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Chiefess Kapi'olani Elementary School

October 2022

Kolea Pride

966 Kilauea Ave.
Hilo, HI 96720

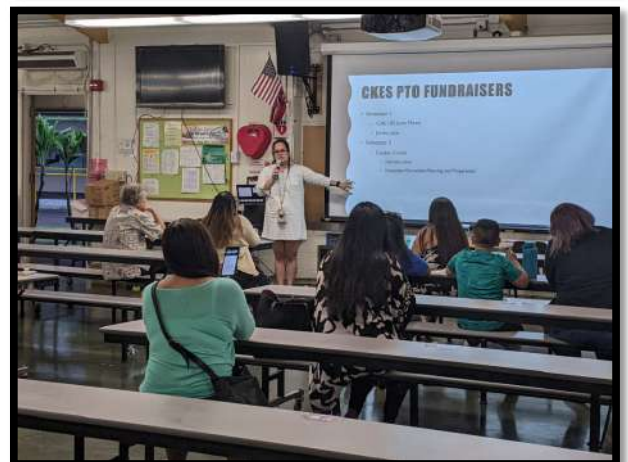


We Got Spirit!

After a quarter of working hard, studying, and learning, all Kolea celebrated the end of September with Spirit Week!

During the final week of the quarter our students and staff were excited to participate in dress up days, including pajama day, all one color attire day, messy hair day, sports day, and aloha wear day.

This certainly was the highlight in a month filled with so many great experiences for our students and families, including picture taking day, our first PTO meeting of the year, a Robotics team scrimmage, 5th grade gardening, Project Vision eye screening, and so much more.



Our School Number Has Changed to:
(808)315-5100



Principal's Message



Aloha Chiefess Kapi`olani Elementary `Ohana,

Quarter one is officially over and we would like to thank all students, faculty, staff, parents, guardians, and families for working together to make it successful.

First quarter was certainly exciting, as we held our first in person Open House and PTO meetings in years, welcomed the return of Deposit Days, school picture taking day, playground equipment and games, resource classes (including P.E., Hawaiian Studies, and music), SBG elections, our Robotics team, the 5th grade school garden, and so much more.

We are excited to see parents, guardians, and families taking such an active interest in their child's education and looking for ways to get involved in our school community. With that said, we'd like to thank all parents who ran for our School Community Council (SCC) Representative, as well as those who voted. We send our congratulations out to our newly elected SCC Parent Representative, Whitney Aragaki, and alternate representative, Holly Molina. A huge mahalo also goes out to Tyson Klask for returning as our SCC Community Representative. It is partnerships and support like this that help allow us to work on creating more opportunities for our students. We look forward to seeing more of our parents/guardians volunteer to be chaperones at school events and on excursions, join school organizations, and participate in school activities. Please know your dedication and support is truly appreciated and makes a difference!

Last, but not least, we'd like to congratulate our school Student Body Government winners: President Janay Ann Pulgados, Vice President Jakob Malicdem, Secretary Railee Matsumoto, and Treasurer Keaiwa Kim. We are so proud of everyone who ran and we congratulate everyone selected as an officer or representative for their class.

As we move into the second quarter, we look forward to Parent Teacher Conferences, which will occur on October 17-28, 2022. This is a great time for you to learn more about how your child is doing, both academically and behaviorally. During this month we will also celebrate activities such as the Health and Wellness Fair on October 13th at 5:00pm and our costume parade on October 28th. In addition to this, we will have Q1 Awards Assemblies to celebrate the hard work of our Kolea and we look forward to welcoming you back to these activities.

Mahalo,
Kimberly Castillo
Principal

October

Oct. 3-7, 2022
Fall Break-No School

Oct. 12 & 13, 2022
Kindergarten Always Dream Foundation
Meeting & Item Pick-up

Oct. 17-28, 2022
Parent/Teacher Conferences

October 20, 2022
Unity Day

October 20, 2022
8:30-9:30- Make-Up Picture Taking-Library

October 20, 2022
1st Quarter Awards-Grades 5-6*
9:00-10:00am-Cafeteria

October 21, 2022
1st Quarter Awards-Grades K-4*
K-2- 9:00-10:00am- Cafeteria
3-4- 10:00-11:00am-Cafeteria

October 24-28, 2022
Book Fair-School Library
1:30pm-3:00pm

October 28, 2022
Costume Parade
8:30-9:00am-Quad

October 31, 2022
Complex PC Day-No School for students



NOVEMBER Dates to Remember....

November 8, 2022
Election Day-No School

November 11, 2022
Veterans Day-No School

November 24-25, 2022
Thanksgiving Holiday-No School

*Parent/Guardian 1st Quarter Awards Assembly invitations will be sent home with students who will be receiving awards on October 18, 2022.

UNITY DAY Aloha in Action
October 19, 2022

WEAR AND SHARE ORANGE FOR

KINDNESS • ACCEPTANCE • INCLUSION

The Hawai'i State Department of Education is encouraging everyone to join a national movement during National Bullying Prevention Month for inclusive, nurturing learning environments for all. On Wednesday, Oct. 19, wear orange to show your support that all students deserve to be safe in school, online and in the community. Let's send a giant ORANGE message of hope and solidarity!

