakemaryhs.scps.k12.fl.us/>.

Even though the COVID pandemic has impacted a number of traditional student activities on our campus, we have been able to adapt our protocols to continue holding athletic competitions, club meetings, arts events, and services such as in-person tutoring. In terms of senior events, we have decided to hold graduation on our campus, in-part because we have been unable to secure a signed contract from UCF. Further, we have revised our traditional prom to settle on a senior-only formal event at the Omni Hotel at Championsgate with the intent of prioritizing a formal event for senior students to enjoy with their classmates. Although seniors and their families may be somewhat disappointed by the changes, we hope that everyone understands our sincere effort to plan senior events that come as close as possible to our traditional activities, while still respecting safety protocols that keep our students and their families safe.

To all of our students and families, please know that we are here for you, doing our best to meet student academic needs and sustain extra-curricular activities and events in the safest possible way. We appreciate your partnership and look forward to resuming normal school functions as soon as possible.

Take care, and Go Rams!

Dr. Mickey Reynolds



ADMINISTRATION

Mickey Reynolds, Ed.D.
Principal

Assistant Principals

Melissa Flory
Tom Oliver
Michael Hennessy
Melisa Ayala-Cruz

School Administration Managers

Kathy Aslin
Andrea Fuhrer, Ed. D.
Steve Longarzo
Reginald Miller

Address

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Lake Mary, FL 32746

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"Tell-A-Ram" developed by
Andrea Fuhrer

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FEBRUARY 2021

Tell-A-Ram

Lake Mary High School

ISSUE 4

"Lake Mary High School...We are RAMNATION!"



Mission

Lake Mary High School students are prepared to enter an ever-changing, complex society equipped with a comprehensive academic foundation, a depth of knowledge, and a respect for self and others as productive citizens of the 21st Century.

Vision

Lake Mary High School is committed to the development of the 21st Century student by providing rigorous courses that foster intellectual curiosity. Students will build expertise through integrated technology within a blended curriculum in which they will utilize creative and critical thinking skills. Students will be provided with opportunities to engage in diverse content areas that encourage entrepreneurship and leadership. Lake Mary High School is committed to the students' personal development by utilizing curriculum that will focus on individual character and needs. Each course will provide strategies for students to learn the importance of collaboration and learning. Students will have the opportunity to explore future career interests through a diverse selection of electives that are relevant and valuable for an ever-changing society. Individuals will demonstrate personal integrity, the highest standards of behavior, and initiative in their education.

Media Center Update

(By Kaitlyn Grullon)

The media center is excited to announce the arrival of books in our "new arrival" section, with many more to come! Stop by the Media Center to check out our latest additions. The Media Center may have your favorite author, series, or new release!

There is a student debt list in the media center and in our bookkeeping office. Students can come to find out specifics and amounts being charged. Remember, all debts must be cleared for Prom and Graduation. Please help us clear debt by returning your books promptly.

Senior ID's are made when a notarized Senior Lunch form is presented and all debts are paid, grade requirements are met, and then approved by administration for Senior Lunch release. These ID's must be shown at Senior Lunch in order to leave campus. Please remind your children to keep their ID on their person every day at school.

If your child is new to Lake Mary High, please have him or her stop by the Media Center, and we will provide an official school ID. All students who may have lost their ID can have it replaced for \$5.00.

SGA

(Student Government-Ms. Kristin Sullivan)

Hey there Seniors! After the year we've had, let's end our high school years with some fun! We have a few weeks dedicated just for you! SGA is working on events such as Grad Bash, Senior Week, and The Royal Garden Senior Formal. Senior week will be held April 12th - April 17th. Senior week will include some of our traditional events such as The Donnie's, which will be held on April 12th, and dress up days including Kindergarten Day. There will also be a Dodge Ball tournament on April 14th, Senior vs Faculty/Staff Kickball event on April 15th and Ramstock on April 16th. To round out Senior Week, The Royal Garden Senior Formal will be held April 17th at the Omni Orlando Resort at Championsgate. Tickets will be on sale online February 16th - 28th for \$90.00. This is a Senior-Only event, and we hope that all of our seniors will attend! Grad Bash, held at Universal/ Islands of Adventure, will be on April 24th. More information about Grad Bash will be released as we receive it from Universal.

