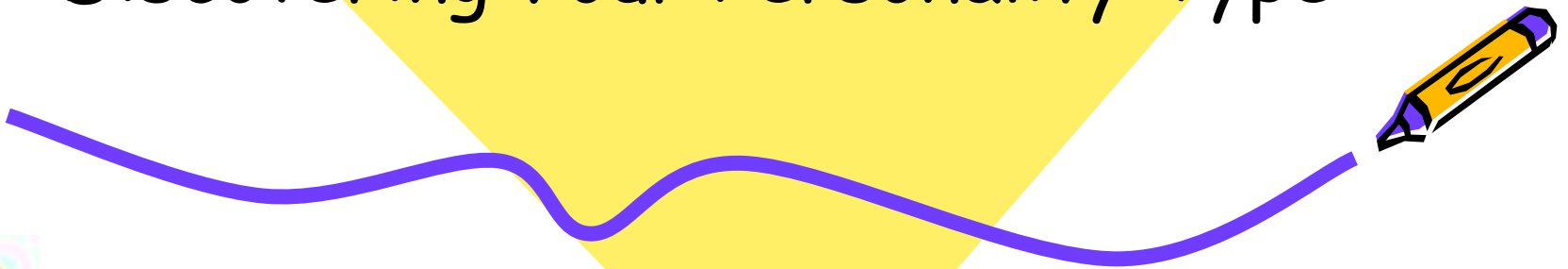




True Colors

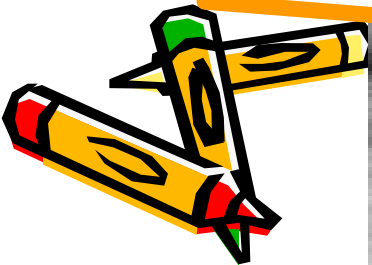
Discovering Your Personality Type



If you've ever given a group assignment you've probably heard...



What is her problem? We'll
get this assignment done!!
She acts like we have to
stay on task all the time.
Doesn't she know how to
have any fun?!?



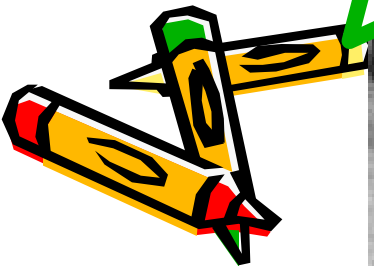
If you've ever given a group assignment you've probably heard...

What is HIS problem? All he does is goof off! Doesn't he realize we are getting a grade on all of this?!? Can't he take anything seriously!



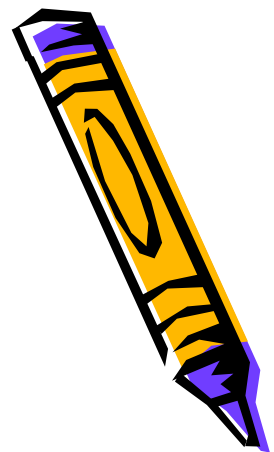
If you've ever given a group assignment you've probably heard...

Why does this have to be a group assignment? Maybe if I can ask the teacher, she'll let me work by myself... or perhaps the group will just leave me alone and let me do this...



If you've ever given a group assignment you've probably heard...

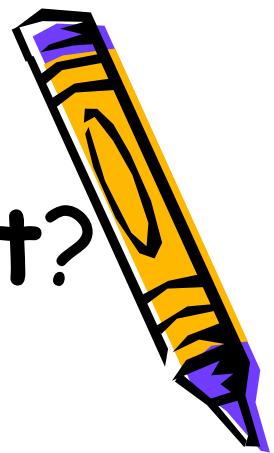
Why is everyone arguing in this group? We cannot get anything done until we all learn to get along. I need to step in and find out why everyone is upset. Can't we all just get along??