#UnityDay2022

Kindergarten Always Dream Foundation Meeting and Item Pick-Up
Location: School Library

October 12, 2022-5:30pm
October 13, 2022-8:30am

CHIEFESS KAPI'OLANI ELEMENTARY SCHOOL INVITES YOU TO OUR

Health & Wellness Fair

Thursday, October 13, 2022
5:00pm-6:30pm

Sign-in & Refreshments begin at 4:50pm

Location: School Cafeteria

Healthy Refreshments
Fentanyl Presentation
Drug Prevention Information
ZUMBA Fitness
Hilo Athletic Alliance
Wellness Resources
Family Activities
Healthy Recipes

IF YOU HAVE ANY QUESTIONS, OR WOULD LIKE TO VOLUNTEER, PLEASE FEEL FREE TO EMAIL AT MANDY.JIMENEZ_CASIAN@K12.HI.US

MAKE-UP School Picture Taking
October 20, 2022
8:30am-9:30am

Please have your child bring their envelope with their order and payment on this day. Inform your child's teacher if your child is planning to participate on make-up day. Uniforms are not required to be worn for school pictures. However, students must follow school dress code policy.

Dress Code Policy

The dress code is part of the school's discipline plan. The following guidelines should be followed:

- Students should wear appropriate shorts or pants (underwear should NOT be visible).
- Pants and shorts should not be excessively loose or tight.
- Short shorts or short skirts are NOT appropriate attire for school.
- Shorts or pants with excessive rips, which expose the upper thigh area are NOT appropriate.
- No hats/caps and sunglasses are allowed.

Counselor's Message

PT CONFERENCES

- October 17th - 28th

ATTENDANCE

Attending school during scheduled classes is important! Absences means your child is missing valuable instruction, fun activities, and the opportunity to build relationships with their teachers and peers. Please ensure your students arrive on time to class every day!

NO SCHOOL:

- October 3-7 Fall Break
- October 31


Always treat others how you want to be treated

SEL: (Social Emotional Learning)
Skill of the Month:
FRIENDSHIP

WELCOME GREAT PUMPKIN

October

We are friends



We listen to each other
Share
Take turns
Are kind to each other
Sort out conflicts sensibly
Stick up for each other
Trust each other
Play great games

Contact: Counselor Mr. Bartley at 974-4160

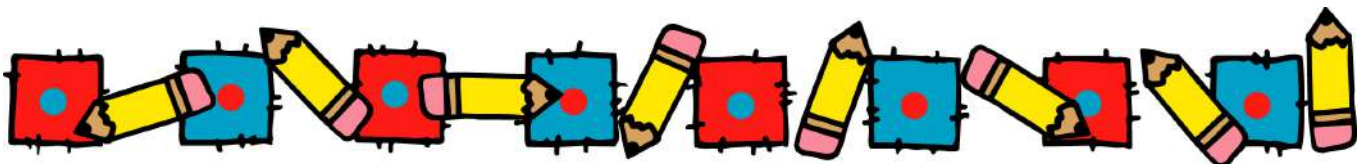
Librarian's Corner

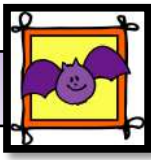


You're invited to our Scholastic Book Fair!

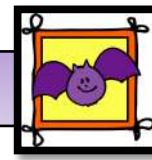
Monday, October 24 to Friday, October 28, 2022
Chiefess Kapiolani Elementary School Library

Family Shopping Times
Monday through Thursday 1:30 pm to 3:00 pm
Visit our Book Fair before or after your parent-teacher conferences





PCNC Message



Aloha Kolea Families, Staff, and Students!

I am pleased to have been present for our first PTO meeting for the school year. Thank you to all families and teachers who participated. Please send me an email if you are interested in participating in, planning, chaperoning, or organizing any of the upcoming events here at our school.



We are looking for volunteers to help us during our upcoming:

Health & Wellness Fair on
Thursday, October 13, 2022 5:00pm-6:30pm.

Send me an email or contact the office with your interest and contact information.



mandy.jimenez_casian@k12.hi.us

Have a great October!
Mandy Jimenez-Casian
PCNC



Hawaii Keiki Waiakea Complex RN's Message

KEEP SMILING

Per the Center of Disease Control and Prevention, children with poor oral health often miss more school and receive lower grades than children who don't. Did you know that cavities are one of the most chronic diseases of childhood in the United State? If cavities get left untreated, they do not only cause pain and discomfort, but they can lead to infection and can impair eating, speaking, playing and learning. It is important to take good care of our teeth and gums starting at a young age!

Some tips for parents and caregivers to help prevent cavities include:

- *Make sure your child brushes their teeth at least twice a day
- *Encourage flossing once a day
- *Limit or avoid sugary foods, juices, and candies. A good tip with Halloween right around the corner!!
- *Regular check-ups with the dentist, preferably 2 times a year or every 6 months.
- *Ask your child's dentist to apply dental sealants when appropriate
- *There are some risk factors that are harder to control, including having family members (brothers, sister, and parents) who have cavities. Just make sure to be aware and monitor closely!!
- *Let's keep our keiki smiling and ready to learn!