Tutoring

Visit LMHS website for more details.

Face to Face Tutoring

- Face-to-face tutoring will take place after school every Tuesday and Thursday from 2:45 pm - 4:15 pm
- Face-to-face tutoring will occur in the Media Center
- Snacks will be provided
- Students can receive help in math, English, science, and Spanish
- Students may also choose to use the Media Center computers to complete course assignments in eCampus.

Virtual Tutoring

- Virtual tutoring will occur over WebEx every Tuesday and Thursday from 4:30 - 6:00 pm
- Students may enter the WebEx any time during that window to receive help and/or have their questions answered
- LMHS teachers will be managing the WebEx tutoring sessions with the assistance of qualified LMHS students who wish to tutor and earn community service hours.
- WebEx links for tutoring can be found on the All LMHS page of eCampus.

LMHS School Wide Expectations

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IMPORTANT NOTE:
This information
is current as of
November 13th
and is subject to
change based upon
our response and
efforts to COVID 19.



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Essence

(By Mr. Jordan)

The Essence Literary Magazine is continuously accepting submissions through Summer. We would like to thank everyone who has submitted their work, as well as encourage anyone who has something to write about to do so and submit it through the Essence website, www.essenceliterarymagazine.com. In the weeks to come, the very first edition of the newly imagined Essence Literary Magazine will be released, free of charge. If you have any questions, please see Mr. Jordan in room 1-143 or email him at jordanjg@myscps.us.

Yearbook

(By Yearbook Sponsor
Joe Oliver)

The final day to reserve a copy of the 2021 Chrysomallus yearbook online is April 10, 2021. Go to yearbookordercenter.com and use the access code 21630. Attention Class of 2022! Leonard's Photography is now scheduling summer appointments for the Class of 2022 senior portraits. Don't wait. The sooner you make your appointment, the more time you'll have to pick your favorite graduation picture. Go to Leonards.com or call (904) 209-3363.

Interested in a Leadership Position for PTSA in 2021-22?

Lake Mary High School PTSA is looking for individuals who are passionate about working with and supporting LMHS students, staff and families through our organization. We have several leadership positions available for the upcoming 2021-22 school year and would love for you to join in the fun. We will be filling the following positions:

*President	* Food Pantry	* Sunshine Club
*Vice-President	* Hospitality	* School Store
*Secretary	* Membership	* Valentines
*Treasurer	* Respectful Rams	*Dividends

If you have questions or need additional information about the above positions please give me a call or send me a note, Beth Dostal – 407-341-7393 or bethdostal@yahoo.com. We will need your notification of interest by **March 15th**.

Class of 2021

General Graduation Information

(By Melisa-Ayala Cruz)

Date: Thursday, May 27, 2021

Time: TBD

Location: Lake Mary High School Auditorium
(more details are forthcoming)

Grad fees for the Class of 2021 will be as follows:

- Basic Grad Package is \$120
(Grad package includes cap and gown, diploma cover, and other costs incurred to fund the graduation ceremony)
- To order gowns, the Herff-Jones information is on the school website: <http://www.lakemaryhs.scps.k12.fl.us/Home/Quicklinks/Seniors-2021> or you can go directly to <http://www.herfforlando.com/>.

Any questions, please email Melisa Ayala-Cruz at melisa_ayala@scps.k12.fl.us.

Thank You to Our Mentors

(By Mentor Coordinator, Gi Garcia)

"A mentor is someone who allows you to see the hope inside yourself" -Oprah Winfrey-

Three years ago, we started our Rams Connections Mentoring Program at Lake Mary High School. From that point on, our mentors became unstoppable, unconditional, relentless, soldiers of love helping our students develop and grow their own dreams and goals. Nothing could stop their commitment to them, even a pandemic.