And the odds are that
someone has thought
one or more of those
about **YOU!**



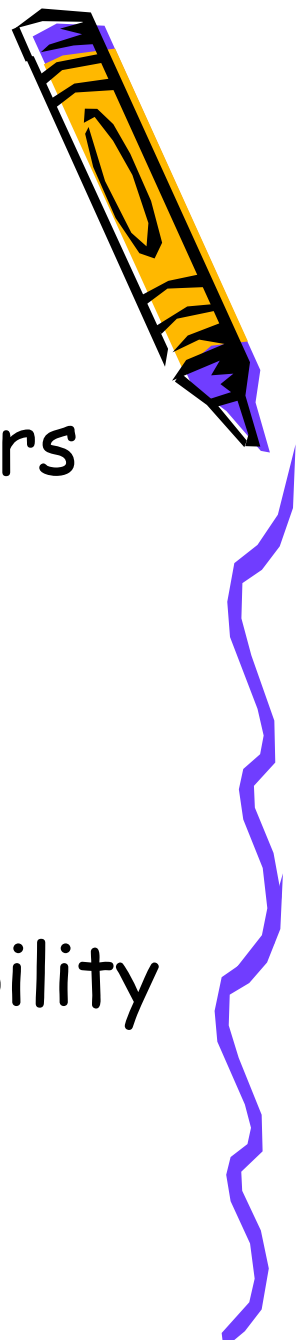
What is the True Colors Personality Test?



- Created in 1978 by Don Lowry and is based on ideas of Carl Jung, Katherine Briggs, and Isabel Myer
- An easy, entertaining way to understand you and those you are around by recognizing your personality type and its characteristics



Why Discover Your Personality Type?



- Gain insight into yourself and others by providing clues as to your strengths, weaknesses, joys, and stresses
- Your personal and professional success is based in part on your ability to work effectively with others.





Today we are going to
explore the different
color personalities



What are the 4 Types?

Let's discover what you are first!!



The Test....



Section 1-A

Active
Opportunistic
Spontaneous

Section 1-B

Parental
Traditional
Responsible

Section 1-C

Authentic
Harmonious
Compassionate

Section 1-D

Versatile
Inventive
Competent

Active
Opportunistic
Spontaneous

3

Parental
Traditional
Responsible

4

Authentic
Harmonious
Compassionate

2

Versatile
Inventive
Competent

1

Section 2-A

Tender
Inspirational
Dramatic

☐

Vivacious
Affectionate
Sympathetic

☐

Total of A:

☐

Section 2-B

Determined
Complex
Composed

☐

Philosophical
Principled
Rational

☐

Total of B:

☐

Section 2-C

Daring
Impulsive
Fun

☐

Exciting
Courageous
Skillful

☐

Total of C:

☐

Section 2-D

Concerned
Procedural
Cooperative

☐

Orderly
Conventional
Careful

☐

Total of D:

☐

How Did You Score?



The Test....



Section 1-A

Active
Opportunistic
Spontaneous

4

Competitive
Impetuous
Impactive

3

Realistic
Open-Minded
Adventurous

2

Total of A:

9

Section 1-B

Intellectual
Ambitious
Responsible

☐

Practical
Sensible
Dependable

☐

Loyal
Conservative
Organized

☐

Total of B:

☐

Section 1-C

Authentic
Harmonious
Compassionate

☐

Unique
Empathetic
Communicative

☐

Devoted
Warm
Poetic

☐

Total of C:

☐

Section 1-D

Versatile
Inventive
Competent

☐

Curious
Conceptual
Knowledgeable

☐

Theoretical
Seeking
Ingenious

☐

Total of D:

☐

Section 2-B

Determined
Complex
Proposed

☐

Philosophical
Disciplined
Ambitious

☐

Total of B:

☐

Section 2-C

Daring
Impulsive
Fun

☐

Exciting
Courageous
Skillful

☐

Total of C:

☐

Section 2-D

Concerned
Procedural
Cooperative

☐

Orderly
Conventional
Careful

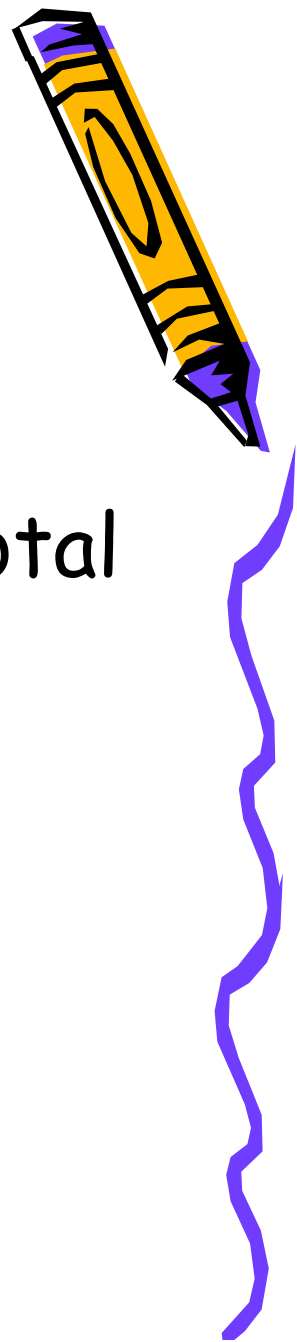
☐

Total of D:

☐

Did You Score?

Once you have finished ranking the words...



- Add the numbers for each section and write it in the "Total of A" "Total of B", etc. You should have 8 numbers
- Transfer these numbers "How Did You Score?"



How did you score?

Orange

Total of 1A + 2C = ☐

Gold

Total of 1B + 2D = ☐

Green

Total of 1D + 2B = ☐

Blue

Total of 1C + 2A = ☐



Now that I know what I am, what does that mean?



GOLD



True Colors™

CONVENTIONAL



Gold

How you see yourself

- Stable
- Providing security
- Dependable
- Firm
- Efficient
- Realistic
- Decisive
- Executive type
- Good planner
- Orderly, neat
- Organizer person
- Practical, expects same
- Goal oriented
- Finish what I started
- Good at sorting, weeding out



CONVENTIONAL



Gold

How others may see you...

- Rigid and controlling
- Dull, boring
- Stubborn, pigheaded
- Opinionated
- Unimaginative
- Judgmental
- Bossy, controlling
- Limiting flexibility
- Uptight
- Sets own agenda
- Predictable
- Rigid idea of time
- Not able to do many things at once



CONVENTIONAL



Gold

Henry Ford



True Colors™

CONVENTIONAL



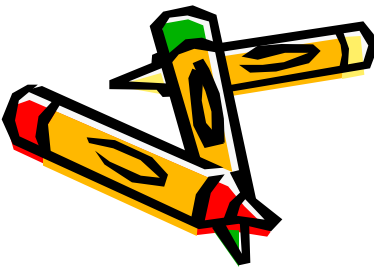
Gold

Walter Cronkite



True Colors™

GREEN



True Colors™



Green

How you see yourself

- Superior intellect -- 98% right
- Tough-minded
- Efficient and Powerful
- Creative, visionary
- Eminently reasonable
- Rational and Calm, not emotional
- Under control
- Precise, not repetitive
- Able to find flaws
- Task, goal focus
- Holding firm to policy
- Seeking justice
- Assuming things will be well done
- Great planner
- Firm-minded, able to reprimand





Green

How others may see you...