Fall Spirit Week



Aloha Friday




Important Updates and Reminders

School Uniforms REMINDER

If you are in need of uniform shirts, they can be purchased at Creative Arts Hawaii
500 Kalanianaʻole St. Hilo, HI, (808) 935-7393.

As a reminder, if your child borrows a uniform, they are responsible to return it before leaving school on that day.



Family Focus Team (FFT)

Chiefess Kapi'olani is currently focused on improving family engagement at our school! Our Family Focus Team goal is to help support and facilitate educational partnerships among family, school, interagency, and community partners to promote student achievement and well-being. We are looking for parents or guardians who are interested in helping us coordinate activities for our families here at Chiefess Kapi'olani. Please contact Vice Principal Umemoto or PCNC Mandy Jimenez-Casian at (808) 313-5100 if you are interested in being a part of our Family Focus Team.

Please be sure to keep your EMERGENCY CARDS up-to-date!

In order for faculty and staff to ensure the safety of your child during an emergency, please remember to update your child's Emergency Card when there is a change to any information. If you have any questions, please contact our helpful office staff at (808) 313-5100.

Mahalo for your cooperation.



School Community Council (SCC)

Chiefess Kapi'olani is thankful for parents and community members who expressed an interest in becoming an integral part of our School Community Council. The SCC is a dedicated team working to ensure a high quality and accountable education system for our students. Please contact Principal Castillo or Vice Principal Umemoto at (808) 313-5100 if you have any questions about our School Community Council. Congratulations to SCC Parent Representative Whitney Aragaki and alternate Holly Molina.



October 2022 Breakfast and Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
-----FALL BREAK!-----NO SCHOOL-----FALL BREAK!-----				
10 Breakfast: Breakfast Kit Mixed Fruit Craisins Lunch: Mac & Cheese Baby Carrots Edamame Pineapple	11 Breakfast: Cinnamon Roll (school made) Oranges Pears Lunch: Pepperoni Pizza Steamed Corn Cucumber Sticks Pears	12 Breakfast: Portuguese sausage w/ Rice Apples Pineapple Lunch: Beef Curry Steamed Rice Steamed Corn Broccoli Pog Slushie	13 Breakfast: Country Breakfast Scramble w/ Rice Applesauce Paradise Punch Juice Lunch: Asian Chicken Steamed Rice Broccoli Baked Beans Apple Chips	14 Breakfast: Breakfast Pizza Peaches Apple Chips Lunch: Tuna Sandwich Garden Vegetable Soup Celery Sticks Cherry Tomatoes Applesauce
17 Breakfast: Bagel w/ Cream Cheese Applesauce Pears Lunch: Cheese Bites w/ Marinara & Concord Berry Slushie Celery & Cucumber Sticks	18 Breakfast: Applesauce Bread (school made) Grape Juice Peaches Lunch: Creole Macaroni (w/ cheese) & Applesauce Green Salad Edamame	19 Breakfast: Country Gravy Pizza Pineapple Craisins Lunch: Teriyaki Burger w/ Potato Wedges Lettuce Sliced Tomato Pears	20 Breakfast: Pork Sausage Patty w/ Biscuit (school made) Mixed Fruit Fruit Punch Lunch: Chicken Tenders & Steamed Rice Edamame Corn Peaches	21 Breakfast: Cereal w/ Toast Applesauce Oranges Lunch: Roast Turkey & Gravy Mash Potatoes & WG roll Zucchini Sticks Carrots Pears
24 Breakfast: Cheese Sticks Marinara Sauce Peaches Lunch: Cheese Pizza Baby Carrot Green Salad Mixed Fruit	25 Breakfast: Belgian Waffle Banana Mixed Fruit Lunch: Fish Sandwich w/ Wedge Fries Celery Sticks Baked Beans White Grape Slushie	26 Breakfast: Portuguese Sausage w/ Rice Applesauce Craisins Lunch: Spaghetti w/ Meat Sauce Peaches Green Salad Cucumber Sticks French Bread	27 Breakfast: Yogurt w/ Granola Pears Apples Lunch: Roast Pork & Gravy w/ Rice Cran Razz Juice Broccoli Baby Carrots	28 Breakfast: Cinnamon Roll (school made) Apple Chips Oranges Lunch: Hot Dog In Bun w/ Tater Tots Coleslaw Apple Crisps
31 NO SCHOOL PC Day HAPPY HALLOWEEN!				

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Civil Rights Compliance Branch Hawaii State Department of Education, P.O. Box 2360 Honolulu, Hawaii 96804 (808) 586-3322 or relay , CRCB@k12.hi.us	Beth Schimmelfennig, Director Rhonda Wong, Compliance Aaron Oandasan, Title VI Toby Yamashiro, Title VII Nicole Isa-Iijima, Title IX Krysti Sukita, ADA/504
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