Our Rams Connections mentors found ways to connect with their mentees, via emails, videos and even driving to their homes to meet with them outside to motivate and reassure them that they were loved and supported. They are truly valuable members of our Rams Family and because of them many of our students kept engaged.

We are grateful and honored to have them at our school.

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Feature Teacher & Feature Program: Michele Dershimer, Art History & Humanities

Through Art History and Humanities, Lake Mary High School provides opportunities for students to expand their learning, perspective, and appreciation for the arts. One teacher who has been instrumental in inspiring many students to dig deeper for greater understanding of the arts and humanities, and history through art, is Michelle Dershimer. Michelle has been teaching almost 30 years and has been dedicated to Lake Mary High since 1991. Her depth of knowledge, passion, and inspiration to students makes her a dynamic educator who is involved in several key facets of LMHS. "I really have a passion for the arts and felt that students needed the culture these classes offer, so I worked hard to promote and expand the program by developing fun, hands-on learning experiences and topics that are relevant and approachable. I also took them on as many field trips as I could – The Ringling Art Museum, The Dali, St. Pete Fine Arts Museum, Orlando Art Museum, Greek Orthodox Church, Hindu Temple, any exhibits that came up and in 2008 I began taking

students to Europe during Spring Break – and have ever since," Mrs. Dershimer. In 2012, she started the Art Appreciation Club (formerly known as the Art History Club). It has grown to over 100 members annually. She works with students to develop various activities involving different kinds of art from around the world, celebrating artists and their styles. When students don't have the means to go to the art, she brings it to them through various activities, inviting in guest speakers and demonstrators. But she also promotes and provides opportunities for students to join her at different events, such as lectures at Rollins, presentations at the Morse, local art festivals, and Dwali (to name a few). "I've encouraged my students to travel, be curious and learn, and to build memories with their family and friends through experiencing the arts!" Though Mrs. Dershimer has made a profound difference on students' opportunities through the arts, her involvement at LMHS does not stop there. For 25 years she was the director, designer, and choreographer for color and winter guard programs. She developed the original high school program from a noncompeting unit of 24 members to a national competitor where teams won local and regional competitions and several gold and silver medals at the Winter Guard International Championships (the highest level possible). Further, she sponsored the Teenage Republicans Club, the Senior SGA class, worked with ICC (Inner Club Council), and Positive Behavior Supports. She shines her positivity throughout the LMHS community and is commonly seen at LMHS performing arts and sporting events, sitting on the sidelines, there for the sole purpose of cheering on her students.



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Feature Athletes

Exemplary Leadership in a 3-Captain Trio (Jessica Velez, Julia Dos Santos & Ansley Goldstein)

Jessica, Julia, and Ansley have worked together to model leadership, cohesiveness, and high expectations on the Varsity Cheer Team, leading the cheer team to earning their fifth straight State Championship this past month. This tremendous accomplishment comes with hours of dedication, teamwork, and discipline. "Even though it takes the team working together to be successful, strong leadership is the key to achieving this goal. Each of the captains, Julia Dos Santos, Ansley Goldstein, and Jessica Velez are unique and possesses varying strengths which enables the team to succeed. Together, the captains enhance each other's special qualities which provide motivation and discipline for the squad. The varsity cheerleading team is extremely blessed to have such competent leaders," (Varsity Cheer Coach Paige Black). We are incredibly proud of all of our cheer team, including our three captains!

Jessica Velez



Jessica Velez is the current Student Body President, Varsity Sideline Cheer Captain, and the Varsity Competition Team Captain. Jessica has been cheering at Lake Mary for four years and is a now a four-time state champion. She has also been an officer in the Student Government Association all four years of her high school career. She is a member of the National Honor Society and National Beta Club. Jessica hopes to continue her leadership and education at the University of Florida. She is very honored to be a Lake Mary Ram and wants to thank her friends, family, and fellow classmates for supporting her throughout her journey.