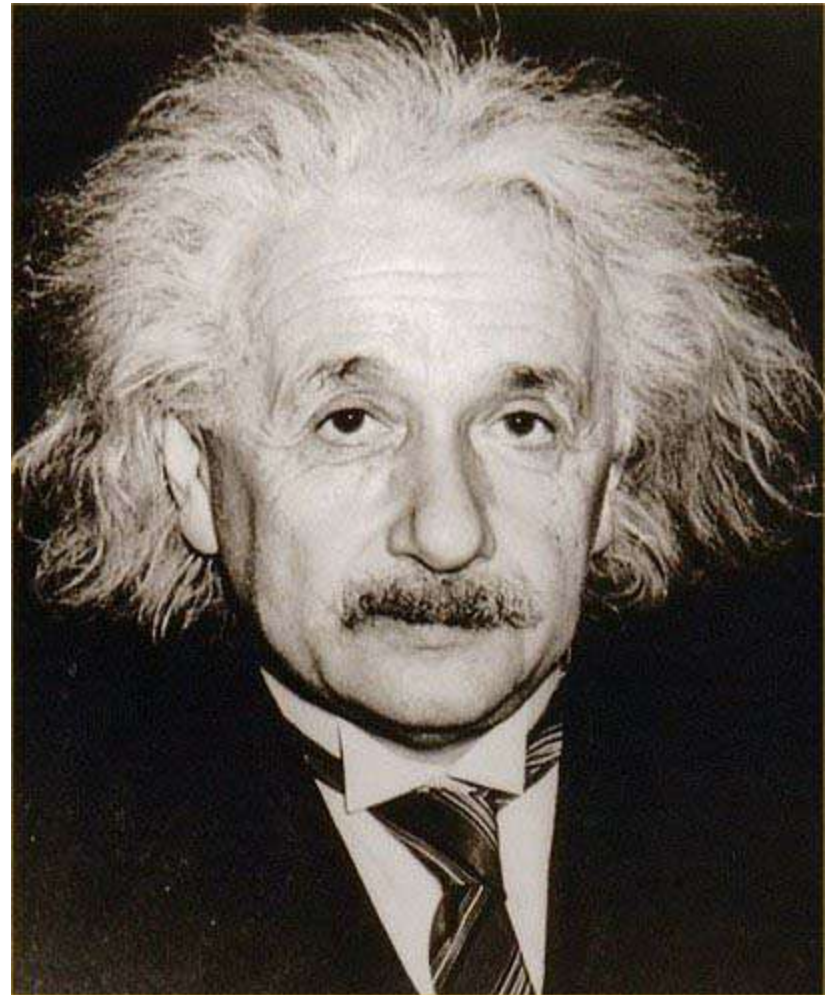
- Intellectual snob
- Arrogant
- Heartless
- Doesn't care about people
- Ruthless
- Unrealistic
- Eccentric, weird
- Emotionally controlled
- Ignores people values
- Unfeeling
- Afraid to open up
- Critical, fault finding
- Not on my side
- Lacking mercy, unfair
- Unappreciative, stingy with praise
- Doesn't consider people in plans