Ansley Goldstein



As a senior at Lake Mary High School, Ansley is the captain of the Varsity Sideline Cheer team, as well as the Varsity Competition Cheer team. In the past four years, Ansley has won four state championships in the 2A Extra Large Varsity division, adding on to Lake Mary's legacy making a total of five consecutive state titles for Lake Mary Cheerleading. At Lake Mary, she is involved in National Honor Society and Spanish Honor Society. Academically, she maintains a 4.0 GPA. After high school, Ansley plans on either attending UF or FSU and studying Physical Therapy/Athletic Training.

Julia Dos Santos

Julia Dos Santos is a senior at Lake Mary High School. She is the Varsity Sideline cheerleading captain, as well as the Varsity Competition team captain. Julia is a member of the National Honor Society as well as the Spanish Honor Society. She has maintained a 4.0 GPA and has cheered for Lake Mary and Legendary Athletics throughout her years of high school. "Julia is one in a million! Her ability to stay positive in every situation will undoubtedly help take her far in life. I'm so honored to have been a part of her cheerleading career," Octavious Miller. She is a four-time state champion and hopes to continue her academic and extracurricular success as she pursues an education in forensic psychology. She thanks her family, friends, and coaches for encouraging her to achieve her goals every step of the way and guiding her through the challenges of life. #LLT.



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Feature Student: Agatha Jacob

"Agatha has taken Humanities I, II, and Art History classes and has also been an active member of the Art Appreciation club for the last few years. She's a great contributor to class discussions with a culture-rich background and interests. She not only adds to discussions, but also poses great questions to others," Mrs. Dersheimer.

Hi! I'm Agatha! I'm a senior at Lake Mary. I am an active participant in Art Appreciation and Global Community Club. Outside of school, I am an active participant in my church, participating in church events and occasionally taking time to teach religious studies. I enjoy taking time to read and draw to help me relax and take my mind away from the current stress of life in this pandemic. My all-time favorite subjects in school deal with the humanities. Taking classes like Humanities 1 and 2 really did change my outlook on the perspective and insight about the world around me. Starting Humanities in the 10th grade, started me on a tangent to appreciate many, different world cultures as well as the rich stories that help situate and mold those cultures. We started off with Stonehenge and ended with Islam. In Humanities 2, we hit the ground running with philosophy and ended with existentialism, covering topics like the nature and reason behind the concept of Genius. Concurrently, in AP Art History, we covered the artistic representations of those cultures, depicting the grace and beauty those mythical chronicles held in a picturesque manner. To those who find beauty and interest in a growing insight and find themselves in need for worldliness, these classes are for you! My advice to all underclassmen is to inform yourself and to stay current, not only with school but also around the world.. These four years pass by quickly (trust me I know... It seemed like I was a freshman two days ago), and you need to know what you will be entering into beyond high school, try to break out from a small town, and travel (when we are finally allowed to!). Take your time and experience those around you, if that means that you want to see different cultures, but it also applies to your school environment. Explore and find your niche; it will help you grow into a better citizen and a better human overall.




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Student Services Update

How to Schedule an Appointment with Your Counselor

Students can schedule an appointment with their counselor by clicking on the student services page on the LMHS website at <http://www.lakemaryhs.scps.k12.fl.us/> and selecting counselors and appointments. As always, please remember to check your school email, because important information is consistently sent to this email. The importance of checking your school email is applicable for all grade levels. For the record, students can access their school email by accessing Clever and selecting the Outlook tile.

Seminole State College

Seminole State will be conducting a "Virtual Application Day" on March 2nd at 4pm. More information to follow.

Seminole State College will have a representative from TRIO Connection of Central Florida (Ms. Melissa Rosa-Alvarez) on Feb 10th, 17th and 24th from 8am-2pm in the College and Careers room. Any Save My Seat/Seminole Connect students that wish to participate can register at: <https://forms.gle/Ytp8C8fTDqZ2v6D8> Parents are welcome and encouraged to register and participate.

Students wishing to take a dual enrollment course must meet certain criteria. A general education dual enrollment course requires an unweighted 3.0 GPA, and career dual enrollment courses require an unweighted 2.5 GPA. College ready placement tests are required for academic dual enrollment classes. Students can use their SAT or ACT scores or may take the PERT at Seminole State College for free to post a college-ready score that makes them qualified to take academic dual enrollment classes.

Registration

Counselors will be conducting in-person meetings with students by grade level to discuss next year's course selections. Please continue to check email and read the weekly Ram Report for more information.

Seniors

Need money to help pay for college? Questions about scholarships or financial aid? Schedule your informational scholarship meeting <https://forms.gle/v1qxf9itPLXbjSr5> and for any additional questions, please contact Student Services and make sure you continue to check your school email.

Bright Futures Scholarships

All Lake Mary High School seniors should have completed the online Bright Futures Scholarship application, Florida Financial Aid Form. Completion of the Florida Financial Aid Form (FFAF) assures that each senior's transcript will be evaluated for the Bright Futures Scholarship Program and other scholarships awarded by the state for which a student may qualify. After completing the FFAF, students will receive an email (to the email address the student entered on the FFAF) from the Florida Office of Student Financial Assistance. Students will receive their username and PIN which will enable them to access their Bright Futures evaluation as well as a listing of the scholarships for which the student is being evaluated. Please note this is not the FAFSA, which students and parents need to complete to be eligible for any needs-based financial assistance. Transcripts will be sent to the Office of Student Financial Assistance in Tallahassee in February for the Bright Futures Scholarship initial seventh semester evaluation. Seniors' transcripts will be sent after graduation for a final evaluation for a Bright Futures Scholarship award. Bright Futures contact information can be found at <http://floridastudentfinancialaid.org> or they can be contacted at 1-888-827-2004.

Seniors who need to complete their 100 hours for the Bright Futures Scholarship must have their hours completed and turned into the Student Services Office BEFORE graduation. Seniors who need to improve SAT or ACT test scores can take these tests in May or June.



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Student Services

Save the Date

The ACT will be offered to all Juniors on Tuesday, March 2 during the school day and it will be free of charge. Students will automatically be signed up for this and Save My Seat and Connect students will be invited to come and take it. More information will be sent out closer to the testing date. Please read the weekly Ram Report for this information. The SAT will be offered to all Juniors on Tuesday, April 13 during the school day and it will be free of charge. Students can set up a College Board account at www.collegeboard.org and can link their account to Khan Academy where they have access to official SAT practice items.

PSAT Results

Students can create a College Board account at www.collegeboard.org. If students have any issues with signing up for an account, they can contact College Board for additional help. Students can set up a College Board account at www.collegeboard.org and can link their account to Khan Academy where they have access to official SAT practice items.

Parent Reminder

Students who are Enrolled in a Program of Emphasis from Out of Zone

- Students must maintain a 2.5 GPA
- Students must maintain satisfactory attendance and discipline status.

Note: Failure to meet these requirements will result in the student being removed from our Program of Emphasis and automatically withdrawn from Lake Mary High at the end of this school year to return to their zoned school.

Testing Information

SAT: The SAT will be given at Lake Mary High School on Tuesday, April 13 to all 11th grade students. All students will take the SAT free of charge and do not need to register for this test.

ACT: The ACT will be given at Lake Mary High School on Tuesday, March 2 to all 11th grade students. All students will take the SAT free of charge and do not need to register for this test.

ACT/SAT: All colleges, universities, and community colleges require the SAT or ACT for admission or placement. Most colleges/universities will accept either the SAT or ACT. Lake Mary High School's code number is 100883. (Be sure to bubble the high school code on your registration form so that your scores are sent to LMHS.)