Green

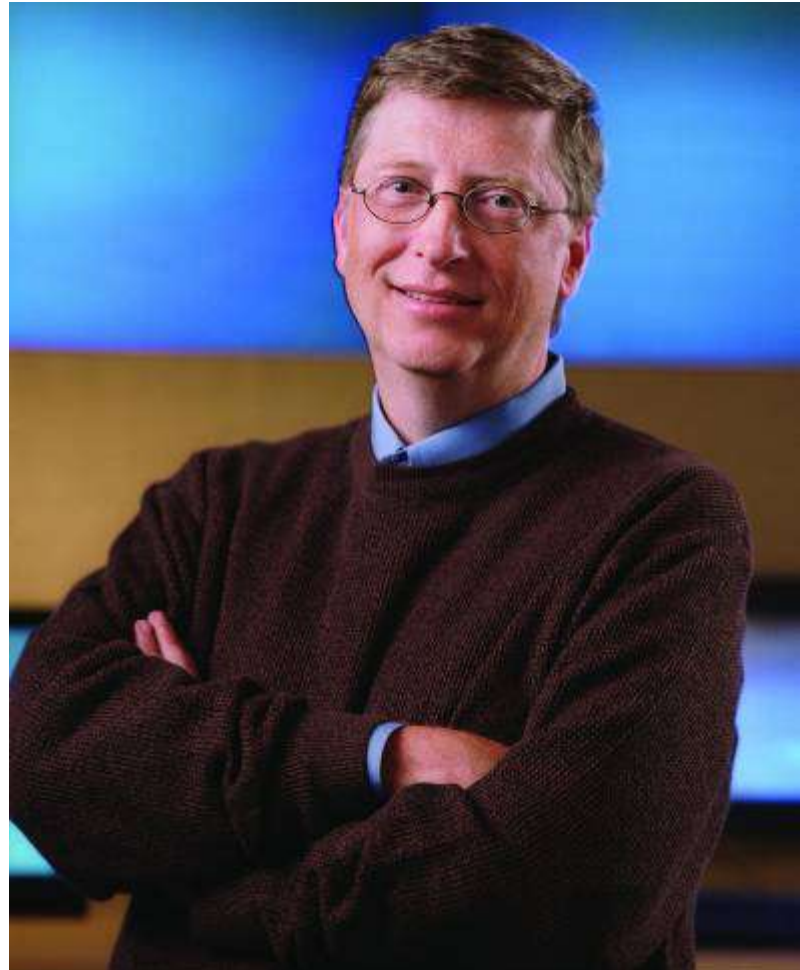
Albert Einstein





Green

Bill Gates

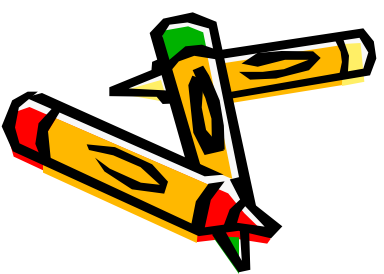


BLUE

COMPASSIONATE



True Colors



True Colors™

COMPASSIONATE



Blue

How you see yourself

- Warm, Caring, Compassionate
- Romantic
- Spiritual
- "People person"
- Willing to work tirelessly for a cause
- Unselfish
- Empathetic
- Affirming
- Caretaker
- Social interaction expert
- Able to see need for exceptions
- Conscious of past relations
- Like to please people
- Sympathetic
- Great communicator
- Wanting harmony



True Colors™

COMPASSIONATE



Blue

How others may see you...

- Over-emotional
- Bleeding heart
- Mushy
- Flaky, unrealistic
- Hopelessly naive
- Too tender-hearted
- Easily duped
- Too "touchy feely"
- Too nice
- Naive, too trusting
- Smothering
- Stuck in/lives in the past
- Groveling, fawning, soft
- Talks too much



True Colors™

COMPASSIONATE



Blue

Oprah Winfrey

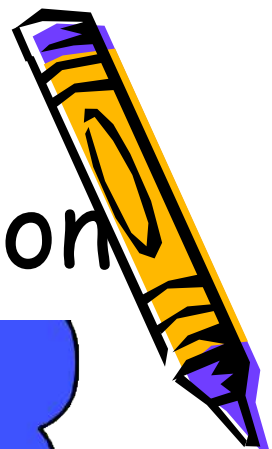


True Colors™

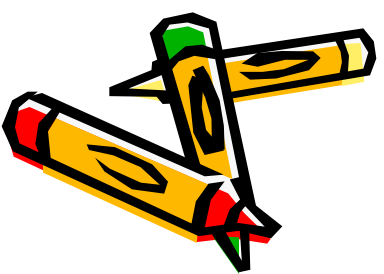
COMPASSIONATE



Blue
Marge Simpson



ORANGE



True Colors™

COURAGEOUS



Orange

How you see yourself

- Fun-loving, enjoys life
- Spontaneous
- Flexible, adaptable
- Carefree
- Proficient, capable
- Hands-on person
- Practical
- Problem-solver
- Good negotiator
- Here and now person
- Do many things at once
- Resourceful
- Can deal with chaos
- Curious, welcomes new ideas
- Superior ability to discriminate among options



True Colors™

COURAGEOUS



Orange

How others may see you...

- Irresponsible
- Flaky, Wish-washy
- Not serious
- Spends time at things they enjoy
- Not interested in ideas
- Indecisive
- Disobeys rules
- Manipulative, not to be trusted
- Turn off to past-oriented blue
- Turn off to future-oriented green
- Not able to stay on task
- Scattered, cluttered
- Uncontrollable
- Resists closure or decision



COURAGEOUS



Orange

How others may see you...