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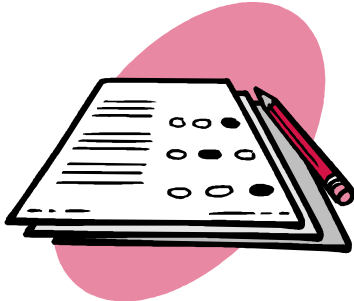
2020-2021 SAT / ACT Test Schedule

SAT (www.collegeboard.com)

Registration Deadline	Late Registration (fee applies)	Test Date
February 12	March 2	March 13 (LMHS)
April 8	April 27	May 8 (LMHS)
May 6	May 26	June 5 (LMHS)

ACT (www.act.org)

Registration Deadline	Late Registration (fee applies)	Test Date
March 12	March 13-26	April 17 (LMHS)
May 7	May 8-21	June 12 (LMHS)
June 18	June 19-25	July 17 (LMHS)



SAT Practice

Students can create a College Board account at www.collegeboard.org/. If students have any issues with signing up for an account, they can contact College Board for additional help. Students can also link their account to Khan Academy where they have access to official SAT practice items.

Steps to Link Students' College Board and Khan Academy Accounts:

1. Create a Khan Academy account at satpractice.org
2. When prompted, students can agree to link their Khan Academy and College Board accounts
3. Sign in to College Board account at www.collegeboard.org
4. When prompted, students click "Send" to authorize the account linking
5. Students can start practicing on Official SAT practice on Khan Academy

Testing Calendar (Second Semester)

Date	Assessment	Who Does It Affect?
February 8	FSA ELA Writing Retakes (1 day test)	11th & 12th grade students who have not met the FSA ELA graduation requirement
February 9 & 10	FSA ELA Reading Retakes (2 day test)	11th & 12th grade students who have not met the FSA ELA graduation requirement
February 12 -19	<i>Make Ups: FSA ELA Writing/ Reading Retakes</i>	<i>Students absent for the FSA ELA Writing/Reading Retakes</i>
March 2	ACT School Day	11th Grade Students (All) and 12th Grade Students (those who have not met FSA reading and/or math requirement)
March 3	Non-Reportable SAT	12th Grade Students (those who have not met FSA reading and/or math requirement)
March 5	PERT Math	12th Students who have taken Algebra 1 and not passed the EOC
March 10, 11 & 12	9 Weeks Exams	All Students
March 15 – April 30	FSA	Alternate Assessment Students
March 22 & 23	<i>Algebra 1 FSA EOC Retakes (2 day test)</i>	<i>Students who have not yet met the Algebra 1 EOC graduation requirement</i>
March 24-26	Make Ups: Algebra 1 EOC Retakes	Students absent for the Algebra 1 EOC Retakes
April 5-April 16 (specific dates to be determined)	9th & 10th FSA ELA Writing (1 day test)	9th & 10th Grade Students
April 13	SAT School Day	11th Grade Students
April 14	SAT (SSD accommodations – Day#2)	11th Grade Students w/College board SSD Approved Accommodations (2nd day of test)
April 22	PERT Math	12th Students who have taken Algebra 1 and not passed the EOC
May 3-14	Advanced Placement Exams	All Students in AP Courses
May 3-May 28 (specific dates to be determined)	9th & 10th FSA ELA Reading (2 day test)	9th & 10th Grade Students
May 3-May 28 (specific dates to be determined)	EOC Assessments (Algebra 1, Biology, Geometry & US History)	Students currently taking Algebra 1, Biology, Geometry, US History
May 21, 24, 25 & 26	9 Weeks Exams	All Students

**Dates are Subject to Change*

Vision & Mission Statement Revision Process

(By School Administration Manager Andrea Fuhrer)

We are excited to embark upon the important process of revising our current vision and mission statement for Lake Mary High! This is a great opportunity to get input from students, parents, staff, community members, and business partners as we reflect on what it means to be Ram, future visioning, and how can ensure our work is most effectively meeting the needs for students.

We have already begun this process with faculty and students, and now it is time to get feedback from parents, community members, and business partners. If you are interested in being included, please contact Andrea Fuhrer at andrea_fuhrer@myscps.us.

A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

Noodles & Company
Zaza New Cuban Diner
Orlando Health
Bagel King
4th Street Bar & Grill
Gator's Dockside
Jeremiah's Italian Ice
Jason's Deli
Lake Mary Church
Menchies of Lake Mary
RDV Sportsplex
CareSpot of Lake Mary
Texas Roadhouse Grill
Orange Theory Fitness of Lake Mary
Burn Boot Camp
On the Mark Apparel
Smoothie King
Firehouse Subs
First Watch
Andy's Frozen Custard
Rotary Club of Lake Mary
Chick-fil-A
Advent Health
Winn Dixie of Lake Mary
Island Fin Poke of Lake Mary
Breakwondo Martial Arts

Special Thank You to In Bloom Florist

A special thanks to In Bloom Florist for their generosity in helping support the Be the Change: Spread the Love fundraiser. We appreciate and value your support!

We are RAMNATION!

Please contact The Lake Mary Athletic Office for more information - 407-320-9557 or contact Doug Peters at Doug_Peters@scps.k12.fl.us/ 407-416-1153.



2020 - 2021

ATHLETIC BOOSTERS

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Law Office of Mary Beth Kelly
Centra Care - David Helseth
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Dr. Dana Schoonmaker
Russ Noyes Roofing - Russ Noyes / Bonnie Burkett





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Lake Mary High School Athletics
CONGRATULATIONS TO OUR SIGNEES!

National Signing Day

Elizabeth Bened	University of West Florida
Mya Bodrato	Jacksonville University
Alexander Dorenkott	U of Alabama Huntsville
Sydney Martin	College of Coastal Georgia
Keagan Perez	Embry-Riddle University
Brandon Perkins	Limestone University
Rocco Underwood	University of Florida
Jayla Woods	Covenant College

Boys Basketball

(By Coach Spencer Wilbert)

The boys' basketball team would like to thank all of our fans for supporting the team and attending our games this season. As of February 10th, our Varsity team has defeated University Orange City and Spruce Creek High in the district tournament to qualify for the district finals. No matter the outcome of the district finals, we have qualified to move on to the regional tournament. In regular-season play, our Varsity team's record was 11-9. Our JV team has a winning record of 13-4, and our Freshman team is 9-2. We would like to again give a special Thank You for all the hard work our Seniors (Jayvyn Radford, Robert Seymore, Jordon Venner, and Hunter Verling) put in this season. Our program hopes to purchase new basketball training equipment as soon as possible. If you are capable of assisting in this purchase or would like to help sponsor the Lake Mary Boys' Basketball team, please reach out to Coach Wilbert (wilberwz@scps.k12.fl.us or 407-320-9725) to learn more about the program and opportunities to help.

Spring Football

(By Coach Scott Perry)

Spring Football is quickly approaching, and we will be holding a parent meeting on April 13th. Don't miss any important dates or information. Check out our conditioning schedule and other important information on our website below. And stay up to date by following our Facebook and twitter.

Follow us on Instagram, Twitter and Facebook @LMRamsFootball, @lmramsFootball

Art Appreciation Club

(By Student Erin Beck)

To celebrate Black History Month, we will hold a Harlem Renaissance Slam Poetry meeting on Friday, February 19th! Get ready to explore the artistry of alliteration, awesomeness of rhythm, and pizzazz of performance! We will also have a meeting on Friday, March 5th commemorating Women's Month, where we decorate plates representing our favorite female artists in Judy Chicago's Dinner Party style. On Friday, March 26th, we will celebrate the Indian holiday of Holi, through gorgeous henna art. More information about event specifics will be posted to the club Remind, closer to each meeting date. The club Remind can be accessed by texting '810-10 @aaswag'.