- Irresponsible
- Flaky, Wish-washy
- Not serious
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COURAGEOUS



Orange

Robin Williams



True Colors™

COURAGEOUS

Orange

Bart Simpson

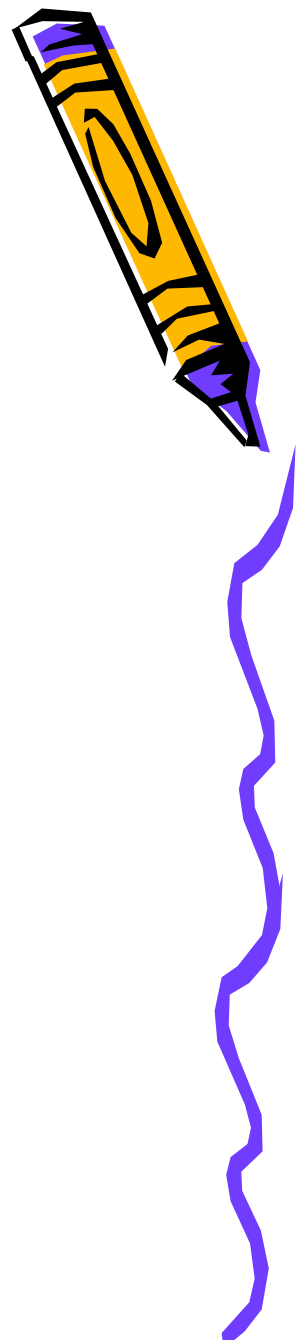


This session only SEEMS long because I have an Orange Personality.
This session only SEEMS long because I have an Orange Personality.
This session only SEEMS long because I have an Orange Personality.
This session only SEEMS long because I have an Orange Personality
This session only SEEMS long because I have an Orange Per
This session only SEEMS long because I have an Orange Pe
This session only SEEMS long because I have an Oran



Now that we realize
our differences, how
do we succeed when
working together?

Recognize the
strengths and
weaknesses!





When working with Gold Personalities...

- Do what you say you are going to do
- Be on time!
- Say "thank you"
- Give them time to plan





When working with Gold Personalities, **do not...**

- Expect them to be spontaneous
- Force them to take risks
- Demand immediate change
- Expect them to challenge rules





When working with Green Personalities...

- Give logical explanations
- Acknowledge their intelligence
- Present data to support ideas
- Get to the point quickly





When working with Green Personalities, **do not...**

- Force them to talk about feelings
- Become emotional when discussing with them
- Be indecisive
- Take things that they say personally



COMPASSIONATE



When working with Blue Personalities,

- Tell them what your feelings are about topics
- Be honest and sincere
- Allow them to express their feelings
- Accept their individuality



COMPASSIONATE



When working with Blue Personalities,

do not...

- Be abrupt or cut them off when they are talking
- Expect them to be confrontational
- Compare them to someone else
- Take advantage of their kindness



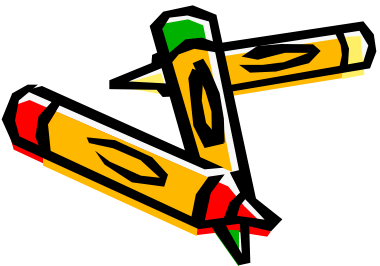
True Colors™



When working with Orange Personalities,



- Be upbeat around them
- Appreciate their jokes
- Be flexible
- Respect their need to stay busy doing things
- Understand their ability to do many things at one time





When working with Blue Personalities,

do not...

- Force them to take life too seriously
- Demand that they stick to a strict schedule
- Write them off as flakey just because they are FUN.



Things to Remember



- One color is not above another personality color!
- Most people exhibit traits of each of the different colors; rarely is someone only one color.
- Honor all the colors - the purpose of today's activity was to appreciate and understand other personalities, not to separate ourselves.





True Colors

Discovering Your Personality Type