Yoga

FREE Offering for LMHS Students, Families, & Staff: FREE YOGA CLASSES

Yoga Class 6:00 – 7:00PM - Mondays, Wednesdays and Fridays
(FREE Classes February 15 - March 20, 2021)

- Feel better
- Increase flexibility
- Release stress
- Child supervision available

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Positive Behavior Supports

At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as *Positive Behavior Supports (PBS)*. PBS offers a systematic approach to promoting a school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior; however, students are also rewarded when they model citizenship.

Bullying Prevention Awareness and Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person and includes unwanted and repeated written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment
- cause discomfort or humiliation
- unreasonably interfere with the individual's school performance or participation



800-423-8477

SPEAKOUTHOTLINE.ORG

If your child feels as if he or she is being bullied, please direct him or her to do the following:

1. Report the situation:
 - a. To any adult on campus
 - b. Speak Out Hotline (1-800-423-8477)
 - c. Report through the P3 Campus App
2. Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
3. The situation will be investigated by an administrator.

If you have any questions about bullying procedures, please



feel free to contact the discipline office (407-320-9532). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website.

<https://www.scps.k12.fl.us/district/departments/student-support-school-safety/bullying-prevention.shtml>



Lake Mary High School

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Athletic Winter Sports Roundup



Competitive Cheerleading

The Lake Mary Competitive Cheerleading team won its FIFTH Straight State Championship in January. This program is the most feared cheerleading squad in the state. This is a group of dedicated ladies who make a huge commitment to each other and work so hard to achieve their goal. Congratulations Coach Black, her staff, and of course, our amazing student-athletes.

Girls Basketball

The girls' basketball team won the Seminole Athletic Conference in 2020-2021 with a 7-1 record within the conference. The team played a very challenging regular season schedule and finished with a 13-10 record. Their ranking earned them the second seed in the District Tournament, and they ended up placing second in the district tournament after a heart-breaking loss to Seminole High in overtime play in the district tournament. Congratulations to Coach Knight for being named the SAC Girls Basketball Coach of the Year and congratulations to her team on a fantastic regular season. Good luck in Regional Tournament play!

Boys Soccer

The boys' soccer team had another fantastic regular season. The team finished with a 16-2-1 record, which was good enough to make them the Seminole Athletic Conference Champions and the second seed in their District Tournament. Congratulations to Coach Weston for being named the SAC Boys Soccer Coach of the Year and to his team for an amazing regular season. The boys won the district tournament with an impressive win against Spruce Creek in the final game, and they are looking forward to hosting the first regional tournament game. Good luck boys' soccer, Go Rams!

Girls Soccer

The girls' soccer regular season ended with a 6-6-1 record. The team finished as the 3rd place team in the Seminole Athletic Conference and earned a 2nd Seed in their District Tournament. The girls won the District Semi-Final game at home vs. Seminole High School in a highly anticipated rematch of the Rams win from earlier in the season, but they lost the district championship game. Even so, they qualified for regional tournament play and look forward to the competition! Good luck ladies!

Wrestling

The most important part of the season is still on the horizon for the wrestling program. The team hosted the Seminole Athletic Conference meet on Saturday, February 6th. The team returns three state qualifiers from last year in Seniors Jared Purcell, Alex Vazquez, and Diego Solorzano. Additionally, the team returns two others who were regional qualifiers: Jeremy Goldman and Brett Moses. Vazquez and Solorzano were champions of the Lake Mary Tournament of Champions back in January. The team has been working hard and are at the most important time of year as they will now compete in Conference, District, and Regionals as they try to make it back to states.

Girls Weightlifting

The girls' weightlifting team won the District Championship and had 11 girls qualify for the Regional Meet by placing in the top 6 in their respective weight classes. Alexa Mandujano (Junior) placed 3rd at the Regional Meet and Katy Garcia (Junior) placed 5th, which qualifies them both for the State Meet in St. Cloud on Saturday February 13th. We had an extremely young group of girls this year so the future is bright for Girls Weightlifting!